

## Health risk and protective factors among Oregon adults, by county, 2010-2013

Unadjusted describes the overall burden of disease and should not be used to compare among counties. To compare among counties please use [age-adjusted estimates](#).



County	Consumed seven or more sodas per week		Current cigarette smoking		Binge drinking within past month <sup>1</sup>		Obese	
	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults
Oregon	12.5	377,800	18.2	549,700	16.8	506,700	26.0	784,600
Baker	12.6 ^	1,600 ^	19.4	2,500	23.2	3,000	29.6	3,800
Benton	6.9	4,900	13.9	9,900	20.0	14,300	19.5	14,000
Clackamas	11.1	32,600	17.2	50,400	15.5	45,400	25.8	75,700
Clatsop	8.6 ^	2,500 ^	20.3	6,000	15.2	4,500	28.6	8,500
Columbia	10.8 ^	4,100 ^	17.1	6,500	15.4	5,900	32.3	12,300
Coos	15.8	8,100	24.9	12,700	15.1	7,700	28.9	14,700
Crook	15.1 ^	2,500 ^	25.7	4,200	15.7 ^	2,600 ^	22.8	3,700
Curry	--	--	21.2	4,000	7.7 ^	1,500 ^	37.3	7,000
Deschutes	12.9	16,000	14.9	18,500	16.9	20,900	21.6	26,700
Douglas	10.5	9,100	22.9	19,800	11.3	9,800	34.5	29,800
Grant	21.6 ^	1,300 ^	14.1 ^	900 ^	17.1 ^	1,000 ^	26.3	1,600
Harney	--	--	9.5 ^	500 ^	8.9 ^	500 ^	38.4	2,200
Hood River	--	--	10.5	1,800	16.6 ^	2,800 ^	19.2	3,300
Jackson	12.4	19,900	18.4	29,500	14.6	23,500	22.8	36,700
Jefferson	--	--	21.2	3,500	12.1 ^	2,000 ^	37.9	6,300
Josephine	15.8	10,500	22.2	14,700	14.1	9,300	23.1	15,300
Klamath	14.1	7,300	21.1	11,000	12.7	6,600	28.7	15,000
Lake	13.0 ^	800 ^	12.0 ^	800 ^	--	--	36.2	2,300
Lane	12.3	35,100	20.8	59,200	18.3	52,000	26.7	76,100
Lincoln	16.4	6,300	26.0	10,000	14.1	5,400	29.9	11,500
Linn	15.2	13,700	19.4	17,400	19.6	17,600	33.0	29,600
Malheur	31.3 ^	7,300 ^	21.4	5,000	15.9 ^	3,700 ^	30.4	7,100
Marion	14.7	34,800	18.5	43,700	16.1	38,000	32.5	76,900
Morrow	30.2 ^	2,500 ^	16.3	1,300	17.7 ^	1,400 ^	30.8	2,500
Multnomah	11.3	67,600	18.9	113,100	20.8	124,500	21.2	126,500
North Central <sup>2</sup>	15.6 ^	3,500 ^	18.6	4,200	9.8 ^	2,200 ^	33.5	7,500
Polk	13.8	8,000	15.2	8,800	15.6	9,000	32.3	18,700
Tillamook	12.5 ^	2,500 ^	19.0	3,800	15.1	3,100	32.7	6,600
Umatilla	24.6	14,000	22.4	12,700	17.5	9,900	32.6	18,500
Union	14.5 ^	2,900 ^	17.4	3,500	17.7	3,600	26.9	5,400
Wallowa	--	--	9.1 ^	500 ^	--	--	22.9	1,300
Washington	10.3	41,700	14.0	57,100	15.3	62,300	22.9	93,000
Wheeler	--	--	16.8 ^	200 ^	--	--	22.8 ^	300 ^
Yamhill	16.8	12,800	15.9	12,100	14.6	11,000	32.1	24,400

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

<sup>1</sup> Binge drinking is consuming five or more drinks for men, or four or more drinks for women, on one occasion.

<sup>2</sup> North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

## Health risk and protective factors among Oregon adults, by county, 2010-2013

Unadjusted describes the overall burden of disease and should not be used to compare among counties. To compare among counties please use [age-adjusted estimates](#).

County	High blood cholesterol		High blood pressure		No physical activity outside of work within past month		Any risk factors <sup>1</sup>	
	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults
Oregon	37.7	1,138,000	29.9	902,700	18.3	551,300	78.6	2,373,600
Baker	55.5	7,200	52.5	6,800	35.1	4,600	92.9	12,000
Benton	33.5	24,000	21.5	15,400	12.5	8,900	73.0	52,200
Clackamas	40.6	119,000	28.6	83,900	17.6	51,500	78.7	230,900
Clatsop	38.6	11,400	32.5	9,600	19.6	5,800	87.0	25,800
Columbia	37.4	14,300	29.4	11,200	21.1	8,100	84.9	32,500
Coos	35.0	17,800	37.6	19,100	23.0	11,700	87.0	44,300
Crook	48.3	7,900	34.3	5,600	18.3	3,000	85.6	13,900
Curry	41.0	7,700	39.8	7,500	20.8	3,900	86.7	16,400
Deschutes	36.0	44,500	27.6	34,100	14.3	17,700	71.6	88,500
Douglas	48.7	42,100	39.6	34,200	22.4	19,400	87.1	75,300
Grant	51.8	3,200	36.6	2,200	19.2 ^	1,200 ^	81.2	4,900
Harney	49.9 ^	2,900 ^	14.3 ^	800 ^	23.4	1,300	81.1	4,600
Hood River	21.6	3,700	29.2	5,000	10.1	1,700	56.3	9,600
Jackson	39.9	64,000	32.0	51,400	20.0	32,200	78.4	126,000
Jefferson	24.3 ^	4,000 ^	34.8	5,800	18.0 ^	3,000 ^	93.0	15,400
Josephine	42.2	27,900	33.1	21,900	19.1	12,700	80.8	53,400
Klamath	41.9	21,900	38.1	19,900	21.3	11,100	87.4	45,600
Lake	39.3	2,500	37.7	2,400	17.4 ^	1,100 ^	82.6	5,300
Lane	39.5	112,600	30.6	87,200	18.5	52,600	79.7	227,400
Lincoln	37.9	14,500	36.2	13,900	17.9	6,900	83.1	31,800
Linn	36.7	33,000	33.9	30,400	21.8	19,600	83.7	75,200
Malheur	39.4	9,200	31.3	7,400	19.5	4,600	82.6	19,400
Marion	36.5	86,300	29.3	69,200	23.0	54,300	83.0	196,200
Morrow	36.6	3,000	36.2	3,000	30.7	2,500	85.1	7,000
Multnomah	34.4	205,300	26.4	157,400	15.0	89,500	72.9	435,800
North Central <sup>2</sup>	46.1	10,400	39.1	8,800	20.4	4,600	79.8	18,000
Polk	40.8	23,600	29.9	17,300	16.0	9,300	82.0	47,600
Tillamook	52.3	10,600	37.2	7,500	23.1	4,700	85.8	17,400
Umatilla	43.0	24,400	36.5	20,700	24.2	13,700	89.0	50,500
Union	41.0	8,300	37.0	7,500	17.5	3,500	77.7	15,700
Wallowa	66.0	3,700	54.8	3,100	21.0 ^	1,200 ^	89.2	5,000
Washington	34.6	140,500	26.9	109,200	17.2	69,800	74.4	302,600
Wheeler	--	--	--	--	--	--	--	--
Yamhill	33.6	25,400	29.8	22,600	19.9	15,100	80.9	61,300

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

<sup>1</sup> Any risk factors includes current cigarette smoking, current smokeless tobacco user, high blood pressure, high blood cholesterol, no physical activity outside of work within past month, or obese.

<sup>2</sup> North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

## Health risk and protective factors among Oregon adults, by county, 2010-2013

Unadjusted describes the overall burden of disease and should not be used to compare among counties. To compare among counties please use [age-adjusted estimates](#).

County	Reducing salt intake		Consumed fruits and vegetables five or more times per day		Meets CDC guidelines for physical activity <sup>1</sup>	
	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults
Oregon	39.4	1,188,700	21.9	660,100	24.8	749,200
Baker	42.0	5,400	12.7 ^	1,700 ^	--	--
Benton	36.8	26,300	21.7	15,500	32.3	23,100
Clackamas	41.0	120,300	24.4	71,700	23.4	68,500
Clatsop	46.2	13,700	21.0	6,200	30.4	9,000
Columbia	51.8	19,800	16.4	6,300	14.3	5,500
Coos	48.3	24,600	18.3	9,300	13.5	6,900
Crook	48.8	7,900	19.9 ^	3,200 ^	22.1 ^	3,600 ^
Curry	42.8	8,100	23.1	4,400	18.6 ^	3,500 ^
Deschutes	32.3	40,000	19.1	23,700	25.3	31,300
Douglas	43.8	37,900	22.1	19,100	20.4	17,600
Grant	--	--	31.0 ^	1,900 ^	--	--
Harney	--	--	14.2 ^	800 ^	25.5 ^	1,500 ^
Hood River	18.8 ^	3,200 ^	21.5 ^	3,700 ^	42.4	7,200
Jackson	38.7	62,200	23.5	37,800	26.1	41,900
Jefferson	42.5	7,000	23.0 ^	3,800 ^	34.9 ^	5,800 ^
Josephine	40.7	26,900	24.5	16,200	27.1	17,900
Klamath	36.6	19,100	11.2	5,800	26.5	13,800
Lake	60.2	3,900	15.3 ^	1,000 ^	26.5 ^	1,700 ^
Lane	36.9	105,200	23.5	66,900	25.0	71,300
Lincoln	42.3	16,200	24.0	9,200	18.7	7,200
Linn	37.2	33,500	18.4	16,500	21.8	19,600
Malheur	41.9	9,800	19.0 ^	4,500 ^	24.2 ^	5,700 ^
Marion	41.6	98,500	20.9	49,500	19.6	46,300
Morrow	--	--	21.8 ^	1,800 ^	--	--
Multnomah	37.3	222,600	23.0	137,200	30.7	183,600
North Central <sup>2</sup>	54.7	12,300	18.2	4,100	25.9	5,800
Polk	33.8	19,600	24.3	14,100	26.5	15,400
Tillamook	54.7	11,100	16.4	3,300	18.1	3,700
Umatilla	45.7	25,900	15.4	8,700	13.4	7,600
Union	37.2	7,500	17.1	3,500	28.0	5,700
Wallowa	--	--	15.3 ^	900 ^	--	--
Washington	39.9	162,200	22.6	92,000	25.5	103,700
Wheeler	--	--	--	--	--	--
Yamhill	35.1	26,600	20.3	15,400	14.8	11,200

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

<sup>1</sup> See CDC physical activity guidelines at <http://www.cdc.gov/physicalactivity/everyone/guidelines/index.html>.

<sup>2</sup> North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

Source: Oregon Behavioral Risk Factors Surveillance System 2010-2013 county combined.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Health risk and protective factors among Oregon adults, by county, 2010-2013.

<https://public.health.oregon.gov/DiseasesConditions/ChronicDisease/DataReports/Pages/CountyData.aspx>.

Created April 13, 2015. Accessed [DOWNLOAD DATE].