

## Health risk and protective factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.



County	Consumed seven or more sodas per week		Current cigarette smoking		Binge drinking within past month <sup>2</sup>		Heavy drinking within past month <sup>3</sup>	
	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults
Oregon	12.3	391,500	16.8	534,900	17.0	539,300	7.7	246,200
Baker	9.6 ^	1,300 ^	21.6	2,900	18.9	2,500	10.3 ^	1,400 ^
Benton	9.4	7,100	9.2	7,000	18.7	14,200	7.1	5,400
Clackamas	10.8	33,800	14.9	46,500	16.4	51,300	7.7	24,200
Clatsop	19.9	6,100	21.4	6,500	15.8	4,800	9.0	2,800
Columbia	14.6	5,800	20.5	8,200	12.6	5,000	6.6	2,600
Coos	15.0	7,700	24.7	12,600	15.9	8,100	8.3	4,300
Crook	18.1 ^	3,100 ^	18.8	3,200	13.8 ^	2,400 ^	6.1 ^	1,000 ^
Curry	10.7 ^	2,100 ^	22.4	4,300	15.8	3,000	8.0 ^	1,500 ^
Deschutes	8.9	12,000	14.5	19,700	18.5	25,100	9.3	12,600
Douglas	20.3	18,100	22.2	19,800	14.2	12,700	6.6	5,800
Grant	20.8 ^	1,300 ^	15.2	900	16.7	1,000	--	300
Harney	21.8 ^	1,300 ^	13.8 ^	800 ^	19.3 ^	1,100 ^	--	400
Hood River	29.0	5,400	13.4	2,500	26.8	5,000	13.0	2,400
Jackson	9.2	15,500	20.4	34,400	17.5	29,400	8.8	14,900
Jefferson	--	--	12.6	2,200	8.0 ^	1,400 ^	3.8 ^	700 ^
Josephine	18.9	12,900	23.4	15,900	14.9	10,200	8.0	5,500
Klamath	15.8	8,400	21.5	11,400	13.1	7,000	7.4	3,900
Lake	15.9 ^	1,100 ^	12.3	800	9.4 ^	600 ^	--	400
Lane	14.8	43,900	17.6	52,400	19.8	58,900	8.8	26,200
Lincoln	11.8 ^	4,700 ^	23.9	9,500	16.6	6,600	11.9	4,700
Linn	13.2	12,300	18.2	17,100	11.9	11,200	5.1	4,700
Malheur	22.6 ^	5,400 ^	22.8	5,500	14.2	3,400	5.8 ^	1,400 ^
Marion	15.6	38,600	15.5	38,400	13.5	33,300	5.5	13,500
Morrow	--	--	17.5 ^	1,500 ^	12.1 ^	1,000 ^	--	100
Multnomah	8.6	54,100	16.9	106,900	21.0	132,800	9.4	59,700
North Central <sup>1</sup>	10.2 ^	2,400 ^	18.2	4,300	16.4	3,900	6.5 ^	1,500 ^
Polk	8.9	5,400	13.9	8,400	12.5	7,600	5.6	3,400
Tillamook	--	--	20.8	4,300	14.4	3,000	8.7 ^	1,800 ^
Umatilla	18.8	11,100	19.2	11,300	15.5	9,200	6.0	3,500
Union	13.5	2,800	13.6	2,800	13.7	2,800	4.8 ^	1,000 ^
Wallowa	25.8 ^	1,500 ^	14.7 ^	800 ^	19.2	1,100	14.0 ^	800 ^
Washington	10.2	44,800	11.4	50,100	16.3	71,500	6.0	26,400
Wheeler	--	--	--	--	--	--	--	0
Yamhill	13.7	10,900	17.4	13,800	15.0	11,900	8.9	7,100

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

<sup>1</sup> North Central Public Health District includes Gilliam, Sherman and Wasco counties.

<sup>2</sup> Binge drinking is consuming five or more drinks for men, or four or more drinks for women, on one occasion.

<sup>3</sup> Heavy drinking is consuming an average of more than two drinks a day for men or more than one drink a day for women.

## Health risk and protective factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.

County	High blood cholesterol		High blood pressure		No physical activity outside of work within past month		Meets CDC guidelines for both aerobic and muscle strengthening activities	
	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults
Oregon	32.6	1,036,100	29.7	943,800	18.5	588,300	22.6	717,400
Baker	41.7 ^	5,500 ^	37.1 ^	4,900 ^	21.4 ^	2,800 ^	17.0 ^	2,300 ^
Benton	26.6	20,200	24.5	18,600	11.2	8,500	27.5	20,900
Clackamas	31.9	99,800	28.5	89,400	17.6	55,000	22.3	69,800
Clatsop	38.4	11,700	35.8	10,900	24.5	7,500	26.5	8,100
Columbia	35.9	14,200	32.4	12,900	21.1	8,400	25.4	10,100
Coos	45.1	23,100	46.5	23,800	24.2	12,400	13.8	7,100
Crook	42.3	7,300	44.0	7,600	29.9	5,100	8.5 ^	1,500 ^
Curry	41.4	8,000	37.4	7,200	23.6	4,600	--	--
Deschutes	31.0	42,000	27.8	37,600	14.1	19,100	29.8	40,400
Douglas	43.3	38,500	39.8	35,400	22.3	19,900	18.0	16,000
Grant	53.1	3,300	35.4	2,200	33.4	2,100	14.9 ^	900 ^
Harney	47.7 ^	2,800 ^	52.8	3,100	15.0 ^	900 ^	--	--
Hood River	26.9	5,000	15.4	2,900	18.0	3,300	17.2 ^	3,200 ^
Jackson	37.8	63,600	30.3	51,100	17.7	29,900	23.2	39,000
Jefferson	29.6 ^	5,200 ^	29.3	5,100	29.4	5,100	16.7 ^	2,900 ^
Josephine	39.8	27,100	35.3	24,000	20.9	14,300	20.9	14,200
Klamath	30.2	16,100	38.5	20,500	23.3	12,400	19.7	10,500
Lake	--	--	21.9 ^	1,500 ^	30.4	2,000	--	--
Lane	32.9	97,700	26.4	78,400	16.7	49,500	24.3	72,100
Lincoln	34.3	13,600	36.6	14,500	25.2	10,000	22.7	9,000
Linn	32.5	30,400	31.7	29,600	20.5	19,200	18.8	17,600
Malheur	37.6	9,000	44.1	10,500	26.3	6,300	26.2 ^	6,300 ^
Marion	29.3	72,500	33.8	83,600	23.7	58,600	21.9	54,200
Morrow	49.9 ^	4,300 ^	41.5	3,600	26.9 ^	2,300 ^	--	--
Multnomah	29.8	188,300	25.1	158,800	14.9	93,900	22.5	142,200
North Central <sup>1</sup>	33.8	8,000	18.5	4,400	21.4	5,100	22.8	5,400
Polk	29.4	17,700	32.8	19,800	19.6	11,800	22.2	13,400
Tillamook	51.0	10,600	43.4	9,000	22.5	4,700	22.4 ^	4,600 ^
Umatilla	36.3	21,400	28.7	16,900	27.3	16,100	16.8	9,900
Union	30.9	6,400	28.1	5,800	15.8	3,300	26.1	5,400
Wallowa	29.2 ^	1,700 ^	31.3 ^	1,800 ^	23.0	1,300	23.5 ^	1,400 ^
Washington	28.0	122,500	24.9	109,000	15.1	66,000	25.9	113,300
Wheeler	--	--	--	--	--	--	--	--
Yamhill	32.8	26,100	33.0	26,200	23.3	18,500	20.9	16,600

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<sup>1</sup> North Central Public Health District includes Gilliam, Sherman and Wasco counties.

## Health risk and protective factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.

County	Received medical advice to reduce salt intake		Obesity		One or more risk factors <sup>2</sup>	
	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults
Oregon	16.6	528,200	28.6	910,400	76.2	2,423,200
Baker	22.1 ^	2,900 ^	33.7	4,500	82.9	11,000
Benton	12.3	9,300	21.6	16,400	68.3	51,800
Clackamas	15.7	49,200	27.8	87,000	73.2	229,300
Clatsop	18.8	5,700	27.4	8,400	82.0	25,000
Columbia	21.7	8,600	31.9	12,700	80.1	31,800
Coos	26.1	13,400	38.0	19,400	89.0	45,600
Crook	28.9	5,000	31.7	5,500	81.4	14,000
Curry	15.7 ^	3,000 ^	31.9	6,200	83.0	16,000
Deschutes	12.5	16,900	21.8	29,600	68.9	93,300
Douglas	22.8	20,300	33.7	30,000	81.2	72,300
Grant	18.7 ^	1,200 ^	36.5	2,300	83.0	5,100
Harney	27.6 ^	1,600 ^	35.0	2,000	--	--
Hood River	14.7 ^	2,700 ^	26.7	4,900	76.0	14,100
Jackson	16.9	28,500	26.5	44,700	79.8	134,400
Jefferson	16.7 ^	2,900 ^	40.6	7,100	82.8	14,400
Josephine	15.7	10,700	32.2	21,900	82.3	56,000
Klamath	12.0	6,400	28.5	15,200	80.0	42,600
Lake	14.2 ^	900 ^	27.4	1,800	51.3 ^	3,400 ^
Lane	14.7	43,800	27.1	80,500	79.3	235,600
Lincoln	15.8	6,200	33.0	13,100	89.1	35,300
Linn	17.0	15,900	34.9	32,600	82.9	77,600
Malheur	19.3 ^	4,600 ^	38.4	9,200	83.6	20,000
Marion	17.7	43,800	33.2	82,200	77.8	192,600
Morrow	12.4 ^	1,100 ^	37.1	3,200	87.1	7,500
Multnomah	16.5	104,300	23.2	146,300	70.8	447,000
North Central <sup>1</sup>	17.5	4,100	31.1	7,300	80.6	19,100
Polk	17.4	10,500	34.7	20,900	77.6	46,800
Tillamook	34.3	7,100	31.2	6,500	86.7	17,900
Umatilla	24.1	14,200	35.9	21,100	83.9	49,500
Union	14.8 ^	3,100 ^	36.6	7,600	77.2	15,900
Wallowa	23.6 ^	1,400 ^	23.8	1,400	75.6	4,300
Washington	13.2	57,700	28.6	125,300	70.2	307,600
Wheeler	--	--	--	400	--	--
Yamhill	17.4	13,900	33.5	26,700	80.8	64,300

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<sup>1</sup> North Central Public Health District includes Gilliam, Sherman and Wasco counties.

<sup>2</sup> One or more risk factors includes current cigarette smoking, current smokeless tobacco user, high blood pressure, high blood cholesterol, obese or no physical activity outside of work within past month.

Source: Oregon Behavioral Risk Factors Surveillance System 2014-2017 county combined.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section.

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<https://www.oregon.gov/oha/PH/DiseasesConditions/ChronicDisease/DataReports/Pages/index.aspx>.

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