

# 2018

## Oregon

### Student Wellness Survey

2018 SWS State Report



# Oregon Health Authority

Conducted by International Survey Associates dba Pride Surveys



# Contents

<b>1 INTRODUCTION</b>	<b>10</b>	<b>7.5 Average Age (in years) of Onset</b>	<b>55</b>
1.1 Participants by Gender	11	<b>8 HEIGHT, WEIGHT &amp; BODY MASS INDEX (BMI)</b>	<b>56</b>
1.2 Race and Ethnicity	11	<b>9 COMPARISON TO PAST SURVEYS</b>	<b>58</b>
1.3 Tribal Affiliation	12	9.1 Past 30 Day Use	58
1.4 Language Used at Home	13	9.2 Perceived Risk of Use	58
<b>2 SCHOOL CLIMATE</b>	<b>14</b>	9.3 Availability	59
2.1 Supportive Atmosphere	14	9.4 Depression	59
2.2 Attachment to School	16	9.5 Harassment In The Last 30 Days Related To:	59
2.3 Opportunities for Participation	18	9.6 Feeling Unsafe At or On the Way to School	60
2.4 Safe Environment	20	9.7 Skipped School in the Last Four Weeks	60
2.5 Serious Problem Behaviors	25	<b>A FREQUENCY DISTRIBUTION TABLES</b>	<b>61</b>
<b>3 POSITIVE YOUTH DEVELOPMENT</b>	<b>27</b>	A.1 Frequency Distribution Tables	61
3.1 Positive Youth Development Benchmark	27	A.1.1 Demographics	61
3.2 General Health	27	A.1.2 Transitions and Mobility	62
3.3 Competence, Confidence, Support and Service	28	A.2 School Climate	63
<b>4 MENTAL AND EMOTIONAL HEALTH</b>	<b>32</b>	A.2.1 Academic Performance	63
4.1 Psychological Distress	32	A.2.2 School Commitment	63
4.2 Depression and Suicide Ideation	33	A.2.3 Safe School Environment	66
4.3 Adverse Childhood Experiences	35	A.2.4 Harassment and Bullying	68
<b>5 PROBLEM GAMBLING</b>	<b>37</b>	A.3 Social, Emotional and Mental Health	71
5.1 Types of Gambling in the Past 30 Days	37	A.3.1 Positive Youth Development	71
5.2 Risk of Problem Gambling	38	A.3.2 Mental Health Inventory	73
5.3 Communication about the Risks of Gambling	38	A.3.3 Depression and Suicidality	74
<b>6 SUBSTANCE USE</b>	<b>43</b>	A.3.4 Problem Gambling	75
6.1 Abstinence from Substance Use	43	A.3.5 Adverse Childhood Experiences	76
6.2 Substance Use in the Past 30 Days	44	A.4 Substance Use	77
6.3 Norms About Alcohol Use	48	A.4.1 Tobacco Use	77
6.4 Factors Associated with Initiation of Substance Use	50	A.4.2 Alcohol Use	80
6.5 Availability	50	A.4.3 Marijuana Use	85
6.6 Parental Attitude toward Substance Use	51	A.4.4 Other Drug Use	87
6.7 Student Attitude toward Substance Use	51	A.4.5 Lifetime Drug Use	88
6.8 Perceived Risk of Harm	52	A.4.6 Availability of Alcohol, Tobacco and Drugs	91
6.9 Communication about Substance Use	52	A.4.7 Perceived Risk of Harm from Substance Use	92
<b>7 DRUG FREE COMMUNITIES CORE MEASURES</b>	<b>53</b>	A.4.8 Communication about Substance Use	95
7.1 30 Day Use	53	A.5 Parenting and Parental Attitudes	96
7.2 Perception of Moderate or Great Risk	54	A.5.1 Family Management	96
7.3 Parents Feel It Would Be Wrong or Very Wrong	54	A.5.2 Parental Attitudes towards Substance Use	97
7.4 Friends Feel It Would Be Wrong or Very Wrong	55	A.6 Influence of Friendships	98
		A.6.1 Friends' Attitudes towards Substance Use	98
		A.7 Height and Weight	99
		A.7.1 Body Mass Index and Weight	99
		<b>B SWS QUESTIONNAIRES</b>	<b>101</b>

## List of Tables

1	Participants by Gender	11	39	Parents Feel It Would Be Wrong or Very Wrong to...	54
2	Race and Ethnicity	11	40	Friends Feel It Would Be Wrong or Very Wrong to...	55
3	Hispanic or Latino/Latina?	12	41	Average Age (in years) of Onset	55
4	Tribal Enrollment	12	42	Average Weight	56
5	Language Used at Home	13	43	Average Height	56
6	Supportive Atmosphere involving teachers and peers	14	44	BMI Categories	56
7	Student's Attachment to School	16	45	How do you describe your weight?	57
8	Student's Value of School Work	16	46	What are you trying to do about your weight?	57
9	Parental Accountability to Students	16	47	During the past 30 days, did you go without eating for 24 hours or more to lose weight or to keep from gaining weight?	57
10	Student Opportunities for Participation	18	48	During the past 30 days, did you take diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?	57
11	Student Perception of Safe Environment at School	20	49	During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?	57
12	Student Witnessed Bullying	20	50	Alcohol - Past 30 Day Use	58
13	Student Harassment Experience at School	21	51	Binge - Past 30 Day Use	58
14	Student Reported Serious Problem Behaviors on School Property Past 12 Months	25	52	Marijuana - Past 30 Day Use	58
15	Student Reported Serious Problem Behaviors on School Property Past 30 Days	25	53	Cigarettes - Past 30 Day Use	58
16	Student Reported Serious Problem Behaviors Anywhere Past 12 Months	25	54	Illicit Drug Use - Past 30 Day Use	58
17	Positive Youth Development Benchmark	27	55	Alcohol - Perceived Risk	58
18	Student's Assessment of General Health	27	56	Marijuana - Perceived Risk	58
19	Student Perception Competence, Confidence, Support and Service	28	57	Cigarettes - Perceived Risk	58
20	High Level Psychological Distress experienced by Students Past 30 Days	32	58	Alcohol - Easy to Get	59
21	Mental Health Inventory-5 Questions: How Students Felt Past 30 Days	32	59	Cigarettes - Easy to Get	59
22	Depression and Suicide Ideation by Students Past 12 Months	33	60	Marijuana - Easy to Get	59
23	Adverse Childhood Experience*	35	61	Felt sad almost every day for two weeks or more	59
24	Types of Gambling in which Students Participated Past 30 Days	37	62	Seriously consider attempting suicide	59
25	Signs of Problem Gambling reported by Students Past 12 Months	38	63	Actually attempted suicide	59
26	Communication About the Risks of Gambling	38	64	Race or ethnic origin	59
27	Abstinence from Substance Use	43	65	Being gay, lesbian, bisexual or transgender	59
28	Student Reported Substance Use Past 30 Days	44	66	Who your friends are	60
29	Student Reported Alcohol Use Past 30 Days	48	67	How you look	60
30	Student Reported Alcohol and Vehicles Behavior Past 30 Days	48	68	Received unwanted sexual comments	60
31	Student Disapproving Attitudes about Drinking	49	69	Through e-mail, social media sites (Facebook, Twitter, etc.)	60
32	Easy Availability of Cigarettes, Alcohol, Marijuana, and Other Illegal Drugs	50	70	For other reasons	60
33	Student Perception about Parental Attitude toward Substance Use	51	71	Did not go to school because of feelings about safety	60
34	Student Disapproving Attitude towards Peer Substance Use	51	72	Skipped school	60
35	Student Perception of Moderate or Great Risk of Harm	52	73	How old are you?	61
36	Communication about Substance Use Past 12 Months	52	74	How do you identify?	61
37	30 Day Use - Alcohol, Tobacco, and Other Drugs	53	75	Which of the following best describes you?	61
38	Student Perception of Moderate or Great Risk of Harming Themselves	54	76	In what grade are you?	62
			77	What is your race?	62
			78	Are you Hispanic or Latino/Latina?	62
			79	What is the language you use most often at home?	62

80	Have you changed schools (including changing from elementary to middle and middle to high school) in the past year? . . . . .	62
81	How many times have you changed homes since kindergarten? . . . . .	63
82	Putting them all together, what were your grades like last year? . . . . .	63
83	During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"? . . . . .	63
84	How do you like school? . . . . .	64
85	How important do you think the things you are learning in school are going to be for your later life? . . . . .	64
86	How often do you feel that the schoolwork you are assigned is meaningful and important? . . . . .	64
87	Thinking back over the past school year, how often did you try to do your best work in school? . . . . .	64
88	I have lots of chances to be part of class discussions or activities. . . . .	64
89	There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class. . . . .	65
90	I respect most of my teachers. . . . .	65
91	My teachers notice when I am doing a good job and let me know about it. . . . .	65
92	I can talk to my teachers openly and freely about my concerns. . . . .	65
93	In my school, teachers treat students with respect. . . . .	65
94	Most students at my school help each other when they are hurt or upset. . . . .	65
95	In my school, students that work hard to get good grades are picked on by other students. . . . .	66
96	During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school? . . . . .	66
97	During the past 30 days, on how many days did you carry a gun as a weapon on school property? . . . . .	66
98	During the past 30 days, on how many days did you carry a weapon (other than a gun) such as a knife or club on school property? . . . . .	66
99	During the past 12 months, how many times were you in a physical fight? . . . . .	67
100	During the past 12 months, how many times were you in a physical fight on school property? . . . . .	67
101	During the past 12 months, how many times did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)? . . . . .	67
102	During the past 12 months, how many times have you been suspended from school? . . . . .	67
103	During the past 12 months, how many times has someone threatened you with a weapon such as a gun, knife, or club on school property? . . . . .	68
104	During the past 12 months, how many times have you been drunk or high at school? . . . . .	68

105	During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property? . . . . .	68
106	Any harassment in the past 30 days . . . . .	68
107	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of your race or ethnic origin? . . . . .	68
108	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because someone said you were gay, lesbian, bisexual or transgender? . . . . .	69
109	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of who your friends are? . . . . .	69
110	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of how you look (weight, clothes, acne, or other physical characteristics)? . . . . .	69
111	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because you received unwanted sexual comments or attention? . . . . .	69
112	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school through e-mail, social media sites (Facebook, Twitter, YouTube, etc.), chat rooms, instant messaging, web sites, texting or phone? . . . . .	70
113	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school for other reasons? . . . . .	70
114	How often have you seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus? . . . . .	70
115	How often have you heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus? . . . . .	70
116	How often have you heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus? . . . . .	71
117	Positive Youth Development . . . . .	71
118	Would you say that in general your emotional and mental health is... . . . . .	71
119	Would you say that in general your physical health is... . . . . .	72
120	I can do most things if I try. . . . .	72
121	I can work out my problems. . . . .	72
122	I volunteer to help others in my community. . . . .	72
123	There is at least one teacher or other adult in my school that really cares about me. . . . .	72
124	On an average school night, how many hours of sleep do you get? . . . . .	72
125	Mental Health Inventory 5 . . . . .	73
126	During the past 30 days, how much of the time have you been a happy person . . . . .	73

127	During the past 30 days, how much of the time have you been a very nervous person . . . . .	73
128	During the past 30 days, how much of the time have you felt calm and peaceful . . . . .	73
129	During the past 30 days, how much of the time have you felt downhearted and blue . . . . .	74
130	During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up . . . . .	74
131	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? . . . . .	74
132	During the past 12 months, did you ever seriously consider attempting suicide? . . . . .	74
133	During the past 12 months, how many times did you actually attempt suicide? . . . . .	74
134	Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days: . . . . .	75
135	During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money? . . . . .	75
136	During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could? . . . . .	75
137	Have you ever lied to anyone about betting/gambling? . . . . .	75
138	Have you ever bet/gambled more than you wanted to? . . . . .	76
139	Have your parents ever talked to you about the risks of betting/gambling? . . . . .	76
140	Have your teachers ever talked to you about the risks of betting/gambling? . . . . .	76
141	Were your parents ever separated or divorced after you were born? . . . . .	76
142	Have you ever lived with someone who is/was a problem drinker or alcoholic? . . . . .	76
143	Have you ever lived with someone who uses/used street drugs? . . . . .	76
144	Have you ever lived with a household member who is/was depressed or mentally ill? . . . . .	76
145	Have you ever felt that you did not have enough to eat? . . . . .	77
146	Have you ever felt that you had to wear dirty clothes? . . . . .	77
147	Have you ever felt that you had no one to protect you? . . . . .	77
148	During the past 30 days, on how many days did you smoke cigarettes? . . . . .	77
149	During the past 30 days, on how many days did you use other tobacco products? . . . . .	77
150	During the past 30 days, on how many days did you smoke tobacco in a "Hookah," also known as a water pipe? . . . . .	78
151	During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply. . . . .	78

152	Used any tobacco product during the past 30 days . . . . .	78
153	How old were you when you smoked a whole cigarette for the first time? . . . . .	78
154	How old were you when you smoked a whole cigarette for the first time? . . . . .	78
155	How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe? . . . . .	79
156	How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe? . . . . .	79
157	How old were you when you first tried e-cigarettes, vape-pens, or e-hookahs?*. . . . .	79
158	During your life, on how many days have you had at least one drink of alcohol? . . . . .	80
159	During the past 30 days, on how many days did you have at least one drink of alcohol? . . . . .	80
160	During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? . . . . .	80
161	During the past 30 days, on how many days do you think most students in your school had at least one drink of alcohol? (your best estimate) . . . . .	80
162	During the past 30 days, on how many days do you think most students in your school had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate) . . . . .	81
163	Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)? . . . . .	81
164	During the past 30 days, what type of alcohol did you usually drink? Select only one response. . . . .	81
165	During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply. . . . .	82
166	In the last 12 months, which of the following have you experienced? Please mark all that apply. . . . .	82
167	During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol? . . . . .	82
168	During the past 30 days, how many times did you ride in a vehicle driven by a teenager who had been drinking alcohol? . . . . .	83
169	During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol? . . . . .	83
170	During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol? . . . . .	83

171	During the past 30 days, how many times did most students in your school ride in a vehicle driven by a teenager who had been drinking alcohol? . . . . .	83
172	During the past 30 days, how many times did most students in your school drive a car or other vehicle when they had been drinking alcohol? . . . . .	84
173	How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time? . . . . .	84
174	How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time? . . . . .	84
175	How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month? . . . . .	84
176	How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month? . . . . .	84
177	During the past 30 days, how many times did you use marijuana? . . . . .	85
178	During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply. . . . .	85
179	How old were you when you tried marijuana for the first time? . . . . .	86
180	How old were you when you tried marijuana for the first time? . . . . .	86
181	How old were you when you first tried synthetic marijuana (also called K2, Spice, etc.) for the first time? . . . . .	86
182	How old were you when you first tried synthetic marijuana (also called K2, Spice, etc.) for the first time? . . . . .	86
183	During the past 30 days, on how many days did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high? . . . . .	87
184	During the past 30 days, on how many days did you use synthetic marijuana, example: K2, Spice, etc.? . . . . .	87
185	During the past 30 days, on how many days did you use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders? . . . . .	87
186	Which of the following illicit drugs did you use during the past 30 days? Please mark all that apply. . . . .	88
187	Any illicit drug use including marijuana, synthetic marijuana, cocaine, ecstasy, heroin, hallucinogens or methamphetamines . . . . .	88
188	Any illicit drug use including cocaine, ecstasy, heroin, hallucinogens or methamphetamines . . . . .	88
189	During your life, how many times have you Used marijuana? . . . . .	88
190	During your life, how many times have you Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? . . . . .	89
191	During your life, how many times have you Taken steroid pills or shots without a doctor's prescription? . . . . .	89

192	During your life, how many times have you Taken a prescription drug not prescribed to you? . . . . .	89
193	During your life, how many times have you Used any form of cocaine, including powder, crack or freebase? . . . . .	89
194	During your life, how many times have you Used ecstasy (also called MDMA)? . . . . .	90
195	During your life, how many times have you Used heroin (also called smack, junk, or China White)? . . . . .	90
196	During your life, how many times have you Used methamphetamines (also called speed, crystal, crank or ice)? . . . . .	90
197	During your life, how many times have you used a needle to inject any illegal drug into your body? . . . . .	90
198	Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines) . . . . .	90
199	Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines) . . . . .	91
200	If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)? . . . . .	91
201	If you wanted to get some, how easy would it be for you to get some cigarettes? . . . . .	91
202	If you wanted to get some, how easy would it be for you to get some marijuana? . . . . .	91
203	If you wanted to get some, how easy would it be for you to get some synthetic marijuana, example: K2, Spice, etc.? . . . . .	91
204	If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines? . . . . .	91
205	If you wanted to get some, how easy would it be for you to get prescription drugs not prescribed to you? . . . . .	92
206	If you wanted to get some, how easy would it be for you to get some e-cigarettes, vape-pens, or e-hookahs? . . . . .	92
207	How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day? . . . . .	92
208	How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week? . . . . .	92
209	How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? . . . . .	93
210	How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice? . . . . .	93
211	How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week? . . . . .	93
212	How much do you think people risk harming themselves (physically or in other ways) if they use prescription drugs not prescribed to them? . . . . .	93

213	How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day? . . . . .	93
214	How do you feel about someone your age smoking one or more packs of cigarettes a day? . . . . .	94
215	How do you feel about someone your age trying marijuana or hashish once or twice? . . . . .	94
216	How do you feel about someone your age using prescription drugs not prescribed to them? . . . . .	94
217	How do you feel about someone your age use synthetic marijuana, example: K2, Spice? . . . . .	94
218	How do you feel about someone your age smoke e-cigarettes, vape-pens, or e-hookahs? . . . . .	95
219	During the past 12 months, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse? . . . . .	95
220	During the past 12 months, have you had a special class about drugs or alcohol in school? . . . . .	95
221	During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? . . . . .	95
222	Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis? . . . . .	95
223	My parents ask if I've gotten my homework done. . . . .	96
224	My parents would catch me if I skipped school. . . . .	96
225	When I am not at home, one of my parents knows where I am and whom I am with. . . . .	96
226	My family has clear rules about alcohol and drug use. . . . .	96
227	How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use." . . . . .	96
228	How wrong do you think your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day? . . . . .	97
229	How wrong do you think your parents feel it would be for you to smoke cigarettes? . . . . .	97
230	How wrong do you think your parents feel it would be for you to smoke marijuana? . . . . .	97
231	How wrong do you think your parents feel it would be for you to use prescription drugs not prescribed to you? . . . . .	97
232	How wrong do you think your parents feel it would be for you to use synthetic marijuana, example: K2, Spice? . . . . .	97
233	How wrong do you think your parents feel it would be for you to smoke e-cigarettes, vape-pens, or e-hookahs? . . . . .	97
234	How wrong do you think your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day? . . . . .	98
235	How wrong do you think your friends feel it would be for you to smoke tobacco? . . . . .	98
236	How wrong do you think your friends feel it would be for you to smoke marijuana? . . . . .	98

237	How wrong do you think your friends feel it would be for you to use prescription drugs not prescribed to you? . . . . .	98
238	How wrong do you think your friends feel it would be for you to use synthetic marijuana, example: K2, Spice? . . . . .	98
239	How wrong do you think your friends feel it would be for you to smoke e-cigarettes, vape-pens, or e-hookahs? . . . . .	99
240	Body Mass Index Percentile Ranking . . . . .	99
241	How do you describe your weight? . . . . .	99
242	Which of the following are you trying to do about your weight? . . . . .	100
243	During the past 30 days, did you Go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? . . . . .	100
244	During the past 30 days, did you Take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.) . . . . .	100
245	During the past 30 days, did you Vomit or take laxatives to lose weight or to keep from gaining weight? . . . . .	100



## List of Figures

1	Supportive Atmosphere involving teachers and peers . . . . .	15
2	Student's Attachment to School . . . . .	17
3	Student Opportunities for Participation . . . . .	19
4	Student Harassment Experience at School - Grade 6 . . . . .	22
5	Student Harassment Experience at School - Grade 8 . . . . .	23
6	Student Harassment Experience at School - Grade 11 . . . . .	24
7	Student Reported Serious Problem Behaviors . . . . .	26
8	Positive Youth Development - Grade 6 . . . . .	29
9	Positive Youth Development - Grade 8 . . . . .	30
10	Positive Youth Development - Grade 11 . . . . .	31
11	Psychological Distress, Depression and Suicide by Students Past 12 Months . . . . .	34
12	Adverse Childhood Experience . . . . .	36
13	Reported Student Gambling - Grade 6 . . . . .	39
14	Reported Student Gambling - Grade 8 . . . . .	40
15	Reported Student Gambling - Grade 11 . . . . .	41
16	Signs of Problem Gambling - Past 12 Months . . . . .	42
17	Alcohol, Tobacco and Other Drug Use - Grade 6 . . . . .	45
18	Alcohol, Tobacco and Other Drug Use - Grade 8 . . . . .	46
19	Alcohol, Tobacco and Other Drug Use - Grade 11 . . . . .	47

# 1 INTRODUCTION

This is a report of key findings from the *Oregon Student Wellness Survey*, a survey of 6th, 8th and 11th grade youth, conducted in the spring of 2018. The *Oregon Student Wellness Survey* is an anonymous and voluntary survey sponsored by the Oregon Health Authority (OHA) in collaboration with the Oregon Department of Education. OHA contracted with International Survey Associates to recruit schools, administer the survey and report survey results. The survey was available free of charge to all Oregon public and charter schools that chose to participate. Schools that agreed to participate in the *Oregon Student Wellness Survey* were given the option of administering the survey either online or by paper and pencil with the school district determining which method would be best for their particular circumstances.

The *Oregon Student Wellness Survey* was designed to assess a wide range of topics that included school climate, positive youth development, mental health, physical health, substance use, problem gambling, fighting and other problem behaviors.

*Oregon Student Wellness Survey* results are used by schools, state and local agencies, organizations and communities to assess and monitor the health and well being of Oregon youth and the environments in which they live. *Oregon Student Wellness Survey* data can serve as a valuable tool for program planning, implementation, and evaluation. The data are essential information for communications with legislators and the public, and communities and local agencies will find the data improves their ability to procure funding by providing the baseline data needed for grant writing. In these ways, schools, communities and policy makers will find themselves poised to make effective decisions about behavior and health related policies, services, programs and educational activities.

The *Oregon Student Wellness Survey* was designed as a split survey. The 6th and 8th grade version of the survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version appear in this report as missing.

The initial dataset for the *Oregon Student Wellness Survey* consisted of 64,437 surveys collected from 33 counties, 104 public school districts, and 408 schools. The filtering process removed records that had invalid grade values, reported ages that were out of sync with the reported grade levels, had unrealistically high levels of use for illicit drugs or showed bad behavior and inconsistent responses to lifetime vs past 30 day use for illicit drugs. The final dataset consisted of 61,703, surveys (before weighting). It is important to note that all of the tables and graphs in this report are based on *weighted* data.

This report is divided into topic specific sections. Each section provides a brief

overview of the topic, followed by summary data tables that include results for all three grades. State data was weighted in a manner similar to the Oregon Healthy Teen Survey to allow for comparative results on questions that both surveys have in common. The primary weighting factor was based on enrollment numbers.

For questions about the survey please contact:

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## 1.1 Participants by Gender

Table 1: Participants by Gender

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Female	49.5	47.9	48.4
Male	49.0	49.2	49.3
Transgender	0.4	0.9	0.8
Something else fits better	1.1	1.9	1.5

• Percentages exclude missing answers.

## 1.2 Race and Ethnicity

Schools throughout Oregon vary considerably in the racial and ethnic composition of their students. The *Oregon Student Wellness Survey* asks one question about race and another about Hispanic or Latino ethnicity.

The table below shows the percentage of students that self-identified as...

Table 2: Race and Ethnicity

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Non-Hispanic American Indian or Alaska Native	6.1	3.4	1.9
Non-Hispanic Asian	4.5	4.7	5.0
Non-Hispanic Black or African American	2.9	3.0	2.6
Non-Hispanic Native Hawaiian or Other Pacific Islander	0.8	1.0	0.8
Non-Hispanic White	52.9	55.8	61.7
Non-Hispanic Multiple - No best given	1.0	0.8	0.6
Hispanic / Latino	26.2	27.8	24.7
Non-Hispanic Other	5.6	3.7	2.7

• Percentages exclude missing answers.

The table below shows the student responses to the question "Are you Hispanic or Latino/Latina?"

Table 3: Hispanic or Latino/Latina?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No	74.4	72.5	75.4
Yes	25.6	27.5	24.6

• Percentages exclude missing answers.

### 1.3 Tribal Affiliation

Students were asked if they were enrolled in any of the following tribes.

Table 4: Tribal Enrollment

	Grade 6 State %	Grade 8 State %	Grade 11 State %
I am not enrolled in a tribe	91.7	93.3	95.6
Burns Paiute Tribe	0.1	0.1	0.0
Coquille Indian Tribe	0.1	0.1	0.1
Cow Creek Band of Umpqua Tribe of Indians	0.2	0.2	0.1
Confederated Tribes of Grand Ronde	0.1	0.2	0.2
Klamath Tribes	0.4	0.4	0.2
Confederated Tribes of the Umatilla Indian Reservation	0.2	0.1	0.2
Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians	0.1	0.1	0.1
Confederated Tribes of Siletz Indians	0.1	0.2	0.1
Confederated Tribes of Warm Springs	0.2	0.1	0.1
Other	6.8	5.2	3.3

• Percentages exclude missing answers.

## 1.4 Language Used at Home

Students were asked what language they used most often at home.

Table 5: Language Used at Home

	<b>Grade 6</b> State %	<b>Grade 8</b> State %	<b>Grade 11</b> State %
English	83.4	83.0	84.8
Russian	0.9	1.1	0.7
Spanish	11.8	12.0	10.7
Vietnamese	0.5	0.7	0.8
A tribal language	0.1	0.2	0.2
Another language	3.2	3.0	2.7

• Percentages exclude missing answers.

## 2 SCHOOL CLIMATE

School climate is an important issue to parents, administrators and the community. The environment within a school directly impacts students' academic, social, emotional and mental states. Respectful, supportive relationships among students, teachers and parents are fundamental. When students have opportunities to collaborate and share a sense of purpose and ideals, students, faculty and staff look forward to school. When students are attached to school and to teachers and prosocial peers, they are more likely to behave in prosocial ways themselves, and to avoid engaging in high-risk behaviors.

There is strong evidence that the learning environment influences student attachment to school. Classroom and school interventions that make the learning environment safer, more caring, better managed and highly participatory and that enhance students' social competence have been shown to increase student attachment to school. A comprehensive assessment of school climate involves input from students, faculty and staff on a wide range of topics. The data collected with the *Oregon Student Wellness Survey* deals exclusively with the student perception aspect of school climate. It provides an assessment of whether students feel they belong, are valued and physically and emotionally safe at school.

### 2.1 Supportive Atmosphere

In supportive atmospheres students feel more comfortable approaching and interacting with teachers and peers, thereby strengthening their relationships.

The table below reports the percentage of students that agree with the following statements.

Table 6: Supportive Atmosphere involving teachers and peers

	Grade 6 State %	Grade 8 State %	Grade 11 State %
My teachers notice when I am doing a good job and let me know about it.	77.8	68.8	65.6
I can talk to my teachers openly and freely about my concerns.	66.6	56.6	61.2
In my school, teachers treat students with respect.	88.0	78.6	79.0
Most students at my school help each other when they are hurt or upset.	73.4	61.3	59.8
In my school, students that work hard to get good grades are picked on by other students.	29.8	25.0	17.7

- Percentages exclude missing answers.
- Percentages include Strongly agree and Somewhat agree.

## Supportive Atmosphere involving teachers and peers

2018 SWS State Report

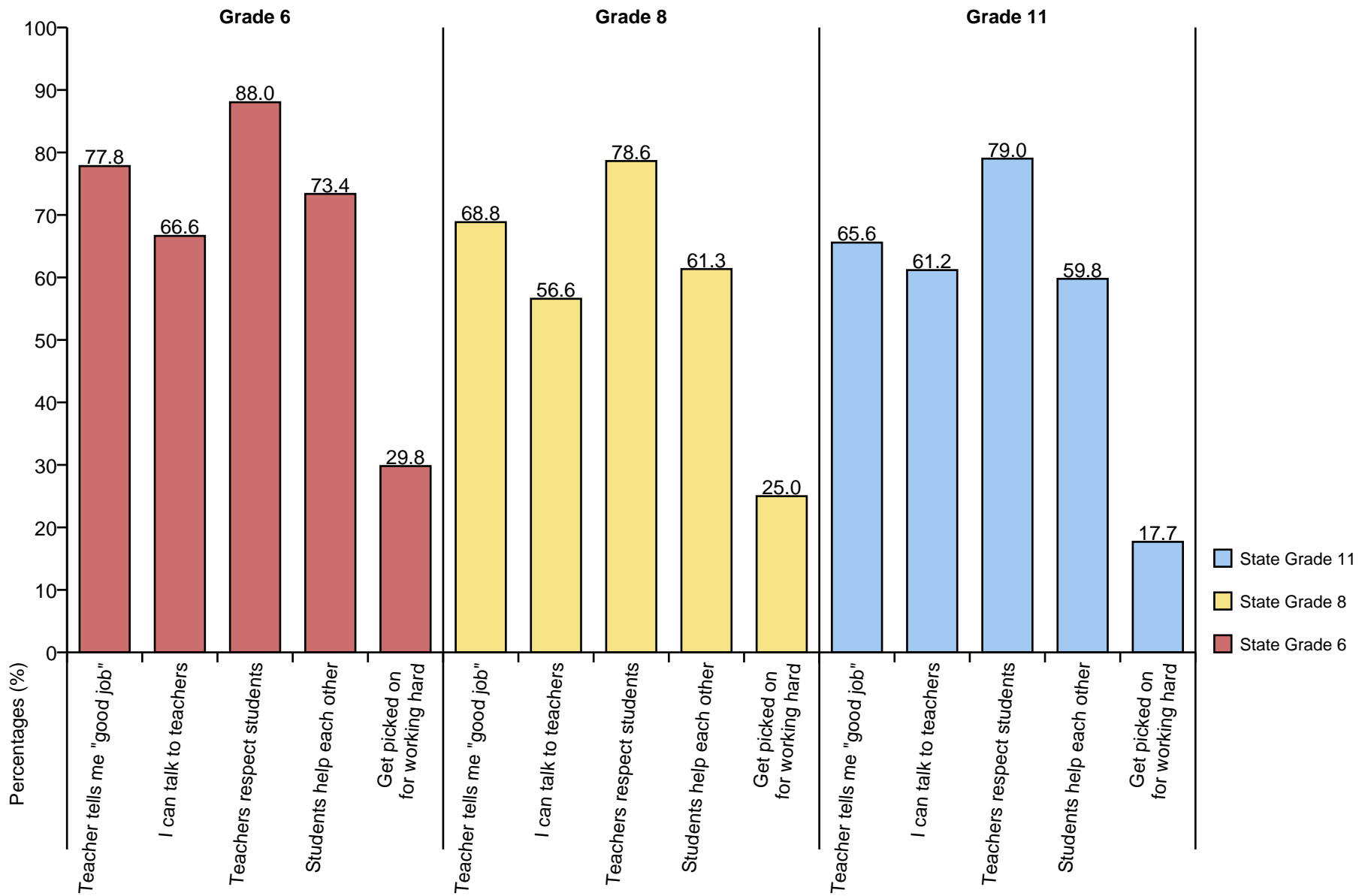


Figure 1: Supportive Atmosphere involving teachers and peers

## 2.2 Attachment to School

Students who like school, feel their assignments are important, and that what they are learning in school will be valuable to them later in life, are better prepared to make successful transitions after graduation. Young people who do not feel a part of society, are not bound by rules, don't believe in trying to be successful or responsible are at high risk of academic failure and developing mental, emotional or behavioral disorders.

Table 7: Student's Attachment to School

	Grade 6 State %	Grade 8 State %	Grade 11 State %
I like school*	53.4	38.8	38.4
I did not skip school in the last four weeks**	67.7	71.2	63.8
I respect my teachers**	94.1	89.1	92.1

• Percentages exclude missing answers.

\* Percentages include I like school very much and I like school.

\*\* Percentages include Strongly agree and Somewhat agree.

The following tables show the percentage of students who say...

Table 8: Student's Value of School Work

	Grade 6 State %	Grade 8 State %	Grade 11 State %
I feel that schoolwork is meaningful and important*	57.3	36.9	22.1
I tried to do my best work in school over the past year*	86.1	75.8	69.0
I think the things I am learning in school are going to be important later in life**	69.4	49.6	34.5

• Percentages exclude missing answers.

\* Percentages include Almost always, Often and Sometimes.

\*\* Percentages include Very important and Quite important.

Table 9: Parental Accountability to Students

	Grade 6 State %	Grade 8 State %	Grade 11 State %
My parents ask if I've gotten my homework done.	86.2	77.4	68.4
My parents would catch me if I skipped school.	89.7	83.5	71.9
When I am not at home, one of my parents knows where I am and whom I am with.	89.3	86.1	80.5

• Percentages exclude missing answers.

• Percentages include Very much true and Pretty much true.



# Student's Attachment to School

2018 SWS State Report

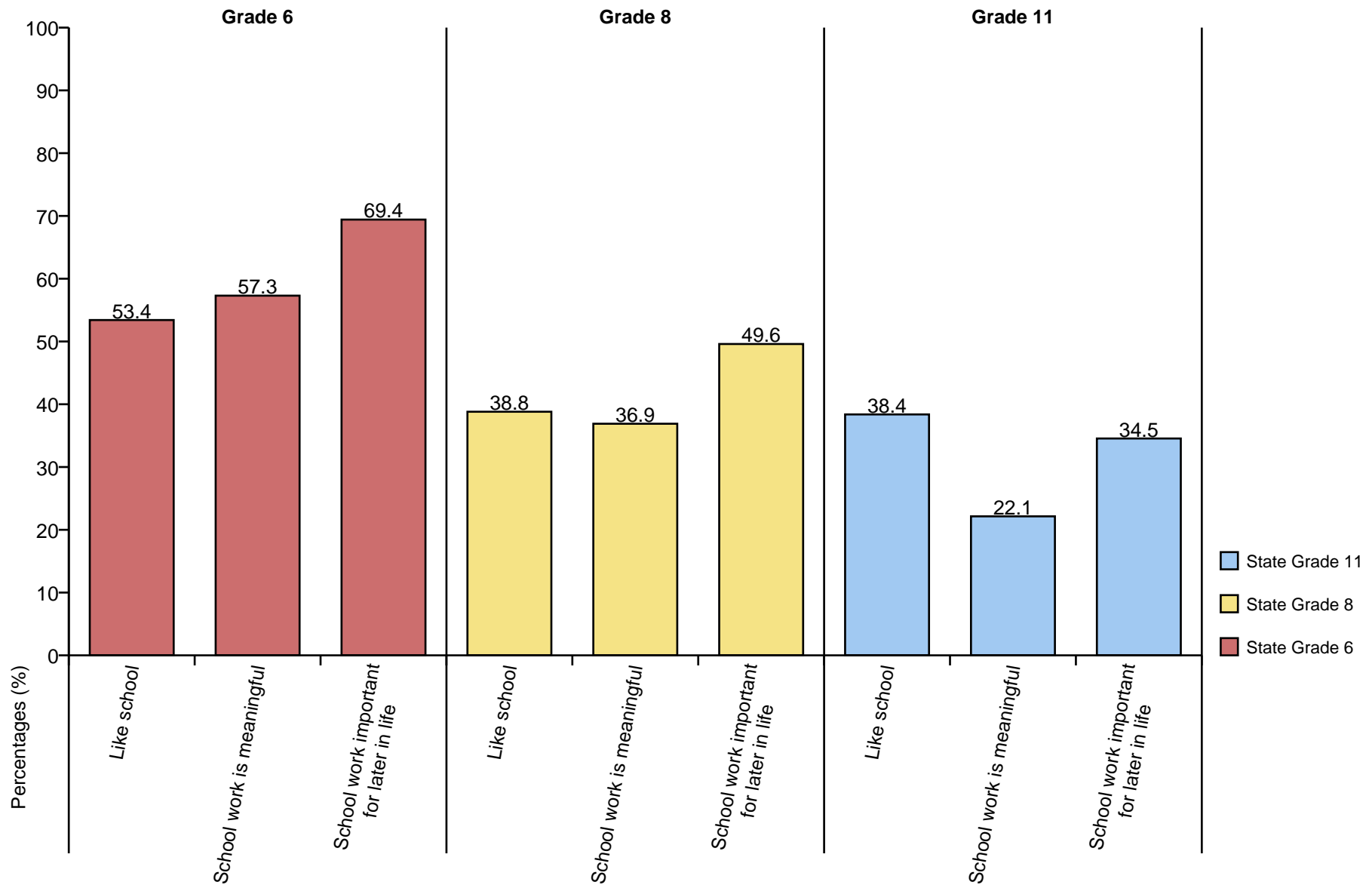


Figure 2: Student's Attachment to School

## 2.3 Opportunities for Participation

When young people are given many opportunities to participate meaningfully in school activities that are important to them, they are less likely to engage in problem behaviors. When opportunities are available for positive participation outside of class, children are less likely to engage in substance use, and other problem behaviors.

The table below shows the percentage of students that agree with the following statements about their school.

Table 10: Student Opportunities for Participation

	<b>Grade 6</b> State %	<b>Grade 8</b> State %	<b>Grade 11</b> State %
I have lots of chances to be part of class discussions or activities.	89.6	87.9	88.2
There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	90.2	87.7	91.4

- Percentages exclude missing answers.
- Percentages include Strongly agree and Somewhat agree.

# Student Opportunities for Participation

2018 SWS State Report

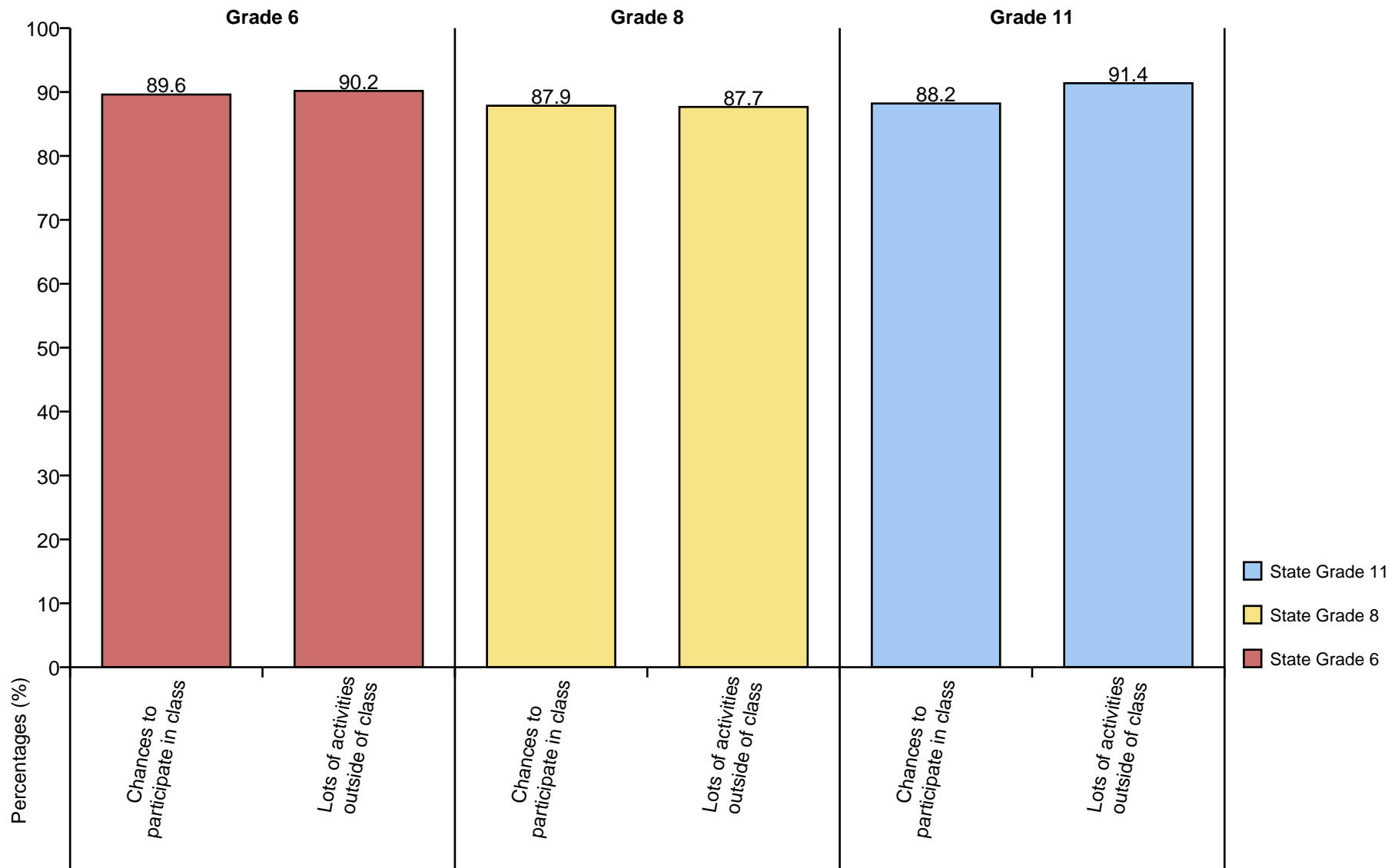


Figure 3: Student Opportunities for Participation

## 2.4 Safe Environment

Students who are harassed, feel unsafe or otherwise victimized are more likely to cut classes, skip school, feel depressed or become involved in problem behaviors. Comprehensive discipline, positive behavior support and anti-bullying programs in schools have been shown to reduce the incidence of harassment.

Table 11: Student Perception of Safe Environment at School

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Did not go to school one or more times in the past 30 days because you felt unsafe at school or on your way to or from school	12.3	10.5	12.9

• Percentages exclude missing answers.

The following table shows the percentage of students that witnessed another student being harassed in school or on the school bus in the past year.

Table 12: Student Witnessed Bullying

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus	69.5	73.3	65.1
Seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus	55.1	56.4	40.1
Heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus	65.7	71.0	65.5

• Percentages exclude missing answers.

This table shows the percentage of students that have been harassed during the past 30 days. Students were asked to indicate whether they were harassed at school or on the way to or from school for any of the following reasons.

Table 13: Student Harassment Experience at School

	<b>Grade 6</b> State %	<b>Grade 8</b> State %	<b>Grade 11</b> State %
Your race or ethnic origin	10.8	13.8	10.5
Someone said you were gay, lesbian, bisexual or transgender	15.5	14.2	7.0
Your friends	22.0	22.1	14.0
Your weight, clothes, acne or other physical characteristics	28.7	31.2	19.3
Unwanted sexual comments or attention	7.9	12.6	11.3
E-mail, social media, chat rooms, IM, web sites, texting or phone	22.8	23.5	15.6
For other reasons.	14.7	17.5	12.8
Any harassment in the past 30 days	49.1	50.0	37.2

• Percentages exclude missing answers.

Student Harassment Experience at School - Grade 6  
2018 SWS State Report

Grade 6

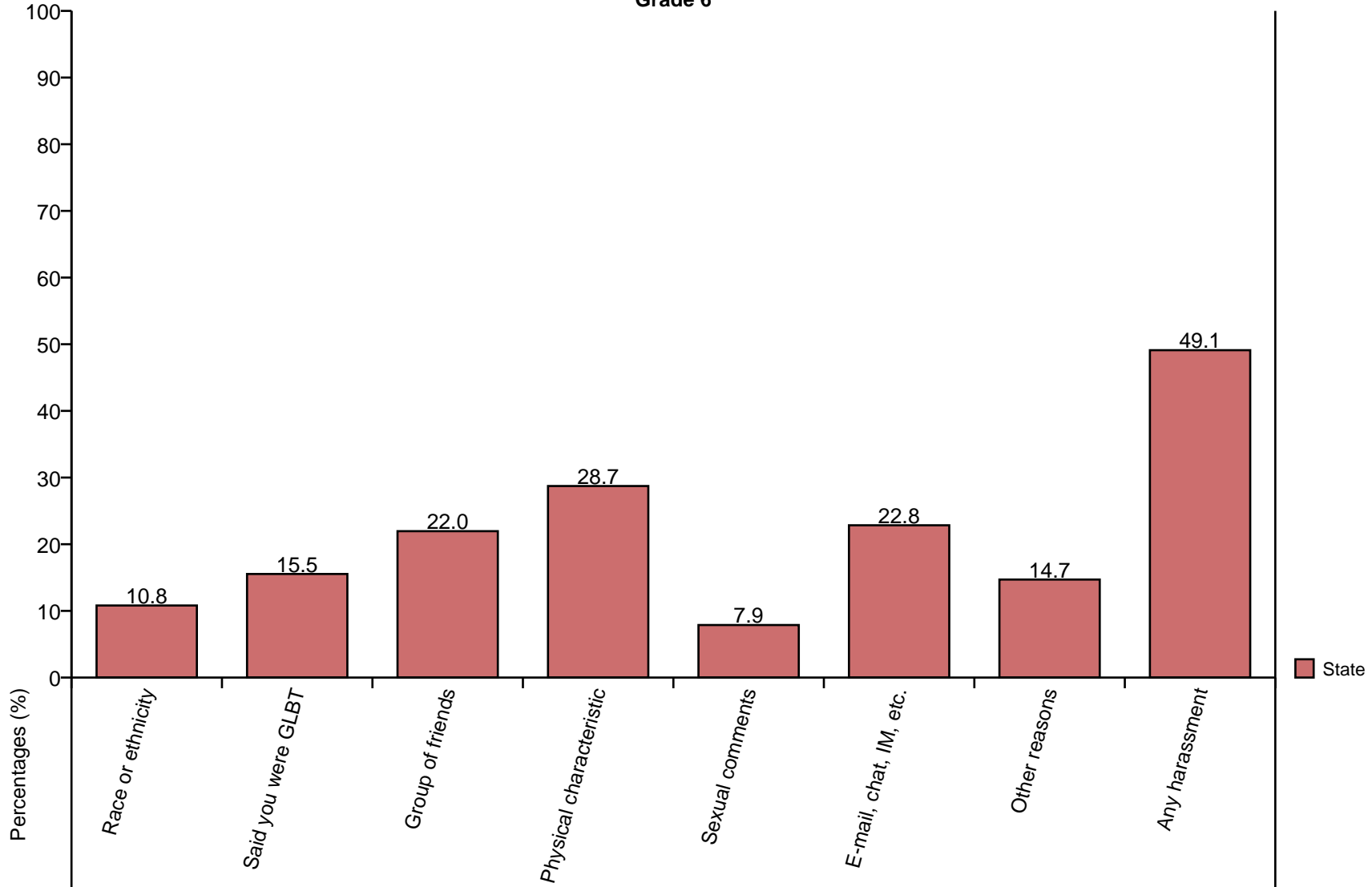


Figure 4: Student Harassment Experience at School - Grade 6

Student Harassment Experience at School - Grade 8  
2018 SWS State Report

Grade 8

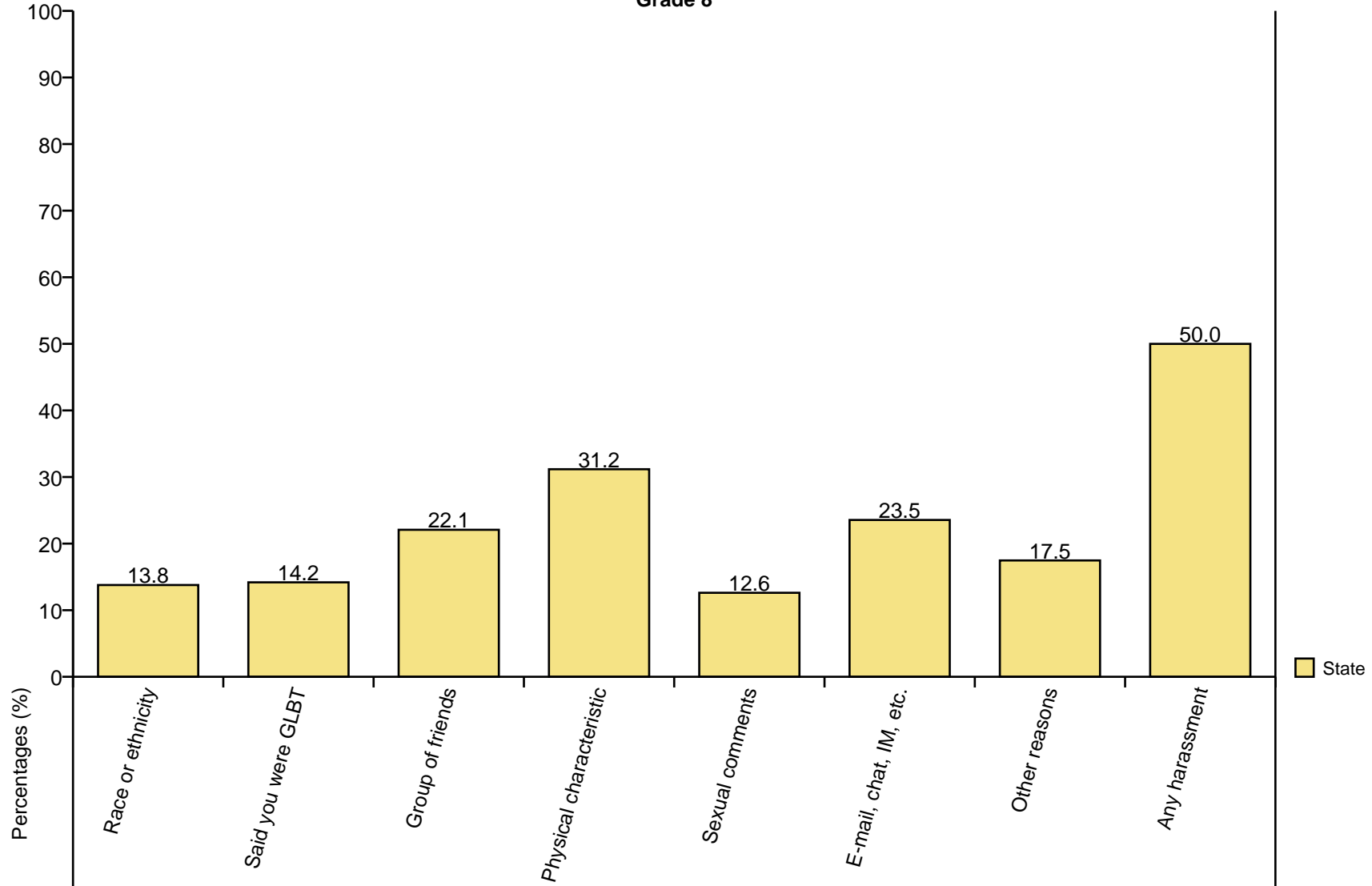


Figure 5: Student Harassment Experience at School - Grade 8

Student Harassment Experience at School - Grade 11  
2018 SWS State Report  
**Grade 11**

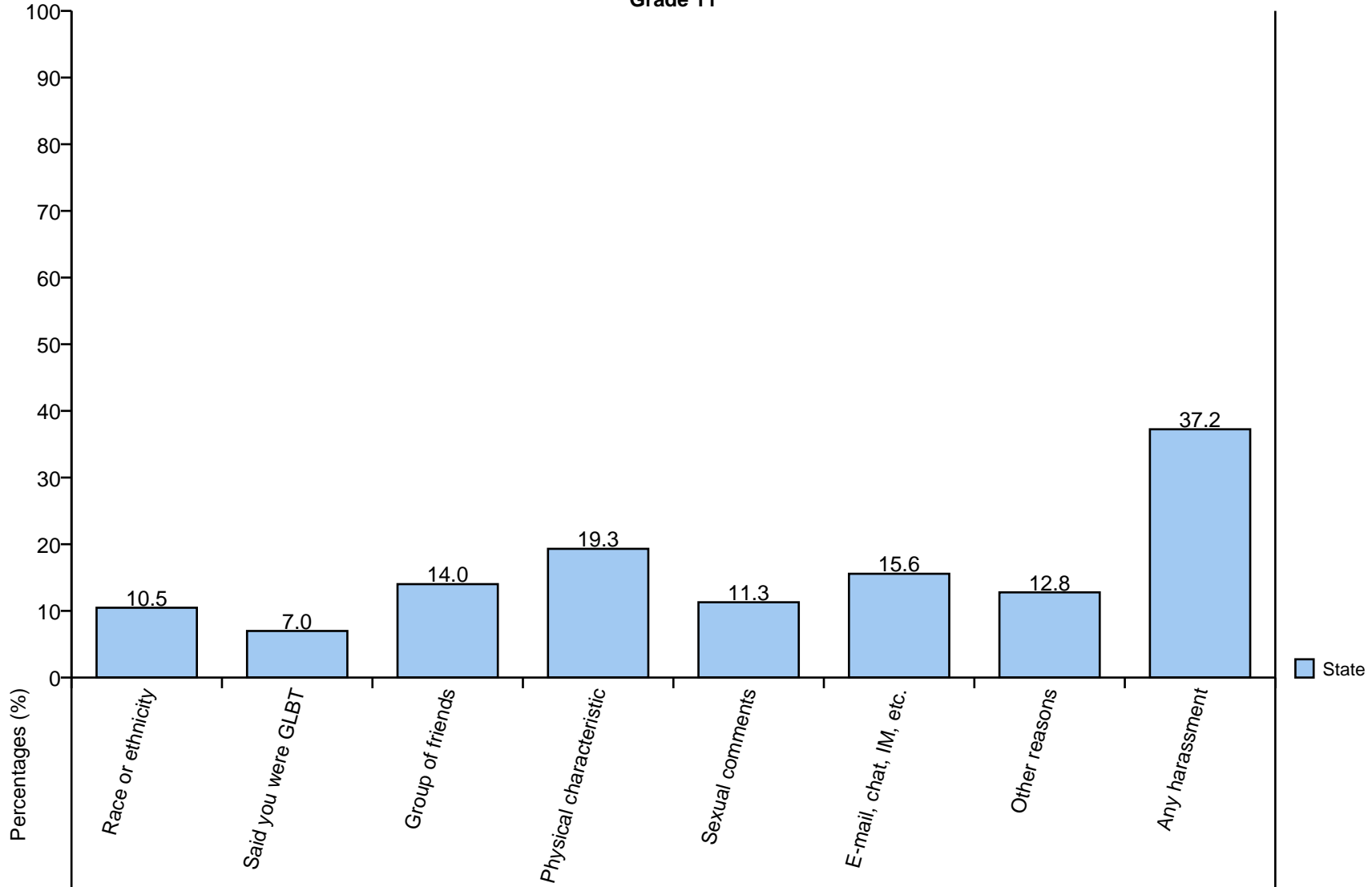


Figure 6: Student Harassment Experience at School - Grade 11



## 2.5 Serious Problem Behaviors

Schools are one of the safest places for our children. This does not mean that they are free of serious problem behaviors.

This table shows the prevalence of other serious problem behaviors reported to have occurred in the past 12 months at school.

Table 14: Student Reported Serious Problem Behaviors on School Property Past 12 Months

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Someone has offered, sold or given you an illegal drug at school	3.0	10.1	18.7
Were in a physical fight on school property	16.4	13.5	5.3
Been threatened with a weapon on school property	11.3	12.2	7.3

• Percentages exclude missing answers.

This table shows the prevalence of other serious problem behaviors reported to have occurred in the past 30 days at school.

Table 15: Student Reported Serious Problem Behaviors on School Property Past 30 Days

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Took a weapon other than a gun to school	2.6	4.2	6.8
Took a gun to school	0.9	0.9	1.0
Have a gun/weapon on school property	2.8	4.3	6.9

• Percentages exclude missing answers.

This table shows problem behaviors that took place in the past 12 months, but they may take place anywhere, not necessarily on school property.

Table 16: Student Reported Serious Problem Behaviors Anywhere Past 12 Months

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Been in a physical fight	28.3	24.5	13.8
Bullied someone physically or verbally	15.8	17.8	10.0

• Percentages exclude missing answers.

# Student Reported Serious Problem Behaviors

2018 SWS State Report

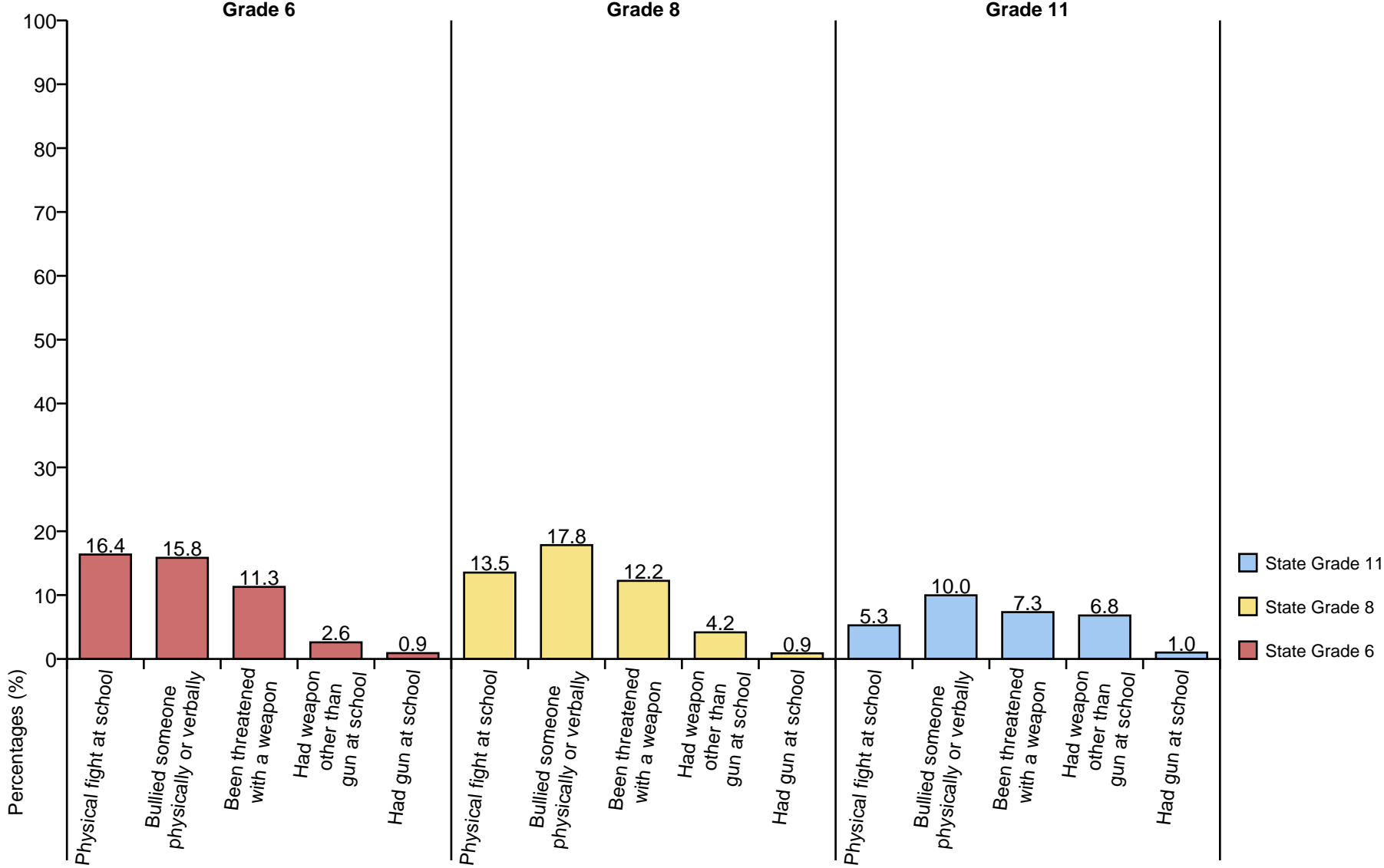


Figure 7: Student Reported Serious Problem Behaviors

### 3 POSITIVE YOUTH DEVELOPMENT

In 2006, a statewide benchmark of positive youth development (PYD) was established for 8th and 11th graders. High levels of positive youth development are strongly associated with healthy behaviors and student success. The benchmark looks at six components: emotional and mental health, physical health, feelings of competence, self-confidence, support of a caring adult in school, and service to the community.

#### 3.1 Positive Youth Development Benchmark

Students that answer at least five of the six PYD questions in a positive manner are considered to have strong positive youth development.

Table 17: Positive Youth Development Benchmark

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strong positive youth development	59.9	50.9	56.2
Weak positive youth development	40.1	49.1	43.8

#### 3.2 General Health

Two questions are asked as an assessment of student health.

Table 18: Student's Assessment of General Health

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Good to excellent physical health	89.6	84.8	80.2
Good to excellent emotional and mental health	85.4	75.0	66.1

• Percentages exclude missing answers.

### 3.3 Competence, Confidence, Support and Service

The following table reports the percentage of students that indicated the statement is "pretty much true" or "very much true."

Table 19: Student Perception Competence, Confidence, Support and Service

	<b>Grade 6</b> State %	<b>Grade 8</b> State %	<b>Grade 11</b> State %
I can work out my problems.	77.0	74.6	82.1
I can do most things if I try.	73.3	75.5	85.4
There is at least one teacher or other adult in my school that really cares about me.	70.9	63.2	68.8
I volunteer to help others in my community.	54.5	44.7	53.4

- Percentages exclude missing answers.
- Percentages include Very much true and Pretty much true.

Positive Youth Development - Grade 6  
2018 SWS State Report

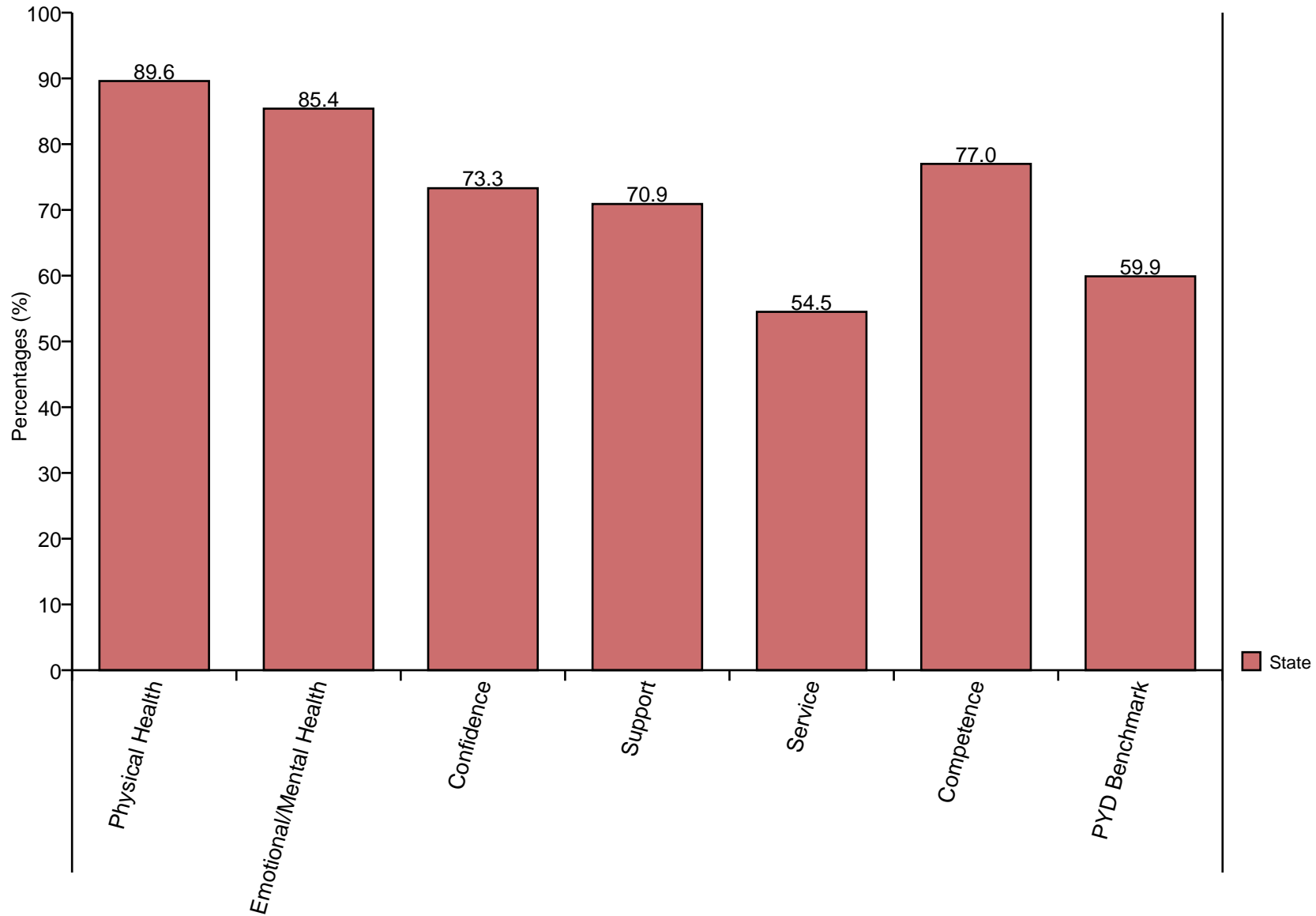


Figure 8: Positive Youth Development - Grade 6

Positive Youth Development - Grade 8  
2018 SWS State Report

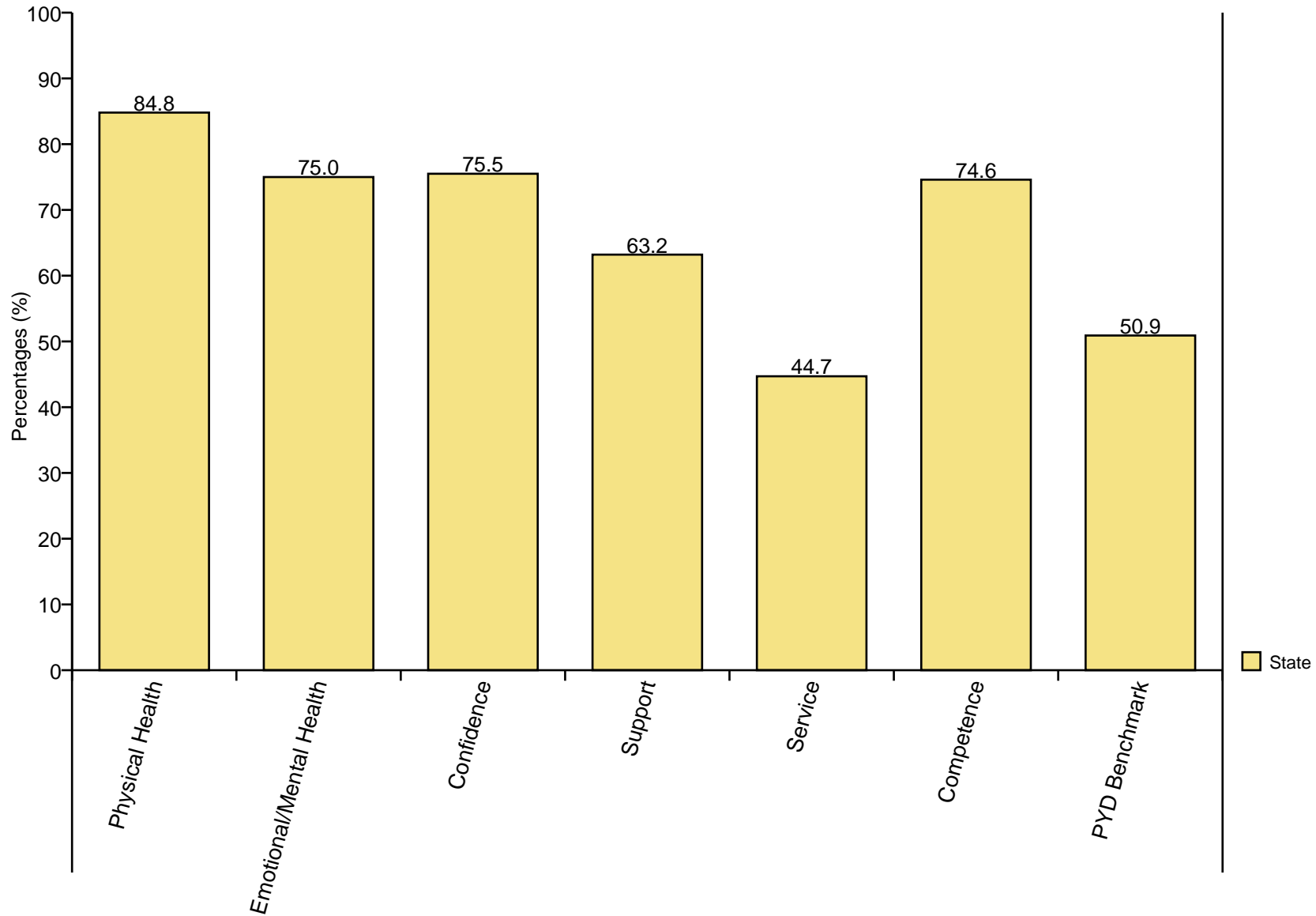


Figure 9: Positive Youth Development - Grade 8

Positive Youth Development - Grade 11  
2018 SWS State Report

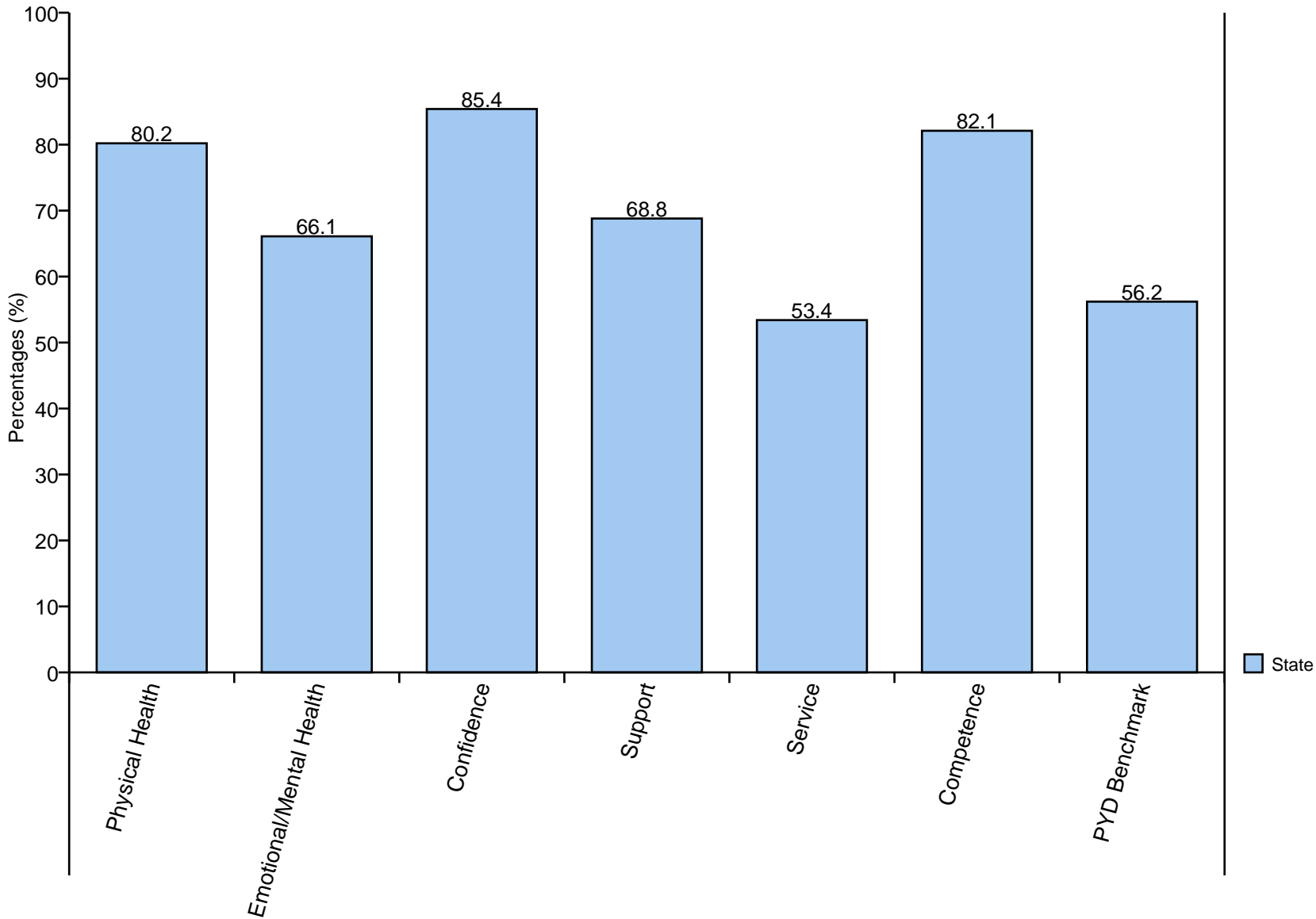


Figure 10: Positive Youth Development - Grade 11

## 4 MENTAL AND EMOTIONAL HEALTH

Good mental and emotional health makes it easier for youth to establish constructive interpersonal relationships, succeed in school and make a successful transition into the workforce. Depression and psychological distress can interfere with the development of positive teacher and peer relationships. Youth with depression or high levels of psychological distress may find it difficult to focus on academics. They are more likely to smoke, drink alcohol or use other drugs and they are at increased risk of suicide.

The *Oregon Student Wellness Survey* asks questions about emotional and mental health, depression, suicide thoughts and suicide attempts. The survey also asks a series of five questions known as the Mental Health Inventory (MHI-5). When responses for all five are considered together, the result is an estimate of the level of psychological distress that youth are experiencing. MHI-5 scores range from five to 30. Scores of 21 or higher are an indication that youth may be experiencing a mental health concern that requires further assessment.

### 4.1 Psychological Distress

This table shows the percentage of students with high levels of psychological distress during the past 30 days based on an MHI-5 score of 21 or higher.

Table 20: High Level Psychological Distress experienced by Students Past 30 Days

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Below MHI-5 cutoff	91.1	85.8	83.5
At or above MHI-5 cutoff	8.9	14.2	16.5

The following table contains data on each of the five Mental Health Inventory questions. This series of questions asks about how the student was feeling during the past 30 days. The table reports the percentage of students who indicated "a good bit of the time," "most of the time", or "all of the time."

Table 21: Mental Health Inventory-5 Questions: How Students Felt Past 30 Days

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Been a happy person	77.9	69.6	61.9
Felt calm and peaceful	61.0	53.7	45.2
Been a very nervous person	28.4	35.5	40.2
Felt downhearted and blue	19.7	25.7	29.8
Felt so down in the dumps that nothing could cheer you up	14.0	18.1	19.0

- Percentages exclude missing answers.
- Percentages include A good bit of the time, Most of the time and All of the time.



## 4.2 Depression and Suicide Ideation

Suicide is the second leading cause of death among Oregon youth aged 10-24. Depression is the most common underlying cause of suicide. The following table reports the percentage of students who had signs of depression, thoughts about suicide, or actually attempted suicide during the last 12 months.

Table 22: Depression and Suicide Ideation by Students  
Past 12 Months

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	22.8	29.2	35.6
Did you ever seriously consider attempting suicide?	13.3	19.9	19.7
Actually attempted suicide?	7.5	10.2	8.1

• Percentages exclude missing answers.

# Psychological Distress, Depression and Suicide by Students Past 12 Months

2018 SWS State Report

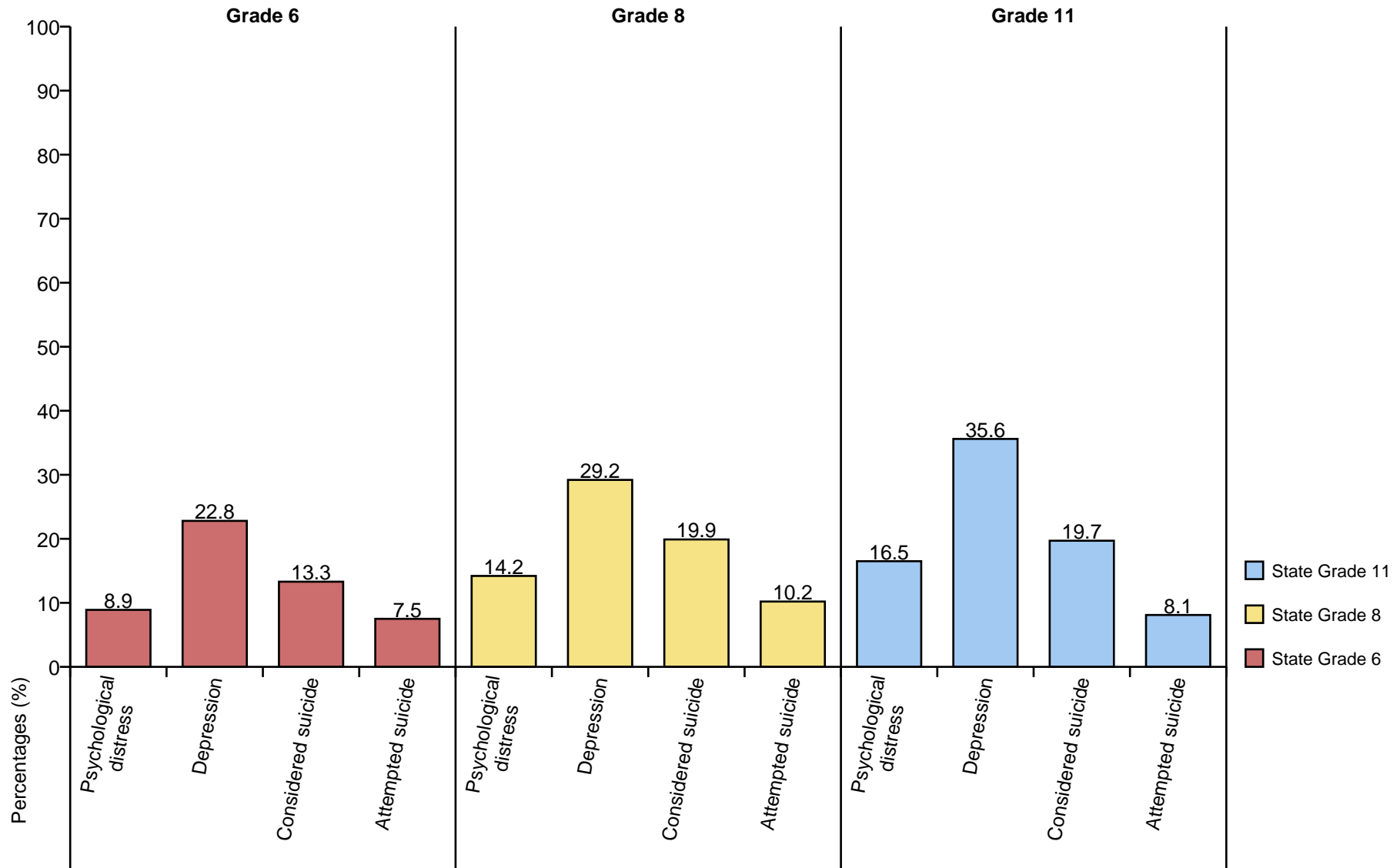


Figure 11: Psychological Distress, Depression and Suicide by Students Past 12 Months

### 4.3 Adverse Childhood Experiences

**Adverse Childhood Experiences (ACEs)** is a term used to describe neglect, abuse, violence and/or distressed family environments that children under the age of 18 years may experience. The cumulative effect of ACEs can be traumatic, especially if experienced repeatedly beginning at a young age. There is a strong association between the amount of ACEs an individual experienced during childhood and the increased risk for negative health behaviors (smoking, drug and alcohol abuse and risky sexual behaviors), chronic mental health concerns (depression and suicidal thoughts) and chronic diseases (heart disease, stroke, diabetes and cancer) later in life.

The following table details the percentage of students who responded **YES** to the ACE questions:

Table 23: Adverse Childhood Experience\*

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Were your parents ever separated or divorced after you were born?	34.1	38.6	41.2
Have you ever lived with someone who is/was a problem drinker or alcoholic?	22.6	30.3	34.3
Have you ever lived with someone who uses/used street drugs?	10.9	19.2	21.1
Have you ever lived with a household member who is/was depressed or mentally ill?	21.6	32.9	40.2
Have you ever felt that you did not have enough to eat?	19.8	18.1	17.2
Have you ever felt that you had to wear dirty clothes?	10.9	12.3	11.2
Have you ever felt that you had no one to protect you?	15.8	17.3	14.7

• Percentages exclude missing answers.

\* Neglect, Abuse, Violence, and/or distressed family environments.

# Adverse Childhood Experience

2018 SWS State Report

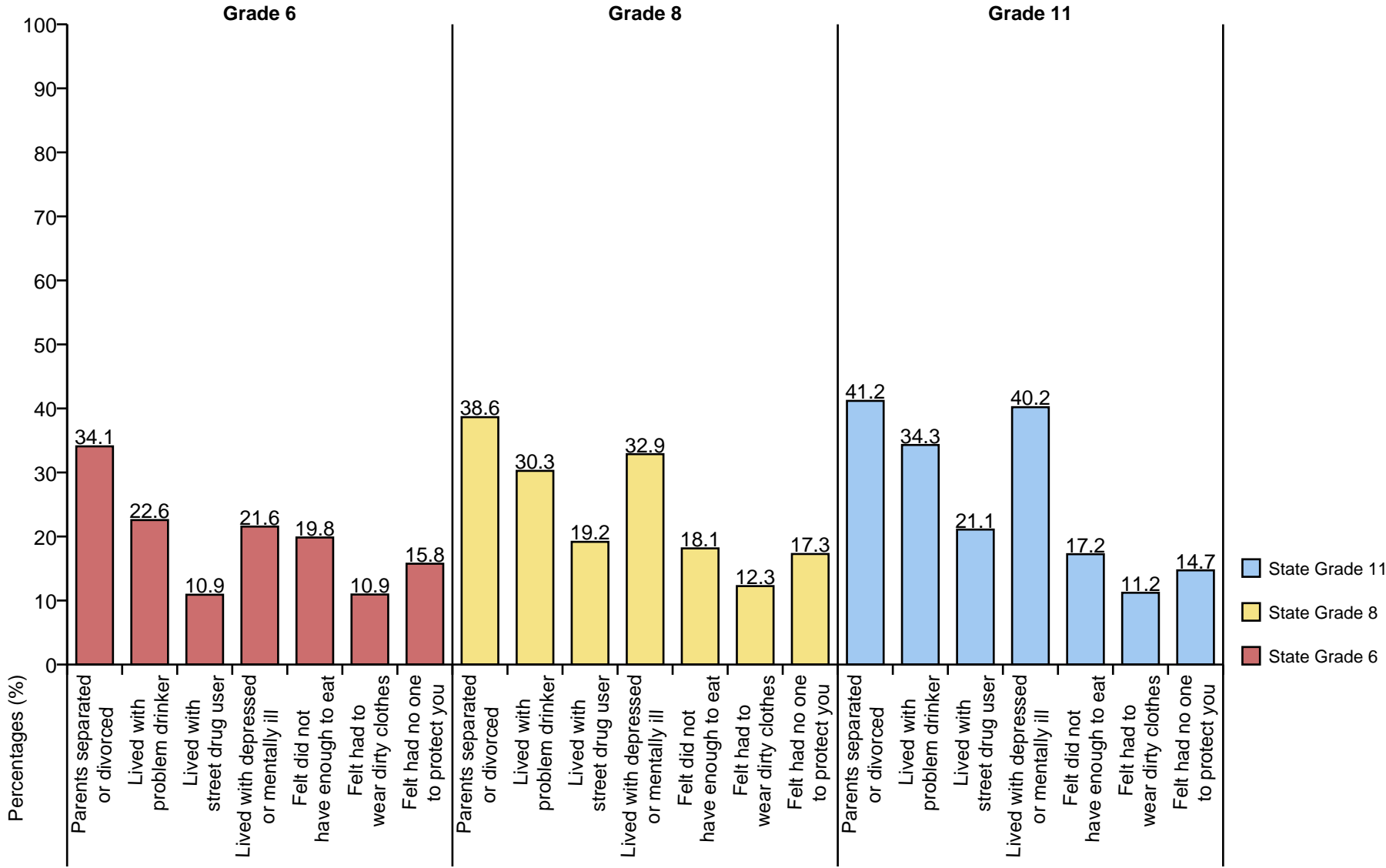


Figure 12: Adverse Childhood Experience

## 5 PROBLEM GAMBLING

Students today are increasingly being exposed to gambling opportunities - on the Internet, in the community, at home and even at church - so it's no surprise that problems associated with gambling are being seen in youth. It's generally not perceived nor treated as risky, yet research shows that youth who gamble are much more likely to engage in other risky behaviors such as drinking, smoking and using drugs and some of them will go on to develop serious gambling problems.

The adolescent brain is developmentally inclined towards risk, minimal consideration of consequences, preference for stimulation and novelty, all of which gambling offers in abundance.

The *Oregon Student Wellness Survey* asks a series of questions that address and measure various gambling activities. Students were asked questions regarding the types of gambling in which they participated, in their feelings about being involved in gambling and the degree to which parents and teachers have communicated to the students the risks involved in engaging in this particular activity.

Gambling can be addictive, yet most youth and parents treat it as harmless entertainment. The following tables and charts contain data on gambling questions. These percentages are provided by grade level. For more information on youth gambling in Oregon, including more data and educational resources, go to [www.problemgamblingprevention.org](http://www.problemgamblingprevention.org)

### 5.1 Types of Gambling in the Past 30 Days

Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event. The following table shows the percentage of students who participated in these types of gambling in the last 30 days.

Table 24: Types of Gambling in which Students Participated Past 30 Days

	Grade 6 State %	Grade 8 State %	Grade 11 State %
I did not gamble during the last 30 days.	76.0	71.9	75.6
Playing lottery tickets / Powerball / Megabucks.	3.2	3.9	4.1
Playing dice or coin flips.	9.1	9.3	6.4
Playing cards (poker, etc.).	6.9	9.3	8.4
Betting on a sports team.	11.0	12.3	10.2
Betting on games of personal skill (bowling, video games, dares, etc.).	14.4	16.1	13.3
Gambling on the Internet for free or with money.	1.4	2.8	3.3
Playing Bingo for money.	3.0	2.9	2.1
Other.	9.5	9.6	6.8

• Percentages exclude missing answers.

## 5.2 Risk of Problem Gambling

Most youth don't have large sums of money to spend on gambling, so this measure must be looked at within that context. The fact that youth are spending any money on a potentially addictive behavior is of concern, and some youth spend significant amounts on it. Even those who spend a small amount of money are still "spending" time and attention on gambling at the expense of other activities and responsibilities. By the time they get into college, where problem gambling rates are among the highest and the average college student gets 25 credit card solicitations a year, some youth have developed seemingly innocent gambling habits that will cost them dearly.

The following table shows the percentage of students who reported the following signs of problem gambling in the last 12 months. The last two questions (lied about/bet more) are based on a valid and reliable problem gambling screening instrument which has been used for many years; saying yes to either of these is highly correlated to a potential gambling problem and indicates a need for further assessment by a trained counselor.

Table 25: Signs of Problem Gambling reported by Students Past 12 Months

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Felt bad about the amount you bet, or about what happens when you bet money	2.4	2.3	2.2
Felt that you would like to stop betting money but didn't think you could	2.9	1.8	1.1
Lied to anyone about betting/gambling	3.3	4.4	3.4
Bet/gambled more than you wanted to	2.9	4.1	4.5

• Percentages exclude missing answers.

## 5.3 Communication about the Risks of Gambling

Table 26: Communication About the Risks of Gambling

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Parents have talked to you about the risks of betting/gambling	50.7	48.6	38.0
Teachers have talked to you about the risks of betting/gambling	18.5	21.9	18.4

• Percentages exclude missing answers.

Reported Student Gambling - Grade 6  
2018 SWS State Report  
**Grade 6**

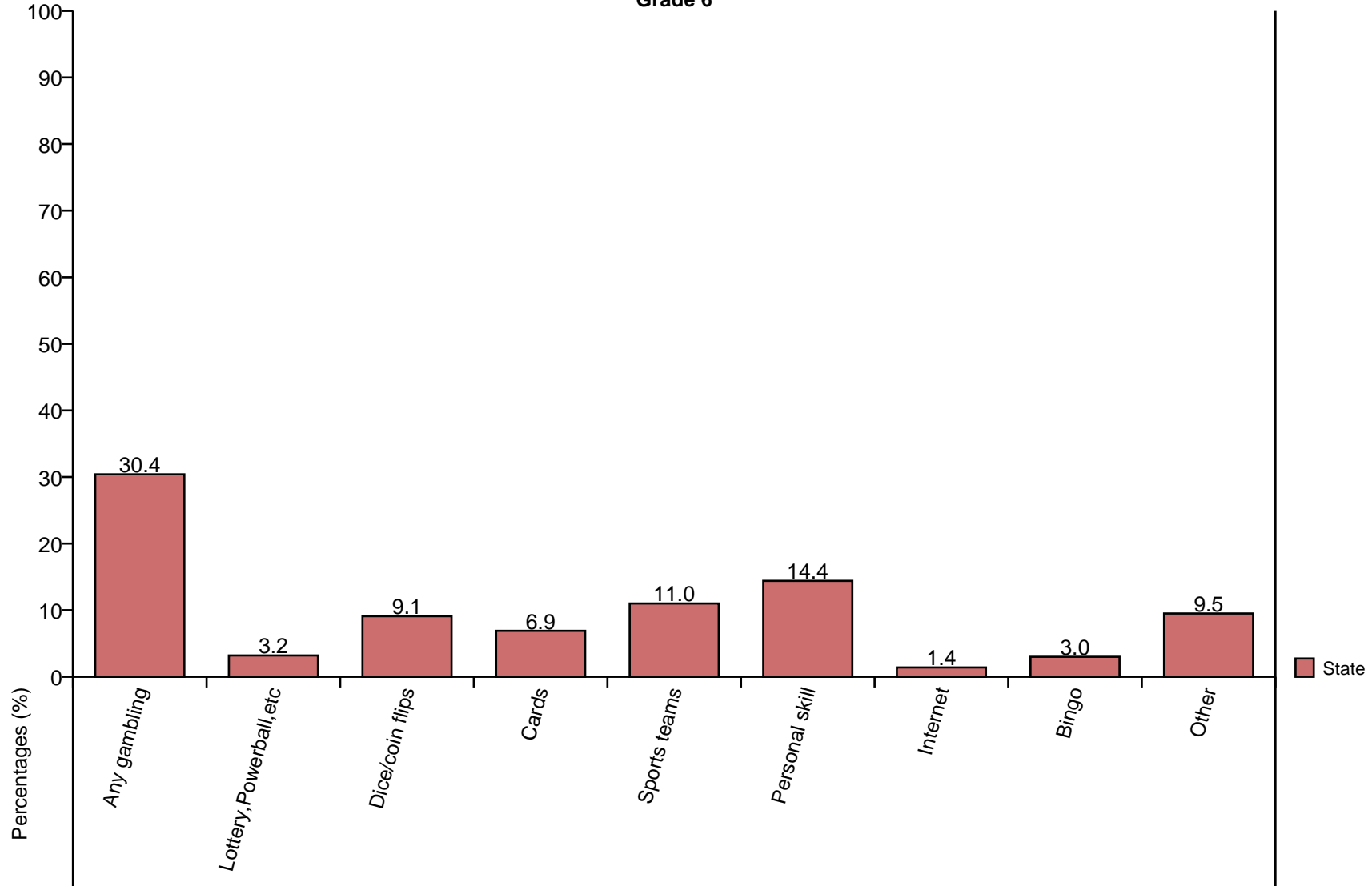


Figure 13: Reported Student Gambling - Grade 6

Reported Student Gambling - Grade 8  
2018 SWS State Report  
**Grade 8**

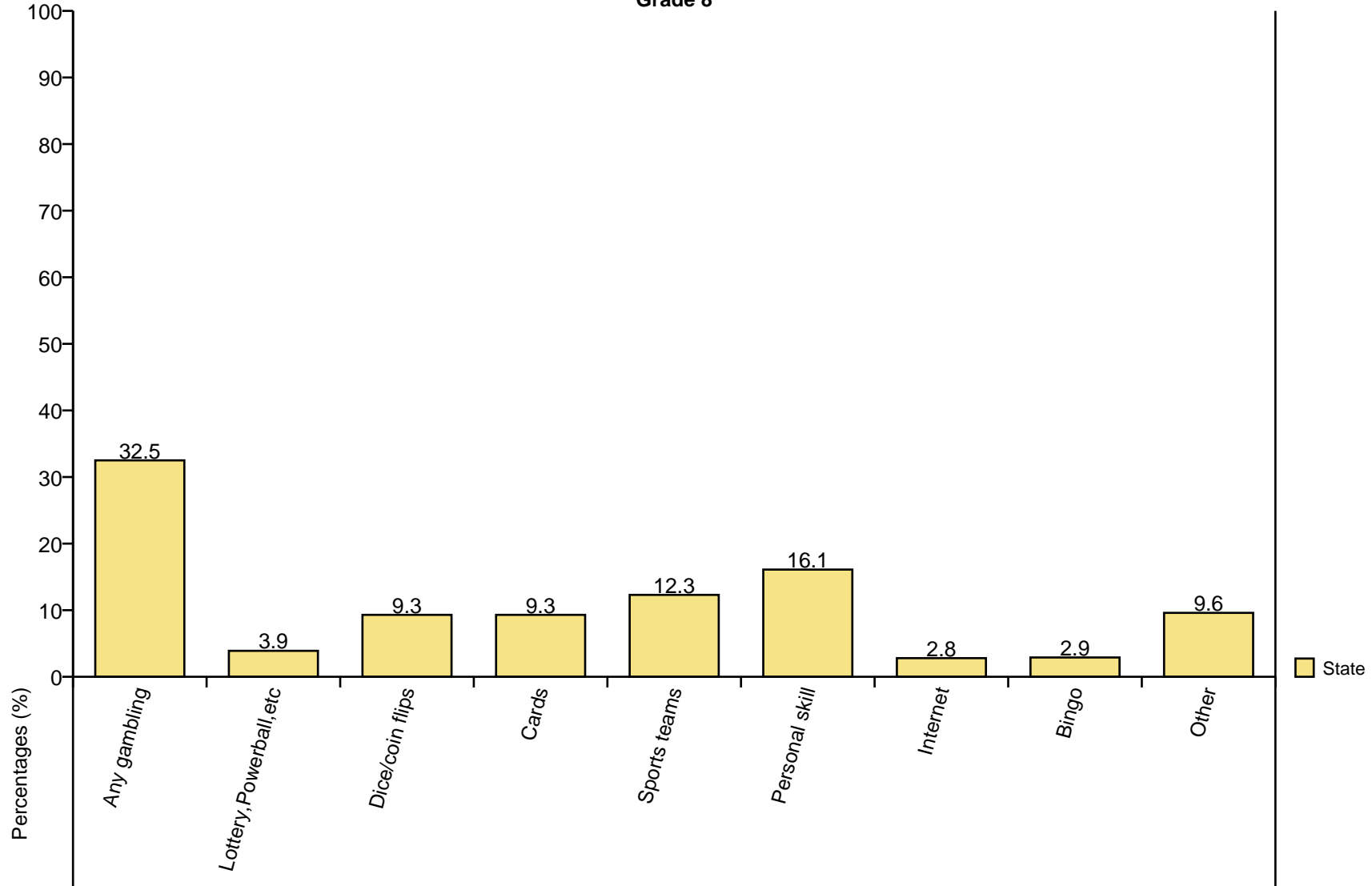


Figure 14: Reported Student Gambling - Grade 8



Reported Student Gambling - Grade 11  
2018 SWS State Report  
**Grade 11**

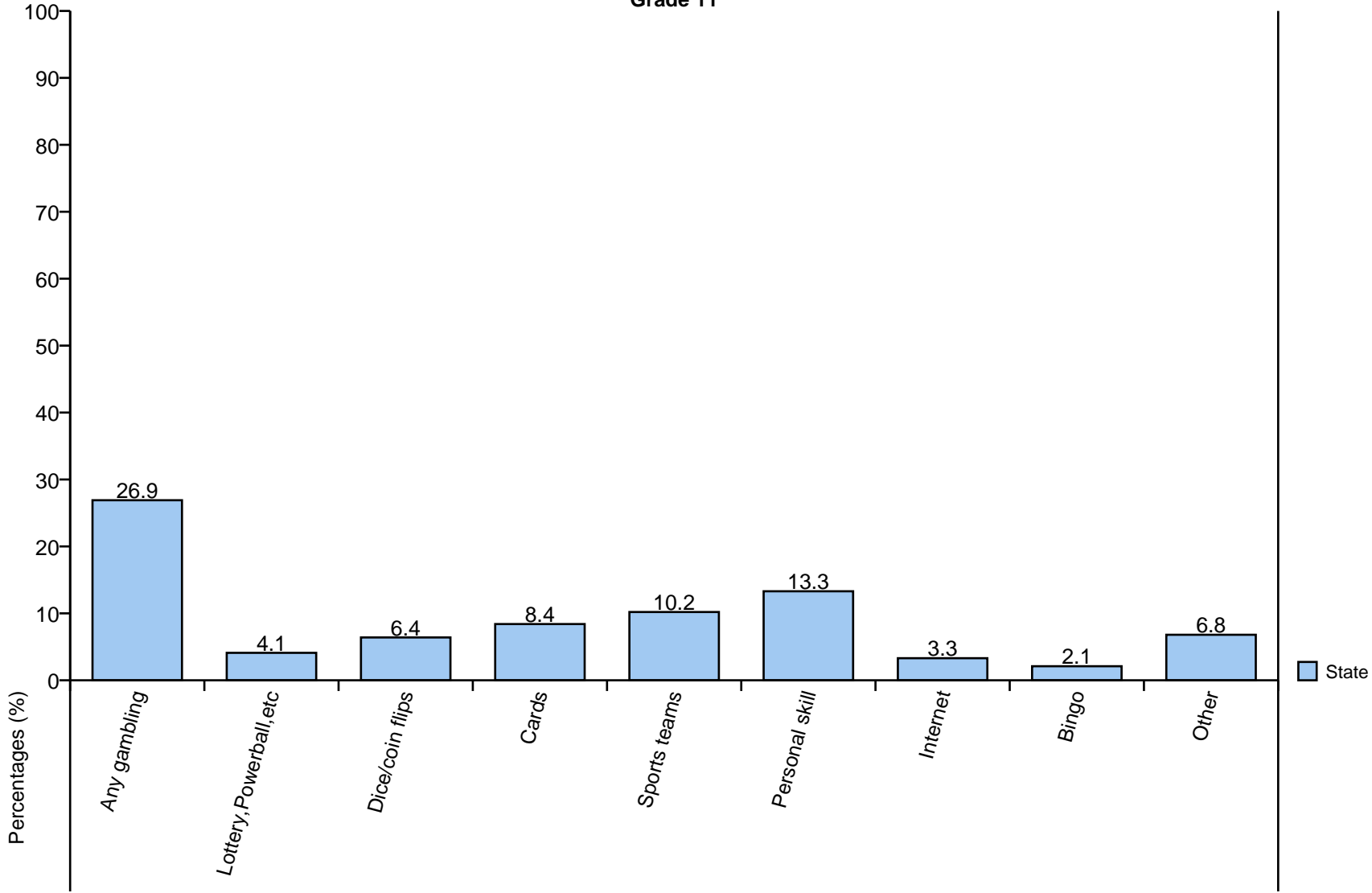


Figure 15: Reported Student Gambling - Grade 11

## Signs of Problem Gambling - Past 12 Months

2018 SWS State Report

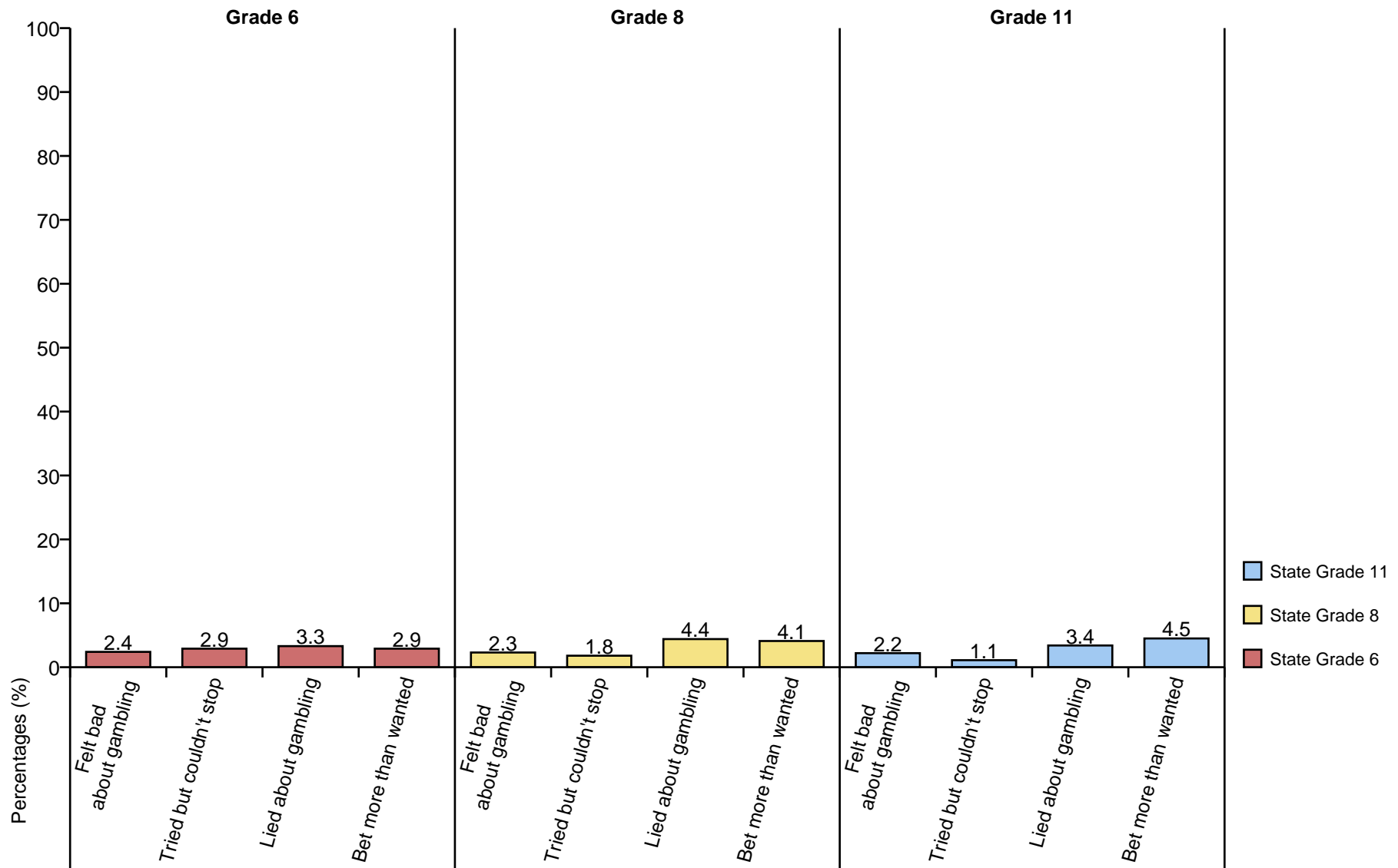


Figure 16: Signs of Problem Gambling - Past 12 Months

## 6 SUBSTANCE USE

During the elementary school years, most children express anti-drug, anti-crime and pro-social attitudes and have difficulty imagining why people use drugs. However, in middle school, as more youth are exposed to others who use cigarettes, alcohol or other drugs, their attitudes often shift toward greater acceptance of these behaviors. Typically, by 11th grade, most students have tried alcohol, and many have tried marijuana, cigarettes or other tobacco products.

### 6.1 Abstinence from Substance Use

The following table shows the percent of students that have never used these substances.

Table 27: Abstinence from Substance Use

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never smoked a whole cigarette	98.1	93.3	85.0
Never used other tobacco products	98.3	94.3	87.1
Never used an e-cigarette, vape-pen or e-hookah*	–	–	62.8
Never had more than a sip or two of alcohol	77.1	60.1	37.1
Never tried marijuana	97.0	86.0	61.6
Never tried synthetic marijuana	99.0	95.7	93.4

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

## 6.2 Substance Use in the Past 30 Days

The next table provides the percentage of students who used one or more times in the past 30 days.

Table 28: Student Reported Substance Use  
Past 30 Days

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Smoked cigarettes	0.7	2.8	5.8
Used other tobacco products	0.6	2.2	4.4
Used a hookah for tobacco*	–	–	2.8
Used an e-cigarette, vape-pen or e-hookah*	–	–	20.8
Had at least one drink of alcohol	4.5	15.4	29.0
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	1.0	5.6	15.3
Used marijuana	1.5	7.9	20.0
Used synthetic marijuana	0.7	2.8	2.6
Sniffed glue, breathed the contents of aerosol spray cans, or any paints or sprays to get high	5.0	4.8	1.3
Used prescription drugs (without a doctor's orders)	1.2	3.8	4.5
Any illicit drug use including marijuana, synthetic marijuana, cocaine, ecstasy, heroin, hallucinogens or methamphetamines	1.8	8.2	20.4
Any illicit drug use including cocaine, ecstasy, heroin, hallucinogens or methamphetamines	0.4	1.3	2.8

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

Alcohol, Tobacco and Other Drug Use - Grade 6  
2018 SWS State Report

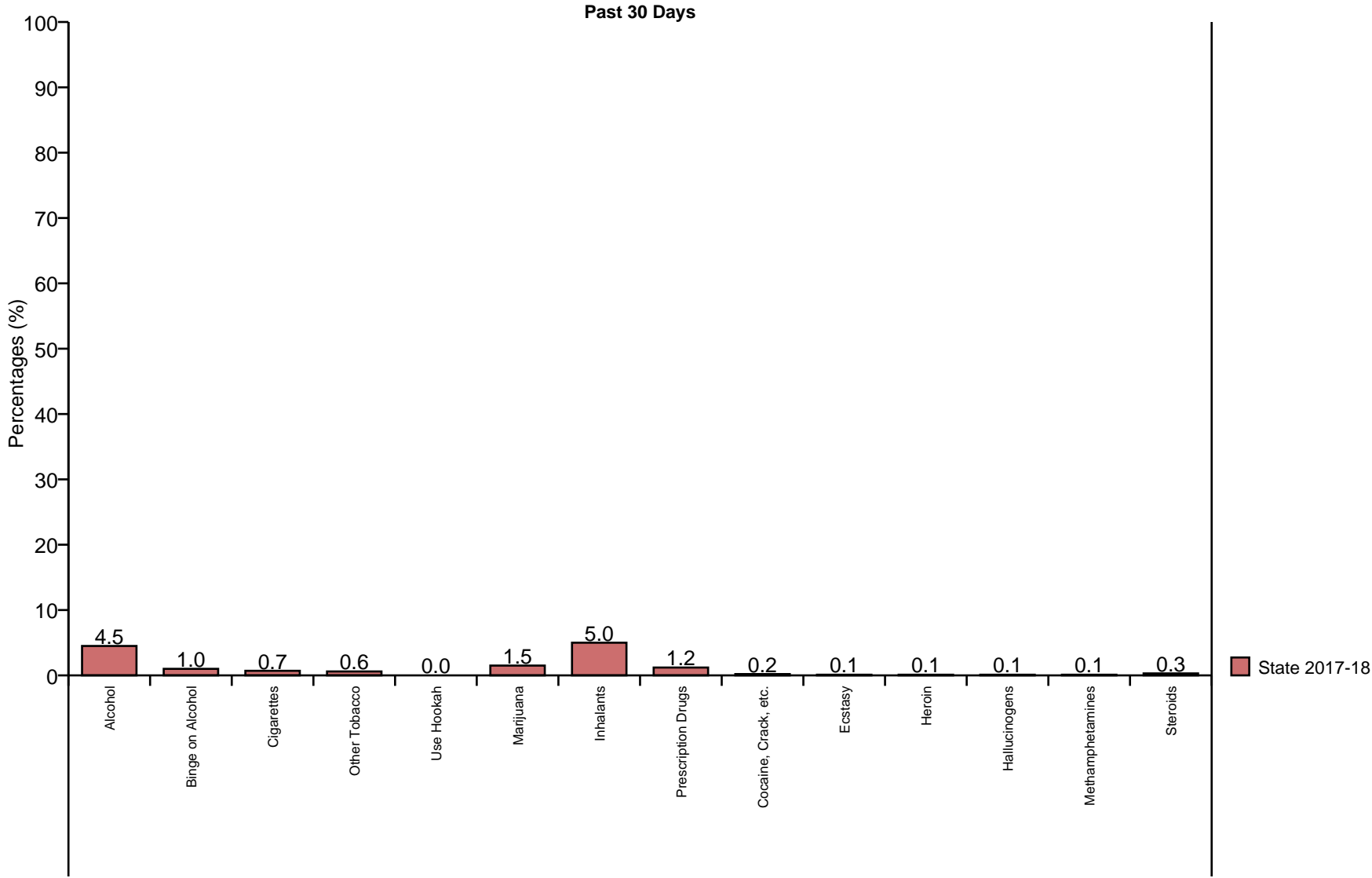


Figure 17: Alcohol, Tobacco and Other Drug Use - Grade 6

Alcohol, Tobacco and Other Drug Use - Grade 8  
2018 SWS State Report

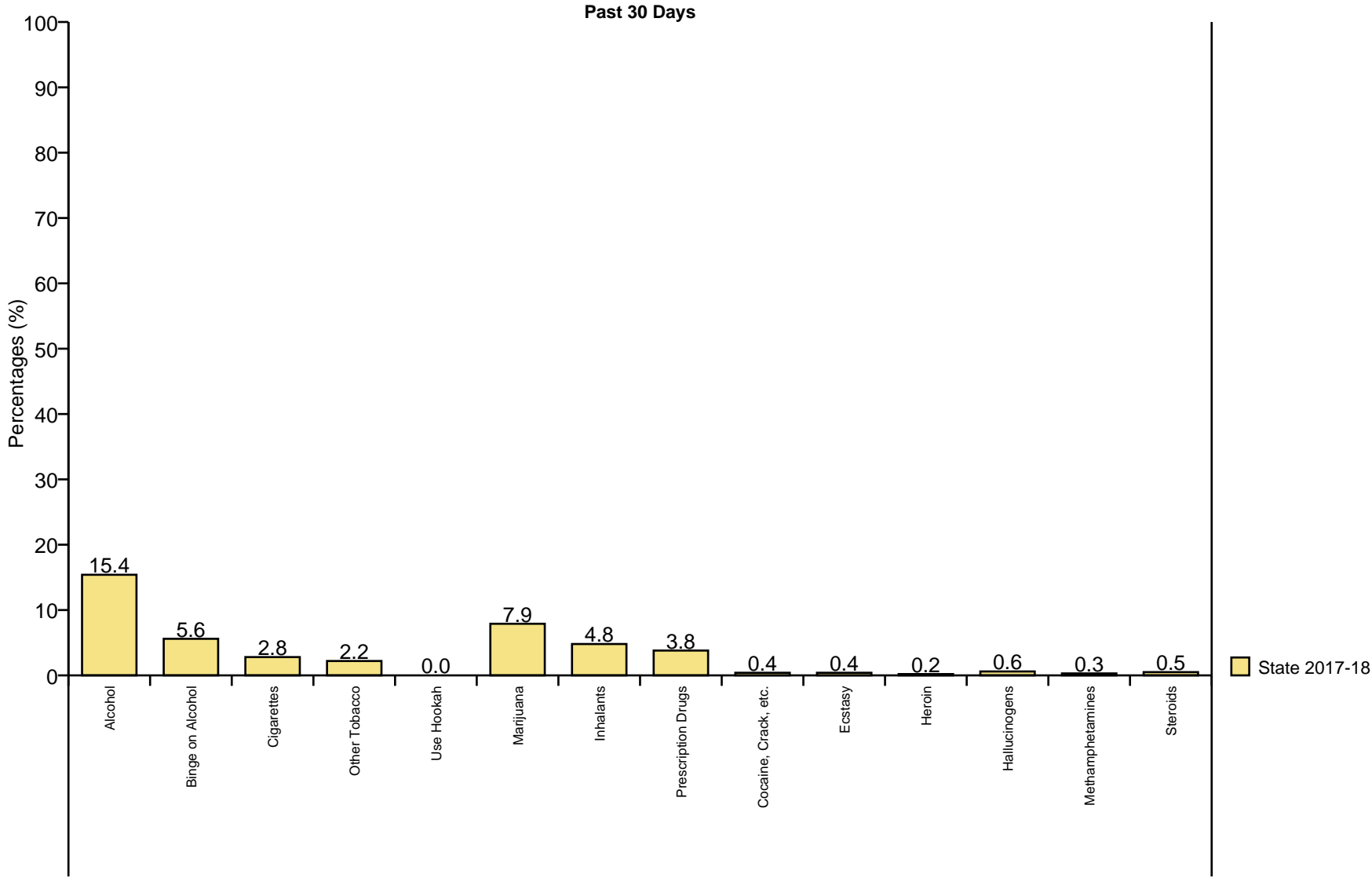


Figure 18: Alcohol, Tobacco and Other Drug Use - Grade 8

## Alcohol, Tobacco and Other Drug Use - Grade 11 2018 SWS State Report

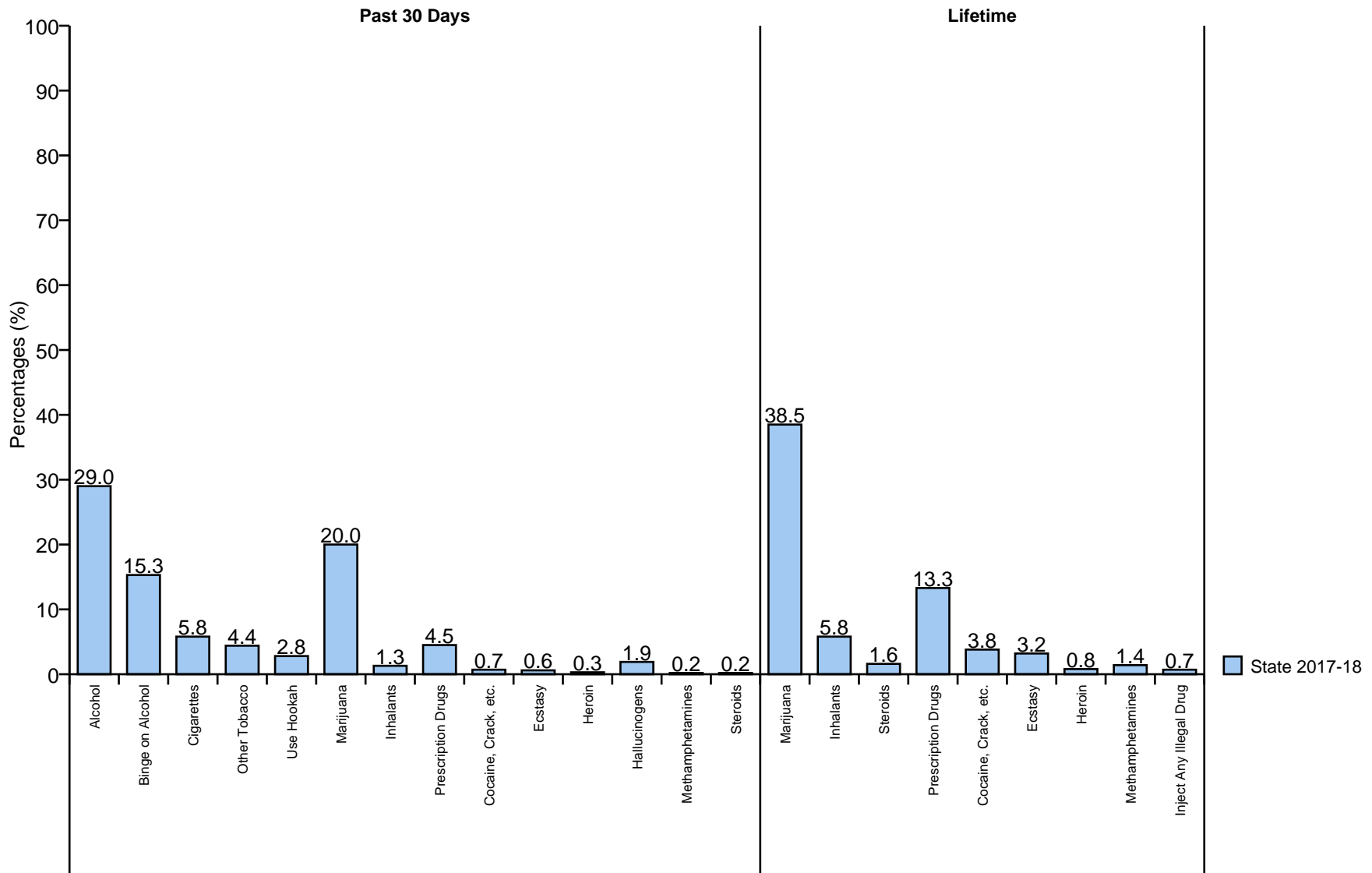


Figure 19: Alcohol, Tobacco and Other Drug Use - Grade 11

### 6.3 Norms About Alcohol Use

"Everybody's doing it!" is a refrain commonly heard by parents and believed by far too many youth in Oregon. The Student Wellness Survey provides information about alcohol norms. A series of questions allows the comparison of actual alcohol-related behaviors to what youth think most students are doing.

Correcting misperceptions is essential to establishing new, healthy norms about underage drinking.

The table below provides the percentage of students who responded one or more times in the past 30 days.

Table 29: Student Reported Alcohol Use  
Past 30 Days

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Had at least one drink of alcohol	4.5	15.4	29.0
Think most students had at least one drink of alcohol	34.1	56.7	79.6
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	1.0	5.6	15.3
Think most students had 5 or more drinks of alcohol in a row	14.1	35.0	66.4

• Percentages exclude missing answers.

Table 30: Student Reported Alcohol and Vehicles Behavior  
Past 30 Days

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Rode in a vehicle driven by a parent or other adult who had been drinking	10.8	12.8	11.4
Rode in a vehicle driven by a teenager who had been drinking alcohol*	–	–	5.6
Drove a car or other vehicle when you had been drinking alcohol*	–	–	3.5
Think most students rode in a vehicle driven by a parent or other adult who had been drinking	24.4	33.7	39.2
Think most students rode in a vehicle driven by a teenager who had been drinking alcohol*	–	–	46.5
Think most students drove a car or other vehicle when they had been drinking alcohol*	–	–	43.3

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.



The table below provides the percentage of students who responded "somewhat disapprove" or "strongly disapprove"

Table 31: Student Disapproving Attitudes about Drinking

	<b>Grade 6</b> State %	<b>Grade 8</b> State %	<b>Grade 11</b> State %
How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?	78.8	73.2	66.3

- Percentages exclude missing answers.
- Percentages include Somewhat Disapprove and Strongly Disapprove.

## 6.4 Factors Associated with Initiation of Substance Use

This section reports on a variety of factors associated with initiation of substance use. Easy availability, attitudes about use, perceptions about the risk of harm from use and communication about substance use all influence whether young people choose to use tobacco, alcohol or other drugs.

## 6.5 Availability

Adolescents that report easy availability of cigarettes, alcohol, marijuana, and other illegal drugs are more likely to use these substances. Research has shown that legal restrictions on alcohol and tobacco use, such as raising the legal drinking age, restricting smoking in public, and increased taxation have been followed by decreases in consumption.

The table below shows the percentage of students that said it would be "sort of easy" or "very easy" for the student to...

Table 32: Easy Availability of Cigarettes, Alcohol, Marijuana, and Other Illegal Drugs

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Get some cigarettes	12.1	25.3	46.4
Get some e-cigarettes, vape-pens, or e-hookahs*	–	–	61.7
Get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)	17.5	39.9	64.3
Get some marijuana	9.5	32.3	65.1
Get some synthetic marijuana, example: K2, spice, etc.	4.5	15.8	32.3
Get a drug like cocaine, LSD, or amphetamines	3.0	7.7	21.5
Get prescription drugs not prescribed to you	12.2	27.6	35.7

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

• Percentages include Sort of easy and Very easy.

## 6.6 Parental Attitude toward Substance Use

In families where parents are heavy users of alcohol, use illegal drugs or are tolerant of children's use, adolescents are more likely to engage in substance use. The risk is further increased if parents involve children in their own using behavior such as asking the child to light the parent's cigarette or get the parent a beer from the refrigerator.

The *Oregon Student Wellness Survey* asks students about how their parents would feel if the student used alcohol, cigarettes or marijuana. The table below reports the percentage of students who said their parents feel it would be "wrong" or "very wrong" for youth to...

Table 33: Student Perception about Parental Attitude toward Substance Use

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Smoke cigarettes	97.4	96.9	95.3
Smoke e-cigarettes, vape-pens, or e-hookahs*	–	–	87.4
Have one or two drinks of an alcoholic beverage nearly every day	95.9	94.2	91.0
Smoke marijuana	96.8	92.8	84.1
Use prescription drugs not prescribed to you	97.4	96.5	95.9
Use synthetic marijuana, example: K2, Spice*	–	–	94.5

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

• Percentages include Wrong and Very wrong.

## 6.7 Student Attitude toward Substance Use

Youth who disapprove of substance use are less likely to engage in a variety of problem behaviors.

The following table shows the percentage of students that "somewhat disapprove" or "strongly disapprove" about someone their age...

Table 34: Student Disapproving Attitude towards Peer Substance Use

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Smoking one or more packs of cigarettes a day	82.5	81.8	80.3
Smoking e-cigarettes, vape-pens, or e-hookahs*	–	–	53.3
Having one or two drinks of an alcoholic beverage nearly every day	78.8	73.2	66.3
Trying marijuana or hashish once or twice	79.1	67.4	42.9
Using prescription drugs not prescribed to them	81.1	80.2	78.3
Using synthetic marijuana, example: K2, Spice*	–	–	67.8

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

• Percentages include Somewhat Disapprove and Strongly Disapprove

## 6.8 Perceived Risk of Harm

Students who perceive cigarette, alcohol or marijuana use as risky are less likely to engage in use.

The following table reports the percentage of students who think there is a risk of people harming themselves (physically or in other ways)...

Table 35: Student Perception of Moderate or Great Risk of Harm

	Grade 6 State %	Grade 8 State %	Grade 11 State %
If they smoke one or more packs of cigarettes per day	75.2	77.1	79.9
If they smoke e-cigarettes, vape-pens, or e-hookahs*	–	–	36.2
If they take one or two drinks of an alcoholic beverage nearly every day	47.2	49.5	55.6
When they have five or more drinks of an alcoholic beverage once or twice a week	63.6	68.3	74.8
If they try marijuana once or twice	42.5	30.0	18.4
If they smoke marijuana once or twice a week	60.7	52.2	36.6
If they use prescription drugs that are not prescribed to them	78.6	81.8	84.0

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

• Percentages include Moderate risk and Great risk.

## 6.9 Communication about Substance Use

The table below shows the percentage of students who recall communication about substance use during the past 12 months.

Table 36: Communication about Substance Use  
Past 12 Months

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use	63.2	67.7	69.9
Had a special class about drugs or alcohol in school	31.4	51.2	46.0
Recall hearing, reading, or watching an advertisement about prevention of substance abuse	38.1	59.0	74.3

• Percentages exclude missing answers.

## 7 DRUG FREE COMMUNITIES CORE MEASURES

The Drug-Free Communities (DFC) Support Program, administered by the Center for Substance Abuse Prevention, requests specific data which are typically referred to as the Core Measures. Beginning in 2013, there was a new set of Core Measures. The 2018 Student Wellness Survey meets these new Core Measure requirements. At this time, grantees are required to report on four drug categories: tobacco, alcohol, marijuana and prescription drugs. A number of Oregon DFCs focus on other substances, so this report also includes 30-day use data for binge drinking, methamphetamines, and any illicit drugs other than marijuana.

Data in the tables that follow are provided by grade level. For each drug, and at each grade level, the percentage of students who responded positively to the question and the number of students who responded to the question are reported.

### 7.1 30 Day Use

Table 37: 30 Day Use - Alcohol, Tobacco, and Other Drugs

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Had at least one drink of alcohol	4.5	15.4	29.0
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	1.0	5.6	15.3
Smoked cigarettes	0.7	2.8	5.8
Used an e-cigarette, vape-pen or e-hookah*	–	–	20.8
Used marijuana	1.5	7.9	20.0
Used prescription drugs (without a doctor's orders)	1.2	3.8	4.5
Used any form of cocaine, including powder, crack or freebase	0.2	0.4	0.7
Used ecstasy (also called MDMA)	0.1	0.4	0.6
Used heroin or other opiates or narcotics	0.1	0.2	0.3
Used LSD or other hallucinogens or psychedelics	0.1	0.6	1.9
Used methamphetamines (also called speed, crystal, crank or ice)	0.1	0.3	0.2
Used steroid pills or shots without a doctor's prescription	0.3	0.5	0.2

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

## 7.2 Perception of Moderate or Great Risk

The following table is based on the question *How much do you think people harm themselves (physically or in other ways)...*

Table 38: Student Perception of Moderate or Great Risk of Harming Themselves

	Grade 6 State %	Grade 8 State %	Grade 11 State %
If they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	47.2	49.5	55.6
When they have five or more drinks of an alcoholic beverage once or twice a week?	63.6	68.3	74.8
If they smoke one or more packs of cigarettes per day?	75.2	77.1	79.9
If they smoke e-cigarettes, vape-pens, or e-hookahs?*	–	–	36.2
If they smoke marijuana once or twice a week?	60.7	52.2	36.6
If they use prescription drugs not prescribed to them?	78.6	81.8	84.0

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

## 7.3 Parents Feel It Would Be Wrong or Very Wrong

Table 39: Parents Feel It Would Be Wrong or Very Wrong to...

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Smoke cigarettes	97.4	96.9	95.3
Smoke e-cigarettes, vape-pens, or e-hookahs*	–	–	87.4
Have one or two drinks of an alcoholic beverage nearly every day	95.9	94.2	91.0
Smoke marijuana	96.8	92.8	84.1
Use synthetic marijuana, example: K2, Spice*	–	–	94.5
Use prescription drugs not prescribed to you	97.4	96.5	95.9

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

## 7.4 Friends Feel It Would Be Wrong or Very Wrong

Table 40: Friends Feel It Would Be Wrong or Very Wrong to...

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Smoke tobacco	93.6	85.3	73.7
Smoke e-cigarettes, vape-pens, or e-hookahs*	–	–	48.8
Have one or two drinks of an alcoholic beverage nearly every day	90.4	77.5	64.5
Use marijuana	91.3	72.7	45.2
Use synthetic marijuana, example: K2, Spice*	–	–	73.6
Use prescription drugs not prescribed to you	93.6	87.6	80.6

• Percentages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

## 7.5 Average Age (in years) of Onset

Table 41: Average Age (in years) of Onset

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Had more than a sip or two of alcohol	9.4	10.8	13.5
Drinking alcohol regularly	10.1	12.2	15.0
Smoked a whole cigarette	9.8	11.5	13.9
Used tobacco products other than cigarettes	10.1	11.6	14.1
Tried marijuana	10.4	12.0	14.3
Tried synthetic marijuana	10.3	11.9	14.2
Tried e-cigarettes, vape-pens or e-hookahs*	–	–	14.7

• Averages exclude missing answers.

\* Only 11<sup>th</sup> graders were asked this question.

## 8 HEIGHT, WEIGHT & BODY MASS INDEX (BMI)

The 2018 version of the *Oregon Student Wellness Survey* contains questions about height and weight. Information from these questions are broken down by sex rather than by grade. From these questions it is possible to calculate a Body Mass Index (BMI) and to classify students on a percentile ranking, based on previous CDC analysis, as being either underweight (less than 5th percentile), healthy weight (5th percentile to less than 85th percentile), overweight (85th to less than 95th percentile) or obese (greater than or equal to 95th percentile). This information is detailed in the following tables.

Table 42: Average Weight

	Grade 6		Grade 8		Grade 11	
	Female Pounds	Male Pounds	Female Pounds	Male Pounds	Female Pounds	Male Pounds
Average	99.5	102.4	122.4	132.5	138.8	165.2

- Averages exclude missing answers.
- The data in this table are not weighted.

Table 43: Average Height

	Grade 6		Grade 8		Grade 11	
	Female Inches	Male Inches	Female Inches	Male Inches	Female Inches	Male Inches
Average	59.8	60.3	62.8	65.5	63.5	69.0

- Averages exclude missing answers.
- The data in this table are not weighted.

Table 44: BMI Categories

	Grade 6		Grade 8		Grade 11	
	Female %	Male %	Female %	Male %	Female %	Male %
Underweight	7.1	7.7	3.0	5.1	1.4	4.1
Healthy Weight	65.3	56.3	65.8	62.4	67.0	61.4
Overweight	15.5	19.4	18.3	15.3	18.1	15.4
Obese	12.0	16.6	12.8	17.2	13.5	19.1

- Percentages exclude missing answers.



Table 45: How do you describe your weight?

	Female %	Male %
Very underweight	1.0	2.8
Slightly underweight	9.3	17.1
About the right weight	51.5	53.7
Slightly overweight	31.4	22.1
Very overweight	6.9	4.3

• Percentages exclude missing answers.

Table 46: What are you trying to do about your weight?

	Female %	Male %
Lose weight	56.7	32.2
Gain weight	7.7	28.2
Stay the same weight	15.7	17.5
I am not trying to do anything about my weight	19.8	22.1

• Percentages exclude missing answers.

Table 47: During the past 30 days, did you go without eating for 24 hours or more to lose weight or to keep from gaining weight?

	Female %	Male %
Yes	18.7	8.1
No	81.3	91.9

• Percentages exclude missing answers.

Table 48: During the past 30 days, did you take diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Female %	Male %
Yes	6.0	3.0
No	94.0	97.0

• Percentages exclude missing answers.

Table 49: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Female %	Male %
Yes	6.8	2.5
No	93.2	97.5

• Percentages exclude missing answers.

## 9 COMPARISON TO PAST SURVEYS

This section contains comparisons to past survey results for specific variables. They are detailed below.

### 9.1 Past 30 Day Use

Table 50: Alcohol - Past 30 Day Use

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	6.7	4.5	4.0	4.5
8	state	19.6	16.9	15.4	15.4
11	state	35.9	33.5	29.8	29.0

Table 51: Binge - Past 30 Day Use

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	1.7	1.0	0.9	1.0
8	state	8.1	6.6	5.4	5.6
11	state	21.4	18.9	15.5	15.3

Table 52: Marijuana - Past 30 Day Use

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	1.5	1.2	1.2	1.5
8	state	8.7	7.9	7.2	7.9
11	state	21.8	18.7	18.9	20.0

Table 53: Cigarettes - Past 30 Day Use

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	1.5	0.8	0.9	0.7
8	state	5.6	4.5	3.3	2.8
11	state	11.9	10.0	7.7	5.8

Table 54: Illicit Drug Use - Past 30 Day Use

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	1.8	1.4	1.7	1.8
8	state	9.0	8.1	7.9	8.2
11	state	22.2	19.1	19.6	20.4

### 9.2 Perceived Risk of Use

Table 55: Alcohol - Perceived Risk

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	65.6	61.2	64.2	63.6
8	state	72.6	67.9	70.2	68.3
11	state	76.0	72.5	75.1	74.8

Table 56: Marijuana - Perceived Risk

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	74.7	67.5	66.2	60.7
8	state	70.2	61.3	58.9	52.2
11	state	51.7	41.7	38.8	36.6

Table 57: Cigarettes - Perceived Risk

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	81.1	78.3	78.4	75.2
8	state	85.5	82.5	80.2	77.1
11	state	87.1	83.2	81.3	79.9

### 9.3 Availability

Table 58: Alcohol - Easy to Get

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	19.8	15.1	16.5	17.5
8	state	43.6	39.2	38.7	39.9
11	state	71.1	68.3	66.0	64.3

Table 59: Cigarettes - Easy to Get

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	15.2	10.7	12.3	12.1
8	state	32.4	27.5	26.8	25.3
11	state	63.6	57.7	54.2	46.4

Table 60: Marijuana - Easy to Get

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	9.2	6.4	9.0	9.5
8	state	32.8	29.8	32.0	32.3
11	state	69.3	66.0	67.9	65.1

### 9.4 Depression

Table 61: Felt sad almost every day for two weeks or more

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	19.3	18.2	19.0	22.8
8	state	22.7	24.7	25.9	29.2
11	state	27.9	29.2	31.9	35.6

Table 62: Seriously consider attempting suicide

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	9.0	8.5	10.5	13.3
8	state	15.8	17.4	17.6	19.9
11	state	15.1	17.7	18.1	19.7

Table 63: Actually attempted suicide

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	5.2	4.7	6.2	7.5
8	state	8.0	9.9	9.4	10.2
11	state	6.0	7.7	7.8	8.1

### 9.5 Harassment In The Last 30 Days Related To:

Table 64: Race or ethnic origin

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	11.4	8.6	8.8	10.8
8	state	13.2	11.9	12.5	13.8
11	state	10.8	9.6	9.7	10.5

Table 65: Being gay, lesbian, bisexual or transgender

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	16.0	12.9	13.3	15.5
8	state	13.7	12.3	12.8	14.2
11	state	8.0	7.0	7.3	7.0

Table 66: Who your friends are

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	21.4	19.0	19.8	22.0
8	state	22.7	20.4	20.7	22.1
11	state	16.1	14.7	14.0	14.0

Table 67: How you look

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	28.6	25.3	25.9	28.7
8	state	30.2	28.7	29.7	31.2
11	state	21.2	20.7	19.8	19.3

Table 68: Received unwanted sexual comments

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	8.2	6.1	6.5	7.9
8	state	12.1	10.2	11.0	12.6
11	state	11.4	10.5	10.9	11.3

Table 69: Through e-mail, social media sites (Facebook, Twitter, etc.)

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	12.5	13.7	13.6	22.8
8	state	15.4	17.9	18.7	23.5
11	state	11.9	14.3	13.5	15.6

Table 70: For other reasons

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	23.1	20.0	20.9	14.7
8	state	23.9	23.5	23.1	17.5
11	state	16.2	16.5	15.4	12.8

## 9.6 Feeling Unsafe At or On the Way to School

Table 71: Did not go to school because of feelings about safety

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	8.3	8.7	8.7	12.3
8	state	7.0	7.6	7.3	10.5
11	state	4.1	5.7	7.7	12.9

## 9.7 Skipped School in the Last Four Weeks

Table 72: Skipped school

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	state	24.1	25.5	25.5	32.3
8	state	23.3	23.8	23.5	28.8
11	state	30.1	30.7	32.1	36.2

## A FREQUENCY DISTRIBUTION TABLES

This section contains frequency distribution tables for all of the questions found on the 2018 *Oregon Student Wellness Survey*. Two versions of the survey were used, one for 6th and 8th grades and another for the 11th grade. The 6th and 8th grade survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version were coded as missing.

### A.1 Frequency Distribution Tables

#### A.1.1 Demographics

Table 73: How old are you?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
10 or younger	0.4	0.1	0.0
11 years old	42.4	0.1	0.0
12 years old	55.6	0.3	0.0
13 years old	1.6	41.0	0.0
14 years old	0.0	56.9	0.0
15 years old	0.0	1.6	0.2
16 years old	0.0	0.0	41.6
17 years old	0.0	0.0	56.4
18 years old	0.0	0.0	1.8
19 years old or older	0.0	0.0	0.0

Table 74: How do you identify?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Female	49.5	47.9	48.4
Male	49.0	49.2	49.3
Transgender	0.4	0.9	0.8
Something else fits better	1.1	1.9	1.5

Table 75: Which of the following best describes you?

	Grade 11 State %
Heterosexual (straight)	84.3
Gay or lesbian	2.1
Bisexual	7.6
Queer	1.3
Other	1.8
Not sure	2.9

• Only 11<sup>th</sup> graders were asked this question.

Table 76: In what grade are you?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
6th	100.0	0.0	0.0
7th	0.0	0.0	0.0
8th	0.0	100.0	0.0
9th	0.0	0.0	0.0
10th	0.0	0.0	0.0
11th	0.0	0.0	100.0
12th	0.0	0.0	0.0
Ungraded or other grade	0.0	0.0	0.0

Table 77: What is your race?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Non-Hispanic American Indian or Alaska Native	6.1	3.4	1.9
Non-Hispanic Asian	4.5	4.7	5.0
Non-Hispanic Black or African American	2.9	3.0	2.6
Non-Hispanic Native Hawaiian or Other Pacific Islander	0.8	1.0	0.8
Non-Hispanic White	52.9	55.8	61.7
Non-Hispanic Multiple - No best given	1.0	0.8	0.6
Hispanic / Latino	26.2	27.8	24.7
Non-Hispanic Other	5.6	3.7	2.7

Table 78: Are you Hispanic or Latino/Latina?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	25.6	27.5	24.6
No	74.4	72.5	75.4

Table 79: What is the language you use most often at home?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
English	83.4	83.0	84.8
Russian	0.9	1.1	0.7
Spanish	11.8	12.0	10.7
Vietnamese	0.5	0.7	0.8
A tribal language	0.1	0.2	0.2
Another language	3.2	3.0	2.7

### A.1.2 Transitions and Mobility

Table 80: Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	68.1	27.0	17.1
No	31.9	73.0	82.9

Table 81: How many times have you changed homes since kindergarten?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never	33.0	29.3	29.2
1 or 2 times	35.7	33.9	30.8
3 or 4 times	19.5	20.5	20.2
5 or 6 times	7.3	9.4	10.6
7 or more times	4.5	6.9	9.1

## A.2 School Climate

### A.2.1 Academic Performance

Table 82: Putting them all together, what were your grades like last year?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Mostly A's	44.9	41.1	38.5
Mostly B's	36.5	33.0	34.3
Mostly C's	13.9	17.9	20.6
Mostly D's	3.1	4.5	4.7
Mostly F's	1.6	3.5	1.9

### A.2.2 School Commitment

Table 83: During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
None	67.7	71.2	63.8
1 day	11.9	10.1	10.9
2 days	7.1	6.5	7.7
3 days	5.1	4.8	5.8
4 to 5 days	4.6	4.2	6.6
6 to 10 days	2.0	1.7	2.9
11 or more days	1.5	1.4	2.2

Table 84: How do you like school?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
I like school very much	17.3	8.5	6.6
I like school	36.1	30.3	31.7
I neither like nor dislike school	33.1	39.5	37.1
I dislike school	7.8	12.2	15.1
I dislike school very much	5.8	9.5	9.4

Table 85: How important do you think the things you are learning in school are going to be for your later life?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very important	38.5	22.2	12.3
Quite important	30.9	27.4	22.3
Fairly important	21.2	29.8	34.0
Slightly important	7.7	16.5	25.1
Not at all important	1.7	4.1	6.3

Table 86: How often do you feel that the schoolwork you are assigned is meaningful and important?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Almost always	23.6	10.2	4.2
Often	33.7	26.7	18.0
Sometimes	32.0	40.9	43.2
Seldom	7.3	16.1	26.3
Never	3.4	6.1	8.4

Table 87: Thinking back over the past school year, how often did you try to do your best work in school?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Almost always	56.6	39.7	29.1
Often	29.5	36.1	39.9
Sometimes	10.6	17.3	22.4
Seldom	2.5	5.3	6.9
Never	0.8	1.6	1.7

Table 88: I have lots of chances to be part of class discussions or activities.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strongly agree	43.3	37.1	36.2
Somewhat agree	46.4	50.7	52.0
Somewhat disagree	8.2	9.8	9.6
Strongly disagree	2.2	2.4	2.2



Table 89: There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strongly agree	57.9	53.2	61.8
Somewhat agree	32.3	34.4	29.6
Somewhat disagree	7.6	9.5	6.7
Strongly disagree	2.3	2.9	2.0

Table 90: I respect most of my teachers.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strongly agree	70.0	56.0	57.4
Somewhat agree	24.1	33.1	34.7
Somewhat disagree	4.5	8.4	6.3
Strongly disagree	1.3	2.4	1.7

Table 91: My teachers notice when I am doing a good job and let me know about it.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strongly agree	32.0	23.6	20.3
Somewhat agree	45.8	45.2	45.3
Somewhat disagree	15.9	22.2	25.3
Strongly disagree	6.3	8.9	9.2

Table 92: I can talk to my teachers openly and freely about my concerns.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strongly agree	30.2	21.1	21.4
Somewhat agree	36.5	35.5	39.8
Somewhat disagree	20.4	26.0	25.8
Strongly disagree	13.0	17.4	13.0

Table 93: In my school, teachers treat students with respect.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strongly agree	55.4	35.0	31.4
Somewhat agree	32.6	43.6	47.6
Somewhat disagree	9.1	16.0	16.7
Strongly disagree	2.9	5.3	4.3

Table 94: Most students at my school help each other when they are hurt or upset.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strongly agree	29.0	17.9	14.9
Somewhat agree	44.4	43.5	44.9
Somewhat disagree	19.4	27.0	28.8
Strongly disagree	7.3	11.7	11.5

Table 95: In my school, students that work hard to get good grades are picked on by other students.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strongly agree	10.0	6.9	4.0
Somewhat agree	19.9	18.0	13.7
Somewhat disagree	28.1	33.7	34.4
Strongly disagree	42.1	41.3	48.0

### A.2.3 Safe School Environment

Table 96: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 days	87.7	89.5	87.1
1 day	7.0	6.2	8.2
2 or 3 days	3.4	2.8	3.3
4 or 5 days	0.8	0.6	0.8
6 or more days	1.0	0.9	0.7

Table 97: During the past 30 days, on how many days did you carry a gun as a weapon on school property?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 days	99.1	99.1	99.0
1 day	0.5	0.3	0.3
2 or 3 days	0.2	0.2	0.1
4 or 5 days	0.1	0.1	0.1
6 or more days	0.2	0.3	0.5

Table 98: During the past 30 days, on how many days did you carry a weapon (other than a gun) such as a knife or club on school property?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 days	97.4	95.8	93.2
1 day	1.6	2.0	1.6
2 or 3 days	0.4	0.8	1.1
4 or 5 days	0.2	0.3	0.5
6 or more days	0.5	1.1	3.6

Table 99: During the past 12 months, how many times were you in a physical fight?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	71.7	75.5	86.2
1 time	14.6	13.1	7.5
2 or 3 times	8.0	7.2	4.2
4 or 5 times	2.3	1.9	1.0
6 or 7 times	0.9	0.7	0.3
8 or 9 times	0.4	0.3	0.2
10 or 11 times	0.3	0.1	0.1
12 or more times	1.7	1.2	0.5

Table 100: During the past 12 months, how many times were you in a physical fight on school property?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	83.6	86.5	94.7
1 time	10.6	9.2	3.9
2 or 3 times	4.0	3.1	0.9
4 or 5 times	0.8	0.5	0.2
6 or 7 times	0.4	0.2	0.1
8 or 9 times	0.2	0.1	0.1
10 or 11 times	0.1	0.1	0.0
12 or more times	0.4	0.3	0.1

Table 101: During the past 12 months, how many times did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	84.2	82.2	90.0
1 time	9.7	9.1	4.5
2 or 3 times	3.5	4.8	2.8
4 or 5 times	0.9	1.3	0.8
6 or 7 times	0.4	0.6	0.4
8 or 9 times	0.2	0.3	0.2
10 or 11 times	0.1	0.1	0.1
12 or more times	1.1	1.7	1.2

Table 102: During the past 12 months, how many times have you been suspended from school?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	92.4	87.7	91.1
1 time	5.0	7.3	5.5
2 or 3 times	1.6	3.1	2.3
4 or 5 times	0.3	0.8	0.6
6 or 7 times	0.2	0.3	0.2
8 or 9 times	0.1	0.2	0.1
10 or 11 times	0.0	0.1	0.1
12 or more times	0.2	0.4	0.2

Table 103: During the past 12 months, how many times has someone threatened you with a weapon such as a gun, knife, or club on school property?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	88.7	87.8	92.7
1 time	6.8	6.9	3.9
2 or 3 times	2.5	2.9	1.8
4 or 5 times	0.7	1.0	0.7
6 or 7 times	0.3	0.4	0.3
8 or 9 times	0.2	0.2	0.1
10 or 11 times	0.1	0.1	0.1
12 or more times	0.6	0.7	0.4

Table 104: During the past 12 months, how many times have you been drunk or high at school?

	Grade 11 State %
0 times	84.5
1 time	4.1
2 or 3 times	3.6
4 or 5 times	1.5
6 or 7 times	0.7
8 or 9 times	0.4
10 or 11 times	0.4
12 or more times	4.8

• Only 11<sup>th</sup> graders were asked this question.

Table 105: During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	3.0	10.1	18.7
No	97.0	89.9	81.3

#### A.2.4 Harassment and Bullying

Table 106: Any harassment in the past 30 days

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No	50.9	50.0	62.8
Yes	49.1	50.0	37.2

Table 107: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of your race or ethnic origin?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	89.2	86.2	89.5
1 time	5.7	6.6	4.7
2 or 3 times	2.9	3.8	3.3
4 or 5 times	0.7	1.1	0.7
6 or more times	1.5	2.3	1.7

Table 108: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because someone said you were gay, lesbian, bisexual or transgender?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	84.5	85.8	93.0
1 time	6.7	5.1	2.6
2 or 3 times	4.1	4.1	2.2
4 or 5 times	1.3	1.3	0.6
6 or more times	3.5	3.7	1.6

Table 109: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of who your friends are?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	78.0	77.9	86.0
1 time	11.8	10.5	6.8
2 or 3 times	5.8	6.7	4.5
4 or 5 times	1.6	1.7	1.1
6 or more times	2.8	3.1	1.5

Table 110: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of how you look (weight, clothes, acne, or other physical characteristics)?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	71.3	68.8	80.7
1 time	12.5	12.5	8.6
2 or 3 times	7.8	9.2	6.0
4 or 5 times	2.8	3.2	1.6
6 or more times	5.7	6.3	3.1

Table 111: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because you received unwanted sexual comments or attention?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	92.1	87.4	88.7
1 time	4.0	5.0	4.5
2 or 3 times	1.9	3.7	3.5
4 or 5 times	0.7	1.5	1.4
6 or more times	1.3	2.4	1.9

Table 112: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school through e-mail, social media sites (Facebook, Twitter, YouTube, etc.), chat rooms, instant messaging, web sites, texting or phone?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	77.2	76.5	84.4
1 time	9.6	9.1	6.0
2 or 3 times	5.8	6.3	5.1
4 or 5 times	2.0	2.5	1.5
6 or more times	5.4	5.7	3.0

Table 113: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school for other reasons?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	85.3	82.5	87.2
1 time	6.9	7.4	5.3
2 or 3 times	3.7	4.6	3.9
4 or 5 times	1.4	1.8	1.4
6 or more times	2.7	3.7	2.2

Table 114: How often have you seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never	44.9	43.6	59.9
Once or twice per year	31.5	33.9	30.1
Once or twice per month	12.4	12.6	6.1
Once or twice per week	7.6	6.5	2.7
Every day	3.6	3.4	1.3

Table 115: How often have you heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never	30.5	26.7	34.9
Once or twice per year	25.6	24.5	27.0
Once or twice per month	16.2	18.7	18.0
Once or twice per week	14.6	15.8	12.4
Every day	13.1	14.3	7.7

Table 116: How often have you heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never	34.3	29.0	34.5
Once or twice per year	24.8	24.0	23.8
Once or twice per month	16.8	18.8	19.3
Once or twice per week	13.0	14.9	12.9
Every day	11.1	13.2	9.4

### A.3 Social, Emotional and Mental Health

#### A.3.1 Positive Youth Development

Table 117: Positive Youth Development

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Strong positive youth development	59.9	50.9	56.2
Weak positive youth development	40.1	49.1	43.8

Table 118: Would you say that in general your emotional and mental health is...

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Excellent	26.2	20.5	14.2
Very good	28.6	26.0	21.4
Good	30.6	28.5	30.5
Fair	11.2	16.9	23.3
Poor	3.3	8.2	10.6

Table 119: Would you say that in general your physical health is...

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Excellent	28.3	22.2	15.8
Very good	30.7	29.7	27.0
Good	30.5	32.9	37.4
Fair	9.0	12.5	16.5
Poor	1.5	2.8	3.3

Table 120: I can do most things if I try.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very much true	32.3	32.5	44.1
Pretty much true	41.0	43.0	41.3
A little true	18.9	19.3	12.2
Not at all true	7.8	5.2	2.4

Table 121: I can work out my problems.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very much true	34.5	30.9	38.1
Pretty much true	42.5	43.7	44.0
A little true	18.1	20.5	15.4
Not at all true	4.9	4.9	2.5

Table 122: I volunteer to help others in my community.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very much true	25.9	19.3	25.4
Pretty much true	28.6	25.4	28.0
A little true	31.4	35.7	32.2
Not at all true	14.1	19.7	14.4

Table 123: There is at least one teacher or other adult in my school that really cares about me.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very much true	45.9	36.1	40.9
Pretty much true	25.1	27.2	27.9
A little true	18.2	23.2	21.0
Not at all true	10.8	13.6	10.3

Table 124: On an average school night, how many hours of sleep do you get?

	Grade 11 State %
4 or less	8.0
5 hours	14.6
6 hours	26.5
7 hours	29.9
8 hours	16.6
9 hours	3.4
10 or more hours	1.0

• Only 11<sup>th</sup> graders were asked this question.



### A.3.2 Mental Health Inventory

Table 125: Mental Health Inventory 5

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Below MHI-5 cutoff	91.1	85.8	83.5
At or above MHI-5 cutoff	8.9	14.2	16.5

Table 126: During the past 30 days, how much of the time have you been a happy person

	Grade 6 State %	Grade 8 State %	Grade 11 State %
All of the time	19.8	14.1	8.7
Most of the time	43.1	38.1	32.3
A good bit of the time	15.0	17.4	21.0
Some of the time	11.8	16.1	21.1
A little of the time	8.1	11.2	14.0
None of the time	2.2	3.1	3.0

Table 127: During the past 30 days, how much of the time have you been a very nervous person

	Grade 6 State %	Grade 8 State %	Grade 11 State %
All of the time	7.0	8.5	8.5
Most of the time	10.4	13.0	15.0
A good bit of the time	11.0	14.0	16.7
Some of the time	20.1	21.3	22.1
A little of the time	34.9	30.2	25.9
None of the time	16.6	13.0	11.8

Table 128: During the past 30 days, how much of the time have you felt calm and peaceful

	Grade 6 State %	Grade 8 State %	Grade 11 State %
All of the time	15.0	10.6	8.1
Most of the time	26.9	23.9	19.3
A good bit of the time	19.1	19.3	17.8
Some of the time	16.3	19.2	23.3
A little of the time	14.4	18.4	23.2
None of the time	8.3	8.7	8.3

Table 129: During the past 30 days, how much of the time have you felt downhearted and blue

	Grade 6 State %	Grade 8 State %	Grade 11 State %
All of the time	3.9	5.0	4.6
Most of the time	7.1	9.2	11.2
A good bit of the time	8.6	11.6	14.1
Some of the time	14.2	16.7	20.5
A little of the time	31.9	31.2	30.3
None of the time	34.2	26.4	19.4

Table 130: During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up

	Grade 6 State %	Grade 8 State %	Grade 11 State %
All of the time	3.4	4.2	3.5
Most of the time	5.0	6.3	6.6
A good bit of the time	5.6	7.6	8.9
Some of the time	8.5	9.8	11.9
A little of the time	19.7	21.0	24.2
None of the time	57.9	51.2	44.9

### A.3.3 Depression and Suicidality

Table 131: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	22.8	29.2	35.6
No	77.2	70.8	64.4

Table 132: During the past 12 months, did you ever seriously consider attempting suicide?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	13.3	19.9	19.7
No	86.7	80.1	80.3

Table 133: During the past 12 months, how many times did you actually attempt suicide?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	92.5	89.8	91.9
1 time	4.3	5.3	4.9
2 or 3 times	2.0	3.2	2.3
4 or 5 times	0.5	0.8	0.4
6 or more times	0.6	0.8	0.5

### A.3.4 Problem Gambling

Table 134: Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:

	Grade 6 State %	Grade 8 State %	Grade 11 State %
I did not gamble during the last 30 days.	76.0	71.9	75.6
Playing lottery tickets / Powerball / Megabucks.	3.2	3.9	4.1
Playing dice or coin flips.	9.1	9.3	6.4
Playing cards (poker, etc.).	6.9	9.3	8.4
Betting on a sports team.	11.0	12.3	10.2
Betting on games of personal skill (bowling, video games, dares, etc.).	14.4	16.1	13.3
Gambling on the Internet for free or with money.	1.4	2.8	3.3
Playing Bingo for money.	3.0	2.9	2.1
Other.	9.5	9.6	6.8

Table 135: During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	2.4	2.3	2.2
No	17.2	22.0	24.6
I don't bet for money.	80.4	75.6	73.2

Table 136: During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	2.9	1.8	1.1
No	15.5	21.3	23.4
I don't bet for money.	81.6	76.9	75.5

Table 137: Have you ever lied to anyone about betting/gambling?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	3.3	4.4	3.4
No	96.7	95.6	96.6

Table 138: Have you ever bet/gambled more than you wanted to?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	2.9	4.1	4.5
No	97.1	95.9	95.5

Table 139: Have your parents ever talked to you about the risks of betting/gambling?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	50.7	48.6	38.0
No	49.3	51.4	62.0

Table 140: Have your teachers ever talked to you about the risks of betting/gambling?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	18.5	21.9	18.4
No	81.5	78.1	81.6

### A.3.5 Adverse Childhood Experiences

Table 141: Were your parents ever separated or divorced after you were born?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	34.1	38.6	41.2
No	65.9	61.4	58.8

Table 142: Have you ever lived with someone who is/was a problem drinker or alcoholic?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	22.6	30.3	34.3
No	77.4	69.7	65.7

Table 143: Have you ever lived with someone who uses/used street drugs?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	10.9	19.2	21.1
No	89.1	80.8	78.9

Table 144: Have you ever lived with a household member who is/was depressed or mentally ill?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	21.6	32.9	40.2
No	78.4	67.1	59.8

Table 145: Have you ever felt that you did not have enough to eat?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	19.8	18.1	17.2
No	80.2	81.9	82.8

Table 146: Have you ever felt that you had to wear dirty clothes?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	10.9	12.3	11.2
No	89.1	87.7	88.8

Table 147: Have you ever felt that you had no one to protect you?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	15.8	17.3	14.7
No	84.2	82.7	85.3

## A.4 Substance Use

### A.4.1 Tobacco Use

Table 148: During the past 30 days, on how many days did you smoke cigarettes?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 days	99.3	97.2	94.2
1 or 2 days	0.4	1.4	2.2
3 to 5 days	0.2	0.6	1.0
6 to 9 days	0.1	0.3	0.6
10 to 19 days	0.0	0.2	0.7
20 to 29 days	0.0	0.1	0.4
All 30 days	0.0	0.3	0.9

Table 149: During the past 30 days, on how many days did you use other tobacco products?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 days	99.4	97.8	95.6
1 or 2 days	0.4	1.0	1.4
3 to 5 days	0.1	0.4	0.7
6 to 9 days	0.1	0.2	0.6
10 to 19 days	0.0	0.2	0.4
20 to 29 days	0.0	0.1	0.3
All 30 days	0.1	0.3	0.9

Table 150: During the past 30 days, on how many days did you smoke tobacco in a "Hookah," also known as a water pipe?

	Grade 11 State %
0 days	97.2
1 or 2 days	1.4
3 to 5 days	0.5
6 to 9 days	0.3
10 to 19 days	0.2
20 to 29 days	0.2
All 30 days	0.3

• Only 11<sup>th</sup> graders were asked this question.

Table 151: During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.

	Grade 11 State %
I did not get tobacco during the past 30 days	85.4
A store or gas station	2.4
Friends 18 or older	6.7
Friends under 18	5.8
Took from home without permission	0.9
A family member	1.9
The Internet	1.3
Some other source	3.2

• Only 11<sup>th</sup> graders were asked this question.

Table 152: Used any tobacco product during the past 30 days

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No Use	98.9	96.1	90.6
Use	1.1	3.9	9.4

Table 153: How old were you when you smoked a whole cigarette for the first time?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never have	98.1	93.3	85.0
8 years old or younger	0.5	0.7	0.8
9 years old	0.3	0.6	0.5
10 years old	0.4	0.7	0.5
11 years old	0.5	0.7	0.7
12 years old	0.2	1.4	1.2
13 years old	0.0	2.0	1.5
14 years old	0.0	0.5	2.1
15 years old	0.0	0.1	3.2
16 years old	0.0	0.0	3.6
17 years old or older	0.0	0.0	0.9

Table 154: How old were you when you smoked a whole cigarette for the first time?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Avg Age in Years	9.8	11.5	13.9

Table 155: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never have	98.3	94.3	87.1
8 years old or younger	0.3	0.7	0.7
9 years old	0.3	0.4	0.3
10 years old	0.3	0.5	0.3
11 years old	0.5	0.5	0.4
12 years old	0.3	1.2	0.9
13 years old	0.0	1.7	1.0
14 years old	0.0	0.6	2.1
15 years old	0.0	0.1	3.2
16 years old	0.0	0.0	3.4
17 years old or older	0.0	0.0	0.7

Table 156: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Avg Age in Years	10.1	11.6	14.1

Table 157: How old were you when you first tried e-cigarettes, vape-pens, or e-hookahs?\*

	Grade 11 State %
Never have	62.8
8 years old or younger	0.3
9 years old	0.2
10 years old	0.3
11 years old	1.0
12 years old	2.0
13 years old	3.7
14 years old	5.7
15 years old	8.8
16 years old	12.2
17 years old or older	2.9

• Only 11<sup>th</sup> graders were asked this question.

## A.4.2 Alcohol Use

Table 158: During your life, on how many days have you had at least one drink of alcohol?

	<b>Grade 11</b> State %
0 days	40.6
1 or 2 days	15.9
3 to 9 days	16.4
10 to 19 days	9.9
20 to 39 days	6.9
40 to 99 days	5.3
100 or more days	5.0

• Only 11<sup>th</sup> graders were asked this question.

Table 159: During the past 30 days, on how many days did you have at least one drink of alcohol?

	<b>Grade 6</b> State %	<b>Grade 8</b> State %	<b>Grade 11</b> State %
0 days	95.5	84.6	71.0
1 or 2 days	3.7	10.7	18.8
3 to 5 days	0.5	2.5	6.1
6 to 9 days	0.2	1.1	2.2
10 to 19 days	0.1	0.6	1.3
20 to 29 days	0.0	0.2	0.2
All 30 days	0.1	0.3	0.4

Table 160: During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	<b>Grade 6</b> State %	<b>Grade 8</b> State %	<b>Grade 11</b> State %
0 days	99.0	94.4	84.7
1 or 2 days	0.6	3.5	10.1
3 to 5 days	0.1	0.9	2.9
6 to 9 days	0.1	0.5	1.3
10 to 19 days	0.0	0.3	0.6
20 to 29 days	0.0	0.1	0.2
All 30 days	0.1	0.2	0.3

Table 161: During the past 30 days, on how many days do you think most students in your school had at least one drink of alcohol? (your best estimate)

	<b>Grade 6</b> State %	<b>Grade 8</b> State %	<b>Grade 11</b> State %
0 days	65.9	43.3	20.4
1 or 2 days	24.0	28.9	21.9
3 to 5 days	5.9	13.8	22.9
6 to 9 days	2.0	6.8	16.2
10 to 19 days	1.2	3.9	11.0
20 to 29 days	0.3	1.2	3.7
All 30 days	0.7	2.0	3.9



Table 162: During the past 30 days, on how many days do you think most students in your school had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 days	85.9	65.0	33.6
1 or 2 days	9.6	20.5	27.5
3 to 5 days	2.3	7.1	17.3
6 to 9 days	1.1	3.6	10.7
10 to 19 days	0.5	1.9	6.6
20 to 29 days	0.2	0.8	2.2
All 30 days	0.3	1.2	2.1

Table 163: Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

	Grade 11 State %
None of my friends	38.0
1 of my friends	17.0
2 of my friends	15.8
3 of my friends	9.2
4 of my friends	20.0

• Only 11<sup>th</sup> graders were asked this question.

Table 164: During the past 30 days, what type of alcohol did you usually drink?  
Select only one response.

	Grade 11 State %
I did not drink alcohol during the past 30 days.	69.6
I do not have a usual type.	4.0
Beer.	5.2
Flavored beverages (such as Smirnoff, Bacardi Silver, and Hard Lemonade).	4.5
Wine coolers (such as Bartles and Jaymes or Seagrams).	0.4
Wine.	2.3
Liquor (such as vodka, rum, scotch, bourbon, or whiskey).	12.8
Some other type.	1.0

• Only 11<sup>th</sup> graders were asked this question.

Table 165: During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.

	Grade 11 State %
I did not drink alcohol during the past 30 days.	69.0
At a party	11.5
Friends under 21	9.3
Friends 21 or older	8.4
A brother or sister	3.0
A parent	8.0
A store or gas station	1.8
Liquor store	1.6
Bar, night club or restaurant	0.8
Took it from home without permission	4.8
By asking a stranger to buy it for me	1.5
I got it some other way	6.4

• Only 11<sup>th</sup> graders were asked this question.

Table 166: In the last 12 months, which of the following have you experienced? Please mark all that apply.

	Grade 11 State %
I did not drink alcohol in the last 12 months.	74.2
Missed school or class because of drinking alcohol.	1.7
Gotten sick to my stomach because of drinking alcohol.	14.2
Not been able to remember what happened while I was drinking alcohol.	12.5
Later regretted something I did while drinking alcohol.	9.1
Worried that I drank alcohol too much or too often.	5.1

• Only 11<sup>th</sup> graders were asked this question.

Table 167: During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	89.2	87.2	88.6
1 time	6.3	6.9	6.0
2 or 3 times	2.5	3.5	3.4
4 or 5 times	0.6	1.0	0.8
6 or more times	1.3	1.4	1.2

Table 168: During the past 30 days, how many times did you ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grade 11 State %
0 times	94.4
1 time	3.3
2 or 3 times	1.5
4 or 5 times	0.4
6 or more times	0.4

• Only 11<sup>th</sup> graders were asked this question.

Table 169: During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	Grade 11 State %
0 times	96.5
1 time	2.1
2 or 3 times	0.8
4 or 5 times	0.2
6 or more times	0.5

• Only 11<sup>th</sup> graders were asked this question.

Table 170: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	75.6	66.3	60.8
1 time	12.9	16.6	21.2
2 or 3 times	7.9	12.0	13.6
4 or 5 times	1.6	2.6	2.3
6 or more times	2.0	2.5	2.0

Table 171: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grade 11 State %
0 times	53.5
1 time	21.8
2 or 3 times	17.3
4 or 5 times	4.4
6 or more times	3.0

• Only 11<sup>th</sup> graders were asked this question.

Table 172: During the past 30 days, how many times did most students in your school drive a car or other vehicle when they had been drinking alcohol?

	Grade 11 State %
0 times	56.7
1 time	22.9
2 or 3 times	14.2
4 or 5 times	3.7
6 or more times	2.6

• Only 11<sup>th</sup> graders were asked this question.

Table 173: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never have	77.1	60.1	37.1
8 years old or younger	8.9	9.0	6.1
9 years old	3.4	3.9	1.9
10 years old	4.6	4.6	3.1
11 years old	4.3	4.0	2.4
12 years old	1.6	7.0	4.8
13 years old	0.0	8.7	5.9
14 years old	0.0	2.8	8.9
15 years old	0.0	0.1	13.7
16 years old	0.0	0.0	13.1
17 years old or older	0.0	0.0	3.0

Table 174: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Avg Age in Years	9.4	10.8	13.5

Table 175: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never have	97.8	91.6	74.6
8 years old or younger	0.5	0.6	0.4
9 years old	0.2	0.3	0.1
10 years old	0.5	0.6	0.3
11 years old	0.5	0.6	0.5
12 years old	0.4	1.4	0.7
13 years old	0.0	3.5	1.4
14 years old	0.0	1.3	2.8
15 years old	0.0	0.1	6.6
16 years old	0.0	0.0	9.4
17 years old or older	0.0	0.0	3.2

Table 176: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Avg Age in Years	10.1	12.2	15.0

### A.4.3 Marijuana Use

Table 177: During the past 30 days, how many times did you use marijuana?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 times	98.4	91.7	78.8
1 or 2 times	0.9	3.6	8.0
3 to 9 times	0.3	2.0	5.3
10 to 19 times	0.1	1.1	2.8
20 to 39 times	0.1	0.5	1.7
40 or more times	0.1	1.1	3.5

Table 178: During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply.

	Grade 11 State %
I did not use marijuana during the past 30 days	78.6
A public event such as a concert or sporting event	1.0
A party	4.9
Friends 18 or older	7.6
Friends under 18	10.5
A family member	4.4
A medical marijuana cardholder or grower	1.8
I gave someone money to buy it for me	2.9
I grew it	1.2
I got it some other way	5.4

• Only 11<sup>th</sup> graders were asked this question.

Table 179: How old were you when you tried marijuana for the first time?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never have	97.0	86.0	61.6
8 years old or younger	0.4	0.7	0.6
9 years old	0.3	0.5	0.4
10 years old	0.6	1.1	0.7
11 years old	1.0	1.5	1.1
12 years old	0.6	3.3	2.9
13 years old	0.0	5.2	4.2
14 years old	0.0	1.5	7.1
15 years old	0.0	0.1	10.4
16 years old	0.0	0.0	9.2
17 years old or older	0.0	0.0	1.9

Table 180: How old were you when you tried marijuana for the first time?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Avg Age in Years	10.4	12.0	14.3

Table 181: How old were you when you first tried synthetic marijuana (also called K2, Spice, etc.) for the first time?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Never have	99.0	95.7	93.4
8 years old or younger	0.2	0.3	0.3
9 years old	0.1	0.2	0.1
10 years old	0.2	0.3	0.1
11 years old	0.3	0.5	0.3
12 years old	0.2	0.7	0.5
13 years old	0.0	1.6	0.6
14 years old	0.0	0.5	0.9
15 years old	0.0	0.1	1.7
16 years old	0.0	0.0	1.6
17 years old or older	0.0	0.0	0.5

Table 182: How old were you when you first tried synthetic marijuana (also called K2, Spice, etc.) for the first time?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Avg Age in Years	10.3	11.9	14.2

#### A.4.4 Other Drug Use

Table 183: During the past 30 days, on how many days did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 days	95.0	95.2	98.7
1 or 2 days	3.8	3.1	0.8
3 to 5 days	0.7	0.8	0.1
6 to 9 days	0.2	0.3	0.1
10 to 19 days	0.1	0.2	0.1
20 to 29 days	0.0	0.1	0.0
All 30 days	0.2	0.3	0.2

Table 184: During the past 30 days, on how many days did you use synthetic marijuana, example: K2, Spice, etc.?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 days	99.3	97.2	97.4
1 or 2 days	0.4	1.3	1.4
3 to 5 days	0.2	0.5	0.5
6 to 9 days	0.1	0.4	0.2
10 to 19 days	0.1	0.2	0.2
20 to 29 days	0.0	0.1	0.1
All 30 days	0.1	0.4	0.2

Table 185: During the past 30 days, on how many days did you use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
0 days	98.8	96.2	95.5
1 or 2 days	0.6	1.9	2.6
3 to 5 days	0.2	0.8	0.8
6 to 9 days	0.1	0.4	0.4
10 to 19 days	0.1	0.3	0.3
20 to 29 days	0.0	0.2	0.1
All 30 days	0.2	0.3	0.3

Table 186: Which of the following illicit drugs did you use during the past 30 days?  
Please mark all that apply.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
I did not use illicit drugs during the past 30 days	98.4	92.1	79.8
Marijuana	1.5	7.9	20.0
Any form of cocaine including powder, crack or freebase	0.2	0.4	0.7
Ecstasy (also called MDMA)	0.1	0.4	0.6
Heroin or other opiates or narcotics	0.1	0.2	0.3
LSD or other hallucinogens or psychedelics	0.1	0.6	1.9
Methamphetamines (also called speed, crystal, crank or ice)	0.1	0.3	0.2
Steroid pills or shots without a doctor's prescription	0.3	0.5	0.2

Table 187: Any illicit drug use including marijuana, synthetic marijuana, cocaine, ecstasy, heroin, hallucinogens or methamphetamines

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No Use	98.2	91.8	79.6
Use	1.8	8.2	20.4

Table 188: Any illicit drug use including cocaine, ecstasy, heroin, hallucinogens or methamphetamines

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No Use	99.6	98.7	97.2
Use	0.4	1.3	2.8

#### A.4.5 Lifetime Drug Use

Table 189: During your life, how many times have you Used marijuana?

	Grade 11 State %
0 times	61.5
1 or 2 times	8.8
3 to 9 times	8.2
10 to 19 times	4.9
20 to 39 times	4.0
40 or more times	12.5

• Only 11<sup>th</sup> graders were asked this question.



Table 190: During your life, how many times have you Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Grade 11 State %
0 times	94.2
1 or 2 times	3.5
3 to 9 times	1.1
10 to 19 times	0.5
20 to 39 times	0.2
40 or more times	0.4

• Only 11<sup>th</sup> graders were asked this question.

Table 191: During your life, how many times have you Taken steroid pills or shots without a doctor's prescription?

	Grade 11 State %
0 times	98.4
1 or 2 times	0.6
3 to 9 times	0.4
10 to 19 times	0.2
20 to 39 times	0.1
40 or more times	0.3

• Only 11<sup>th</sup> graders were asked this question.

Table 192: During your life, how many times have you Taken a prescription drug not prescribed to you?

	Grade 11 State %
0 times	86.7
1 or 2 times	6.6
3 to 9 times	3.6
10 to 19 times	1.5
20 to 39 times	0.7
40 or more times	0.9

• Only 11<sup>th</sup> graders were asked this question.

Table 193: During your life, how many times have you Used any form of cocaine, including powder, crack or freebase?

	Grade 11 State %
0 times	96.2
1 or 2 times	2.0
3 to 9 times	0.8
10 to 19 times	0.4
20 to 39 times	0.2
40 or more times	0.4

• Only 11<sup>th</sup> graders were asked this question.

Table 194: During your life, how many times have you Used ecstasy (also called MDMA)?

	Grade 11 State %
0 times	96.8
1 or 2 times	1.8
3 to 9 times	0.7
10 to 19 times	0.2
20 to 39 times	0.1
40 or more times	0.3

• Only 11<sup>th</sup> graders were asked this question.

Table 196: During your life, how many times have you Used methamphetamines (also called speed, crystal, crank or ice)?

	Grade 11 State %
0 times	98.6
1 or 2 times	0.7
3 to 9 times	0.2
10 to 19 times	0.2
20 to 39 times	0.1
40 or more times	0.3

• Only 11<sup>th</sup> graders were asked this question.

Table 195: During your life, how many times have you Used heroin (also called smack, junk, or China White)?

	Grade 11 State %
0 times	99.2
1 or 2 times	0.3
3 to 9 times	0.1
10 to 19 times	0.1
20 to 39 times	0.1
40 or more times	0.2

• Only 11<sup>th</sup> graders were asked this question.

Table 197: During your life, how many times have you used a needle to inject any illegal drug into your body?

	Grade 11 State %
0 times	99.3
1 time	0.4
2 or more times	0.3

• Only 11<sup>th</sup> graders were asked this question.

Table 198: Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grade 11 State %
No Use	57.8
Use	42.2

• Only 11<sup>th</sup> graders were asked this question.

Table 199: Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grade 11 State %
No Use	82.3
Use	17.7

• Only 11<sup>th</sup> graders were asked this question.

#### A.4.6 Availability of Alcohol, Tobacco and Drugs

Table 200: If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very hard	69.0	40.6	18.7
Somewhat hard	13.5	19.4	17.0
Sort of easy	10.4	22.1	32.1
Very easy	7.1	17.9	32.2

Table 201: If you wanted to get some, how easy would it be for you to get some cigarettes?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very hard	78.3	56.8	31.7
Somewhat hard	9.7	17.9	22.0
Sort of easy	6.4	13.2	21.8
Very easy	5.7	12.0	24.6

Table 202: If you wanted to get some, how easy would it be for you to get some marijuana?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very hard	83.4	54.1	22.8
Somewhat hard	7.1	13.5	12.2
Sort of easy	4.8	14.4	22.8
Very easy	4.7	17.9	42.3

Table 203: If you wanted to get some, how easy would it be for you to get some synthetic marijuana, example: K2, Spice, etc.?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very hard	90.3	69.9	44.3
Somewhat hard	5.2	14.2	23.4
Sort of easy	2.3	8.4	16.9
Very easy	2.2	7.4	15.4

Table 204: If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very hard	93.4	82.3	58.4
Somewhat hard	3.7	10.0	20.2
Sort of easy	1.5	4.1	11.8
Very easy	1.5	3.5	9.6

Table 205: If you wanted to get some, how easy would it be for you to get prescription drugs not prescribed to you?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very hard	77.7	56.4	42.4
Somewhat hard	10.1	16.0	22.0
Sort of easy	6.0	13.5	18.0
Very easy	6.2	14.1	17.6

Table 206: If you wanted to get some, how easy would it be for you to get some e-cigarettes, vape-pens, or e-hookahs?

	Grade 11 State %
Very hard	26.5
Somewhat hard	11.9
Sort of easy	19.7
Very easy	41.9

- Only 11<sup>th</sup> graders were asked this question.

#### A.4.7 Perceived Risk of Harm from Substance Use

Table 207: How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No risk	19.2	16.6	13.8
Slight risk	33.6	33.9	30.6
Moderate risk	26.5	30.2	31.9
Great risk	20.7	19.3	23.7

Table 208: How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No risk	15.5	11.4	8.7
Slight risk	20.8	20.3	16.5
Moderate risk	34.9	37.7	37.5
Great risk	28.7	30.6	37.4

Table 209: How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No risk	15.0	11.7	10.1
Slight risk	9.8	11.1	10.0
Moderate risk	17.8	19.2	17.8
Great risk	57.5	57.9	62.1

Table 210: How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No risk	23.7	32.3	49.1
Slight risk	33.9	37.8	32.5
Moderate risk	23.2	17.6	11.1
Great risk	19.3	12.4	7.3

Table 211: How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No risk	19.0	21.4	30.8
Slight risk	20.3	26.3	32.6
Moderate risk	30.0	29.9	23.7
Great risk	30.6	22.3	12.9

Table 212: How much do you think people risk harming themselves (physically or in other ways) if they use prescription drugs not prescribed to them?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
No risk	13.3	9.3	7.0
Slight risk	8.1	9.0	9.0
Moderate risk	21.2	25.0	29.2
Great risk	57.4	56.7	54.8

Table 213: How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Neither approve or disapprove	13.0	18.8	27.3
Somewhat disapprove	7.6	16.7	25.4
Strongly disapprove	71.2	56.6	40.9
Don't know or can't say	8.2	8.0	6.5

Table 214: How do you feel about someone your age smoking one or more packs of cigarettes a day?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Neither approve or disapprove	10.9	11.6	14.9
Somewhat disapprove	3.4	7.6	11.4
Strongly disapprove	79.0	74.3	68.8
Don't know or can't say	6.6	6.5	4.9

Table 215: How do you feel about someone your age trying marijuana or hashish once or twice?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Neither approve or disapprove	13.2	25.0	50.6
Somewhat disapprove	9.8	19.3	21.0
Strongly disapprove	69.3	48.1	21.9
Don't know or can't say	7.7	7.7	6.5

Table 216: How do you feel about someone your age using prescription drugs not prescribed to them?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Neither approve or disapprove	11.1	12.0	15.8
Somewhat disapprove	5.9	10.4	16.7
Strongly disapprove	75.2	69.8	61.5
Don't know or can't say	7.7	7.9	6.0

Table 217: How do you feel about someone your age use synthetic marijuana, example: K2, Spice?

	Grade 11 State %
Neither approve or disapprove	22.8
Somewhat disapprove	18.1
Strongly disapprove	49.6
Don't know or can't say	9.5

- Only 11<sup>th</sup> graders were asked this question.

Table 218: How do you feel about someone your age smoke e-cigarettes, vape-pens, or e-hookahs?

	Grade 11 State %
Neither approve or disapprove	40.3
Somewhat disapprove	25.4
Strongly disapprove	27.9
Don't know or can't say	6.3

• Only 11<sup>th</sup> graders were asked this question.

#### A.4.8 Communication about Substance Use

Table 219: During the past 12 months, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	38.1	59.0	74.3
No	35.3	22.3	14.0
Don't know or can't say	26.6	18.7	11.7

Table 220: During the past 12 months, have you had a special class about drugs or alcohol in school?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	31.4	51.2	46.0
No	58.6	38.4	43.7
Don't know or can't say	10.0	10.4	10.3

Table 221: During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Yes	63.2	67.7	69.9
No	27.8	23.8	23.0
Don't know or can't say	9.0	8.5	7.1

Table 222: Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?

	Grade 11 State %
More likely	25.9
Less likely	17.5
Would make no difference	47.7
Don't know or can't say	8.9

• Only 11<sup>th</sup> graders were asked this question.

## A.5 Parenting and Parental Attitudes

### A.5.1 Family Management

Table 223: My parents ask if I've gotten my homework done.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very much true	68.9	55.2	42.0
Pretty much true	17.3	22.3	26.4
A little true	8.0	13.4	18.0
Not at all true	5.8	9.2	13.6

Table 224: My parents would catch me if I skipped school.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very much true	79.0	67.0	50.1
Pretty much true	10.8	16.6	21.8
A little true	5.0	9.4	16.5
Not at all true	5.3	7.1	11.6

Table 225: When I am not at home, one of my parents knows where I am and whom I am with.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very much true	74.0	64.7	50.8
Pretty much true	15.2	21.4	29.7
A little true	5.9	9.1	13.6
Not at all true	4.9	4.8	5.9

Table 226: My family has clear rules about alcohol and drug use.

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very much true	81.7	71.1	59.5
Pretty much true	9.9	15.5	21.4
A little true	4.5	8.5	13.1
Not at all true	3.9	4.8	5.9

Table 227: How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use."

	Grade 11 State %
Very much true	20.2
Pretty much true	37.6
A little true	33.5
Not at all true	8.8

- Only 11<sup>th</sup> graders were asked this question.



## A.5.2 Parental Attitudes towards Substance Use

Table 228: How wrong do you think your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very wrong	89.5	84.5	76.3
Wrong	6.4	9.7	14.8
A little bit wrong	2.0	3.5	5.4
Not wrong at all	2.1	2.3	3.5

Table 229: How wrong do you think your parents feel it would be for you to smoke cigarettes?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very wrong	92.6	89.9	84.0
Wrong	4.8	7.0	11.4
A little bit wrong	0.8	1.4	2.4
Not wrong at all	1.8	1.7	2.3

Table 230: How wrong do you think your parents feel it would be for you to smoke marijuana?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very wrong	91.9	84.2	70.1
Wrong	4.9	8.6	13.9
A little bit wrong	1.2	4.2	9.7
Not wrong at all	2.0	3.0	6.2

Table 231: How wrong do you think your parents feel it would be for you to use prescription drugs not prescribed to you?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very wrong	92.7	90.1	85.9
Wrong	4.7	6.4	10.0
A little bit wrong	0.9	1.6	2.0
Not wrong at all	1.8	1.9	2.1

Table 232: How wrong do you think your parents feel it would be for you to use synthetic marijuana, example: K2, Spice?

	Grade 11 State %
Very wrong	83.8
Wrong	10.6
A little bit wrong	3.0
Not wrong at all	2.6

• Only 11<sup>th</sup> graders were asked this question.

Table 233: How wrong do you think your parents feel it would be for you to smoke e-cigarettes, vape-pens, or e-hookahs?

	Grade 11 State %
Very wrong	72.5
Wrong	14.9
A little bit wrong	7.9
Not wrong at all	4.8

• Only 11<sup>th</sup> graders were asked this question.

## A.6 Influence of Friendships

### A.6.1 Friends' Attitudes towards Substance Use

Table 234: How wrong do you think your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very wrong	71.5	51.2	34.4
Wrong	18.9	26.4	30.0
A little bit wrong	5.8	14.6	21.2
Not wrong at all	3.9	7.8	14.3

Table 235: How wrong do you think your friends feel it would be for you to smoke tobacco?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very wrong	77.2	59.7	42.9
Wrong	16.4	25.6	30.8
A little bit wrong	3.2	8.9	15.2
Not wrong at all	3.3	5.9	11.0

Table 236: How wrong do you think your friends feel it would be for you to smoke marijuana?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very wrong	77.1	52.4	25.9
Wrong	14.2	20.3	19.3
A little bit wrong	4.4	13.9	22.5
Not wrong at all	4.3	13.4	32.3

Table 237: How wrong do you think your friends feel it would be for you to use prescription drugs not prescribed to you?

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Very wrong	78.4	66.2	51.2
Wrong	15.2	21.4	29.4
A little bit wrong	3.1	7.4	12.1
Not wrong at all	3.2	5.1	7.3

Table 238: How wrong do you think your friends feel it would be for you to use synthetic marijuana, example: K2, Spice?

	Grade 11 State %
Very wrong	45.7
Wrong	27.9
A little bit wrong	14.7
Not wrong at all	11.8

- Only 11<sup>th</sup> graders were asked this question.

Table 239: How wrong do you think your friends feel it would be for you to smoke e-cigarettes, vape-pens, or e-hookahs?

	Grade 11 State %
Very wrong	28.4
Wrong	20.3
A little bit wrong	20.9
Not wrong at all	30.4

• Only 11<sup>th</sup> graders were asked this question.

## A.7 Height and Weight

### A.7.1 Body Mass Index and Weight

Table 240: Body Mass Index Percentile Ranking

	Grade 6 State %	Grade 8 State %	Grade 11 State %
Underweight	7.4	4.1	2.7
Healthy Weight	60.8	64.1	64.3
Overweight	17.5	16.8	16.8
Obese	14.3	15.0	16.2

Table 241: How do you describe your weight?

	Grade 11 State %
Very underweight	2.0
Slightly underweight	13.2
About the right weight	52.2
Slightly overweight	26.8
Very overweight	5.8

• Only 11<sup>th</sup> graders were asked this question.

Table 242: Which of the following are you trying to do about your weight?

	Grade 11 State %
Lose weight	44.7
Gain weight	17.7
Stay the same weight	16.4
I am not trying to do anything about my weight	21.1

• Only 11<sup>th</sup> graders were asked this question.

Table 243: During the past 30 days, did you Go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Grade 11 State %
Yes	14.0
No	86.0

• Only 11<sup>th</sup> graders were asked this question.

Table 244: During the past 30 days, did you Take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

	Grade 11 State %
Yes	4.7
No	95.3

• Only 11<sup>th</sup> graders were asked this question.

Table 245: During the past 30 days, did you Vomit or take laxatives to lose weight or to keep from gaining weight?

	Grade 11 State %
Yes	5.0
No	95.0

• Only 11<sup>th</sup> graders were asked this question.

# B SWS QUESTIONNAIRES

## Oregon Student Wellness Survey for Grade 6-8



1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.

2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.

3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.

4. Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.

1. How old are you?

- 10 years old
- 13 years old
- 11 years old
- 14 years old
- 12 years old
- 15 years old

2. How do you identify?

- Female
- Transgender
- Male
- Something else fits better

3. In what grade are you?

- 6th
- 9th
- 7th
- Ungraded or other grade
- 8th

4. What is your race? (Please mark all that apply)

- American Indian/Native American
- Alaska Native
- Asian Indian
- Chinese
- Japanese
- Korean
- Vietnamese
- Filipino
- Native Hawaiian
- Other Pacific Islander
- Black or African American
- White
- Other (Specify) \_\_\_\_\_

5. If you selected more than one race, what one race best describes you?

- American Indian/Native American
- Alaska Native
- Asian Indian
- Chinese
- Japanese
- Korean
- Vietnamese
- Filipino
- Native Hawaiian
- Other Pacific Islander
- Black or African American
- White
- Other

6. Are you Hispanic or Latino/Latina?

- Yes
- No

7. What is the language you use most often at home?

- English
- Russian
- Spanish
- Vietnamese
- A tribal language
- Another language

8. Are you enrolled in any of the following tribes?

- I am not enrolled in a tribe
- Burns Paiute Tribe
- Coquille Indian Tribe
- Cow Creek Band of Umpqua Tribe of Indians
- Confederated Tribes of Grand Ronde
- Klamath Tribes
- Confederated Tribes of the Umatilla Indian Reservation
- Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians
- Confederated Tribes of Siletz Indians
- Confederated Tribes of Warm Springs
- Other

9. Would you say that in general your emotional and mental health is...

- poor
- good
- fair
- very good
- excellent

10. Would you say that in general your physical health is...

- poor
- good
- fair
- very good
- excellent

PLEASE DO NOT WRITE IN THIS AREA

[SERIAL]

11. Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?

- Yes  No

12. How many times have you changed homes since kindergarten?

- Never  5 or 6 times  
 1 or 2 times  7 or more times  
 3 or 4 times

13. Putting them all together, what were your grades like last year?

- Mostly A's  Mostly C's  Mostly F's  
 Mostly B's  Mostly D's

14. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

- None  
 1 day  
 2 days  
 3 days  
 4 to 5 days  
 6 to 10 days  
 11 days or more

15. How do you like school?

- I like school very much  
 I like school  
 I neither like nor dislike school  
 I dislike school  
 I dislike school very much

16. How important do you think the things you are learning in school are going to be for your later life?

- Very important  
 Quite important  
 Fairly important  
 Slightly important  
 Not at all important

17. How often do you feel that the schoolwork you are assigned is meaningful and important?

- |  | Almost always         | Often                 | Sometimes             | Seldom                | Never                 |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 17. How often do you feel that the schoolwork you are assigned is meaningful and important?        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18. Thinking back over the past school year, how often did you try to do your best work in school? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

How much do you agree with the following statements about school?

- |   | Strongly agree        | Somewhat agree        | Strongly disagree     |
|---|-----------------------|-----------------------|-----------------------|
| 19. I have lots of chances to be part of class discussions or activities.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21. I respect most of my teachers.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22. My teachers notice when I am doing a good job and let me know about it.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 23. I can talk to my teachers openly and freely about my concerns.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24. In my school, teachers treat students with respect.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 25. Most students at my school help each other when they are hurt or upset.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 26. In my school, students that work hard to get good grades are picked on by other students.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

During the past 30 days, on how many days did you...

- |   | 0 days                | 1 day                 | 2 or 3 days           | 4 or 5 days           | 6 or more days        |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 27. not go to school because you felt you would be unsafe at school or on your way to or from school? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 28. carry a gun as a weapon on school property?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29. carry a weapon (other than a gun) such as a knife or club on school property?                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

During the past 12 months, how many times...

- |  | 0 times               | 1 time                | 2 or 3 times          | 4 or 5 times          | 6 or 7 times          | 8 or 9 times          | 10 or 11 times        | 12 or more times      |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 30. were you in a physical fight?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 31. were you in a physical fight on school property?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 32. did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 33. have you been suspended from school?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 34. has someone threatened you with a weapon such as a gun, knife, or club on school property?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

35. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

- Yes  No



The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor "shots" such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

**During the past 30 days, on how many days did you...**

	All 30 days	20 to 29 days	10 to 19 days	6 to 9 days	3 to 5 days	1 or 2 days	0 days
61. have at least one drink of alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
62. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>During the past 30 days, on how many days do you think <u>most students in your school</u>...</b>							
63. had at least one drink of alcohol? (your best estimate)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
64. had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?**

	6 or more times	4 or 5 times	2 or 3 times	1 time	0 times
65. During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
66. During the past 30 days, how many times did <u>most students in your school</u> ride in a vehicle driven by a parent or other adult who had been drinking alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**During the past 30 days, on how many days did you...**

	All 30 days	20 to 29 days	10 to 19 days	6 to 9 days	3 to 5 days	1 or 2 days	0 days
67. smoke cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
68. use other tobacco products such as snuff, dip or chewing tobacco (Redman, Copenhagen, Marlboro Snus etc)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**69. During the past 30 days, how many times did you use marijuana?**

0 times       10 to 19 times  
 1 or 2 times       20 to 39 times  
 3 to 9 times       40 or more times

**If you wanted to get some, how easy would it be for you to...**

	Very easy	Sort of easy	Somewhat hard	Very hard
70. get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
71. get some cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
72. get some marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
73. get some synthetic marijuana, example: K2, Spice etc.?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
74. get a drug like cocaine, LSD, or amphetamines?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
75. get prescription drugs not prescribed to you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**How old were you...**

	8 Years old or younger	9 Years old	10 Years old	11 Years old	12 Years old	13 Years old	14 Years old	15 Years old	Never have
76. when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
77. when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
78. when you smoked a whole cigarette for the first time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
79. the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
80. when you tried marijuana for the first time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
81. when you tried synthetic marijuana (also called K2, Spice, etc.) for the first time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**How much do you think people risk harming themselves (physically or in other ways)...**

	No risk	Slight risk	Moderate risk	Great risk
82. if they have one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
83. when they have five or more drinks of an alcoholic beverage once or twice a week?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
84. if they smoke one or more packs of cigarettes per day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
85. if they try marijuana once or twice?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
86. if they smoke marijuana once or twice a week?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
87. if they use prescription drugs that are not prescribed to them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**During the past 30 days, on how many days did you...**

	0 days	1 or 2 days	3 to 5 days	6 to 9 days	10 to 19 days	20 to 29 days	All 30 days
88. sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
89. use synthetic marijuana, example: K2, Spice etc?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
90. use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



91. Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply.)

- I did not use illicit drugs during the past 30 days
- Marijuana
- Any form of cocaine including powder, crack or freebase
- Ecstasy (also called MDMA)
- Heroin or other opiates or narcotics
- LSD or other hallucinogens or psychedelics
- Methamphetamines (also called speed, crystal, crank or ice)
- Steroid pills or shots without a doctor's prescription

During the past 12 months...

	Don't know or can't say	No	Yes
92. do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
93. have you had a special class about drugs or alcohol in school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
94. have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? By parents we mean your biological parents, adoptive parents, stepparents, or adult guardians, whether or not they live with you.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How do you feel about someone your age...

	Don't know/Can't say	Strongly Disapprove	Somewhat Disapprove	Neither Approve nor Disapprove	Strongly Approve
95. having one or two drinks of an alcoholic beverage nearly every day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
96. smoking one or more packs of cigarettes a day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
97. trying marijuana or hashish once or twice?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
98. using prescription drugs not prescribed to them?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How wrong do your friends feel it would be for you to...

	Very wrong	Wrong	A little bit wrong	Not wrong at all
99. have one or two drinks of an alcoholic beverage nearly every day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
100. smoke tobacco?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
101. use marijuana?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
102. use prescription drugs not prescribed to you?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How wrong do you think your parents feel it would be for you to...

	Very wrong	Wrong	A little bit wrong	Not wrong at all
103. have one or two drinks of an alcoholic beverage nearly everyday?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
104. smoke cigarettes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
105. smoke marijuana?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
106. use prescription drugs not prescribed to you?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How true are the following statements?

	Very much true	Pretty much true	A little true	Not at all true
107. I can do most things if I try.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
108. I can work out my problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
109. I volunteer to help others in my community.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
110. There is at least one teacher or other adult in my school that really cares about me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
111. My parents ask if I've gotten my homework done.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
112. My parents would catch me if I skipped school.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
113. When I am not at home, one of my parents knows where I am and whom I am with.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
114. My family has clear rules about alcohol and drug use.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

The next questions ask about certain experiences you may have or had in your life, which might have made you feel uncomfortable or sad in your surroundings.

	Yes	No
115. Were your parents ever separated or divorced after you were born?	<input type="checkbox"/>	<input type="checkbox"/>
116. Have you ever lived with a household member who is/was depressed or mentally ill?	<input type="checkbox"/>	<input type="checkbox"/>

Have you ever lived with someone who:

117. is/was a problem drinker or alcoholic?	<input type="checkbox"/>
118. uses/used street drugs?	<input type="checkbox"/>

Have you ever felt that:

119. you did not have enough to eat?	<input type="checkbox"/>
120. you had to wear dirty clothes?	<input type="checkbox"/>
121. you had no one to protect you?	<input type="checkbox"/>

122. How tall are you without your shoes on?

Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number on the answer sheet.

Height	Feet	Inches
	4	10
	(3)	(1)
	(4)	(2)
	(5)	(3)
	(6)	(4)
	(7)	(5)
	(8)	(6)
	(9)	(7)
	(10)	(8)
	(11)	(9)
	(12)	(10)

Height	Feet	Inches
	(3)	(1)
	(4)	(2)
	(5)	(3)
	(6)	(4)
	(7)	(5)
	(8)	(6)
	(9)	(7)
	(10)	(8)
	(11)	(9)
	(12)	(10)

PLEASE DO NOT WRITE IN THIS AREA

[SERIAL]

# Oregon Student Wellness Survey for Grade 11



- The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.**
- This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply."**  
**Completely fill in the oval using a #2 pencil.**

**1. How old are you?**

- 14 years old
- 17 years old
- 15 years old
- 18 years old
- 16 years old
- 19 years old or older

**2. How do you identify?**

- Female
- Transgender
- Male
- Something else fits better

**3. Which of the following best describes you?**

- Heterosexual (straight)
- Queer
- Gay or lesbian
- Other
- Bisexual
- Not sure

**4. In what grade are you?**

- 9th
- 12th
- 10th
- Ungraded or other grade
- 11th

**5. What is your race? (Please mark all that apply)**

- American Indian/Native American
- Alaska Native
- Asian Indian
- Chinese
- Japanese
- Korean
- Vietnamese
- Filipino
- Native Hawaiian
- Other Pacific Islander
- Black or African American
- White
- Other (Specify) \_\_\_\_\_

**6. If you selected more than one race, what one race best describes you?**

- American Indian/Native American
- Alaska Native
- Asian Indian
- Chinese
- Japanese
- Korean
- Vietnamese
- Filipino
- Native Hawaiian
- Other Pacific Islander
- Black or African American
- White
- Other

**7. Are you Hispanic or Latino/Latina?**

- Yes
- No

**8. What is the language you use most often at home?**

- English
- Russian
- Spanish
- Vietnamese
- A tribal language
- Another language

**9. Are you enrolled in any of the following tribes?**

- I am not enrolled in a tribe
- Burns Paiute Tribe
- Coquille Indian Tribe
- Cow Creek Band of Umpqua Tribe of Indians
- Confederated Tribes of Grand Ronde
- Klamath Tribes
- Confederated Tribes of the Umatilla Indian Reservation
- Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians
- Confederated Tribes of Siletz Indians
- Confederated Tribes of Warm Springs
- Other

PLEASE DO NOT WRITE IN THIS AREA

[SERIAL]

173801

10. Would you say that in general your emotional and mental health is...

- poor  
 good  
 fair  
 very good  
 excellent

11. Would you say that in general your physical health is...

- poor  
 good  
 fair  
 very good  
 excellent

12. Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?

- Yes  
 No

13. How many times have you changed homes since kindergarten?

- Never  
 1 or 2 times  
 3 or 4 times  
 5 or 6 times  
 7 or more times

14. Putting them all together, what were your grades like last year?

- Mostly A's  
 Mostly C's  
 Mostly B's  
 Mostly D's  
 Mostly F's

15. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

- None  
 1 day  
 2 days  
 3 days  
 4 to 5 days  
 6 to 10 days  
 11 days or more

16. How do you like school?

- I like school very much  
 I like school  
 I neither like nor dislike school  
 I dislike school  
 I dislike school very much

17. How important do you think the things you are learning in school are going to be for your later life?

- Very important  
 Quite important  
 Fairly important  
 Slightly important  
 Not at all important

Almost always	Sometimes	Often	Seldom	Never
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. How often do you feel that the schoolwork you are assigned is meaningful and important?				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. Thinking back over the past school year, how often did you try to do your best work in school?				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much do you agree with the following statements about school?

Strongly agree	Somewhat agree	Strongly disagree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. I have lots of chances to be part of class discussions or activities.		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I respect most of my teachers.		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. My teachers notice when I am doing a good job and let me know about it.		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. I can talk to my teachers openly and freely about my concerns.		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. In my school, teachers treat students with respect.		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. Most students at my school help each other when they are hurt or upset.		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. In my school, students that work hard to get good grades are picked on by other students.		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

During the past 30 days, on how many days did you ...

0 days	1 day	2 or 3 days	4 or 5 days	6 or more days
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. not go to school because you felt you would be unsafe at school or on your way to or from school?				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. carry a gun as a weapon on school property?				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. carry a weapon (other than a gun) such as a knife or club on school property?				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

During the past 12 months, how many times...

0 times	1 time	2 or 3 times	4 or 5 times	6 or 7 times	8 or 9 times	10 or more times
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. were you in a physical fight?						
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. were you in a physical fight on school property?						
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?						
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. have you been suspended from school?						
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. has someone threatened you with a weapon such as a gun, knife, or club on school property?						
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. have you been drunk or high at school?						
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

37. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

- Yes  
 No

Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit.

In the last 30 days, how many times have you been harassed at school, on a school bus, or going to and from school...

	0 times	1 time	2 or 3 times	4 or 5 times	6 or more times
38. because of your race or ethnic origin.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. because someone said you were gay, lesbian, bisexual, or transgender.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. because of who your friends are.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. because of how you look (weight, clothes, acne, or other physical characteristics).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. because you received unwanted sexual comments or attention.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. for other reasons.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. through email, social media sites (Facebook, Twitter, YouTube, etc.), chat rooms, instant messaging, web sites, texting, or phone?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often have you...

	Never	Once or twice per year	Once or twice per month	Once or twice per week	Every day
45. seen another student bully others by hitting, kicking, punching, or otherwise hurting them in school or on the school bus?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. heard another student bully others by saying mean things, teasing, or calling other students names in your school or on the school bus?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

48. On an average school night, how many hours of sleep do you get?

- 4 or less  
 5 hours  
 6 hours  
 7 hours  
 8 hours  
 9 hours  
 10 or more hours

During the past 30 days, how much of the time have you...

	None of the time	A little of the time	Some of the time	A good bit of the time	Most of the time	All of the time
49. been a happy person?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
50. been a very nervous person?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
51. felt calm and peaceful?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
52. felt downhearted and blue?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
53. felt so down in the dumps that nothing could cheer you up?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

54. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

- Yes  
 No

55. During the past 12 months, did you ever seriously consider attempting suicide?

- Yes  
 No

56. During the past 12 months, how many times did you actually attempt suicide?

- 0 times  
 1 time  
 2 or 3 times  
 4 or 5 times  
 6 or more times

Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome.

57. Please mark ALL the different types of betting that you have done, if any, during the last 30 days. (Please mark all that apply)

- I did not gamble during the last 30 days  
 Playing lottery tickets/Powerball/Megabucks  
 Playing dice or coin flips  
 Playing cards (poker, etc.)  
 Betting on a sports team  
 Betting on games of personal skill (bowling, video games, dares, etc.)  
 Gambling on the Internet for free or with money  
 Playing Bingo for money  
 Other

58. During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

- Yes  
 No  
 I don't bet for money

PLEASE DO NOT WRITE IN THIS AREA

[SERIAL]



59. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

- Yes
- No
- I don't bet for money

	Yes	No
60. Have you ever lied to anyone about betting/gambling?	<input type="radio"/>	<input type="radio"/>
61. Have you ever bet/gambled more than you wanted to?	<input type="radio"/>	<input type="radio"/>
62. Have your parents ever talked to you about the risks of betting/gambling?	<input type="radio"/>	<input type="radio"/>
63. Have your teachers ever talked to you about the risks of betting/gambling?	<input type="radio"/>	<input type="radio"/>

The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor "shots" such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

64. During your life, on how many days have you had at least one drink of alcohol?

- 0 days
- 1 or 2 days
- 3 to 9 days
- 10 to 19 days
- 20 to 39 days
- 40 to 99 days
- 100 or more days

During the past 30 days, on how many days did you...

	0 days	1 or 2 days	3 to 5 days	6 to 9 days	10 to 19 days	20 to 29 days	All 30 days
65. have at least one drink of alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
66. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During the past 30 days, on how many days do you think <u>most students in your school</u> ...							
67. had at least one drink of alcohol? (your best estimate)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
68. had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

69. Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

- None of my friends
- 1 of my friends
- 2 of my friends
- 3 of my friends
- 4 of my friends

70. During the past 30 days, what type of alcohol did you usually drink? Select only one response.

- I did not drink alcohol during the past 30 days
- I do not have a usual type
- Beer
- Flavored beverages (such as Smirnoff, Bacardi Silver, Hard Lemonade, Joose and Sparks)
- Wine coolers (such as Bartles & Jaymes or Seagrams)
- Wine
- Liquor (such as vodka, rum, scotch, bourbon or whiskey)
- Some other type

71. During the past 30 days, from which of the following sources did you get the alcohol you drank? (Please mark all that apply.)

- I did not drink alcohol during the past 30 days
- At a party
- Friends under 21
- Friends 21 or older
- A brother or sister
- A parent
- A store or gas station
- Liquor store
- Bar, night club, or restaurant
- Took it from home without permission
- By asking a stranger to buy it for me
- I got it some other way

72. In the last 12 months, which of the following have you experienced? (Please mark all that apply.)

- I did not drink alcohol in the last 12 months
- Missed school or class because of drinking alcohol
- Gotten sick to my stomach because of drinking alcohol
- Not been able to remember what happened while I was drinking alcohol
- Later regretted something I did while drinking alcohol
- Worried that I drank alcohol too much or too often

During the past 30 days, how many times did you...

	0 times	1 time	2 or 3 times	4 or 5 times	6 or more times
73. ride in a vehicle driven by a parent or other adult who had been drinking alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
74. ride in a vehicle driven by a teenager who had been drinking alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
75. drive a car or other vehicle when you had been drinking alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During the past 30 days, how many times did <u>most students in your school</u> ...					
76. ride in a vehicle driven by a parent or other adult who had been drinking alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
77. ride in a vehicle driven by a teenager who had been drinking alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
78. drive a car or other vehicle when they had been drinking alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**During the past 30 days, on how many days did you...**

	1 or 2 days	3 to 5 days	6 to 9 days	10 to 19 days	20 to 29 days	All 30 days
79. smoke cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
80. use other tobacco products such as snuff, dip or chewing tobacco (Redman, Copenhagen, Marlboro Snus etc)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
81. smoke tobacco in a "Hookah," also known as a water pipe?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
82. smoke e-cigarettes, vape-pens, or e-hookahs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**83. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? (Please mark all that apply.)**

- I did not get tobacco during the past 30 days
- A store or gas station
- Friends 18 or older
- Friends under 18
- Took from home without permission
- A family member
- The Internet
- Some other source

**84. During the past 30 days, how many times did you use marijuana?**

- 0 times
- 1 to 2 times
- 3 to 9 times
- 10 to 19 times
- 20 to 39 times
- 40 or more times

**85. During the past 30 days, from which of the following sources did you get marijuana? (Please mark all that apply.)**

- I did not use marijuana during the past 30 days
- A public event such as a concert or sporting event
- A party
- Friends 18 or older
- Friends under 18
- A family member
- A medical marijuana cardholder or grower
- I gave someone money to buy it for me
- I grew it
- I got it some other way

**If you wanted to get some, how easy would it be for you to ...**

	Very hard	Somewhat hard	Sort of easy	Very easy
86. get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
87. get some cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
88. get some marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
89. get some synthetic marijuana, example: K2, Spice etc.?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
90. get a drug like cocaine, LSD, or amphetamines?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
91. get prescription drugs not prescribed to you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
92. get some e-cigarettes, vape-pens, or e-hookahs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**How old were you...**

	8 Years old or younger	9 years old	10 years old	11 years old	12 years old	13 years old	14 years old	15 years old	16 years old or older	17 years old or older
93. when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
94. when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
95. when you smoked a whole cigarette for the first time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
96. the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
97. when you tried marijuana for the first time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
98. when you tried synthetic marijuana (also called K2, Spice, etc.) for the first time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
99. when you first tried e-cigarettes, vape-pens, or e-hookahs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**How much do you think people risk harming themselves (physically or in other ways)...**

	No risk	Slight risk	Moderate risk	Great risk
100. if they have one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
101. when they have five or more drinks of an alcoholic beverage once or twice a week?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
102. if they smoke one or more packs of cigarettes per day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
103. if they try marijuana once or twice?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
104. if they smoke marijuana once or twice a week?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
105. if they use prescription drugs that are not prescribed to them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
106. if they smoke e-cigarettes, vape-pens, or e-hookahs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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During your life, how many times have you...	40 or more times				
	20 to 19 times	10 to 9 times	3 to 2 times	1 or 2 times	0 times
107. used marijuana?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
108. sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
109. taken steroid pills or shots without a doctor's prescription?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
110. taken a prescription drug not prescribed to you?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
111. used any form of cocaine, including powder, crack, or freebase?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
112. used ecstasy (also called MDMA)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
113. used heroin (also called smack, junk, or China White)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
114. used methamphetamines (also called speed, crystal, crank or ice)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

115. During your life, how many times have you used a needle to inject any illegal drug into your body?

- 0 times
- 1 time
- 2 or more times

During the past 30 days, on how many days did you...	All 30 days				
	20 to 19 days	10 to 9 days	6 to 5 days	3 to 2 days	0 days
116. sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
117. use synthetic marijuana, example: K2, Spice etc?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
118. use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

119. Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply.)

- I did not use illicit drugs during the past 30 days
- Marijuana
- Any form of cocaine including powder, crack or freebase
- Ecstasy (also called MDMA)
- Heroin or other opiates or narcotics
- LSD or other hallucinogens or psychedelics
- Methamphetamines (also called speed, crystal, crank or ice)
- Steroid pills or shots without a doctor's prescription

During the past 12 months...	Don't know or can't say	
	No	Yes
120. do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?	<input type="checkbox"/>	<input type="checkbox"/>
121. have you had a special class about drugs or alcohol in school?	<input type="checkbox"/>	<input type="checkbox"/>
122. have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? By parents we mean your biological parents, adoptive parents, stepparents, or adult guardians, whether or not they live with you.	<input type="checkbox"/>	<input type="checkbox"/>

123. Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?

- More likely
- Less likely
- Would make no difference
- Don't know or can't say

How do you feel about someone your age...	Don't know/Can't say	
	Strongly Disapprove	Somewhat Disapprove
	Neither Approve nor Disapprove	
124. having one or two drinks of an alcoholic beverage nearly every day?	<input type="checkbox"/>	<input type="checkbox"/>
125. smoking one or more packs of cigarettes a day?	<input type="checkbox"/>	<input type="checkbox"/>
126. trying marijuana or hashish once or twice?	<input type="checkbox"/>	<input type="checkbox"/>
127. using prescription drugs not prescribed to them?	<input type="checkbox"/>	<input type="checkbox"/>
128. using synthetic marijuana, example: K2, Spice?	<input type="checkbox"/>	<input type="checkbox"/>
129. smoking e-cigarettes, vape-pens, or e-hookahs?	<input type="checkbox"/>	<input type="checkbox"/>

How wrong do your friends feel it would be for you to...	Very wrong	
	Wrong	A little bit wrong
	Not wrong at all	
130. have one or two drinks of an alcoholic beverage nearly every day?	<input type="checkbox"/>	<input type="checkbox"/>
131. smoke tobacco?	<input type="checkbox"/>	<input type="checkbox"/>
132. use marijuana?	<input type="checkbox"/>	<input type="checkbox"/>
133. use prescription drugs not prescribed to you?	<input type="checkbox"/>	<input type="checkbox"/>
134. use synthetic marijuana, example: K2, Spice?	<input type="checkbox"/>	<input type="checkbox"/>
135. smoke e-cigarettes, vape-pens, or e-hookahs?	<input type="checkbox"/>	<input type="checkbox"/>

How wrong do you think your parents feel it would be for you to...	Very wrong	
	Wrong	A little bit wrong
	Not wrong at all	
136. have one or two drinks of an alcoholic beverage nearly everyday?	<input type="checkbox"/>	<input type="checkbox"/>
137. smoke cigarettes?	<input type="checkbox"/>	<input type="checkbox"/>
138. smoke marijuana?	<input type="checkbox"/>	<input type="checkbox"/>
139. use prescription drugs not prescribed to you?	<input type="checkbox"/>	<input type="checkbox"/>
140. use synthetic marijuana, example: K2, Spice?	<input type="checkbox"/>	<input type="checkbox"/>
141. smoke e-cigarettes, vape-pens, or e-hookahs?	<input type="checkbox"/>	<input type="checkbox"/>

The next questions ask about certain experiences you may have or had in your life, which might have made you feel uncomfortable or sad in your surroundings.

	Yes	No
142. Were your parents ever separated or divorced after you were born?	<input type="radio"/>	<input type="radio"/>
143. Have you ever lived with a household member who is/was depressed or mentally ill?	<input type="radio"/>	<input type="radio"/>
<b>Have you ever lived with someone who:</b>		
144. is/was a problem drinker or alcoholic?	<input type="radio"/>	<input type="radio"/>
145. uses/used street drugs?	<input type="radio"/>	<input type="radio"/>
<b>Have you ever felt that:</b>		
146. you did not have enough to eat?	<input type="radio"/>	<input type="radio"/>
147. you had to wear dirty clothes?	<input type="radio"/>	<input type="radio"/>
148. you had no one to protect you?	<input type="radio"/>	<input type="radio"/>

How true are the following statements?

	Very much true	Pretty much true	A little true	Not at all true
149. I can do most things if I try.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
150. I can work out my problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
151. I volunteer to help others in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
152. There is at least one teacher or other adult in my school that really cares about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
153. My parents ask if I've gotten my homework done.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
154. My parents would catch me if I skipped school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
155. When I am not at home, one of my parents knows where I am and whom I am with.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
156. My family has clear rules about alcohol and drug use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
157. How would <u>most students in your school</u> respond to this statement: "My family has clear rules about alcohol and drug use."	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

158. How tall are you without your shoes on?  
Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number.

Height		Height	
Feet	Inches	Feet	Inches
4	10		
(3)	(0)	(3)	(0)
(4)	(1)	(4)	(1)
(5)	(2)	(5)	(2)
(6)	(3)	(6)	(3)
(7)	(4)	(7)	(4)
	(5)		(5)
	(6)		(6)
	(7)		(7)
	(8)		(8)
	(9)		(9)
	(10)		(10)
	(11)		(11)

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159. How much do you weigh without your shoes on?  
Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number.

Weight		Weight	
Pounds		Pounds	
0	5		
(0)	(0)	(0)	(0)
(1)	(1)	(1)	(1)
(2)	(2)	(2)	(2)
(3)	(3)	(3)	(3)
(4)	(4)	(4)	(4)
(5)	(5)	(5)	(5)
(6)	(6)	(6)	(6)
(7)	(7)	(7)	(7)
(8)	(8)	(8)	(8)
(9)	(9)	(9)	(9)

160. How do you describe your weight?

- Very underweight
- Slightly underweight
- About the right weight
- Slightly overweight
- Very overweight

161. Which of the following are you trying to do about your weight?

- Lose weight
- Gain weight
- Stay the same weight
- I am not trying to do anything about my weight

During the past 30 days, did you...

	Yes	No
162. Go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?	<input type="radio"/>	<input type="radio"/>
163. Take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)	<input type="radio"/>	<input type="radio"/>
164. Vomit or take laxatives to lose weight or to keep from gaining weight?	<input type="radio"/>	<input type="radio"/>

Thank you for your participation!