

Oregon Adults Who Averaged Less Than Seven Hours of Sleep in a 24-hour Period, Oregon, 2010-2013 (Age-adjusted)

Source: Oregon Behavioral Risk Factor Surveillance System

Adults 18 years & older	Weighted %	S.S. ¹	95% Confidence Interval		Note	Unweighted N	Total Unweighted N
			L. limit %	U. limit %			
STATEWIDE	31.7		30.6	32.9		5,673	19,883
BAKER	35.0		22.4	50.0		38	124
BENTON	28.6		22.9	35.1		134	552
CLACKAMAS	29.2		25.9	32.8		514	1,865
CLATSOP	42.0		31.7	53.1		73	219
COLUMBIA	36.1		28.0	45.1		90	306
COOS	38.2		30.7	46.3		148	470
CROOK	57.3	SS+	44.3	69.4		44	134
CURRY	46.8	SS+	34.1	60.0		60	156
DESCHUTES	33.2		27.8	39.1		220	783
DOUGLAS	35.8		29.8	42.2		214	704
GRANT	30.8		16.3	50.4		17	67
HARNEY	29.9		17.9	45.4		14	54
HOOD RIVER	23.5		14.4	35.8		33	102
JACKSON	29.7		25.3	34.6		306	1,136
JEFFERSON	34.4		19.4	53.3		35	100
JOSEPHINE	33.9		27.1	41.4		168	546
KLAMATH	29.7		23.2	37.3		119	383
LAKE	45.4		24.5	68.1		19	52
LANE	32.5		29.1	36.1		593	2,060
LINCOLN	36.0		27.0	46.0		89	336
LINN	38.1		32.2	44.4		226	679
MALHEUR	28.5		18.0	42.1		44	156
MARION	35.3		31.0	39.8		415	1,425
MORROW	**		**	**	**	19	49
MULTNOMAH	31.7		29.1	34.4		895	3,288
POLK	30.3		23.1	38.6		107	396
TILLAMOOK	35.3		24.8	47.5		48	173
UMATILLA	34.4		26.6	43.0		110	374
UNION	30.6		21.9	41.0		56	182
WALLOWA	10.3	SS-	4.2	23.3	*	13	65
WASHINGTON	27.7		25.0	30.7		640	2,312
WHEELER	**		**	**	**	7	24
YAMHILL	27.2		21.1	34.2		123	451
GILLIAM/WASCO/ SHERMAN	38.9		27.9	51.2		42	160

¹ S.S. = Statistical Significance: SS+ indicates that the county estimate is greater than the statewide rate; SS-, less than the statewide rate; a blank, not different from the statewide rate.

* This number may be statistically unreliable and should be interpreted with caution.

**This number is suppressed because it is statistically unreliable.

NOTE: Age adjustment is based on three age groups: 18-34; 35-54; and 55+, per U.S. Standard Million Population.