Chapter 3: Client Processes
Section 4: First Nutrition Education Contact
Lesson: Interventions

Objectives:

Upon completion of this lesson the user will be able to:
- utilize "Last Visit Summary" and "Risks/Interventions" screens; and
- explain and utilize nutrition education interventions.

Oregon Policies:

- ♦   800   Nutrition Education: Introduction and Overview
- ♦   810   Nutrition Education: Making Education Available
- ♦   820   Nutrition Education: Participant Contacts
- ♦   830   Nutrition Education: Documentation

Overview:

TWIST provides you with a variety of screens to document client's information. The "**Last Visit Summary**" and "**Risks/Interventions**" screens consolidate information and are a useful starting point for providing nutrition education.

Instruction:

Accessing the "Last Visit Summary" Screen

This screen can be used to view nutrition education information from the client's last visit.

The starting point for this lesson is:
        Client Processes ⇨ Certification ⇨ Woman ⇨ Nutrition Education Plan

♫   NOTE: At an initial certification visit all sections will be blank.

♫   NOTE: This screen will be covered in Chapter 3 Lesson 900 *Individual Follow-up* and Chapter 3 Lesson 700 *Recertification*.

Accessing the "Risks/Interventions" Screen

The starting point for this section is:
        Client Processes ⇨ Certification ⇨ Woman ⇨ Nutrition Education Plan

1. **Click the "Risks/Interventions" tab to view the screen.**

   - The client's "**Risks/Interventions**" are displayed.
   - The combined "**Risk Factors**" from the "**Health History**" screen and "**Diet Assessment**" screen are displayed.
   - System assigned risks will be displayed in bold.
   - Intervention recommendations assigned to the risk can be viewed here.

2. **To add additional risks, click the "Insert" icon.**

   The "**Visit Date**" field defaults to the current date, but may be modified.

3. **Tab to the "Risk Code" field and use the drop down arrow to select the risk you wish to add.**

   If an intervention is associated with the risk it will be displayed.

4. **Double click on an "Intervention" to view the complete information about the recommended intervention.**

   The complete intervention will be displayed in the "**Intervention Text**" pop-up.

Figure 1: "Risks/Interventions" Screen

5. **Click "OK" or "Cancel" to close the pop-up.**

6. **Tab to the "Risk Level" field.**

   This field defaults to a system generated risk level based on the client's risks, but it may be modified using the drop down menu.

♫ NOTE: The "**Priority**" field defaults to the appropriate priority and may not be changed.

7. **Save.**

Adding a Local Intervention

The starting point for this section is:
   Client Processes ⇨ Certification ⇨ Woman ⇨ Nutrition Education Plan

1. **Double click on the Intervention Text line for the risk code for which you are adding text.**

   - The upper box is display only and may contain the state intervention text.
   - The lower box is for the local intervention text. The cursor will appear in the lower box for you to begin typing.

2. **Type your intervention text in the lower box**.

3. **Click "OK."**

Save.

✂ *Tips and Shortcuts:*

- Risks may be added in this screen but can be deleted only in the "Health History - Risk Factors" and "Diet Assessment - Risk Factors" screens.
- To remove a blank row before a risk is assigned use the "Remove" icon.

↪ *Practice Activities:*

Use the client from the ☛ Activity Sheet for this practice.

The starting point for this activity is:
   Client Processes ⇨ Certification ⇨ Woman ⇨ Nutrition Education Plan

1. Click the "Risk/Interventions" tab at the bottom of the screen.

2.   Click on the "Open" icon to access "Client Search" and select the client from your ☛ Activity Sheet.
3.   Click the "Return with Client" button.
4.   Review the information displayed.
5.   Double click on a risk to view the "Intervention" pop-up.
6.   Click "OK" to close the pop-up.
7.   Click on the "Visit Date" field and click the "Insert" icon to add a blank row.
8.   Tab to "Risk Code" and select a risk from the drop down list.
9.   Tab to the "Risk Level" field and select the change the risk level.
10.   Save and exit.

✓ Skill Check:

Retrieve a client for client primary.

Find a partner for this activity. You and your partner will take turns counseling each other on a nutrition education topic. Be sure to use the client name listed on the Activity Sheet.

1.   Access the complete "Intervention" for help with the counseling topic you choose.

2.   *Print the "Intervention Text" pop-up that you use*. Write your name on the print out and turn it in to the instructor.

✍ Notes: