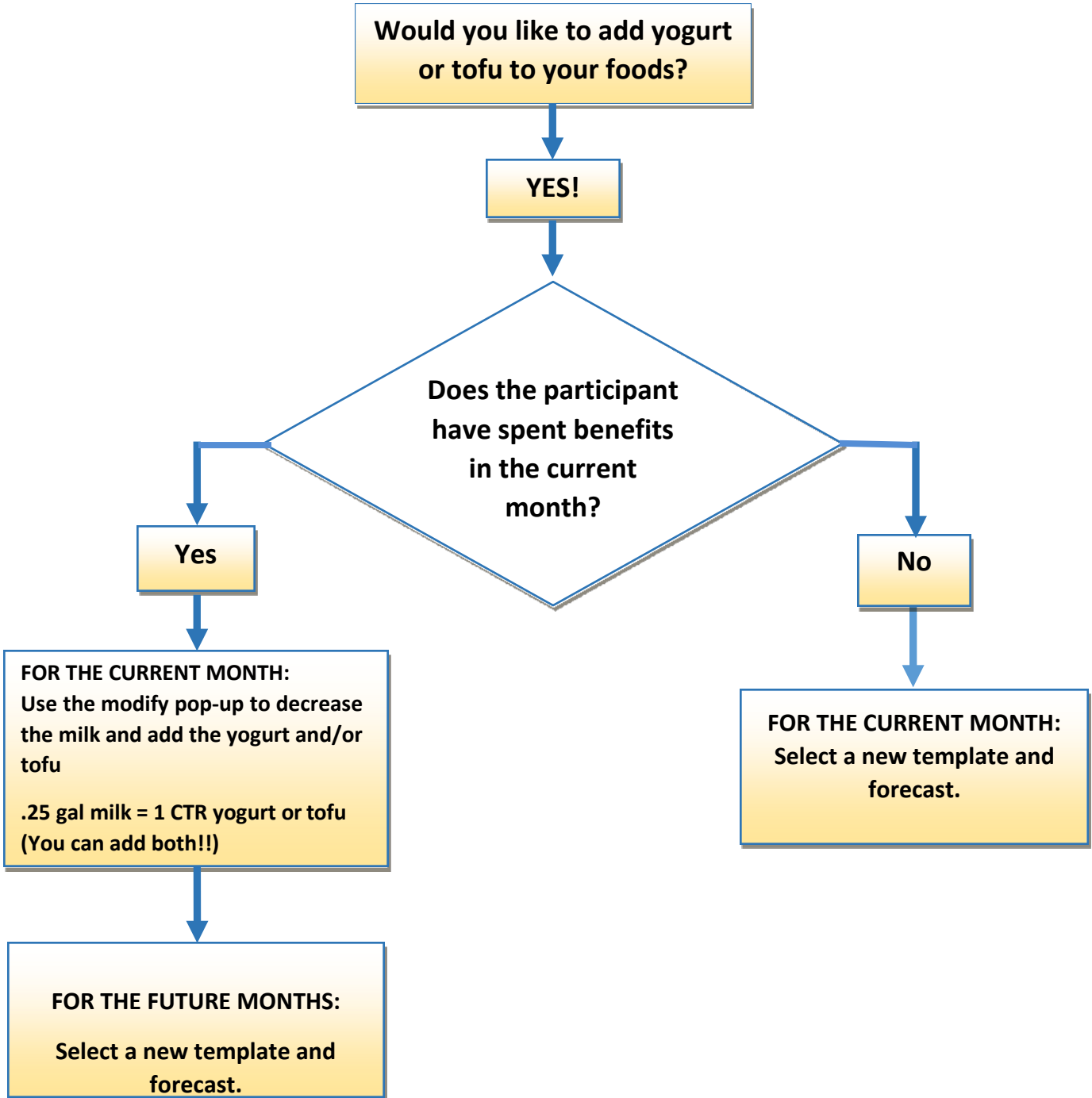


😊 Job Aid: Milk-Cheese-Yogurt-Tofu Templates

Most important!
Use templates when assigning yogurt and tofu to participants!



What is in the milk/yogurt/tofu templates?

- There are templates with yogurt and tofu for cow's milk, soy beverage, lactose-reduced milk, and goat milk.
- Cheese, yogurt and tofu can replace some milk.
 - 0.25 gal milk = 1 CTR yogurt
 - 0.25 gal milk = 1 CTR tofu
 - 0.75 gal milk = 1 pound cheese
 - Maximum of 1 yogurt for each participant.
 - After CPA evaluation, tofu can replace all milk, yogurt and cheese. (WE, WP Twins, WB Twins, BF while Pregnant, and WE Twins have 1 extra pound of cheese that cannot be replaced.)

Use the Templates!

Using the templates is important! It will be confusing later when looking at the FPA or FSS if you don't use the templates.

Example:

- In November, Susie Certifier assigns the ML-C-Y-T package to a participant, and forecasts it through March.
- Later, Cylvia Certifier uses the modify screen to remove the tofu for **December**. Since it is just a change in the amount of milk, she forecasts that change through March. The FPA still shows the ML-C-Y-T package (rather than "modified"), even though the participant isn't receiving tofu.
- In February, Kal Klerk gets a call from the client. Looking at the FPA and FSS, it looks like the participant was issued the ML-C-Y-T package and is confused about why the client doesn't have the tofu.
- This problem could have been avoided if Cylvia had just selected the ML-C-Y template in December when the participant requested no tofu.

Extra Tofu!

Participants who want more than 1 pound of tofu must have a nutrition assessment considering, but not limited to, milk allergies, lactose intolerance, and vegan diet.

To assign more tofu, start with a template that contains tofu, then use the modify screen to decrease other milk products and increase tofu.

Sample Templates

Child (12-13 months) - Examples of food amounts in templates

Template	Milk	Cheese	Yogurt	Tofu
MW-C	3.25	1	0	0
MW-C-Y**	3.00	1	1	0
MW-C-Y-T	2.75	1	1	1
MW-O-Y-T	3.50	0	1	1

← Standard Food Package

**There are limited brands of whole milk yogurt available – review brands listed in the Food List.

Child (2-5) - Examples of food amounts in templates

Template	Milk	Cheese	Yogurt	Tofu
ML-C	3.25	1	0	0
ML-C-Y	3.00	1	1	0
ML-C-Y-T	2.75	1	1	1
ML-O-Y-T	3.50	0	1	1

← Standard Food Package

WP (pregnant) and WB (breastfeeding) - Examples of food amounts in templates

Template	Milk	Cheese	Yogurt	Tofu
ML-C	4.75	1	0	0
ML-C-Y	4.50	1	1	0
ML-C-Y-T	4.25	1	1	1
ML-O-Y-T	5.00	0	1	1

← Standard Food Package

WE (Exclusively Breastfeeding), WP Twins, WB Twins, Breastfeeding while Pregnant- Examples of food amounts in templates

Template	Milk	Cheese	Yogurt	Tofu
ML-C	5.25	2	0	0
ML-C-Y	5.00	2	1	0
ML-C-Y-T	4.75	2	1	1
ML-O-Y-T	5.50**	0	1	1

← Standard Food Package

**These packages originally have 2 pounds of cheese, but only 1 pound can be converted to milk, yogurt, and tofu. The other pound can either be issued or not issued.

WE Twins- Examples of food amounts in templates

Template	Milk	Cheese	Yogurt	Tofu
ML-C	8.25	3 (adjusted to 2 every other month)	0	0
ML-C-Y	8.00	3 (adjusted to 2 every other month)	1	0
ML-C-Y-T	7.75	3 (adjusted to 2 every other month)	1	1
ML-O-Y-T**	8.5	0	1	1

← Standard Food Package

**This package originally has 3 pounds of cheese, but only 1 pound can be converted to milk, yogurt, and tofu. The other 2 pounds can either be issued or not issued.