

Oregon Public Swimming Pool Lifeguard Certification Equivalency

Oregon Standard

Oregon Health Authority, Food, Pool & Lodging Health & Safety

Public Swimming Pool Program – Lifeguard Certification Requirements

OAR 333-060-0015(14)&(22)
OAR 333-060-0207(2)

Lifeguard Certifications Referenced by Oregon Rule*

Provider	Certification Title	Cert. Period
American Red Cross (ARC)	ARC - Lifeguard Training ¹ (Separate CPR Cert.)	3 yrs.
Young Men’s Christian Association (YMCA)	YMCA – Lifeguarding ¹	2 yrs
Ellis & Assoc. – International Lifeguard Training Program	ILTP – Pool Lifeguard Training ² (includes CPR, 1 st Aid)	1 yr.
Starfish Aquatics Institute	StarGuard ³ (includes CPR, 1 st Aid)	1 yr.?

Additional ACCEPTED Lifeguard Training Courses, Certifications, or Licenses*

Provider	Certification Title	Cert. Period
American Red Cross (ARC)	ARC - Waterpark Lifeguard ¹ or ARC - Lifeguard with Waterpark Module ¹	3 yrs
	ARC – Waterfront Lifeguard ¹ or ARC – Lifeguard with Waterfront Module ¹	3 yrs.
	ARC – Lifeguard Instructor ¹	2 yrs
American Lifeguard Association (ALA)	ALA - Lifeguard ⁶	3 yrs
Boy Scouts of America (BSA)	BSA – Lifeguard ⁵	3 yrs
	BSA - Lifeguard Instructor ⁵	?
Ellis & Assoc. – International Lifeguard Training Program (ILTP)	ILTP – Pool Special Facilities Training ²	1 yr.
National Aquatic Safety Company (NASCO)	NASCO – Basic Lifeguard NASCO – Deep Water Waterpark Lifeguard	unkwn
Starfish Aquatics Institute	Wilderness StarGuard ³ (includes CPR, 1 st Aid)	1 yr.?

All certifications only valid with current 1st Aid and professional level CPR (CPR must include AEDs, bloodborne pathogen training).

¹These courses issue separate certifications for CPR. 1st Aid Certification is included in Lifeguard Certification

² ILTP issues a 1-year license. Licensing includes professional rescuer CPR and 1st Aid as part of their certification.

³ Starguard certification includes professional rescuer CPR and 1st Aid as part of their certification

⁵ Requires separate CPR and 1st Aid Certifications

⁶ A qualified ALA Lifeguard must also have the ALA Certification for CPR/AED for the professional rescuer or equivalent.