

Oregon Youth Risk Behavior Survey (YRBS) 1999 High School

Q104 On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, etc.?

Weighted Column Percents

		TOTAL	Grade			
			9th	10th	11th	12th
TOTAL		100.0	100.0	100.0	100.0	100.0
0 days		12.1	7.9	10.7	14.7	16.5
1 day		6.9	5.2	6.8	7.8	8.5
2 days		8.8	7.6	8.2	9.7	9.9
3 days		12.9	12.1	13.7	12.5	13.6
4 days		10.8	11.7	11.1	10.5	9.5
5 days		15.2	17.0	15.3	14.1	13.8
6 days		9.7	10.0	10.0	9.7	8.7
7 days		23.6	28.5	24.2	21.0	19.5
Female	Total	100.0	100.0	100.0	100.0	100.0
	0 days	15.1	9.5	13.7	18.2	20.8
	1 day	8.8	6.9	8.8	9.3	10.9
	2 days	10.9	9.2	10.0	12.5	12.4
	3 days	15.1	14.7	15.0	14.4	16.8
	4 days	11.6	13.1	12.1	11.1	9.5
	5 days	14.8	17.8	15.2	13.1	12.1
	6 days	8.9	9.8	9.8	8.6	6.6
	7 days	14.8	18.9	15.3	12.8	10.9
	Total	100.0	100.0	100.0	100.0	100.0
	0 days	9.0	6.0	7.7	11.0	12.2
	1 day	5.0	3.3	4.7	6.2	6.0

Male	2 days	6.5	5.8	6.4	6.7	7.4
	3 days	10.6	9.3	12.3	10.5	10.3
	4 days	9.9	10.1	10.0	9.9	9.5
	5 days	15.6	16.1	15.4	15.1	15.5
	6 days	10.5	10.2	10.2	10.8	10.8
	7 days	32.9	39.1	33.2	29.7	28.2

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Counts

		TOTAL	Grade			
			9th	10th	11th	12th
TOTAL		22,913	7,002	6,070	6,380	3,461
0 days		2,621	525	647	893	556
1 day		1,465	336	370	478	281
2 days		1,892	491	477	586	338
3 days		2,797	781	776	783	457
4 days		2,448	799	665	660	324
5 days		3,522	1,202	946	896	478
6 days		2,179	679	600	611	289
7 days		5,443	1,995	1,476	1,328	644
Refused/Unknown		546	194	113	145	94
Female	Total	11,597	3,632	3,016	3,218	1,731
	0 days	1,650	329	406	562	353
	1 day	961	234	240	299	188
	2 days	1,200	317	290	387	206
	3 days	1,666	491	429	464	282
	4 days	1,349	473	354	355	167

	5 days	1,763	652	477	424	210
	6 days	1,007	340	288	271	108
	7 days	1,812	725	494	410	183
	Refused/Unknown	189	71	38	46	34
Male	Total	11,316	3,370	3,054	3,162	1,730
	0 days	971	196	241	331	203
	1 day	504	102	130	179	93
	2 days	692	174	187	199	132
	3 days	1,131	290	347	319	175
	4 days	1,099	326	311	305	157
	5 days	1,759	550	469	472	268
	6 days	1,172	339	312	340	181
	7 days	3,631	1,270	982	918	461
	Refused/Unknown	357	123	75	99	60