

# How you can help foster children and youth

## Everyone can do something

To make sure our children get the best care possible, we need community support around foster families and case workers, from the simplest of donations to becoming a foster parent. Here are ways you can help:

### Learn more and share our message via our PSA video series

<http://www.oregon.gov/DHS/CHILDREN/Pages/Foster-Care-PSA.aspx>

### Support a foster family in your neighborhood

<http://ofpa.com/>

### Volunteer with us

<http://www.oregon.gov/DHS/providers-partners/volunteer/Pages/Index.aspx>

### Provide short-term respite care to foster families

<http://www.oregon.gov/DHS/Offices/Pages/Child-Welfare.aspx>

### Become a Court Appointed Special Advocate (CASA) to advocate for children in court

<http://www.oregoncasanetwork.org/>

### Become a foster parent

- Through our agency  
1-800-331-0503

<http://www.oregon.gov/DHS/children/fostercare/Pages/index.aspx>

- For one of the private treatment foster care organizations in Oregon <http://oregonalliance.org/>
- For a tribal community, by contacting your local tribe <http://www.oregon.gov/DHS/ABOUTDHS/TRIBES/Pages/Tribes.aspx>

**Participate, join, support or obtain additional information about foster care with Oregon Community Groups who focus on foster care**

- Oregon Foster Parent Association <http://ofpa.com/>
- Oregon Foster Youth Connection <https://oryouthconnection.org/>
- Every Child <http://everychildoregon.org/>
- Fosterclub, <https://www.fosterclub.com/>

**There are many other ways to help, either via the Department of Human Services or via one of the many community organizations we partner with. Do you have ideas about another way to contribute or want to know more? Let us know**

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