

Oregon Youth Risk Behavior Survey (YRBS) 1999 High School

**Q105 On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors?**

Weighted Column Percents

		TOTAL	Grade			
			9th	10th	11th	12th
<b>TOTAL</b>		100.0	100.0	100.0	100.0	100.0
<b>0 days</b>		17.6	15.9	16.7	18.2	20.3
<b>1 day</b>		9.3	9.4	9.5	9.6	8.8
<b>2 days</b>		12.7	12.3	12.3	14.0	12.4
<b>3 days</b>		13.7	13.9	14.4	13.1	13.4
<b>4 days</b>		9.9	9.8	10.1	9.7	10.2
<b>5 days</b>		10.4	11.4	10.3	10.0	9.7
<b>6 days</b>		5.3	5.2	5.7	5.7	4.7
<b>7 days</b>		20.9	22.2	21.0	19.8	20.5
<b>Female</b>	<b>Total</b>	100.0	100.0	100.0	100.0	100.0
	<b>0 days</b>	16.8	14.0	15.3	17.6	21.7
	<b>1 day</b>	10.3	10.8	10.6	10.1	9.4
	<b>2 days</b>	14.0	13.3	12.4	15.8	14.8
	<b>3 days</b>	15.7	15.9	16.6	14.9	15.0
	<b>4 days</b>	11.1	10.9	12.2	10.1	11.1
	<b>5 days</b>	10.5	12.0	10.5	10.5	8.4
	<b>6 days</b>	5.3	5.4	5.7	5.4	4.4
	<b>7 days</b>	16.4	17.7	16.8	15.6	15.2
	<b>Total</b>	100.0	100.0	100.0	100.0	100.0
	<b>0 days</b>	18.4	17.9	18.2	18.9	18.8
	<b>1 day</b>	8.3	7.9	8.3	9.0	8.1

<b>Male</b>	<b>2 days</b>	11.4	11.1	12.2	12.0	10.1
	<b>3 days</b>	11.7	11.7	12.1	11.2	11.7
	<b>4 days</b>	8.7	8.6	7.9	9.2	9.4
	<b>5 days</b>	10.3	10.7	10.2	9.4	11.1
	<b>6 days</b>	5.4	4.9	5.7	6.0	5.0
	<b>7 days</b>	25.7	27.1	25.4	24.2	25.8

**Q105 On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors?**

Counts

		<b>TOTAL</b>	<b>Grade</b>			
			<b>9th</b>	<b>10th</b>	<b>11th</b>	<b>12th</b>
<b>TOTAL</b>		22,913	7,002	6,070	6,380	3,461
<b>0 days</b>		3,895	1,080	1,005	1,139	671
<b>1 day</b>		2,102	639	563	591	309
<b>2 days</b>		2,812	812	720	853	427
<b>3 days</b>		3,024	939	819	799	467
<b>4 days</b>		2,245	681	638	593	333
<b>5 days</b>		2,325	746	620	636	323
<b>6 days</b>		1,219	365	348	345	161
<b>7 days</b>		4,691	1,521	1,239	1,264	667
<b>Refused/Unknown</b>		600	219	118	160	103
<b>Female</b>	<b>Total</b>	11,597	3,632	3,016	3,218	1,731
	<b>0 days</b>	1,886	500	461	569	356
	<b>1 day</b>	1,178	378	305	320	175
	<b>2 days</b>	1,567	460	373	492	242
	<b>3 days</b>	1,757	555	471	454	277
	<b>4 days</b>	1,264	401	361	323	179
	<b>5 days</b>	1,204	406	324	331	143

	<b>6 days</b>	597	190	176	162	69
	<b>7 days</b>	1,921	653	507	510	251
	<b>Refused/Unknown</b>	223	89	38	57	39
<b>Male</b>	<b>Total</b>	11,316	3,370	3,054	3,162	1,730
	<b>0 days</b>	2,009	580	544	570	315
	<b>1 day</b>	924	261	258	271	134
	<b>2 days</b>	1,245	352	347	361	185
	<b>3 days</b>	1,267	384	348	345	190
	<b>4 days</b>	981	280	277	270	154
	<b>5 days</b>	1,121	340	296	305	180
	<b>6 days</b>	622	175	172	183	92
	<b>7 days</b>	2,770	868	732	754	416
	<b>Refused/Unknown</b>	377	130	80	103	64