

TOBACCO-FREE STATE OF OREGON PROPERTIES

To help Oregon become one of the healthiest states, Oregon Gov. John Kitzhaber has directed all State of Oregon properties to begin going **tobacco free in January 2013**. Tobacco use will not be allowed on the grounds or campuses of state property including:

Doorways—Parking lots—Porches—Outdoor foyers

Tobacco facts and resources

- Tobacco use is the No. 1 cause of preventable deaths in Oregon.
- Almost 7,000 Oregonians die every year from tobacco use and an additional 750 nonsmokers die every year from the effects of secondhand smoke.
- Tobacco use cost Oregon nearly \$2.4 billion in 2009.



If you see an employee, client or visitor using tobacco on campus, use these tips:

- Be polite and friendly.
- Assume the person isn't aware of the policy.
- Explain tobacco use is not permitted on the State of Oregon campus.
- Offer an Oregon Tobacco Quit Line card.
- Remind the person of links between tobacco use and health risks.
- Empathize with the person's situation.
- Make a decision based on the situation — you may not want to insist, but offer an Oregon Tobacco Quit Line card.

Oregon's Tobacco-free State Properties website

www.healthoregon.org/tobacco-free-state-properties

Intended for staff use

Oregon Tobacco Quit Line

1-800-QUIT NOW (784-8669)

Spanish: 1-877-2NO-FUME

www.quitnow.net/oregon