



Request to Collect Hemoglobin Blood Test Values

WIC cares about you and your family! We do health screening, including blood tests, to check whether there are adequate healthy red blood cells to carry oxygen throughout the body. This screening for anemia is called a Hemoglobin or Hematocrit test, and WIC is **required** to collect a small blood sample at the following times:

- Pregnant women: Once, at the first WIC visit
- Postpartum women: Once, at the first visit after the baby is born
- Infants: Between 9 and 12 months of age
- Children: Between 15 and 18 months and, then, every 12 months after that*

**If a blood value is low, then it is rechecked within 6 months*

Since screening for anemia did not happen at today's appointment, we need your help getting this required information.

- Please return to the WIC clinic within 90 days for this quick screening.

Appointment date for iron check: _____

- Blood test was completed at doctor's office within 90 days of today's date. Ask your health care provider to complete this form and return it to the WIC clinic. This information can be returned to WIC in person or by phone, fax, email, or text.

WIC clinic contact information:

Today's date _____

Participant's name: _____

Date of test: _____

Result of hemoglobin/hematocrit test: _____

Additional comments: _____

Signature/title of health care professional submitting the data: _____