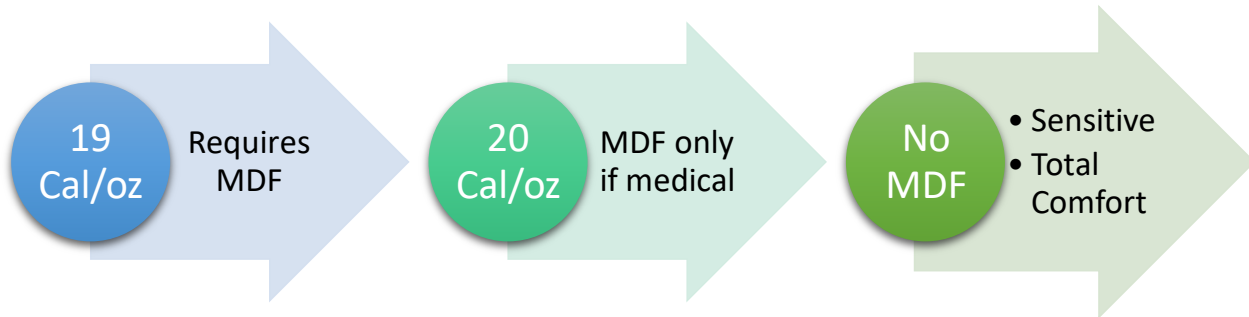


Changes to 19 Calorie Formulas 11/1/2020

Great news! Similac is changing the formulation of 3 of their formulas from 19 calories per ounce to 20 calories per ounce this fall! Formulas with 19 calories per ounce do not meet USDAs requirements for standard formulas and require a Medical Documentation Form (MDF). Now that *Similac Sensitive* and *Similac Total Comfort* will be 20 calories per ounce, they will no longer require a MDF after **11/1/2020**.



Similac for Spit Up is also changing from 19 to 20 calories per ounce, but it is considered a medical formula. *Similac for Spit Up* has added rice starch to thicken it as does *Enfamil AR*. Both formulas will still require a completed MDF to issue.

Two Similac formulas will remain the same and aren't changing calories



Similac Advance - no MDF needed

- Has always been 20 calories per ounce
- Remains the standard formula for most infants
- Milk-based formula, 100% lactose



Similac Soy Isomil - no MDF needed

- Has always been 20 calories per ounce
- Soy-based formula, lactose free
- Appropriate for vegetarian diets. Not indicated for premature infants.

Formulas switching from 19 to 20 calories per ounce



Similac Sensitive - no MDF needed

- Switching from 19 to 20 calories per ounce
- Milk-based formula, 2% lactose
- Similar to Gentlease



Similac Total Comfort - no MDF needed

- Switching from 19 to 20 calories per ounce
- Milk-based formula, 100% whey protein, partially hydrolyzed, 2% lactose
- Similar to Gentlease, Soothe



Similac for Spit Up - MDF required

- Switching from 19 to 20 calories per ounce
- Milk-based formula, added rice starch, 20% whey, trace lactose
- Similar to Enfamil AR

Communicating with health care providers

We know that health care providers will suggest these formulas and may continue to send MDF forms after this transition. This may be a good time to contact providers to let them know *Similac Sensitive* and *Similac Total Comfort* are easier for participants to get.

Medical Documentation Form (MDF) updated

New Medical Documentation Forms (MDF) reflecting this change will be available to use in October. When you compare the new to the old, you will notice that the section on 19 calorie formula has been removed. You can always accept older versions of the MDF, the new version just makes it easier for providers.

Women, Infants and Children (WIC) Medical Documentation Form

Local WIC Clinic:
Phone #:
Fax #:
Contact Name:

- This request is subject to WIC approval and provision based on program policy and procedure.
- Please fax or return the completed form to your local WIC clinic.

A. Patient information					
Patient's name (Last, First, MI): Maribel Torres				DOB: 3 months ago	
Parent/Caregiver's name (Last, First, MI): Maria Torres				Phone number: 541-xxx-xxxx	
<input type="checkbox"/> I am requesting a nutrition assessment and consult by the WIC Dietitian/Nutritionist for this patient.					
B. Medical formula					
① Name of formula: Nutramigen				<input type="checkbox"/> some or all the formula is to be provided via tube feeding (Refer to Medicaid)	
② Medical diagnosis or qualifying condition: Milk Protein Allergy					
③ Length of issuance: <input type="checkbox"/> 3 months <input type="checkbox"/> 6 months <input type="checkbox"/> until 12 months of age <input type="checkbox"/> other: _____ (not to exceed 12 months)					
④ Prescribed amount: <input type="checkbox"/> _____ per day OR <input checked="" type="checkbox"/> maximum allowable					
C. WIC supplemental foods					
All WIC foods will be provided unless indicated below: OR <input checked="" type="checkbox"/> request WIC Nutritionist to determine foods					
Infants, 7-12 months Omit: <input checked="" type="checkbox"/> Infant cereal <input checked="" type="checkbox"/> Infant jarred fruits/vegetables		Children older than 12 months and adults: Omit: <input type="checkbox"/> Milk <input type="checkbox"/> Cheese <input type="checkbox"/> Eggs <input type="checkbox"/> Peanut butter <input type="checkbox"/> Other: _____ Include: <input type="checkbox"/> Infant cereal in place of breakfast cereal <input type="checkbox"/> Jarred infant fruits/vegs in place of fresh produce <input type="checkbox"/> Whole milk in place of lower fat for adults and children older than 23 months with qualifying medical diagnosis (must be receiving formula--no exceptions) Additional instructions: Please have WIC RD call me			
D. Health care provider information					
Signature of health care provider: <i>Michelle Doolittle</i>					
Provider's name (please print): Michelle Doolittle				<input checked="" type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> NP <input type="checkbox"/> PA <input type="checkbox"/> ND	
Medical office/clinic:					
Phone #: 503-xxx-xxxx		Fax #: 503-xxx-xxxx		Date:	
WIC USE ONLY	Date form received	Exp. date:	RDN review (signature & review date):	Formula Warehouse order?	WIC ID:

<http://www.healthoregon.org/wic>
636-ENGL (11/2020)

For questions regarding this form contact Oregon WIC State Office: 971-673-0040 57-

The back of the MDF has also been changed to show the contract formulas that do not require an MDF at the top. You'll see that *Similac for Spit Up* is on the same line as *Enfamil AR* and still requires an MDF.

Oregon WIC Approved Contract and Non-Contract Formulas

The Oregon WIC Nutrition Program is federally required to obtain a contract for standard infant formulas for cost containment. The current contract is with Abbott Nutrition for milk-based and soy-based formulas.

Infant Formulas	Contract 20 kcal/oz formulas: Do not require medical documentation
Similac Advance	Milk-based, 100% lactose
Similac Soy Isomil	Soy-based, lactose free. Appropriate for vegetarian diet. Not indicated for premature infants
Similac Sensitive	Milk-based, 2% lactose. Similar to Gentlease
Similac Total Comfort	Milk-based, 100% whey protein, partially hydrolyzed, 2% lactose. Similar to Gentlease, Soothe

WIC participants with a qualifying medical condition are eligible to receive formulas listed below

Noncontract Infant Formulas	Product characteristics/medical reason for request (standard dilution is 20 kcal/oz unless otherwise noted)
EnfaCare/Neosure	22 kcal/oz. Prematurity, birthweight <2000g. Not indicated after 1-year corrected age
Nutramigen/Alimentum Pregestimil/Extensive HA	Extensively hydrolyzed protein. Protein allergy, multiple food allergies. Nutramigen powder contains probiotic LGG, Pregestimil 55% MCT, Alimentum 33% MCT, Nutramigen has no MCT
Elecare Infant/Neocate Infant/Neocate Syneo/ PurAmino	Free amino acid. Severe malabsorption, protein/multiple food allergy, GERD, eosinophilic esophagitis (EOE), short bowel syndrome, necrotizing enterocolitis
Similac for Spit Up/Enfamil AR	Added rice starch. Uncomplicated GERD. Thickened formulas are not appropriate for premature infants <38 weeks. 20% whey, trace lactose.
EnfaPort	30 kcal/oz. Chylothorax or LCHAD deficiency 84% MCT
Similac PM 60/40	60% whey, low in iron. Lowered mineral level for renal conditions, neonatal hypocalcemia
Neocate Nutra	22 kcal/scoop. Semi-solid first food, amino acid based. Malabsorption, allergies. Not complete.
Noncontract Adult & Child Formulas	Product characteristics/medical reason for request (30 kcal unless otherwise noted)
Nutren Jr/ PediaSure/ Boost Kid Essentials (BKE) 1.0, 1.5	Milk-based. BKE 1.5 is 45kcal/oz. Chronic illness, oral motor dysfunction, conditions increasing caloric needs beyond what is expected for age with functional gut status.
Bright Beginnings Soy	Soy-based, lactose free. Same medical reasons as listed above
PediaSure Peptide Peptamen Jr (1.0, 1.5)	Extensively hydrolyzed protein. 1.5 version=45kcal/oz. Protein/multiple food allergies
Elecare Jr., Neocate Jr, Neocate Splash	100% free amino acid. Severe protein/multiple food allergy. Splash is lactose, whey, soy and milk protein free. Severe malabsorption, food allergies, multiple protein intolerance, GI impairment (EOE, short bowel syndrome and/or GERD)
Compleat Pediatric	Blenderized foods for tube feeding-refer patients to Medicaid
Ketocal 3:1 and 4:1	Nutritionally complete, high fat, low carbohydrate (CHO). Seizure disorders
Duocal	42 kcal/Tbsp powder. CHO and fat (35% MCT), no protein, sucrose, fructose or lactose
Monogen/Portagen	(Monogen may be mixed to 22kcal/oz). Lactose free, 85-90% MCT oil. Chylothorax
Liquigen	Liquigen 50/50 MCT/Water, 4.5 kcal/ml. Fat malabsorption, ketogenic diet, chylothorax, short bowel syndrome
Ensure Clear	31 kcal/oz, milk-based, lactose and fat-free, clear liquid, nutritionally incomplete; not for tube feeding 8 g whey protein/8 oz. Malabsorption, GI impairment, increased calorie needs, oral motor feeding issues/aversions
Ensure/Ensure Plus/Boost Plus/Boost High Protein	Adult only. Plus versions: 45 kcal/oz. Boost High Protein provides 15 grams protein per serving. Conditions requiring increased protein: illness, cancer, wounds, recovering from surgery
Glucerna	Adult only. 24kcal/oz. Blend of low glycemic CHO, 10 g protein, 6 g sugar per svg. Diabetes
Suplena CarbSteady	Adult only. 54 kcal/oz. Low in protein, lactose free for chronic kidney disease (stage 3, 4)

No MDF

MDF needed

Transitioning from requiring an MDF to not requiring an MDF

Grocery stores will gradually transition to 20 calorie formulas as their stock of 19 calorie formula runs out in the fall and they order more. The UPC codes for 19 and 20 calorie formulas are identical. Because there is no way to know which formula a participant is getting, an MDF will be required for *Similac Sensitive* and *Similac Total Comfort* through October. The MDF requirement for these 2 formulas will be changed in TWIST on 10/31/2020.

Scenarios to consider:

- Infants assigned these formulas before 10/31/2020 will have the MDF required flag on the Food Package Assignment screen for all months these formulas have been assigned. The flag will go away when staff go to the FPA 11/1 or later and resave the screen. Benefit issuance can then proceed as normal.
- Infants who already have MDFs documented in TWIST through October or later will not need any further documentation from the health care provider.
- Infants issued one of these formulas that show an MDF is required for August, September or October will need the MDF entered into TWIST in order to issue benefits for those months.
- Infants assigned one of these formulas in August or September will need an MDF through October.
- Infants assigned one of these formulas in October can get the first month without an MDF, so no MDF will be needed. Use a “placeholder” MDF to issue the future months’ benefits. See next page for instructions.
- Infants assigned one of these formulas in November or later will not need an MDF.

September	October	November	December	January
MDF required	MDF required for issuance if assigned in September or earlier.	MDF Not required	MDF Not required	MDF Not required
	MDF not required for issuance if newly assigned in October.	“Placeholder” MDF used to issue these benefits in October.		
Assigning these formulas will generate an MDF requirement.	Go to the Food Package Assignment Screen and resave to remove the MDF requirement.			

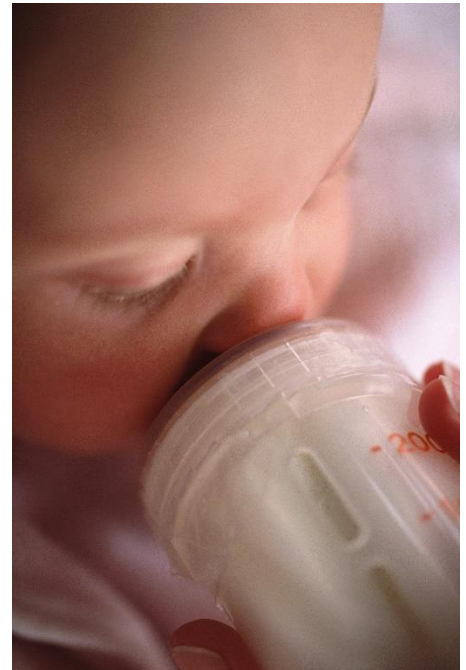
Documenting a “placeholder” MDF in TWIST

In October, when you try to issue November, December, and January benefits for these formulas you will still be blocked by the MDF requirement in TWIST. You may document a “placeholder” MDF in the MDF pop-up.

- This can only be done for *Similac Sensitive* and *Similac Total Comfort*.
- This can only be done in October 2020 for future months’ issuance.
- In the MDF pop-up, document “State Authorized” in the provider field and “MDF no longer required” in the notes field.

Helping parents select the best formula for their baby

A baby’s caregiver will select a formula for their baby for many different reasons – from suggestions by their health care provider to what they read on the internet. A certifier’s job is to help meet the caregivers’ and the baby’s needs. Sometimes this means changing the baby’s formula, but often it means listening carefully for the caregiver’s concerns and applying your participant centered counseling skills.



Things to consider:

- Not every baby behavior is related to a problem with the formula. Check out [Baby Behaviors for Formula-fed infants: What is Normal & When to Refer?](#)
- It is great to have formulas to offer that don’t require an MDF but changing formulas to appease a parent without offering counseling about baby behaviors may cause more problems for the baby.

Questions?

- Talk to your agency nutritionist or your state nutrition consultant.
- Call App support if you have any problems in TWIST.