



## Steps for Cleaning Multi-User Breast Pumps

The Oregon State WIC Program recommends the following procedure to assure that multi-user breast pumps (Lactinas and EnDeares) are properly cleaned between users.

Immediately after a participant has returned a pump ...

1. Place the entire pump and pump case unit inside a heavy-duty plastic bag.
2. Twist the top of the bag, and place a zip tie at the top of the bag for secure closure.
3. Record the pump serial number and date of return on the outside of the bag.
4. Leave the pump in the plastic bag for 3 days.

Note: Keeping a pump in a sealed airtight bag for several days will usually kill any insects that may have crawled into the pump motor casing or pump case.

5. After 3 days, move the bagged pump to a location away from your clean pumps, to minimize the chance of cross contamination.
6. Remove the pump and case from the bag, and begin the cleaning process:
  - ❑ Spray front and back air vents with compressed air.  
If there is an infestation, it will usually be noticed at this time.
  - ❑ Clean the pump and pump case with a disinfectant cleaner such as a Cavicide. Spray solution or wipes. Either are acceptable.
  - ❑ Tilt pump forward and tap gently on a hard surface. This is a secondary check to make sure the pump is not infested.
7. Just prior to re-issuing the pump, once again remove the pump from the case and spray vents with compressed air.

**Note: If the breast pump is found to be infested with insects, it will need to be returned to the manufacturer for professional cleaning or discarded, depending on the pump. Contact the State Breast Pump Coordinator for assistance: (971) 673-0048.**