

PREGNANCY RISK ASSESSMENT MONITORING SYSTEM (PRAMS)

2020 Oregon Births
Results by Topic

INTRODUCTION

PRAMS

The Oregon Pregnancy Risk Assessment Monitoring System (PRAMS) is a project of the Oregon Health Authority Public Health Division with support from the national Centers for Disease Control and Prevention (CDC).

PRAMS collects data on maternal attitudes and experiences prior to, during, and immediately after pregnancy for a sample of Oregonians who recently had a baby. The sample data are analyzed in a way that allows findings to be applied to all those who have recently had a baby. For more information about PRAMS, please visit the [Oregon PRAMS website](#), [CDC PRAMS website](#), or contact the Oregon PRAMS coordinator, Caitlyn Howell, at caitlyn.b.howell@oha.oregon.gov or 971-401-2560.

HOW TO USE THIS DOCUMENT

This document contains all 98 questions in the 2020 Oregon PRAMS survey: our 81 questions asked from 2016 to 2022 (CDC Phase 8) plus an additional 6 questions from an optional CDC Disability Supplement Questions and 11 questions from an optional CDC COVID Experiences Supplement. Questions are organized by topic areas and may be categorized under more than one topic. For example, a question about folic acid during the prenatal period can be found under the topic area Folic Acid, as well as under Prenatal Care. The Table of Contents lists all the topic areas with clickable links to each.

INTERESTED IN OBTAINING DATA?

Oregon PRAMS datasets are available for external use. If you're interested in obtaining data, please contact Al Sandoval at 503-227-9445 or at alfredo.p.sandoval@state.or.us. For data that involve multiple states, please visit the [CDC PRAMS website](#).

INTRODUCTION

NOTES ABOUT THE 2020 DATA

- 2020 Data collected under Centers for Disease Control and Prevention (D) protocol.
- Results are for surveys given to mothers of babies born January 1, 2020, through December 31, 2020. The COVID pandemic limited data collection to only 10 months.
- Note: The six-month COVID-19 Experiences Supplement ran from October 2020 through June 2021, covering births from July through December 2020.
- 1,677 people responded to the 2020 Oregon PRAMS survey.
- “n” = unweighted number of respondents for a question.
- “Valid Percent” is a weighted percentage. It represents the use of denominators that exclude blanks and unknowns. Valid Percent may not add up to 100.0 due to rounding.
- “Percent of Cases” indicates a question where respondents were able to select more than one answer. This column will add up to over 100.0 because of the multiple responses.
- Significantly lower number of respondents to certain questions usually indicate a skip pattern in the questionnaire.

Accessibility and Language

This document can be provided upon request in an alternate format for individuals with disabilities or in a language other than English for people with limited English skills. To request this publication in another format or language, call 971-673-0349 or 711 (TTY), or fax 971-673-1128. Oregon PRAMS acknowledges that the language surrounding pregnancy and birth, including terms such as “women” and “mothers,” is gendered and may or may not reflect the range of gender identities and diversity of people who can become pregnant, give birth, or raise children.

Table of Contents

Alcohol Consumption	1
Breastfeeding.....	2
Cigarettes, E-Cigarettes, and Hookah	7
Community Support.....	11
COVID-19 Experiences Supplement.....	14
Demographic and Birth Certificate Variables.....	22
Depression	27
Diabetes.....	30
Disability and Disability Supplement	31
Discrimination – Health Care	33
Discrimination – Non-Health Care	34
Employment and Leave.....	35
Family Planning and Contraception.....	38
Flu Shot	43
Folic Acid and Vitamin Use.....	44
Food Security	45
HIV Testing.....	46
Home Visiting.....	47
Infant Hospitalization.....	48
Infant Safe Sleep.....	49
Insurance Coverage	52
Intimate Partner Violence.....	54
Marijuana.....	56
Medical Home.....	57
Oral Health	58
Physical Activity and Weight.....	59
Postpartum Check-up.....	60
Preconception Health.....	62
Pregnancy Intendedness	68
Prenatal Care.....	70
Social Services.....	75
Stress.....	76

Alcohol Consumption

Have you had any alcoholic drinks* in the *past 2 years*? (Q30)

	Valid Percent
No	27.5
Yes	72.5

(n = 1,658)

During the *3 months before* you got pregnant, how many alcoholic drinks did you have in an average week? (Q31)

	Valid Percent
14 drinks or more a week	0.6
8 to 13 drinks a week	2.6
4 to 7 drinks a week	9.7
1 to 3 drinks a week	23.7
Less than 1 drink a week	25.2
I didn't drink then	38.2

(n = 1,643)

During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask if you were drinking alcohol? (Q18d)

	Valid Percent
No	3.3
Yes	96.7

(n = 1,614)

In the *past 12 months*, have you needed or received help with an alcohol or drug problem? (Q71c)

	Valid Percent
Didn't need it	97.9
Needed it, but did not get it	0.6
Needed it, and did get it	1.5

(n = 1,642)

* A drink is defined as 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.

Breastfeeding

During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask you if you planned to breastfeed your new baby? (Q18i)

	Valid Percent
No	6.5
Yes	93.5

(n = 1,611)

Before or after your new baby was born, did you receive information about breastfeeding from any of the following sources? (Q40)

a. My doctor (n = 1,611)	Valid Percent
No	19.0
Yes	81.0
b. A nurse, midwife, or doula (n = 1,593)	Valid Percent
No	20.3
Yes	79.7
c. A breastfeeding or lactation specialist (n = 1,595)	Valid Percent
No	18.1
Yes	81.9
d. My baby's doctor or health care provider (n = 1,573)	Valid Percent
No	23.2
Yes	76.8
e. A breastfeeding support group (n = 1,556)	Valid Percent
No	78.3
Yes	21.7
f. A breastfeeding hotline or toll-free number (n = 1,544)	Valid Percent
No	88.5
Yes	11.5
g. Family or friends (n = 1,585)	Valid Percent
No	34.0
Yes	66.0
h. Other (n = 1,318)	Valid Percent
No	92.2
Yes	7.8

Breastfeeding

Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time? (Q41)

	Valid Percent
No	3.9
Yes	96.1

(n = 1,636)

Are you currently breastfeeding or feeding pumped milk to your new baby? (Q42)

[Respondents prompted to skip if they did not breastfeed their baby – ‘No’ on Q41]

	Valid Percent
No	30.3
Yes	69.7

(n = 1,569)

How many weeks or months* did you breastfeed or feed pumped milk to your baby? (Q43)

	Valid Percent
I did not breastfeed my baby	3.9
Less than 4 weeks	6.2
4 to 7.9 weeks	7.1
At least 8.0 weeks	82.8

(n = 1,615)

This question asks about things that may have happened at the hospital where your new baby was born. (Q44) *[Respondents prompted to skip if their baby was not born in a hospital]*

a. Hospital staff gave me information about breastfeeding (n = 1,528)

	Valid Percent
No	3.6
Yes	96.4

b. My baby stayed in the same room with me at the hospital (n = 1,530)

	Valid Percent
No	5.5
Yes	94.5

* All answers converted to weeks.

Breastfeeding

This question asks about things that may have happened at the hospital where your new baby was born. (Q44 cont.)

[Respondents prompted to skip if their baby was not born in a hospital]

c. I breastfed my baby in the hospital (n = 1,528)	Valid Percent
No	4.6
Yes	95.4
d. Hospital staff helped me learn how to breastfeed (n = 1,525)	Valid Percent
No	15.8
Yes	84.2
e. I breastfed in the first hour after my baby was born (n = 1,500)	Valid Percent
No	15.8
Yes	84.2
f. My baby was placed in skin-to-skin contact within the first hour of life (n = 1,528)	Valid Percent
No	7.0
Yes	93.0
g. My baby was fed only breast milk at the hospital (n = 1,529)	Valid Percent
No	20.0
Yes	80.0
h. Hospital staff told me to breastfeed whenever my baby wanted (n = 1,518)	Valid Percent
No	9.6
Yes	90.4
i. The hospital gave me a breast pump to use (n = 1,523)	Valid Percent
No	46.9
Yes	53.1
j. The hospital gave me a gift pack with formula (n = 1,505)	Valid Percent
No	75.3
Yes	24.7
k. The hospital gave me a telephone number to call for help with breastfeeding (n = 1,501)	Valid Percent
No	18.2
Yes	81.8
l. Hospital staff gave my baby a pacifier (n = 1,517)	Valid Percent
No	62.3
Yes	37.7

Breastfeeding

How old was your new baby the first time he or she had liquids other than breast milk (such as formula, water, juice, or cow's milk)?* (Q45)

	Valid Percent
My baby was less than 1 week old	24.3
1.0 to 2.9 weeks	7.0
3.0 to 4.9 weeks	8.7
5.0 to 6.9 weeks	2.0
7.0 to 8.9 weeks	5.9
9.0 to 10.9 weeks	0.2
11.0 or more weeks	11.9
My baby has not had any liquids other than breast milk	40.0

(n = 1,529)

Percent of “Yes” responses to **My baby has not had any liquids other than breast milk, by age of baby at time of survey response**

Baby's age at time of survey	Weighted percent “Yes” responses
Up to 12 weeks old	32.5%
More than 12 weeks up to 16 weeks	59.2%
More than 16 weeks up to 20 weeks	49.9%
More than 20 weeks up to 24 weeks	27.7%
More than 24 weeks up to 28 weeks	26.4%
More than 28 weeks	6.3%

Did the COVID-19 pandemic affect breastfeeding for you and your baby in any of the following ways? (QCV8) *[Respondents prompted to skip if they did not breastfeed their baby]*

a. I was given information in the hospital about how to protect my baby from infection while breastfeeding (n = 831)

	Valid Percent
No	62.1
Yes	37.9

b. I wore a mask while breastfeeding in the hospital (n = 840)

	Valid Percent
No	81.2
Yes	18.8

* PRAMS participants can respond to the survey starting when their baby is 2 months old and ending when their baby is 9 months old. Therefore, the overall percent response for “My baby has not had any liquids other than breast milk” does not necessarily reflect how old babies are when they begin receiving liquids other than breast milk.

Breastfeeding

Did the COVID-19 pandemic affect breastfeeding for you and your baby in any of the following ways? (QCV8 cont.) *[Respondents prompted to skip if they did not breastfeed their baby]*

c. I pumped breast milk in the hospital so someone else could feed my baby to avoid him or her getting infected (n = 839)	Valid Percent
No	94.3
Yes	5.7
d. Due to COVID-19, I had trouble getting a visit from a lactation specialist while I was in the hospital (n = 832)	Valid Percent
No	91.1
Yes	8.9

Cigarettes, E-Cigarettes, and Hookah

Have you smoked any cigarettes in the *past 2 years*? (Q23)

	Valid Percent
No	80.4
Yes	19.6

(n = 1,662)

Have you used any of the following products in the past 2 years? (Q27)

a. E-cigarettes or other electronic nicotine products* (n = 1,660)	Valid Percent
No	90.5
Yes	9.5
b. Hookah† (n = 1,643)	Valid Percent
No	98.6
Yes	1.4

During any of your health care visits in the *12 months before* you got pregnant did a doctor, nurse, or other health care worker ask if you were smoking cigarettes? (Q8h)

	Valid Percent
No	21.6
Yes	78.4

(n = 1,021)

* E-cigarettes (electronic cigarettes) and other electronic nicotine products (such as vape pens, e-hookahs, hookah pens, e-cigars, e-pipes) are battery-powered devices that use nicotine liquid rather than tobacco leaves, and produce vapor instead of smoke.

† A hookah is a water pipe used to smoke tobacco. It is not the same as an e-hookah or hookah pen.

Cigarettes, E-Cigarettes, and Hookah

During the 3 months *before* you got pregnant, on average, how often did you use e-cigarettes or other electronic nicotine products? (Q28)

[Respondents prompted to skip if they did not use e-cigarettes or other electronic nicotine products in the past 2 years – ‘No’ on Q27a)

	Valid Percent
More than once a day	24.6
Once a day	6.6
2-6 days a week	10.7
1 day a week or less	27.9
I did not use e-cigarettes or other electronic nicotine products then	30.3

(n = 122)

In the 3 months *before* you got pregnant, how many cigarettes did you smoke on an average day? (Q24)

	Valid Percent
41 cigarettes or more	0.0
21 to 40 cigarettes	0.3
11 to 20 cigarettes	3.3
6 to 10 cigarettes	5.2
1 to 5 cigarettes	5.9
Less than 1 cigarette	1.4
I didn't smoke then	83.9

(n = 1,657)

During any of your *prenatal care visits* did a doctor, nurse, or other health care worker ask if you were smoking cigarettes? (Q18c)

	Valid Percent
No	2.2
Yes	97.8

(n = 1,616)

Cigarettes, E-Cigarettes, and Hookah

In the *last 3 months* of your pregnancy, how many cigarettes did you smoke on an average day? (Q25)

	Valid Percent
41 cigarettes or more	NR
21 to 40 cigarettes	NR
11 to 20 cigarettes	0.8
6 to 10 cigarettes	1.9
1 to 5 cigarettes	4.1
Less than 1 cigarette	0.6
I didn't smoke then	92.5

(n = 1,656)

During the *last 3 months* of your pregnancy, on average, how often did you use e-cigarettes or other electronic nicotine products? (Q29)

[Respondents prompted to skip if they did not use e-cigarettes or other electronic nicotine products in the past 2 years – 'No' on Q27a]

	Valid Percent
More than once a day	3.9
Once a day	0.8
2-6 days a week	3.9
1 day a week or less	4.7
I did not use e-cigarettes or other electronic nicotine products then	86.6

(n = 127)

In the *past 12 months*, have you needed or received help to stop smoking? (71d)

	Valid Percent
Didn't need it	97.9
Needed it, but did not get it	1.6
Needed it, and did get it	0.5

(n = 1,640)

Cigarettes, E-Cigarettes, and Hookah

During your postpartum checkup, did a doctor, nurse, or other health care worker ask if you were smoking cigarettes? (Q55g)

	Valid Percent
No	34.5
Yes	65.5

(n = 1,436)

During any of your prenatal care visits or after your most recent delivery, did a doctor, nurse, or other health care worker ever advise you to quit smoking? (Q59)

	Valid Percent
No	27.1
Yes, during my prenatal care visits	5.4
Yes, after my delivery	0.3
Yes, both times	6.6
I did not smoke at that time	60.6

(n = 1,572)

How many cigarettes did you smoke on an average day *now? (Q26)**

	Valid Percent
41 cigarettes or more	NR
21 to 40 cigarettes	0.0
11 to 20 cigarettes	1.5
6 to 10 cigarettes	3.7
1 to 5 cigarettes	2.6
Less than 1 cigarette	0.8
I don't smoke now	91.4

(n = 1,658)

Not including yourself, is there anyone in your household who smokes cigarettes, cigars, or pipes? (Q70)

	Valid Percent
No	85.2
Yes	14.8

(n = 1,648)

* Now refers to when respondents were taking the survey (postpartum).

Community Support

Would you have the kinds of help listed below if you needed them? (Q72)

a. Someone to loan me money for food or bills if I needed it (n = 1,633)		Valid Percent
No		22.4
Yes		77.6
b. Someone who would help me if I were sick and needed to be in bed (n = 1,636)		Valid Percent
No		14.9
Yes		85.1
c. Someone who would take me to the clinic or doctor's office if I needed a ride (n = 1,636)		Valid Percent
No		11.2
Yes		88.8
d. Someone I can count on to listen to me when I need to talk (n = 1,636)		Valid Percent
No		8.9
Yes		91.1
e. Someone who shows me love and affection other than a child (n = 1,636)		Valid Percent
No		8.0
Yes		92.0

Below is a list of items neighbors sometimes do for each other. How often do your neighbors— (Q73)

a. Do favors for each other? (n = 1,609)		Valid Percent
Never		40.5
Almost never		9.4
Sometimes		27.4
Fairly often		11.8
Very often		10.9

Community Support

Below is a list of items neighbors sometimes do for each other. How often do your neighbors— (Q73 cont.)

b. Ask each other advice about personal things such as child rearing or job openings? (n = 1,603)

	Valid Percent
Never	59.3
Almost never	9.8
Sometimes	17.9
Fairly often	7.8
Very often	5.2

c. Have parties or other get-togethers where other people in the neighborhood are invited? (n = 1,605)

	Valid Percent
Never	57.8
Almost never	13.3
Sometimes	18.9
Fairly often	4.4
Very often	5.6

d. Visit in each other's homes or on the street? (n = 1,608)

	Valid Percent
Never	45.8
Almost never	7.6
Sometimes	25.9
Fairly often	10.3
Very often	10.3

e. Watch over each other's property? (n = 1,605)

	Valid Percent
Never	36.2
Almost never	7.2
Sometimes	23.8
Fairly often	12.4
Very often	20.5

Community Support

Before or after your new baby was born, did you receive information about breastfeeding from any of the following sources? (Q40)

e. A breastfeeding support group (n = 1,556)		Valid Percent
No		78.3
Yes		21.7
g. Family or friends (n = 1,585)		Valid Percent
No		34.0
Yes		66.0

COVID-19 Experiences Supplement

During the COVID-19 pandemic, which types of *prenatal care* appointments did you attend? (QCV1)

	Valid Percent
In-person appointments only	44.1
Virtual appointments (video or telephone) only	0.9
Both, in-person and virtual appointments	54.9
I did not have prenatal care	0.1

(n = 927)

What are the reasons that you did not attend virtual appointments for *prenatal care*? (QCV2) *[Respondents prompted to skip if they had virtual/hybrid prenatal care or if they did not have any prenatal care on QCV1]*

a. Lack of availability of virtual appointments from my provider

(n = 332)

	Valid Percent
No	77.6
Yes	22.4

b. Lack of an available telephone to use for appointments (n = 333)

	Valid Percent
No	97.5
Yes	2.5

c. Lack of enough cellular data or cellular minutes (n = 332)

	Valid Percent
No	99.2
Yes	0.8

d. Lack of a computer or device (n = 332)

	Valid Percent
No	98.0
Yes	2.0

e. Lack of internet service or had unreliable internet (n = 333)

	Valid Percent
No	96.2
Yes	3.8

f. Lack of a private or confidential space to use (n = 333)

	Valid Percent
No	99.2
Yes	0.8

g. I preferred seeing my health care provider in person (n = 340)

	Valid Percent
No	16.3
Yes	83.7

COVID-19 Experiences Supplement

What are the reasons that you did not attend virtual appointments for *prenatal care*? (QCV2 cont.) [Respondents prompted to skip if they had virtual/hybrid prenatal care or if they did not have any prenatal care on QCV1]

h. Other reason (n = 279)	Valid Percent
No	70.3
Yes	29.7

Were any of your *prenatal care* appointments canceled or delayed during the COVID-19 pandemic due to the following reasons? (QCV3)

a. My appointments were canceled or delayed because my provider's office was closed or had reduced hours (n = 923)	Valid Percent
No	80.1
Yes	19.9

b. I canceled or delayed because I was afraid of being exposed to COVID-19 during the appointments (n = 919)	Valid Percent
No	91.8
Yes	8.2

c. I canceled or delayed because I lost my health insurance during the COVID-19 pandemic (n = 919)	Valid Percent
No	99.8
Yes	0.2

d. I canceled or delayed because I had problems finding care for my children or other family members (n = 918)	Valid Percent
No	91.8
Yes	8.2

e. I canceled or delayed because I worried about taking public transportation and had no other way to get there (n = 919)	Valid Percent
No	96.9
Yes	3.1

f. My appointments were canceled or delayed because I had to self-isolate due to possible COVID-19 exposure or infection (n = 922)	Valid Percent
No	92.5
Yes	7.5

COVID-19 Experiences Supplement

While you were *pregnant*, how often did you do the following things to avoid getting COVID-19? (QCV4)

a. Avoided gatherings of more than 10 people (n = 932)	Valid Percent
Always	63.4
Sometimes	26.4
Never	10.2
b. Stayed at least 6 feet (2 meters) away from others when I left my home (n = 929)	Valid Percent
Always	71.9
Sometimes	25.4
Never	2.7
c. Only left my home for essential reasons (n = 926)	Valid Percent
Always	66.4
Sometimes	25.1
Never	8.5
d. Made trips as short as possible when I left my home (n = 930)	Valid Percent
Always	73.2
Sometimes	18.3
Never	8.5
e. Avoided having visitors inside my home (n = 927)	Valid Percent
Always	56.8
Sometimes	33.1
Never	10.2
f. Wore a mask or a cloth face covering when out in public (n = 926)	Valid Percent
Always	88.5
Sometimes	10.9
Never	0.6
g. Washed hands for 20 seconds with soap and water (n = 927)	Valid Percent
Always	87.4
Sometimes	12.4
Never	0.2
h. Used alcohol-based hand sanitizer (n = 927)	Valid Percent
Always	79.3
Sometimes	18.1
Never	2.6

COVID-19 Experiences Supplement

While you were *pregnant*, how often did you do the following things to avoid getting COVID-19? (QCV4 cont.)

i. Covered coughs and sneezes with a tissue or my elbow (n = 928)	Valid Percent
Always	96.0
Sometimes	2.2
Never	0.7

While you were *pregnant* during the COVID-19 pandemic, did you have any of the following experiences? (QCV5)

a. I had responsibilities or a job that prevented me from staying home (n = 927)	Valid Percent
No	56.8
Yes	43.2

b. Someone in my household had a job that required close contact with other people (n = 929)	Valid Percent
No	44.8
Yes	55.2

c. When I went out, I found that other people around me did not practice social distancing (n = 926)	Valid Percent
No	42.2
Yes	57.8

d. I had trouble getting disinfectant to clean my home (n = 932)	Valid Percent
No	73.5
Yes	26.5

e. I had trouble getting hand sanitizer or hand soap for my household (n = 934)	Valid Percent
No	74.7
Yes	25.3

f. I had trouble getting or making masks or cloth face coverings (n = 933)	Valid Percent
No	91.9
Yes	8.1

g. it was hard for me to wear a mask or cloth face covering (trouble breathing, claustrophobia) (n = 934)	Valid Percent
No	66.2
Yes	33.8

COVID-19 Experiences Supplement

While you were *pregnant* during the COVID-19 pandemic, did you have any of the following experiences? (QCV5 cont.)

h. I was told by a health care provider that I had COVID-19 (n = 931)		Valid Percent
No		96.4
Yes		3.6

i. Someone in my household was told by a health care provider that they had COVID-19 (n = 930)		Valid Percent
No		95.1
Yes		4.9

Who was with you in the hospital delivery room as a support person during your labor and delivery?* (QCV6) *[Respondents prompted to skip if their baby was not born in a hospital]*

	Percent of Cases
My husband or partner	93.0%
Another family member or friend	15.9%
A doula	4.1%
Some other support person (not including hospital staff)	2.3%
The hospital did not allow me to have any support people	0.5%

(n = 892)

While in the hospital after your delivery, did any of the following things happen to you and your baby because of COVID-19? (QCV7)

[Respondents prompted to skip if their baby was not alive]

a. My baby was tested for COVID-19 in the hospital (n = 835)		Valid Percent
No		92.6
Yes		7.4

b. I was separated from my baby in the hospital after delivery <i>to protect my baby from COVID-19</i> (n = 891)		Valid Percent
No		98.6
Yes		1.4

c. I wore a mask when other people came into my hospital room (n = 892)		Valid Percent
No		35.3
Yes		64.7

* Respondents were able to select multiple responses.

COVID-19 Experiences Supplement

While in the hospital after your delivery, did any of the following things happen to you and your baby because of COVID-19? (QCV7 cont.)

[Respondents prompted to skip if their baby was not alive]

d. I wore a mask while I was alone caring for my baby in the hospital (n = 889)	Valid Percent
No	87.5
Yes	12.5

e. I was given information about how to protect my baby from COVID-19 when I went home (n = 875)	Valid Percent
No	51.0
Yes	49.0

Did the COVID-19 pandemic affect breastfeeding for you and your baby in any of the following ways? (QCV8) *[Respondents prompted to skip if they did not breastfeed their baby]*

a. I was given information in the hospital about how to protect my baby from infection while breastfeeding (n = 831)	Valid Percent
No	62.1
Yes	37.9

b. I wore a mask while breastfeeding in the hospital (n = 840)	Valid Percent
No	81.2
Yes	18.8

c. I pumped breast milk in the hospital so someone else could feed my baby to avoid him or her getting infected (n = 839)	Valid Percent
No	94.3
Yes	5.7

d. Due to COVID-19, I had trouble getting a visit from a lactation specialist while I was in the hospital (n = 832)	Valid Percent
No	91.1
Yes	8.9

In what ways did the COVID-19 pandemic affect your baby's routine health care? (QCV9) *[Respondents prompted to skip if their baby was not currently living with them]*

a. My baby's well visits or checkups were canceled or delayed (n = 913)	Valid Percent
No	91.5
Yes	8.5

COVID-19 Experiences Supplement

In what ways did the COVID-19 pandemic affect your baby's routine health care?

(QCV9 cont.) [Respondents prompted to skip if their baby was not currently living with them]

	Valid Percent
b. My baby's well visits or checkups were changed from in-person visits to virtual appointments (video or telephone) (n = 912)	
No	89.3
Yes	10.7
c. My baby's immunizations were postponed (n = 907)	Valid Percent
No	93.6
Yes	6.4

During the COVID-19 pandemic, which types of postpartum appointments did you attend for yourself? (QCV10)

	Valid Percent
In-person appointments only	60.3
Virtual appointments (video or telephone) only	5.3
Both, in-person and virtual appointments	27.9
I did not have any postpartum appointments for myself	6.5

(n = 922)

Did any of following things happen to you due to the COVID-19 pandemic? (QCV11)

a. I lost my job or had a cut in work hours or pay (n = 927)	Valid Percent
No	67.7
Yes	32.3
b. Other members of my household lost their jobs or had a cut in work hours or pay (n = 923)	Valid Percent
No	68.9
Yes	31.3
c. I had problems paying the rent, mortgage, or other bills (n = 924)	Valid Percent
No	83.1
Yes	16.9
d. A member of my household or I received unemployment benefits (n = 924)	Valid Percent
No	69.2
Yes	30.8
e. I had to move or relocate (n = 926)	Valid Percent
No	86.9
Yes	13.1

COVID-19 Experiences Supplement

Did any of following things happen to you *due to the COVID-19 pandemic?*

(QCV11 cont.)

f. I became homeless (n = 926)	Valid Percent
No	98.0
Yes	2.0
g. The loss of childcare or school closures made it difficult to manage all my responsibilities (n = 927)	Valid Percent
No	72.8
Yes	27.2
h. I had to spend more time than usual taking care of children or other family members (n = 925)	Valid Percent
No	61.4
Yes	38.6
i. I worried whether our food would run out before I got money to buy more (n = 925)	Valid Percent
No	85.6
Yes	14.4
j. I felt more anxious than usual (n = 924)	Valid Percent
No	43.5
Yes	56.6
k. I felt more depressed than usual (n = 921)	Valid Percent
No	65.1
Yes	34.9
l. My husband or partner and I had more verbal arguments or conflicts than usual (n = 925)	Valid Percent
No	77.0
Yes	23.0
m. My husband or partner was more physically, sexually, or emotionally aggressive towards me (n = 888)*	Valid Percent
No	96.6
Yes	3.4

* Note: Teen participants ages 19 and younger are not asked this question.

Demographic and Birth Certificate Variables*

Respondents' combined race and ethnicity (Birth Certificate Variable)

	Valid Percent
Hispanic	19.8
Non-Hispanic African American	2.5
Non-Hispanic American Indian/Alaskan Native	0.9
Non-Hispanic Asian	5.7
Non-Hispanic Hawaiian/Pacific Islander	0.7
Non-Hispanic Multiple race	3.9
Non-Hispanic Unknown Other/Blank	0.6
Non-Hispanic White	65.9

(n = 1,677)

Respondents' marital status (Birth Certificate Variable)

	Valid Percent
Not married	38.0
Married	62.0

(n = 1,675)

Respondents' type of county of residence: urban or rural (Birth Certificate Variable)

	Valid Percent
Rural	15.2
Urban	84.8

(n = 1,677)

* Information obtained from birth certificates is noted. All other information is from the PRAMS survey.

Demographic and Birth Certificate Variables

Respondents' age in years, by groups (Birth Certificate Variable)

	Valid Percent
< 18	0.8
18 to 19	2.1
20 to 24	19.4
25 to 29	25.1
30 to 34	32.1
≥ 35	20.5

(n = 1,677)

Is your baby alive now*? (Q38)

	Valid Percent
No	0.3
Yes	99.7

(n = 1,648)

Is your baby living with you now*? (Q39)

[Respondent prompted to skip if their baby was not alive at time of survey – 'No' on Q38]

	Valid Percent
No	0.4
Yes	99.6

(n = 1,644)

In what country were you born? (Q78)

	Valid Percent
United States	82.7
Other country	17.3

(n = 1,629)

*Now refers to when respondents were taking the survey (postpartum).

Demographic and Birth Certificate Variables

Age in years, by group when respondent moved to the United States (Q79)

[Respondent prompted to skip if they were born in the United States – 'United States' on Q78]

	Valid Percent
< 18	47.9
18 to 19	9.7
20 to 24	21.2
25 to 29	15.4
30 to 34	5.8
≥ 35	NR

(n = 473)

During the 12 months before your new baby was born, what was your yearly total household income before taxes? (Q80)

	Valid Percent
\$0 to \$16,000	13.3
\$16,001 to \$20,000	7.2
\$20,001 to \$24,000	4.8
\$24,001 to \$28,000	3.1
\$28,001 to \$32,000	6.1
\$32,001 to \$40,000	7.6
\$40,001 to \$48,000	4.3
\$48,001 to \$57,000	5.6
\$57,001 to \$60,000	2.9
\$60,001 to \$73,000	5.7
\$73,001 to \$85,000	5.5
\$85,001 or more	33.9

(n = 1,458)

Demographic and Birth Certificate Variables

During the *12 months before your new baby was born*, how many people, *including yourself*, depended on this income? (Q81)

	Valid Percent
1	9.6
2	37.1
3	29.0
4	13.3
5	6.8
6	3.0
7	0.9
8	0.2
9	NR
10	0.0
11	0.0
12	0.0

(n = 1,565)

Post-survey calculated variable: Federal Poverty Level*

	Valid Percent
At or below 100% FPL	19.9
More than 100% FPL	80.1

(n = 1,439)

Post-survey calculated variable: Federal Poverty Level Groups (4)

	Valid Percent
At or below 100% FPL	19.9
100.1% to 200.0% FPL	20.6
200.1% to 400.0% FPL	28.9
> 400% FPL	30.6

(n = 1,439)

* The Federal Poverty Level (FPL) is a measure of income issued every year by the Department of Health and Human Services. For more information, visit [healthcare.gov](https://www.healthcare.gov).

Demographic and Birth Certificate Variables

Post-survey calculated variable: Federal Poverty Level Groups (3)

	Valid Percent
At or below 100% FPL	19.9
100.1% to 200.0% FPL	20.6
> 200% FPL	59.5

(n = 1,439)

Depression

What type of health care visit did you have in the 12 months before you got pregnant with your new baby? (Q7f)

	Percent of Cases
Visit for depression or anxiety	17.7%

(n = 1,036)

During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker ask if you were feeling down or depressed? (Q8j)

	Valid Percent
No	35.0
Yes	65.0

(n = 1,012)

During the 3 months before you got pregnant with your new baby, did you have depression? (Q4c)

	Valid Percent
No	82.6
Yes	17.4

(n = 1,659)

During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask if you were feeling down or depressed? (Q18f)

	Valid Percent
No	11.2
Yes	88.8

(n = 1,605)

During your most recent pregnancy, did you have depression? (Q22c)

	Valid Percent
No	82.4
Yes	17.6

(n = 1,645)

Depression

During your *most recent pregnancy*, how often did you feel down, depressed, or hopeless? (Q60)

	Valid Percent
Always	1.9
Often	7.5
Sometimes	20.2
Rarely	28.6
Never	41.8

(n = 1,643)

During your *most recent pregnancy*, how often did you have little interest or little pleasure in doing things you usually enjoy? (Q61)

	Valid Percent
Always	3.7
Often	8.2
Sometimes	21.0
Rarely	26.3
Never	40.8

(n = 1,644)

Since your *new baby was born*, how often have you felt down, depressed, or hopeless? (Q56)

	Valid Percent
Always	1.2
Often	7.0
Sometimes	25.5
Rarely	34.0
Never	32.3

(n = 1,645)

Since your *new baby was born*, how often have you had little interest or little pleasure in doing things you usually enjoyed? (Q57)

	Valid Percent
Always	4.2
Often	7.6
Sometimes	17.6
Rarely	32.7
Never	37.9

(n = 1,641)

Depression

During your postpartum checkup, did a doctor, nurse, or other health care worker ask if you were feeling down or depressed? (Q55i)

	Valid Percent
No	6.0
Yes	94.0

(n = 1,454)

Did any of following things happen to you *due to the COVID-19 pandemic?* (QCV11)

k. I felt more depressed than usual (n = 921)

	Valid Percent
No	65.1
Yes	34.9

Diabetes

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker talk to you about controlling any medical conditions such as diabetes or high blood pressure? (Q8c)

	Valid Percent
No	86.8
Yes	13.2

(n = 1,013)

During the *3 months before* you got pregnant with your *new* baby, did you have Type 1 or Type 2 diabetes (not gestational diabetes or diabetes that starts during pregnancy)? (Q4a)

	Valid Percent
No	96.1
Yes	3.9

(n = 1,657)

During your *postpartum checkup*, did a doctor, nurse, or other health care worker test you for diabetes? (Q55j)

	Valid Percent
No	78.0
Yes	22.0

(n = 1,436)

Disability and Disability Supplement

Are you limited in any way in any activities because of physical, mental, or emotional problems? (Q75)

	Valid Percent
No	89.6
Yes	10.4

(n = 1,637)

Do you have difficulty seeing, even when wearing glasses or contact lenses? (QD1)

	Valid Percent
No difficulty	82.2
Some difficulty	16.3
A lot of difficulty	1.0
I cannot do this at all	0.5

(n = 1,630)

Do you have difficulty hearing, even if using a hearing aid? (QD2)

	Valid Percent
No difficulty	95.4
Some difficulty	3.2
A lot of difficulty	1.2
I cannot do this at all	0.3

(n = 1,629)

Do you have difficulty walking or climbing steps? (QD3)

	Valid Percent
No difficulty	94.6
Some difficulty	4.7
A lot of difficulty	0.6
I cannot do this at all	0.1

(n = 1,632)

Do you have difficulty remembering or concentrating? (QD4)

	Valid Percent
No difficulty	73.9
Some difficulty	22.3
A lot of difficulty	3.8
I cannot do this at all	0.0

(n = 1,631)

Do you have difficulty with self care, such as washing all over or dressing? (QD5)

	Valid Percent
No difficulty	96.5
Some difficulty	3.1
A lot of difficulty	0.4
I cannot do this at all	0.1

(n = 1,634)

Using your usual language, do you have difficulty communicating, for example, understanding or being understood? (QD6)

	Valid Percent
No difficulty	93.5
Some difficulty	5.6
A lot of difficulty	0.7
I cannot do this at all	0.1

(n = 1,633)

Discrimination – Health Care

Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care* because of the following? (Q76)

a. My race or skin color (n = 1,631)	Valid Percent
No	96.1
Yes	3.9
b. My immigration status (n = 1,635)	Valid Percent
No	98.7
Yes	1.3
c. My age (n = 1,635)	Valid Percent
No	92.0
Yes	8.0
d. My income (n = 1,635)	Valid Percent
No	94.1
Yes	5.9
e. My sex/gender (n = 1,635)	Valid Percent
No	92.1
Yes	7.9
f. My sexual orientation (n = 1,637)	Valid Percent
No	98.7
Yes	1.3
g. My religion (n = 1,635)	Valid Percent
No	97.8
Yes	2.2
h. Because I was pregnant (n = 1,634)	Valid Percent
No	93.0
Yes	7.0
i. The language I speak (n = 1,639)	Valid Percent
No	97.9
Yes	2.1
j. My type of health insurance or my lack of health insurance (n = 1,635)	Valid Percent
No	93.0
Yes	7.0

Discrimination – Non-Health Care

Have you *ever* experienced discrimination (felt like you were treated worse than other people) *in a situation other than* getting any type of health or medical care because of the following? (Q77)

a. My race or skin color (n = 1,635)	Valid Percent
No	91.2
Yes	8.8
b. My immigration status (n = 1,631)	Valid Percent
No	98.4
Yes	1.6
c. My age (n = 1,632)	Valid Percent
No	86.0
Yes	14.0
d. My income (n = 1,632)	Valid Percent
No	91.8
Yes	8.2
e. My sex/gender (n = 1,634)	Valid Percent
No	80.4
Yes	19.6
f. My sexual orientation (n = 1,634)	Valid Percent
No	97.9
Yes	2.1
g. My religion (n = 1,634)	Valid Percent
No	93.9
Yes	6.1
h. Because I was pregnant (n = 1,634)	Valid Percent
No	87.2
Yes	12.8
i. The language I speak (n = 1,634)	Valid Percent
No	97.1
Yes	2.9
j. My type of health insurance or my lack of health insurance (n = 1,626)	Valid Percent
No	95.2
Yes	4.8

Employment and Leave

During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker ask you about the kind of work you do?
(Q8k)

	Valid Percent
No	31.9
Yes	68.1

(n = 1,012)

This question is about things that may have happened during the 12 months before your new baby was born. (Q32)

e. My husband or partner lost their job (n = 1,651)

	Valid Percent
No	89.6
Yes	10.4

f. I lost my job even though I wanted to go on working (n = 1,652)

	Valid Percent
No	87.0
Yes	13.0

g. My husband, partner, or I had a cut in work hours or pay
(n = 1,644)

	Valid Percent
No	71.1
Yes	28.1

h. I was apart from my husband or partner due to military deployment or extended work-related travel (n = 1,654)

	Valid Percent
No	96.8
Yes	3.2

At any time during your most recent pregnancy, did you work at a job for pay?
(Q65)

	Valid Percent
No	29.8
Yes	70.2

(n = 1,645)

Employment and Leave

Have you returned to the job you had during *your most recent* pregnancy? (Q66)

[Respondents prompted to skip if they did not work at a job for pay during their most recent pregnancy – ‘No’ on Q65]

	Valid Percent
No, and I do not plan to return	26.4
No, but I will be returning	18.3
Yes	55.3

(n = 1,043)

Did you take leave from work *after* your new baby was born?* (Q67)

	Percent of Cases
I took <i>paid</i> leave from my job	47.2%
I took <i>unpaid</i> leave from my job	65.8%
I did not take any leave	5.7%

(n = 756)

How many weeks or months[†] of leave, in total, did you take or will you take? (Q68)

[Respondents prompted to skip if they did not take any leave after their baby was born – ‘I did not take leave’ on Q67]

	Valid Percent
0.0 to 6 weeks	16.0
6.1 to 12.0 weeks	31.4
12.1 to 24.0 weeks	44.9
24.1 to 52.0 weeks	6.9
52.1 weeks or more	0.8

(n = 681)

Did any of the things listed below affect your decision about taking leave from work *after* your new baby was born? (Q69)

[Respondents prompted to skip if they did not take any leave after their baby was born – ‘I did not take leave’ on Q67]

a. I could not financially afford to take leave (n = 744)

	Valid Percent
No	69.7
Yes	30.3

* Respondents were able to check multiple responses, including both paid and unpaid leave.

† All answers converted to weeks.

Employment and Leave

Did any of the things listed below affect your decision about taking leave from work after your new baby was born? (Q69 cont.)

[Respondents prompted to skip if they did not take any leave after their baby was born – 'I did not take leave' on Q67]

b. I was afraid I'd lose my job if I took leave or stayed out longer (n = 748)	Valid Percent
No	83.7
Yes	16.3
c. I had too much work to do to take leave or stay out longer (n = 740)	Valid Percent
No	81.0
Yes	19.0
d. My job does not have paid leave (n = 732)	Valid Percent
No	53.7
Yes	46.3
e. My job does not offer a flexible work schedule (n = 737)	Valid Percent
No	75.8
Yes	24.2
f. I had not built up enough leave time to take any or more time off (n = 740)	Valid Percent
No	71.9
Yes	28.1

Did any of following things happen to you due to the COVID-19 pandemic? (QCV11)

a. I lost my job or had a cut in work hours or pay (n = 927)	Valid Percent
No	67.7
Yes	32.3
b. Other members of my household lost their jobs or had a cut in work hours or pay (n = 923)	Valid Percent
No	68.9
Yes	31.3
d. A member of my household or I received unemployment benefits (n = 924)	Valid Percent
No	69.2
Yes	30.8

Family Planning and Contraception

What type of health care visit did you have in the 12 months before you got pregnant with your new baby? (Q7e)

	Percent of Cases
Visit for family planning or birth control	31.5%

(n = 1,036)

During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker do any of the following things? (Q8)

d. Talk to me about my desire to have or not have children?

	Valid Percent
No	51.5
Yes	48.9

(n = 1,013)

e. Talk to me about using birth control to prevent pregnancy?

	Valid Percent
No	52.9
Yes	47.1

(n = 1,016)

When you got pregnant with your new baby, were you trying to get pregnant?

(Q13)

	Valid Percent
No	40.3
Yes	59.7

(n = 1,637)

When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant? (Q14)

[Respondents prompted to skip if they were trying to get pregnant – ‘Yes’ on Q13]

	Valid Percent
No	55.5
Yes	44.5

(n = 698)

Family Planning and Contraception

What were your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant?* (Q15)

[Respondents prompted to skip if they were doing something to keep from getting pregnant – 'Yes' on Q14]

	Percent of Cases
I didn't mind if I got pregnant	61.3%
I thought I could not get pregnant at that time	33.8%
I had side effects from the birth control method I was using	17.9%
I had problems getting birth control when I needed it	6.8%
I thought my husband or partner or I was sterile (could not get pregnant at all)	12.8%
My husband or partner didn't want to use anything	20.3%
I forgot to use a birth control method	7.3%
Other	15.2%

(n = 393)

What method of birth control were you using when you got pregnant?* (Q16)

[Responses are from people who were not trying to get pregnant and who indicated they were using a method of birth control to prevent pregnancy]

	Percent of Cases
Birth control pills	31.4%
Condoms	39.0%
Shots or injections (Depo-Provera®)	6.8%
Contraceptive implant in the arm (Nexplanon® or Implanon®)	1.0%
Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)	9.1%
IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®)	5.4%
Natural family planning (including rhythm method)	18.2%
Withdrawal (pulling out)	37.9%
Other	4.7%

(n = 288)

* Respondents were able to check multiple responses.

Family Planning and Contraception

During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask if you planned to use birth control after your baby was born? (Q18j)

	Valid Percent
No	9.8
Yes	90.2

(n = 1,603)

Are you or your husband or partner doing anything *now to keep from getting pregnant? (Q51)**

	Valid Percent
No	20.6
Yes	79.4

(n = 1,633)

What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant *now?† (Q52)**

	Percent of Cases
I want to get pregnant	25.2%
I am pregnant now	3.7%
I had my tubes tied or blocked	2.7%
I don't want to use birth control	39.9%
I am worried about side effects from birth control	35.0%
I am not having sex	32.6%
My husband or partner doesn't want to use anything	6.0%
I have problems paying for birth control	0.6%
Other	24.1%

(n = 358)

* *Now* refers to when respondents were taking the survey (postpartum).

† Respondents were able to check multiple responses.

Family Planning and Contraception

What kind of birth control are you or your husband or partner using *now to keep from getting pregnant?† (Q53)**

	Percent of Cases
Tubes tied or blocked (female sterilization or Essure®)	8.1%
Vasectomy (male sterilization)	3.8%
Birth control pills	18.5%
Condoms	26.0%
Shots or injections (Depo-Provera®)	3.1%
Contraceptive implant in the arm (Nexplanon® or Implanon®)	10.4%
Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)	1.5%
IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®)	26.5%
Natural family planning (including rhythm method)	7.3%
Withdrawal (pulling out)	20.6%
Not having sex (abstinence)	15.4%
Other	1.2%

(n = 1,259)

During your postpartum checkup, did a doctor, nurse, or other health care worker do any of the following things? (Q55)

c. Talk to me about how long to wait before getting pregnant again

(n = 1,443)

	Valid Percent
No	47.4
Yes	52.6

d. Talk to me about birth control methods I can use after giving birth

(n = 1,454)

	Valid Percent
No	10.4
Yes	89.6

e. Give or prescribe me a contraceptive method such as the pill, patch, shot (Depo-Provera®), NuvaRing® or condoms (n = 1,442)

	Valid Percent
No	61.2
Yes	38.8

* *Now* refers to when respondents were taking the survey (postpartum).

† Respondents were able to check multiple responses.

Family Planning and Contraception

During your postpartum checkup, did a doctor, nurse, or other health care worker do any of the following things? (Q55 cont.)

f. Insert an IUD (Mirena®, ParaGard®, Liletta®, or Skyla®) or a contraceptive implant (Nexplanon® or Implanon®) (n = 1,441)

	Valid Percent
No	68.4
Yes	31.6

Flu Shot

During the 12 months *before the delivery* of your new baby, did a doctor, nurse, or other health care worker *offer* you a flu shot or *tell* you to get one? (Q19)

	Valid Percent
No	10.6
Yes	89.4

(n = 1,648)

During the 12 months *before the delivery* of your new baby, did you *get* a flu shot? (Q20)

	Valid Percent
No	33.1
Yes, before my pregnancy	12.4
Yes, during my pregnancy	54.5

(n = 1,616)

Folic Acid and Vitamin Use

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker tell you to take a vitamin with folic acid? (Q8a)

	Valid Percent
No	61.2
Yes	38.8

(n = 1,007)

During the *month before* you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin? (Q5)

	Valid Percent
I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the <i>month before</i> I got pregnant	44.8
1 to 3 times a week	8.1
4 to 6 times a week	6.7
Every day of the week	40.5

(n = 1,670)

During your *postpartum* checkup, did a doctor, nurse, or other health care worker tell you to take a vitamin with folic acid? (Q55a)

	Valid Percent
No	44.3
Yes	55.7

(n = 1,421)

Food Security

During the 12 months before your new baby was born, did you ever eat less than you felt you should because there wasn't enough money to buy food? (Q33)

	Valid Percent
No	93.4
Yes	6.6

(n = 1,648)

In the past 12 months, have you needed or received Food Stamps or money to buy food? (Q71a)

	Valid Percent
Didn't need it	63.0
Needed it, but did not get it	5.7
Needed it, and did get it	31.2

(n = 1,636)

Did any of following things happen to you *due to the COVID-19 pandemic*? (QCV11)

i. I worried whether our food would run out before I got money to buy more (n = 925)

	Valid Percent
No	85.6
Yes	14.4

HIV Testing

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker test you for HIV (the virus that causes AIDS)? (Q8I)

	Valid Percent
No	75.3
Yes	24.7

(n = 978)

***During any of your prenatal care visits*, did a doctor, nurse, or other health care worker ask if you wanted to be tested for HIV (the virus that causes AIDS)? (Q18h)**

	Valid Percent
No	40.2
Yes	59.8

(n = 1,543)

Home Visiting

During your most recent pregnancy, were you offered home visiting* services?
(Q62)

	Valid Percent
No	88.1
Yes	11.9

(n = 1,635)

Did you accept the offer of home visiting services? (Q63)

[Respondents prompted to skip if they were not offered home visiting services – ‘No’ on Q62]

	Valid Percent
No	51.3
Yes	48.7

(n = 219)

Why did you not accept the offer of home visiting services?† (Q64)

[Respondents prompted to skip if they did accept home visiting services – ‘Yes’ on Q63]

	Percent of Cases
I didn't think I needed it	71.1%
I didn't understand how it would help me	25.4%
I did not want anyone in my home	38.8%
Household member(s) didn't want anyone in my home	20.7%
Other	30.8%

(n = 111)

* Home visiting is when a nurse, health care worker, social worker or other person who works for a program that helps pregnant people comes to your home.

† Respondents were able to check multiple responses.

Infant Hospitalization

After your baby was delivered, how long did he or she stay in the hospital? (Q37)

	Valid Percent
Less than 24 hours (less than 1 day)	4.1
24 to 48 hours (1 to 2 days)	59.3
3 to 5 days	26.9
6 to 14 days	3.3
More than 14 days	3.6
My baby was not born in a hospital	2.8
My baby is still in the hospital	0.0

(n = 1,650)

Infant Safe Sleep

In which *one* position do you ***most often*** lay your baby down to sleep now*† (Q46)

	Valid Percent
On his or her side	7.5
On his or her back	84.0
On his or her stomach	3.6
On his or her side or back	3.3
On his or her side or stomach	0.1
On his or her back or stomach	0.7
All 3 positions	0.8

(n = 1,636)

In the ***past 2 weeks***, how often has your new baby slept alone in his or her own crib or bed? (Q47)

	Valid Percent
Always	51.1
Often	17.7
Sometimes	9.8
Rarely	9.2
Never	12.1

(n = 1,623)

When your new baby sleeps alone, is his or her crib or bed in the same room where ***you*** sleep? (Q48)

	Valid Percent
No	14.1
Yes	85.9

(n = 1,400)

* Now refers to when respondents were taking the survey (postpartum).

† Respondents were instructed to select only one most frequent sleep position; however, some selected more than one sleep position and we present those combinations in this table.

Infant Safe Sleep

Listed below are some more things about how babies sleep. How did your new baby *usually* sleep in the *past 2 weeks*? (Q49)

a. In a crib, bassinet, or pack and play (n = 1,623)	Valid Percent
No	17.8
Yes	82.2
b. On a twin or larger mattress or bed (n = 1,606)	Valid Percent
No	60.4
Yes	39.6
c. On a couch, sofa, or armchair (n = 1,597)	Valid Percent
No	90.0
Yes	10.0
d. In an infant car seat or swing (n = 1,598)	Valid Percent
No	49.8
Yes	50.2
e. In a sleeping sack or wearable blanket (n = 1,598)	Valid Percent
No	59.7
Yes	40.3
f. With a blanket (n = 1,587)	Valid Percent
No	56.0
Yes	44.0
g. With toys, cushions, or pillows, including nursing pillows (n = 1,598)	Valid Percent
No	91.4
Yes	8.6
h. With crib bumper pads (mesh or non-mesh) (n = 1,576)	Valid Percent
No	88.6
Yes	11.4

Did a doctor, nurse, or other health care worker tell you any of the following things? (Q50)

a. Place my baby on his or her back to sleep (n = 1,622)	Valid Percent
No	5.7
Yes	94.3
b. Place my baby to sleep in a crib, bassinet, or pack and play (n = 1,611)	Valid Percent
No	13.7
Yes	86.3

Infant Safe Sleep

Did a doctor, nurse, or other health care worker tell you any of the following things?
(Q50 cont.)

c. Place my baby's crib or bed in my room (n = 1,589)		Valid Percent
No		35.8
Yes		64.2

d. What things should and should not go in bed with my baby (n = 1,612)		Valid Percent
No		11.8
Yes		88.2

Insurance Coverage

During the *month before* you got pregnant with your new baby, what kind of health insurance did you have?* (Q9)

	Percent of Cases
Private health insurance from my job or the job of my husband or partner	52.5%
Private health insurance from my parents	7.3%
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	4.2%
Oregon Health Plan or Medicaid	31.9%
TRICARE or other military health care	0.4%
Indian Health Service	0.7%
Other health insurance	1.6%
I did not have any health insurance during the month before I got pregnant	9.1%

(n = 1,658)

During your *most recent pregnancy*, what kind of health insurance did you have for your *prenatal care*?* (Q10)

	Percent of Cases
I did not go for prenatal care	1.7%
Private health insurance from my job or the job of my husband or partner	51.2%
Private health insurance from my parents	5.1%
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	3.6%
Oregon Health Plan or Medicaid	46.8%
TRICARE or other military health care	0.5%
Indian Health Service	0.5%
Other health insurance	1.6%
I did not have any health insurance for my prenatal care	0.8%

(n = 1,654)

* Respondents were able to check multiple responses.

Insurance Coverage

What kind of health insurance do you have now[†]?* (Q11)

	Percent of Cases
Private health insurance from my job or the job of my husband or partner	49.1%
Private health insurance from my parents	4.0%
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	2.2%
Oregon Health Plan or Medicaid	45.8%
TRICARE or other military health care	0.4%
Indian Health Service	0.5%
Other health insurance	2.4%
I do not have health insurance now	3.2%

(n = 1,647)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) while getting any type of health or medical care because of your type of health insurance or your lack of health insurance? (Q76j)

	Valid Percent
No	93.0
Yes	7.0

(n = 1,635)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation other than getting any type of health or medical care because of your type of health insurance or your lack of health insurance? (Q77j)

	Valid Percent
No	95.5
Yes	4.5

(n = 1,626)

[†] Now refers to when respondents were taking the survey (postpartum).

* Respondents were able to check multiple responses.

Intimate Partner Violence

In the *12 months before* you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? (Q34)*

a. My husband or partner (n = 1,598)		Valid Percent
No		98.2
Yes		1.8
b. My ex-husband or ex-partner (n = 1,585)		Valid Percent
No		96.8
Yes		3.2

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker ask you if someone was hurting you emotionally or physically? (Q8i)

		Valid Percent
No		36.8
Yes		63.2

(n = 1,010)

During *your most recent pregnancy*, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? (Q35)*

a. My husband or partner (n = 1,593)		Valid Percent
No		98.4
Yes		1.6
b. My ex-husband or ex-partner (n = 1,576)		Valid Percent
No		98.3
Yes		1.7

During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask if someone was hurting you emotionally or physically? (Q18e)

		Valid Percent
No		13.5
Yes		86.5

(n = 1,607)

* Note: Teen participants ages 19 and younger are not asked this question.

Intimate Partner Violence

During your postpartum checkup, did a doctor, nurse, or other health care worker ask if someone was hurting you emotionally or physically? (Q55h)

	Valid Percent
No	25.8
Yes	74.2

(n = 1,445)

In the past 12 months, have you needed or received help with a family violence problem? (Q71g)

	Valid Percent
Didn't need it	98.7
Needed, but did not get it	0.8
Needed, and did get it	0.5

(n = 1,641)

Did any of following things happen to you due to the COVID-19 pandemic? (QCV11)

l. My husband or partner and I had more verbal arguments or conflicts than usual (n = 925)

	Valid Percent
No	77.0
Yes	23.0

m. My husband or partner was more physically, sexually, or emotionally aggressive towards me (n = 888)

	Valid Percent
No	96.6
Yes	3.4

Marijuana

During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask if you were using drugs such as marijuana, cocaine, crack, or meth?
(Q18g)

	Valid Percent
No	9.2
Yes	90.8

(n = 1,609)

During any of the following time periods, did you use marijuana or hash in any form? (Q58)

a. During the 12 months before I got pregnant (n = 1,646)

	Valid Percent
No	75.7
Yes	24.3

b. During my most recent pregnancy (n = 1,639)

	Valid Percent
No	91.8
Yes	8.2

c. Since my new baby was born (n = 1,642)

	Valid Percent
No	89.1
Yes	10.9

Medical Home

Do you have one or more persons you think of as *your* personal doctor or nurse*?
(Q74)

	Valid Percent
No	35.1
Yes	64.9

(n = 1,630)

* A personal doctor or nurse is a health professional who is familiar with your health history. This can be a general doctor, a specialist doctor, a nurse practitioner, or a physician assistant.

Oral Health

What type of health care visit did you have in the *12 months before* you got pregnant with your new baby? (Q7g)

	Percent of Cases
Visit to have my teeth cleaned by a dentist or dental hygienist	66.4%

(n = 1,036)

During *your most recent* pregnancy, did you have your teeth cleaned by a dentist or dental hygienist? (Q21)

	Valid Percent
No	55.5
Yes	44.5

(n = 1,657)

Physical Activity and Weight

During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker talk to you about maintaining a healthy weight? (Q8b)

	Valid Percent
No	65.7
Yes	34.3

(n = 1,017)

During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask you if you knew how much weight you should gain during pregnancy? (Q18a)

	Valid Percent
No	45.1
Yes	54.9

(n = 1,581)

During your postpartum checkup, did a doctor, nurse, or other health care worker talk to you about healthy eating, exercise, and losing weight gained during pregnancy? (Q55b)

	Valid Percent
No	43.8
Yes	56.2

(n = 1,451)

Postpartum Check-up

Since your new baby was born, have you had a postpartum checkup* for yourself?
(Q54)

	Valid Percent
No	8.1
Yes	91.9

(n = 1,644)

During the COVID-19 pandemic, which types of postpartum appointments did you attend for yourself? (QCV10)

	Valid Percent
In-person appointments only	60.3
Virtual appointments (video or telephone) only	5.3
Both, in-person and virtual appointments	27.9
I did not have any postpartum appointments for myself	6.5

(n = 922)

During your postpartum checkup*, did a doctor, nurse, or other health care worker do any of the following things? (Q55)

[Respondents were prompted to skip if they did not have a postpartum checkup – ‘No’ on Q54]

a. Tell me to take a vitamin with folic acid (n = 1,421)

	Valid Percent
No	44.3
Yes	55.7

b. Talk to me about healthy eating, exercise, and losing weight gained during pregnancy (n = 1,451)

	Valid Percent
No	43.8
Yes	56.2

c. Talk to me about how long to wait before getting pregnant again (n = 1,443)

	Valid Percent
No	47.4
Yes	52.6

d. Talk to me about birth control methods I can use after giving birth (n = 1,454)

	Valid Percent
No	10.4

* A postpartum checkup is a regular checkup about 4-6 weeks after giving birth.

Postpartum Check-up

Yes	89.6
e. Give or prescribe me a contraceptive method such as the pill, patch, shot (Depo-Provera®), NuvaRing® or condoms (n = 1,442)	Valid Percent
No	61.2
Yes	38.8
f. Insert an IUD (Mirena®, ParaGard®, Liletta®, or Skyla®) or a contraceptive implant (Nexplanon® or Implanon®) (n = 1,441)	Valid Percent
No	68.4
Yes	31.6
<i>During your postpartum checkup, did a doctor, nurse, or other health care worker do any of the following things? (Q55 cont.)</i>	
g. Ask me if I was smoking cigarettes (n = 1,436)	Valid Percent
No	34.5
Yes	65.6
h. Ask me if someone was hurting me emotionally or physically (n = 1,445)	Valid Percent
No	30.7
Yes	69.3
i. Ask me if I was feeling down or depressed (n = 1,454)	Valid Percent
No	5.8
Yes	94.2
j. Test me for diabetes (n = 1,436)	Valid Percent
No	78.0
Yes	22.0

Preconception Health

Have you had any alcoholic drinks in the *past 2 years*? (Q30)

	Valid Percent
No	27.5
Yes	72.5

(n = 1,658)

Have you smoked any cigarettes in the *past 2 years*? (Q23)

	Valid Percent
No	80.4
Yes	19.6

(n = 1,662)

In the *12 months before* you got pregnant with your new baby, did you have any health care visits with a doctor, nurse, or other health care worker, including a dental or mental health worker? (Q6)

	Valid Percent
No	31.0
Yes	69.0

(n = 1,643)

What type of health care visit did you have in the *12 months before* you got pregnant with your new baby?* (Q7)

	Percent of Cases
Regular checkup at my family doctor's office	54.3%
Regular checkup at my OB/GYN's office	46.5%
Visit for an illness or chronic condition	21.2%
Visit for an injury	10.8%
Visit for family planning or birth control	31.5%
Visit for depression or anxiety	17.7%
Visit to have my teeth cleaned by a dentist or dental hygienist	66.4%
Other	22.1%

(n = 1,036)

* Respondents were able to select multiple responses.

Preconception Health

During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker do any of the following things? (Q8)

a. Tell me to take a vitamin with folic acid (n = 1,007)	Valid Percent
No	61.2
Yes	38.8
b. Talk to me about maintaining a healthy weight (n = 1,017)	Valid Percent
No	65.7
Yes	34.3
c. Talk to me about controlling any medical conditions such as diabetes or high blood pressure (n = 1,013)	Valid Percent
No	86.8
Yes	13.2
d. Talk to me about my desire to have or not have children (n = 1,013)	Valid Percent
No	51.1
Yes	48.9
e. Talk to me about using birth control to prevent pregnancy (n = 1,016)	Valid Percent
No	52.9
Yes	47.1
f. Talk to me about how I could improve my health before a pregnancy (n = 1,011)	Valid Percent
No	65.1
Yes	34.9
g. Talk to me about sexually transmitted infections such as chlamydia, gonorrhea, or syphilis (n = 1,009)	Valid Percent
No	68.7
Yes	31.3
h. Ask me if I was smoking cigarettes (n = 1,021)	Valid Percent
No	21.6
Yes	78.4
i. Ask me if someone was hurting me emotionally or physically (n = 1,010)	Valid Percent
No	36.8
Yes	63.2
j. Ask me if I was feeling down or depressed (n = 1,014)	Valid Percent
No	35.0
Yes	65.0

Preconception Health

During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker do any of the following things?
(Q8 cont.)

k. Ask me about the kind of work I do (n = 1,012)	Valid Percent
No	31.9
Yes	68.1
l. Test me for HIV (the virus that causes AIDS) (n = 978)	Valid Percent
No	75.3
Yes	24.1

In the 12 months before you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? (Q34)*

a. My husband or partner (n = 1,598)	Valid Percent
No	98.2
Yes	1.8
b. My ex-husband or ex-partner (n = 1,585)	Valid Percent
No	96.8
Yes	3.2

During the 3 months before you got pregnant with your new baby, did you have any of the following health conditions? (Q4)

a. Type 1 or Type 2 diabetes (not gestational diabetes or diabetes that starts during pregnancy) (n = 1,657)	Valid Percent
No	96.1
Yes	3.9
b. High blood pressure or hypertension (n = 1,662)	Valid Percent
No	95.7
Yes	4.3
c. Depression (n = 1,659)	Valid Percent
No	82.6
Yes	17.4

* Note: Teen participants ages 19 and younger are not asked this question.

Preconception Health

During the 3 months *before* you got pregnant, how many alcoholic drinks did you have in an average week? (Q31)

	Valid Percent
14 drinks or more a week	0.6
8 to 13 drinks a week	2.6
4 to 7 drinks a week	9.7
1 to 3 drinks a week	23.7
Less than 1 drink a week	25.2
I didn't drink then	38.2

(n = 1,643)

In the 3 months *before* you got pregnant, how many cigarettes did you smoke on an average day? (Q24)

	Valid Percent
41 cigarettes or more	0.0
21 to 40 cigarettes	0.3
11 to 20 cigarettes	3.3
6 to 10 cigarettes	5.2
1 to 5 cigarettes	5.9
Less than 1 cigarette	1.4
I didn't smoke then	83.9

(n = 1,657)

During the *month before* you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin? (Q5)

	Valid Percent
I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the <i>month before</i> I got pregnant	44.8
1 to 3 times a week	8.1
4 to 6 times a week	6.7
Every day of the week	40.5

(n = 1,670)

Preconception Health

During the *month before* you got pregnant with your new baby, what kind of health insurance did you have?* (Q9)

	Percent of Cases
Private health insurance from my job or the job of my husband or partner	52.5%
Private health insurance from my parents	7.3%
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	4.2%
Oregon Health Plan or Medicaid	31.9%
TRICARE or other military health care	0.4%
Indian Health Service	0.7%
Other health insurance	1.6%
I did not have any health insurance during the <i>month before</i> I got pregnant	9.1%

(n = 1,658)

During the 12 months *before the delivery* of your new baby, did a doctor, nurse, or other health care worker *offer* you a flu shot or *tell* you to get one? (Q19)

	Valid Percent
No	10.6
Yes	89.4

(n = 1,648)

During the 12 months *before the delivery* of your new baby, did you *get* a flu shot? (Q20)

	Valid Percent
No	33.1
Yes, before my pregnancy	12.4
Yes, during my pregnancy	54.5

(n = 1,616)

* Respondents were able to check multiple responses.

Preconception Health

During the 12 months before your new baby was born, did you ever eat less than you felt you should because there wasn't enough money to buy food? (Q33)

	Valid Percent
No	93.4
Yes	6.6

(n = 1,648)

Pregnancy Intendedness

Thinking back to *just before* you got pregnant with your new baby, how did you feel about becoming pregnant? (Q12)

	Valid Percent
I wanted to be pregnant later	15.3
I wanted to be pregnant sooner	16.7
I wanted to be pregnant then	46.0
I didn't want to be pregnant then or at any time in the future	5.5
I wasn't sure what I wanted	16.5

(n = 1,636)

When you got pregnant with your new baby, were you trying to get pregnant? (Q13)

	Valid Percent
No	40.3
Yes	59.7

(n = 1,637)

When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant? (Q14)

[Respondents prompted to skip if they were trying to get pregnant – 'Yes' on Q13]

	Valid Percent
No	55.5
Yes	44.5

(n = 698)

Pregnancy Intendedness

What were your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant?* (Q15)

[Respondents prompted to skip if they were doing something to keep from getting pregnant – 'Yes' on Q14]

	Percent of Cases
I didn't mind if I got pregnant	61.3%
I thought I could not get pregnant at that time	33.8%
I had side effects from the birth control method I was using	17.9%
I had problems getting birth control when I needed it	6.8%
I thought my husband or partner or I was sterile (could not get pregnant at all)	12.8%
My husband or partner didn't want to use anything	20.3%
I forgot to use a birth control method	7.3%
Other	15.2%

(n = 393)

* Respondents were able to check multiple responses.

Prenatal Care

How many weeks or months* pregnant were you when you had your first visit for prenatal care? (Q17)

	Valid Percent
I did not go for prenatal care	0.7
Less than 3 months	89.9
3 or more months	9.4

(n = 1,614)

During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask you any of the things listed below? (Q18)

a. If I knew how much weight I should gain during pregnancy

(n = 1,581)

	Valid Percent
No	45.1
Yes	54.9

b. If I was taking any prescription medication (n = 1,616)

	Valid Percent
No	3.5
Yes	96.5

c. If I was smoking cigarettes (n = 1,616)

	Valid Percent
No	2.2
Yes	97.8

d. If I was drinking alcohol (n = 1,614)

	Valid Percent
No	3.3
Yes	96.7

e. If someone was hurting me emotionally or physically (n = 1,607)

	Valid Percent
No	13.5
Yes	86.5

f. If I was feeling down or depressed (n = 1,605)

	Valid Percent
No	11.2
Yes	88.8

g. If I was using drugs such as marijuana, cocaine, crack, or meth

(n = 1,609)

	Valid Percent
No	9.2
Yes	90.8

* All answers converted to weeks.

Prenatal Care

During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask you any of the things listed below? (Q18 cont.)

h. If I wanted to be tested for HIV (the virus that causes AIDS)

(n = 1,543)

	Valid Percent
No	40.2
Yes	59.8

i. If I planned to breastfeed my new baby (n = 1,611)

	Valid Percent
No	6.6
Yes	93.4

j. If I planned to use birth control after my baby was born (n = 1,603)

	Valid Percent
No	9.8
Yes	90.2

During your most recent pregnancy, did you have your teeth cleaned by a dentist or dental hygienist? (Q21)

	Valid Percent
No	59.0
Yes	41.0

(n = 1,657)

During your most recent pregnancy, did you have any of the following health conditions? (Q22)

a. Gestational diabetes (diabetes that **started** during *this* pregnancy)

(n = 1,651)

	Valid Percent
No	85.9
Yes	14.1

b. High blood pressure (that **started** during *this* pregnancy), pre-eclampsia or eclampsia (n = 1,648)

	Valid Percent
No	84.0
Yes	16.0

c. Depression (n = 1,645)

	Valid Percent
No	83.6
Yes	16.4

Prenatal Care

During any of your prenatal care visits or after your most recent delivery, did a doctor, nurse, or other health care worker ever advise you to quit smoking? (Q59)

	Valid Percent
No	27.1
Yes, during my prenatal care visits	5.4
Yes, after my delivery	0.3
Yes, both times	6.6
I did not smoke at that time	60.6

(n = 1,572)

During your most recent pregnancy, what kind of health insurance did you have for your *prenatal care*?* (Q10)

	Percent of Cases
I did not go for prenatal care	1.7%
Private health insurance from my job or the job of my husband or partner	51.2%
Private health insurance from my parents	5.1%
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	3.6%
Oregon Health Plan or Medicaid	46.8%
TRICARE or other military health care	0.5%
Indian Health Service	0.5%
Other health insurance	1.6%
I did not have any health insurance for my prenatal care	0.8%

(n = 1,654)

* Respondents were able to check multiple responses.

Prenatal Care

During the COVID-19 pandemic, which types of *prenatal care* appointments did you attend? (QCV1)

	Valid Percent
In-person appointments only	44.1
Virtual appointments (video or telephone) only	0.9
Both, in-person and virtual appointments	54.9
I did not have prenatal care	0.1

(n = 927)

What are the reasons that you did not attend virtual appointments for *prenatal care*? (QCV2) [Respondents prompted to skip if they had virtual/hybrid prenatal care or if they did not have any prenatal care on QCV1]

a. Lack of availability of virtual appointments from my provider

(n = 332)	Valid Percent
No	77.6
Yes	22.4

b. Lack of an available telephone to use for appointments (n = 333)

	Valid Percent
No	97.5
Yes	2.5

c. Lack of enough cellular data or cellular minutes (n = 332)

	Valid Percent
No	99.2
Yes	0.8

d. Lack of a computer or device (n = 332)

	Valid Percent
No	98.0
Yes	2.0

e. Lack of internet service or had unreliable internet (n = 333)

	Valid Percent
No	96.2
Yes	3.8

f. Lack of a private or confidential space to use (n = 333)

	Valid Percent
No	99.2
Yes	0.8

g. I preferred seeing my health care provider in person (n = 340)

	Valid Percent
No	16.3
Yes	83.7

Prenatal Care

What are the reasons that you did not attend virtual appointments for *prenatal care*? (QCV2 cont.) [Respondents prompted to skip if they had virtual/hybrid prenatal care or if they did not have any prenatal care on QCV1]

h. Other reason (n = 279)	Valid Percent
No	70.3
Yes	29.7

Were any of your *prenatal care* appointments canceled or delayed during the COVID-19 pandemic due to the following reasons? (QCV3)

a. My appointments were canceled or delayed because my provider's office was closed or had reduced hours (n = 923)	Valid Percent
No	80.1
Yes	19.9

b. I canceled or delayed because I was afraid of being exposed to COVID-19 during the appointments (n = 919)	Valid Percent
No	91.8
Yes	8.2

c. I canceled or delayed because I lost my health insurance during the COVID-19 pandemic (n = 919)	Valid Percent
No	99.8
Yes	0.2

d. I canceled or delayed because I had problems finding care for my children or other family members (n = 918)	Valid Percent
No	91.8
Yes	8.2

e. I canceled or delayed because I worried about taking public transportation and had no other way to get there (n = 919)	Valid Percent
No	96.9
Yes	3.1

f. My appointments were canceled or delayed because I had to self-isolate due to possible COVID-19 exposure or infection (n = 922)	Valid Percent
No	92.5
Yes	7.5

Social Services

In the *past 12 months*, have you needed or received any of the following? (Q71)

a. Food Stamps or money to buy food (n = 1,636)	Valid Percent
Didn't need it	63.0
Needed it, but did not get it	5.7
Needed it, and did get it	31.2
b. Other financial assistance (for example, AFDC, TANF, subsidized rent, etc.) (n = 1,636)	Valid Percent
Didn't need it	85.5
Needed it, but did not get it	7.7
Needed it, and did get it	6.7
c. Help with an alcohol or drug problem (n = 1,642)	Valid Percent
Didn't need it	97.9
Needed it, but did not get it	0.6
Needed it, and did get it	1.5
d. Help to stop smoking (n = 1,640)	Valid Percent
Didn't need it	97.9
Needed it, but did not get it	1.6
Needed it, and did get it	0.5
e. Help with transportation (n = 1,643)	Valid Percent
Didn't need it	95.0
Needed it, but did not get it	1.8
Needed it, and did get it	3.3
f. Help paying for education or job training (n = 1,641)	Valid Percent
Didn't need it	95.2
Needed it, but did not get it	2.2
Needed it, and did get it	2.6
g. Help with a family violence problem (n = 1,641)	Valid Percent
Didn't need it	98.7
Needed it, but did not get it	0.8
Needed it, and did get it	0.5
h. Help or counseling for other family or personal problems (n = 1,642)	Valid Percent
Didn't need it	86.9
Needed it, but did not get it	4.7
Needed it, and did get it	8.4

Stress

This question is about things that may have happened during the 12 months before your new baby was born. (Q32)

a. A close family member was very sick and had to go into the hospital (n = 1,646)	Valid Percent
No	80.6
Yes	19.4
b. I got separated or divorced from my husband or partner (n = 1,653)	Valid Percent
No	94.4
Yes	5.6
c. I moved to a new address (n = 1,658)	Valid Percent
No	66.0
Yes	34.0
d. I was homeless or had to sleep outside, in a car, or in a shelter (n = 1,656)	Valid Percent
No	96.9
Yes	3.1
e. My husband or partner lost their job (n = 1,651)	Valid Percent
No	89.6
Yes	10.4
f. I lost my job even though I wanted to go on working (n = 1,652)	Valid Percent
No	87.0
Yes	13.0
g. My husband, partner, or I had a cut in work hours or pay (n = 1,644)	Valid Percent
No	71.1
Yes	28.1
h. I was apart from my husband or partner due to military deployment or extended work-related travel (n = 1,654)	Valid Percent
No	96.8
Yes	3.2
i. I argued with my husband or partner more than usual (n = 1,647)	Valid Percent
No	82.3
Yes	17.7

Stress

This question is about things that may have happened during the 12 months before your new baby was born. (Q32 cont.)

j. My husband or partner said they didn't want me to be pregnant (n = 1,651)	Valid Percent
No	93.1
Yes	6.9
k. I had problems paying the rent, mortgage, or other bill (n = 1,653)	Valid Percent
No	87.2
Yes	12.8
l. My husband, partner, or I went to jail (n = 1,654)	Valid Percent
No	96.9
Yes	3.1
m. Someone very close to me had a problem with drinking or drugs (n = 1,656)	Valid Percent
No	86.8
Yes	13.2
n. Someone very close to me died (n = 1,653)	Valid Percent
No	83.7
Yes	16.3

While you were *pregnant* during the COVID-19 pandemic, did you have any of the following experiences? (QCV5)

a. I had responsibilities or a job that prevented me from staying home (n = 927)	Valid Percent
No	56.8
Yes	43.2
b. Someone in my household had a job that required close contact with other people (n = 929)	Valid Percent
No	44.8
Yes	55.2
c. When I went out, I found that other people around me did not practice social distancing (n = 926)	Valid Percent
No	42.2
Yes	57.8
d. I had trouble getting disinfectant to clean my home (n = 932)	Valid Percent
No	73.5
Yes	26.5

Stress

While you were *pregnant* during the COVID-19 pandemic, did you have any of the following experiences? (QCV5 cont.)

e. I had trouble getting hand sanitizer or hand soap for my household (n = 934)	Valid Percent
No	74.7
Yes	25.3
f. I had trouble getting or making masks or cloth face coverings (n = 933)	Valid Percent
No	91.9
Yes	8.1
g. it was hard for me to wear a mask or cloth face covering (trouble breathing, claustrophobia) (n = 934)	Valid Percent
No	66.2
Yes	33.8
h. I was told by a health care provider that I had COVID-19 (n = 931)	Valid Percent
No	96.4
Yes	3.6
i. Someone in my household was told by a health care provider that they had COVID-19 (n = 930)	Valid Percent
No	95.1
Yes	4.9

Did any of following things happen to you *due to the COVID-19 pandemic*? (QCV11)

a. I lost my job or had a cut in work hours or pay (n = 927)	Valid Percent
No	67.7
Yes	32.3
b. Other members of my household lost their jobs or had a cut in work hours or pay (n = 923)	Valid Percent
No	68.9
Yes	31.3
c. I had problems paying the rent, mortgage, or other bills (n = 924)	Valid Percent
No	83.1
Yes	16.9
d. A member of my household or I received unemployment benefits (n = 924)	Valid Percent
No	69.2
Yes	30.8

Stress

Did any of following things happen to you *due to the COVID-19 pandemic*?
(QCV11 cont.)

e. I had to move or relocate (n = 926)	Valid Percent
No	86.9
Yes	13.1
f. I became homeless (n = 926)	Valid Percent
No	98.0
Yes	2.0
g. The loss of childcare or school closures made it difficult to manage all my responsibilities (n = 927)	Valid Percent
No	72.8
Yes	27.2
h. I had to spend more time than usual taking care of children or other family members (n = 925)	Valid Percent
No	61.4
Yes	38.6
i. I worried whether our food would run out before I got money to buy more (n = 925)	Valid Percent
No	85.6
Yes	14.4
j. I felt more anxious than usual (n = 924)	Valid Percent
No	43.5
Yes	56.6
k. I felt more depressed than usual (n = 921)	Valid Percent
No	65.1
Yes	34.9
l. My husband or partner and I had more verbal arguments or conflicts than usual (n = 925)	Valid Percent
No	77.0
Yes	23.0
m. My husband or partner was more physically, sexually, or emotionally aggressive towards me (n = 888)*	Valid Percent
No	96.6
Yes	3.4

** Note: Teen participants ages 19 and younger are not asked this question.