

As the certifier, you will want to think of the mom and her babies as a breastfeeding unit and assign food packages and categories to the babies in a way that maximizes the food package available for mom. You will notice that the formula can be divided in a variety of ways between the babies. You can assign mom as **mostly breastfeeding (WB)** as long as she has at least one baby that is **fully (IE)** or **mostly (IB) breastfed**. (Note: “Twins or more” must be marked in TWIST)

Baby 1 category	Baby 2 category	Baby 3 category	Total amount of powdered bid formula assigned to all babies 0-3 months.	Mom category	Assign these milk and food templates to mother
<b>Twins</b>					
Fully BF (IE)	Fully BF (IE)		None	Fully BF (WE)	ML-C, WE-M
Fully BF (IE)	Mostly BF (IB)		1-4 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Some BF (IBN)		5-8 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Non-BF (IN)		9 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Mostly BF (IB)		2-8 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Some BF (IBN)		6-12 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Non-BF (IN)		10-13 cans	Mostly BF (WB)	ML-C, WPB-M
Some BF (IBN)	Some BF (IBN)		10-16 cans	*Some BF (WBN)	ML-C, WN to 6 mo. postpartum
Some BF (IBN)	Non-BF (IN)		14-17 cans	Some BF (WBN)	ML-C, WN to 6 mo. postpartum
Non-BF (IN)	Non-BF (IN)		18 cans	Non-BF (WN)	ML-C, WN to 6 mo. postpartum

\* Assigning the infant categories in this combination limits mom’s food package. Consider assigning the infants category and food packages in such a way that mom receives the larger food package until 1 year postpartum.

## Category Assignments for Breastfeeding Multiple Babies (Twins or more)

Baby 1 category	Baby 2 category	Baby 3 category	Total amount of powdered bid formula assigned to all babies 0-3 months.	Mom category	Assign these milk and food templates to mother
<b>Triplets</b>					
Fully BF (IE)	Fully BF (IE)	Fully BF (IE)	None	Fully BF (WE)	ML-C, WE-M
Fully BF (IE)	Fully BF (IE)	Mostly BF (IB)	1-4 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Fully BF (IE)	Some BF (IBN)	5-8 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Fully BF (IE)	Non-BF (IN)	9 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Mostly BF (IB)	Mostly BF (IB)	2-8 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Mostly BF (IB)	Some BF (IBN)	6-12 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Mostly BF (IB)	Non-BF (IN)	10-13 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Some BF (IBN)	Some BF (IBN)	10-16 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Some BF (IBN)	Non-BF (IN)	14-17 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Non-BF (IN)	Non-BF (IN)	18 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Mostly BF (IB)	Mostly BF (IB)	3-12 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Mostly BF (IB)	Some BF (IBN)	7-16 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Mostly BF (IB)	Non-BF (IN)	11-17 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Some BF (IBN)	Some BF (IBN)	11-20 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Some BF (IBN)	Non-BF (IN)	15- 21 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Non-BF (IN)	Non-BF (IN)	19-22 cans	Mostly BF (WB)	ML-C, WPB-M