

# Climate Change Impacts on Youth Mental Health 2021 Study

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# Study Design

### **Participatory**

- Collaboration through participation
- Empowerment of participants

#### Action

- Real life experiences, emotions
- Promising practices, solutions

#### Research

- New knowledge
  - Documented lessons

## Study Design

**Approach:** This study will center the voices of youth, especially tribal youth and youth of color in Oregon, recognizing the intersectionality of these issues with other long-standing, human crises caused by colonization, racism and other forms of systemic oppression. We will use a framework that is focused on:

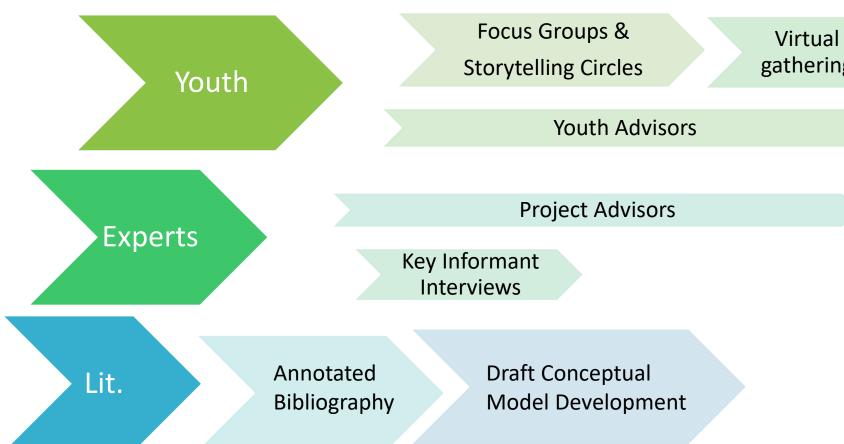
- Population-level mental health, taking into account social determinants
- <u>Prevention</u>, rather than on clinical services
- Grounded in cultural and community knowledge about mental health, rather than based solely on the bio-medical mental health model

## Study Inputs Spring

Summer

Fall

December 2021



gathering

Report that summarizes findings

### Youth

The study will prioritize engagement with Native youth and youth of color in Oregon.

## Focus Groups & Storytelling Circles

#### **Co-Investigators:**

- University of Oregon Suicide Prevention Research Lab: Focus groups
- **The Hearth:** Storytelling events at Phoenix High School, Southern Oregon community affected by 2020 wildfires, large Latinx population

Youth Advisors

Virtual Gathering

An interactive virtual gathering will be hosted by research team to engage with focus group participants and additional interested youth in Oregon.

### **Experts**

**Expert advisors** include those working at the intersection of the broad fields of public health, behavioral health, equity, youth, and climate change. Experts will provide perspectives from government, tribal communities, community-based organizations, academic and clinical settings.

**Advisors** 

Project advisors will be invited to provide input throughout the course of the study and review the final report before it is published.

Key Informant Interviews

The University of Oregon Suicide Prevention Research Lab will lead a series of key informant interviews with identified experts.

### Lit. Review

Research team is compiling literature and conceptual models to inform study details and final report.

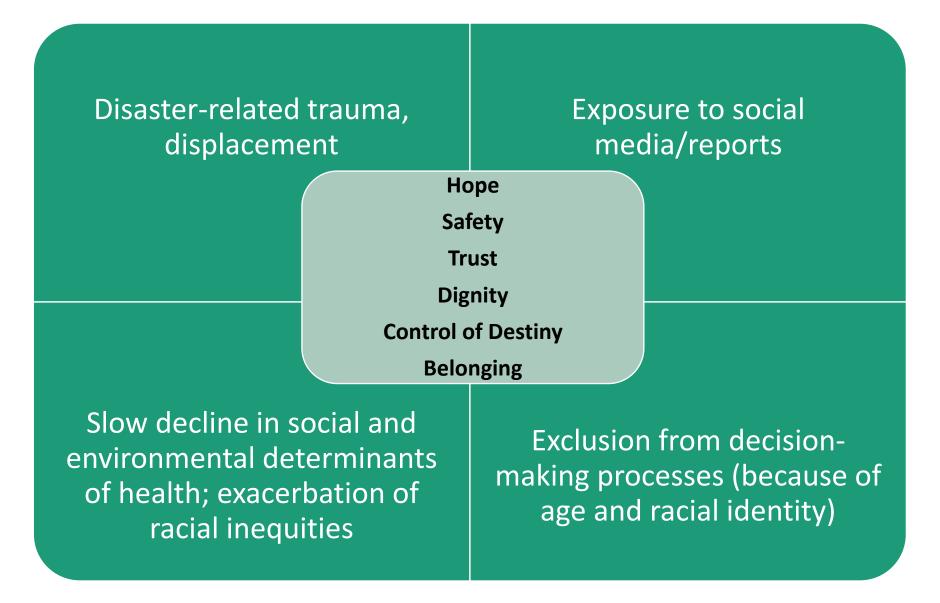
Annotated
Bibliography and
Oregon-specific data

- Effects on youth mental wellness
- Oregon-specific considerations
- Approaches to address mental health effects of climate change
- Culturally-responsive approaches

Draft Conceptual Model Development

Identification of conceptual models or frameworks that could be used to approach the intersecting issues of: climate change, mental health, youth, and racial equity.

#### How does climate change affect youth mental health?



Based on the Pillars of Well Being from Prevention Institute's Mental Health: A Path Forward