

STATE OF OREGON
PROCLAMATION
OFFICE OF THE GOVERNOR

WHEREAS: Shared meals, whether with family, friends or community members, have many social, emotional and health benefits that improve the quality of life for all Oregonians; and

WHEREAS: Shared meals lead to better nutrition, stronger family and community bonds, greater school success and decreased risky behaviors; and

WHEREAS: The State of Oregon is proud to join the Nutrition Council of Oregon to encourage citizens to cook together, eat together, talk together and make mealtime a shared time.

NOW,


THEREFORE: I, John A. Kitzhaber, M.D., Governor of the State of Oregon, hereby proclaim **September 2013** to be

OREGON SHARED MEALS MONTH

in Oregon and encourage all Oregonians to join in this observance.



IN WITNESS WHEREOF, I hereunto set my hand and cause the Great Seal of the State of Oregon to be affixed. Done at the Capitol in the City of Salem in the State of Oregon on this day, August 21, 2013.


John A. Kitzhaber, M.D., Governor


Kate Brown, Secretary of State