

Minutes

Oregon Emergency Medical Services for Children Advisory Committee Meeting

Thursday, January 7, 2021, 9:00 a.m. – 11:13 a.m.

Virtual Meeting

Teleconference line: 1-669-254-5252 Meeting ID: 1604396370

Please join the meeting from your computer, tablet or smartphone:

<https://www.zoomgov.com/j/1604396370?pwd=cENYSjlZRVR2bUNQc2p4QzdzSmZpZz09>



Committee Member Phone Attendance: Tamara Bakewell, Andrea Bell, Jacqueline DeSilva, Dr. Carl Eriksson, Dr. Brent Heimuller, Matthew House, Kelly Kapri, Erik Kola, Todd Luther, Marisa Marquez, Danielle Meyer, Matthew Philbrick, Dr. Justin Sales, Dr. Christa Schulz

Oregon Health Authority (OHA) EMS & Trauma Systems Staff: Rachel Ford, Elizabeth Heckathorn, Julie Miller, Dr. Dana Selover

Absent: Dr. David Lehrfeld, Anna Stiefvater, Troy Thom

Public/Guest: Tim Case (Washington County EMS), Meghan Crane (OHA), Peter Geissert (OHA), Shanda Hochstetler (OHA), Prachi Patel (OHA), Stella Rausch-Scott (OHA), Brittany Tagliaferro-Lucas (Oregon Center for Children and Youth with Special Healthcare Needs)

Meeting called to order: 9:00 a.m. by Committee Chair Matthew Philbrick

Discussion and Conclusion of Each Agenda Item:

1. Confirm Attendance: Matthew Philbrick, Chair

Committee members, guests and members of the public confirmed attendance.

2. Review and Approve October 8, 2020 Minutes: Committee

Minutes were reviewed. No changes noted.

Matt House motioned to accept minutes and Jackie DeSilva seconded. None opposed. Motion passed.

3. Vice Chairperson Election: Chair

Dr. Carl Eriksson has served two terms and is not eligible to serve any longer. Dr. Eriksson was thanked for his time and service to the Committee.

Call for Nominees: Committee members may nominate self or other Committee members may propose nominations. Bylaws excerpt: “The Oregon EMSC Advisory Committee shall elect a Vice Chairperson. The Vice Chairperson shall hold office for a period of two years and may be reelected for a maximum of two consecutive terms. Elections shall be held bi-annually (odd years) during the first meeting of the year. The Vice Chairperson’s duty is to act as Chairperson in the absence or incapacity of the Chairperson or at the Chairperson’s request.”

Jackie DeSilva nominated Christa Schulz. Christa Schulz accepted nomination. Todd Luther seconded nomination. Nomination unopposed.

Vote:

Bakewell, Tamara: Yea

Bell, Andrea: Yea

DeSilva, Jackie: Yea

Eriksson, Dr. Carl: Yea

Heimuller, Brent: Yea

House, Matthew: Yea

Kapri, Kelly: Yea

Kola, Erik: Yea

Luther, Todd: Yea

Marquez, Marisa: Yea

Meyer, Danielle: Yea

Philbrick, Matthew: Yea

Sales, Dr. Justin: Yea

Schulz, Dr. Christa: Abstain

4. Committee Membership Update: Chair

Current vacancy: EMS Training Director or EMS Educator. There is a potential candidate that has expressed interest but has not yet applied. Committee member recommendations to fill this position would be appreciated. All applications will be considered, but in order to have representation from across the state we would like to recruit individuals who live and/or work in the following counties: Morrow, Umatilla, Union, Wallowa, Baker, Malheur, Hood River, Wasco, Sherman and Gilliam. Please click [HERE](#) to apply or contact Rachel Ford for details.

5. Suicide Prevention Project: Rachel Ford and Chair

Question Persuade Refer (QPR): QPR teaches 3 easy steps to identify signs someone is thinking about suicide and how to connect them with help.

- Committee Member Interest: Erik Kola, Dr. Christa Schulz, Matthew House, Tamara Bakewell would like to take or promote training.
- Western Lane and Fire and EMS Authority (WLFEA) Mobile Crisis and Response Team: OHA Suicide Prevention program connected WLFEA with Lane County staff who will provide the team with QPR training.
- 3 EMS and Hospital Trainings: OHA Suicide Prevention program has arranged with Lines for Life to provide three QPR trainings for EMS and hospital providers. Committee members could also join. Ideas for three trainings: 2021 virtual EMS conferences (Eastern - February, Newport - April), hospital CNOs and ED Nurse Managers, EMS Pediatric Emergency Care Coordinators, and Oregon State Police.

Discussion: It was agreed that it would be great for first responders to take the training. The ideas resonated with everyone and it was agreed to move forward.

Mental Health First Aid (MHFA): MHFA teaches the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

Matt Philbrick is an Adult Instructor for MHFA. This is an international program, adapted from a program in Australia, with evidence-based science behind it. Training hits on the main area of suicide prevention; destigmatize the language around suicide. During the training they ask questions and make it normal to discuss suicide.

Blends with components of the International Critical Incident Stress Foundation (ICISF). Right place and right time and how to get the person to the next step. There are 15,000 people certified annually. Have their ALGEE platform and connect people to resources. QPR is one of the main resources. Eight-hour training structure is solid. If the attendee has a medical background, there is a lot of familiarity and training may go faster. Background is that non-medical people take this training and not as many EMS and medical people take the training. Low or no cost with a small administration fee. Instructors carry most of the cost.

As an instructor, Matt has an obligation to teach three courses a year. Virtual training is an option. Could also coordinate a time when able to meet in-person. Could offer this training a couple times a year. 5-8 attendees per training.

- Committee Member Interest: Tamara Bakewell, Marisa Marquez, Todd Luther, Dr. Brent Heimuller, Matthew House and Dr. Carl Eriksson.

Connect: This postvention training gives adult service providers the best practices to respond in a coordinated and comprehensive way in the aftermath of a suicide; including impact on individuals and community, best practices, signs of grief, coping mechanisms, communication protocols, and community resources.

The Association of Oregon Community Mental Health Programs (AOCMHP) would like to offer a 1-day training to EMS and law enforcement in May/June 2021. Maximum 30 participants. Working with Kris Bifulco at AOCMHP on the scheduling and marketing. The National Association of Social Workers provides 3.5 continuing education hours.

Youth & Young Adult Engagement Advisory (YYEA): If the Committee has questions for youth, they can connect with youth at a YYEA meeting as needed.

YouthLine: A 24-hour crisis, support, and helpline for youth dedicated to preventing substance abuse and suicide. They have a pool of youth and young adults that can be tapped for various projects as needed.

Legislative Priorities: Oregon Alliance to Prevent Suicide has priorities named for the 2021 session including: 1. Amend current legislation on youth suicide to expand age range from 10 to 24, to include all school age children (5-24).; 2. Require behavioral health workforce to receive continuing

education on suicide prevention, intervention, and management. Opportunity for Committee to support.

Transitions of Care Committee of the Alliance to Prevent Suicide: The Committee identifies best practices, innovative approaches and gaps to safe and uninterrupted transitions for youth, young adults and their caregivers when experiencing mental health crisis or risk of crisis. Rachel Ford has been participating in the meetings since October and learning about healthcare-related suicide prevention issues and initiatives. Will report to Committee as appropriate.

Safe + Strong Helpline: This is a new emotional support and resource referral line that can assist anyone who is struggling and seeking support. The Committee may want to share and promote this resource.

NEW Healthcare Provider Mental Health and Crisis Support Resources Website: Rachel Ford has been working with Meghan Crane to develop a new Healthcare Provider Mental Health and Crisis Support Resource website that will be hosted by Lines for Life. Content feedback was sought from Suicide Prevention, Intervention and Postvention group and EMSC Advisory Committee.

Hospital, primary care, and mental health providers, first responders and other healthcare professionals experience intense, sometimes stressful situations at work. Often, they work long shifts that keep them from time with loved ones and adequate rest. They may witness or hear about suffering or trauma, which over time takes a toll. In an unprecedented crisis, natural disaster or public health emergency, healthcare providers may be at particular risk. This website offers helplines (including Safe + Strong), ready-to-use tools, webinars and other resources to support physical and mental health.

Discussion:

- Meghan Crane, OHA Zero Suicide: We may be able to assist with secondary trainer for MHFA. Many counties have completed the Connect training and have postvention plans for their county and/or region.
- Dr. Christa Schulz reached out to providers in the area to gather information and was shocked that so many do not have suicide prevention resources. How do we distribute this information to those who don't know about these resources?
 - Meghan Crane: There are several brochures that are available through Lines for Life. Would just need to pay for shipping cost. The OHA Suicide Prevention program is working to make providers aware of grants available through Zero Suicide.
- Danielle Meyer will see what the Hospital Association can do to help get the information and materials out to hospitals.
- Matt Philbrick asked what is currently being done to get this information into the hands of youth? Platforms?
 - Meghan Crane: Yes, YouthLine has Facebook and Instagram accounts. Links were shared with Committee via chat.

6. Pediatric EMS Data Report & Suicide Data: Peter Geissert

Reported the following categories of data: Pediatric Incidents, Pediatric Incidents by Age and Gender, Top 15 Procedures Performed, Suicide Attempts vs. Completed Suicides, Injuries Related to Suicide Attempts and Completed Suicides, Injuries Reported in Pediatric Suicide Related EMS Calls, and Disposition Reported in Pediatric Suicide Related EMS Calls. The EMS data is posted on the EMSC website. The suicide data is not currently publicly available.

Action: Peter will present the following at the April 2021 meeting:

- Share the updated Peds EMS Data Report HTML. This will be forwarded to the Committee and posted on the website.
- Suicide Data: 1) Provide more information about the areas of the report that are “not recorded/blank and N/A” and explain why that is the case; 2) Firearm injury: explain why they are not included in the report. Hypothesis was that use of firearms would not show in attempts but may show in completions. It was suggested that info may be in the ESSENCE data (IVPP).; and 3) Share when the suicide data will be publicly available for the Committee and OHA Suicide Prevention program.
- Peds EMS Data: Explain and clarify the empty areas of data.

7. Youth Suicide Intervention & Prevention Plan 2.0 Survey: Meghan Crane and Shanda Hochstetler

Reviewed the 5-year plan that is up for revision. Will take a comprehensive viewpoint of youth suicide prevention (ages 10-24 years) across the state and tie it to the national strategy for suicide prevention. Will include clinical and community preventive services, strategic direction and integration.

Committee members are asked to complete a short 10-minute survey and share perspective. The survey will ask specific questions that will help with next steps.

8. Health Emergency Ready Oregon (HERO) Kids: Tamara Bakewell and Brittany Tagliaferro-Lucas, Oregon Center for Children and Youth with Special Health Needs (OCCYSHN) – Title V

At the 2019 EMSC Grantee Meeting, Tamara Bakewell and Rachel Ford learned of an innovative approach called STARS (Special Needs Tracking & Awareness Response System) initiated by providers at Cardinal Glennon Children’s Hospital. They knew that something like this would be valuable in Oregon and proposed the idea to OCCYSHN administrator Brittany Tagliaferro-Lucas, who has years of experience administering the Oregon POLST registry. Brainstorming ensued with Brittany, Rachel and Tamara, and the Health Emergency Ready Oregon (HERO) Kids Registry concept was born. Brittany envisioned the technical system based on her knowledge and experience with POLST and drafted a design with mocked up elements to share with others for their input.

In January and February 2020, the HERO Kids team conducted two listening sessions. The listening session with professionals included Matt House, Matt Philbrick, and representatives from key programs that serve children and youth with medical involvement and fragility. This broadened the thinking that such a registry could serve all children. The listening session with parents included those whose children experience mental health conditions, physical health conditions, and intellectual/developmental disabilities. This further informed aspects of the project related to family-centered care.

In March and April 2020, Brittany drafted a business plan. In May 2020, the HERO Kids team requested letters of support from families, EMS agencies, professional organizations, hospitals and clinic programs, and state programs. During the summer months, the HERO Kids team further refined the business plan, drafted a Frequently Asked Questions document, and created a web page and video to market the HERO Kids Registry. It was around this time the project was formally presented to the Oregon Title V leadership for possible inclusion in the strategic plan. Leadership agreed to provide seed funding and staff support and were supportive of pursuing funding to further the plan.

In October 2020, the HERO Kids team applied for the \$50,000 EIIC Telehealth Collaborative grant to support the initial registry buildout and the application was accepted! The Collaborative runs from January – June 2021. The HERO Kids team will attend twice monthly Learning Collaborative meetings and have assembled a team of advisors including providers, families, and others that will provide input.

Tamara and Brittany shared the HERO Kids Registry video to give the Committee a better idea of the project. Will continue to report updates on the project to the Committee.

Discussion:

- **Dr. Brent Heimuller:** Is the pediatric age 18 or 21? Asking for a 20-year-old special health needs patient.
 - Tamara Bakewell: Working on the details with the advisement process. 18 is not a hard cutoff, nor is special needs a hard cutoff.
- **Dr. Christa Schulz:** Amazing project, wish this was available everywhere and for kids with chronic needs. How will EMS know to look up info on the peds registry system?
 - Brittany Tagliaferro-Lucas: Train EMS to call the Registry hotline like they do for the POLST Registry. HERO Kids Registry will be available to all children and not limited to a specific population.
- **Matt Philbrick:** What is the age range? If a kid is enrolled at 18, are they unenrolled at 21 or older?
 - Tamara Bakewell: Do not have an answer yet. Development takes a long time and healthcare is in transition. Stay tuned.
 - Brittany Tagliaferro-Lucas: If a person would like to withdraw from the Registry there will be a way to pull their information.
- **Dr. Dana Selover:** If you are thinking about automatic, opt outs, etc. What does it look like to opt in at a particular age? Could they stay on?
 - Brittany Tagliaferro-Lucas: In the future it may be possible to expand to adults.
 - Tamara Bakewell: This could work for any age when a person cannot communicate.
- **Dr. Carl Eriksson:** This could be used for people of difficult circumstances, such as someone that has a difficult airway. Are there plans to include SW Washington as well?
 - Brittany Tagliaferro-Lucas: At this time, it is limited to Oregon, but it is not off the table.
- **Dr. Brent Heimuller:** I would love to help.

- **Matt Philbrick:** The committee would like to have quarterly updates.

9. EMSC Program Update: Rachel Ford

Pediatric Readiness Program: The team continues to meet every other month and work to meet objectives. The November Education session, *Pediatric Sepsis Management: A Thoughtful Approach*, recording and slides are posted on the PRP website. Preparing for February 2021 offerings: 1) Workshop - *University of Continuous Quality Improvement*. CEUs available.; and 2) Education session - *Suicidal Children in the Emergency Department: Strategies to Evaluate and Manage within a Strained System*. Applying for CEUs. Registration information for both is available on the PRP website. Working on getting a MS Teams channel to aid in communication between the team and hospitals.

Health Resources and Services Administration (HRSA) EMSC Grant Administration: FY 21 Progress Report submitted. EMSC Program Managers tried to negotiate with HRSA about postponing January EMS survey, but it will move forward with decreased communication to agencies. Anticipate decrease in agency participation.

2020 Highlights:

- The conversation started in late 2019, but the development of the Health Emergency Ready Oregon (HERO) Kids voluntary registry really picked up speed throughout 2020. Tamara, Brittany and Rachel have been taking small deliberate steps towards making this a reality.
- In January-March, achieved a 70.5% response rate for the annual EMS survey, with over 20% achieved in last two weeks of March by calling almost 200 agencies during the early days of COVID.
- In March-September, with funding from ODOT, distributed 93 pediatric restraint systems to 38 rural and frontier EMS ground transport agencies.
- In June, wrapped up the 2 ½ year Pediatric Readiness Quality Collaborative with one Southwest Washington and 16 Oregon hospitals. In August, Rachel was asked to be the lead author on a white paper documenting the PRQC experience. It is available on the EMSC Innovation & Improvement Center website.
- In July, kicked off the Pediatric Readiness Program to offer timely resources, support and education to all Oregon and Southwest Washington hospitals.
- In August, Rachel introduced herself and the EMSC program to the newly identified EMS transport agency Pediatric Emergency Care Coordinators (PECCs). Will continue to communicate and share resources with the PECCs.

10. AmeriCorps VISTA Member Project Update: Prachi Patel

Building off the past 2 years of VISTA project, the Oregon Rural Health Listening Tour, and the data received from EMS relicensing surveys. The project is aimed at better understanding what specifically the rural and frontier agencies need in terms of resources to build a more sustainable agency and system. The last couple of months two different modified Informed Community Self-Determination surveys were sent to EMS Agency Directors and volunteers. Have received a good number of surveys back and are starting to get surveys ready to send out to public health system,

emergency management and community members partners. Look forward to analyzing the responses, bringing together community stakeholders to discuss next steps, and sharing resources to support them moving forward.

11. State EMS & Trauma Systems Program Update: Dr. Dana Selover and Elizabeth Heckathorn

Dr. Dana Selover: Legislative Concept (LC) 397

LC 397 is a 92-page bill that takes two existing statues and rebuilds them. LC 397 includes Advisory Board and Committee reorganization, transport ambulance agency licensing fee increase, inclusion of non-transport EMS agencies, and development of hospital time sensitive emergency system.

EMSC focus: Changes will happen over time. Will maintain existing EMSC program and Committee and continue to fulfill HRSA requirements. Will add pediatric emergency care to Time Sensitive Emergency system in 2025 and phase in changes over 4-5 years. Rachel Ford submitted recommended changes to the LC 397, including maintaining the EMSC program, modifying EMSC Program Manager duties, clarifying Committee and OHA roles, and clarifying requirements that will be added to the Oregon Administrative Rules.

Would like to support from the Committee. Rachel Ford will connect with the Committee for feedback once the recommendations have been added to the LC 397 document, and Dana has shared the updated version along with talking points and summaries. This will be added to the April Committee meeting agenda.

Liz Heckathorn: EMS & Trauma Systems Program Update

Staff are working from home and coming into the office as needed. The data team is fully staffed with four positions filled. Recruiting a Compliance Specialist 3 for the Professional Standards Unit. Have received staff help from the Health Care Regulation and Quality Improvement team with the review of Ambulance Ares Service Plans.

Many colleges have not been able to provide in-person classes or EMS Psychomotor exams and are working hard to provide virtual education. The EMS & Trauma Systems program only had three National Registry Representatives that officiated exams. Recently trained three new National Registry Representatives to help with this work. A pilot Paramedic Psychomotor exam, with parts of that exam conducted virtually and parts conducted in-person, took place in October at Lane Community College. Psychomotor exams are scheduled for January and February at Chemeketa Community College, with a third one at Lane Community College in February or March.

Trauma Hospital Surveys and Agency/Ambulance Surveys are being conducted virtually through 2021. Gearing up for 2021 EMS Provider, Agency and Ambulance Renewal. Applications will open on April 1st.

12. Committee Member Roundtable

- **Tamara Bakewell:** Recently did a couple of presentations with the Preparing for a Trip to the Emergency Department toolkit that many Committee members worked on. The audience love it!

- **Matt Philbrick:** As of January 4, 2021, I am no longer with Mercy Flights. I am now working with Global Medical Response (GMR), a company with almost 40,000 employees. Working with the division of the organization called GMR Life, on a team of three, working on the mental health, resiliency and wellbeing platform. Will be working with deployments, FEMA, therapy dog teams, chaplaincy program and more.
- **Dr. Christa Schulz:** Went on YouthLine website during this meeting and ordered 100 handouts and only needed to pay for shipping.

13. Public Comments

None

14. Meeting Adjourned 11:13 a.m.

NEXT MEETING:

April 8, 2021

9:00 a.m. - 12:00 p.m.

Location: Zoom