

COST-EFFECTIVENESS OF CHIROPRACTIC CARE
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Outline

- I. Economic burden of low back and neck pain:
 - A. Spending and Gross Domestic Product burden:
 - B. Significant cost drivers of medical costs:
 - 1] Prescription medications.
 - 2] Wider use of expensive drugs.
 - 3] Spine surgeries
 - 4] Hospital care.
 - 5] Outpatient visits.
 - 6] Medical imaging and diagnostic tests.
 - 7] Spinal injections.
 - 8] Back and neck problems.
 - 9] Medical errors.
 - C. Chiropractic alternative.
- II. Utilization of chiropractic
- III. Relative efficacy of chiropractic care:
 - A. Reduction of surgery and early MRI.
 - B. Reduction of disability.
 - C. Chiropractic care: Substitution or add-on?
- IV. Methodological concerns:
 - A. Minimal criteria.
 - B. Common deficiencies.
- V. Factors affecting costs with chiropractic utilization:
 - A. Chiropractors as first point of contact.
 - B. Reduction of surgery and hospitalizations.
 - C. Reduction of prescription use, including opioids.
 - D. Reduction of over-the-counter medication.
 - E. Reduction of imaging
 - F. Proposed reduction of spinal injections.
 - G. Combined categories.
- VI. Obstacles to cost savings and chiropractic utilization:
 - A. National.
 - B. Oregon.
 - C. Georgia.
 - D. New Jersey.
- VII. Leading studies:
 - A. Databases from insurers and practitioners.
 - B. Databases from workers' compensation studies and employers.
 - C. Databases from clinical studies.
 - D. Data from Medicare and Medicaid studies.
 - E. Economists' projection of cost-effectiveness of chiropractic expansion.
- VIII. Rebuttals:

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53 pages