Youth Transition: ODDS Service Preparation Overview and Checklist

Introduction
Helping a child grow into an adult is exciting and can take time to prepare. When that child has an intellectual or developmental disability (IDD), there may be some additional planning and resources to consider. This phase of life might feel overwhelming, but you can start by helping your child envision what they want their adult life to look like. Then explore what they might need in order to get there.

Developmental Disability (DD) Services is one of many kinds of support available to you and your child, and keeping eligibility after turning 18 may require some work.

This guide provides a broad overview and a checklist of requirements for accessing DD services and supports, so that you and your child can be prepared for transitioning into adult DD services. All funded services and supports in the Oregon DD system (ODDS) require eligibility and can be time consuming, but offer specific services that may benefit your child in pursuing the future they want. Remember – you and your child are in the driver’s seat. It is your child’s life, their vision for the future, and these services are here to help them reach their goals.

Keeping eligibility
When entering adult DD services, eligibility must be redetermined. Your CDDP (Community DD Program) case manager will work with you through this transition and re-eligibility processes for DD services, in coordination with other systems services. Starting at age 18, your child can choose to have services be coordinated through a CDDP or a brokerage. If your child chooses to work with a brokerage, the CDDP case manager will help you prepare for a smooth transfer to the brokerage.

❖ What kinds of eligibility need to be determined for adults?
To access DD services through a CDDP or brokerage, everyone must go through different eligibility processes based on their choice of services. All the various processes can be lengthy. Refer to the eligibility preparation steps below to help you understand your and the CDDP case manager’s roles and responsibilities.
✓ **IDD eligibility**: This is required to enter DD services as a child, and again prior to becoming an adult. DD services can be case management only, where a case manager helps coordinate unpaid/paid services and supports available in your community, including health care through the Oregon Health Plan (OHP). [DD services](#) can also include access to paid long-term services and supports available through ODDS. A [CDDP eligibility specialist](#) will redetermine your child’s IDD eligibility.

✓ **Medicaid eligibility**: This is required to access Medicaid funded DD services. Many DD services require eligibility for Medicaid health insurance. If your child chooses/continues to access Medicaid funded DD services and [Medicaid/OHP](#) insurance benefits, a [medical eligibility worker](#) will determine/redetermine your child’s Medicaid eligibility. Your CDDP can help coordinate this process.

✓ **Social Security eligibility**: Social Security benefits have a direct relation to eligibility for Medicaid/OHP insurance benefits and other federal and State benefits/services available to your child. There are two types of cash benefits your child may receive from the federal Social Security Administration (SSA) – Supplemental Security Income ([SSI](#), [audio](#), [other languages](#)) or Social Security Disability Insurance ([SSDI](#)) – described in this SSA [brochure](#), and this [publication](#) ([audio](#), [other languages](#)). A [Social Security representative](#) will determine/redetermine your child’s Social Security eligibility. This [brochure](#) ([audio](#)), provides explanation about your child’s SSI eligibility when they turn 18 and how SSI is relate to other federal and state programs and benefits.

❖ **Eligibility preparation steps – roles and responsibilities**

✓ **Redetermination of IDD Eligibility**…
Your child’s CDDP case manager will guide you throughout the process. ID and DD eligibility have slightly different review timelines. Eligibility must be redetermined by age 18 for ID, and by age 22 for DD. Typically, the process starts between 16 to 18 for ID, [OAR 411-320-0080(3)](#), and between 20 to 22 for DD, [OAR 411-320-0080(4)](#). You and your child’s CDDP case manager have shared responsibilities of ensuring that your child has a timely IDD eligibility decision to continue with the service planning process, and avoid any potential eligibility-based service gaps.
If your child chooses/continues to access Medicaid funded DD services and Medicaid/OHP health insurance:

**OHP/ Medicaid**
- Check with CDDP on your child's Medicaid/OHP status
- Annual redetermination notice will be sent to you from the OHP/Medicaid office
- If has OHP but not Medicaid, CDDP will help you start presumptive Medicaid application process

**No OHP/ Medicaid**
- Apply any time before their 18th birthday
- If has presumptive Medicaid, CDDP will help you verify status
✓ If you choose to apply/reapply for Social Security benefits...

**Has SSI/SSDI**

- If your child has SSI and chooses to reapply, review process usually begins on their 18th birthday
- If your child has SSDI, their disability will be reviewed at age 18

**No SSI/SSDI**

- If because of the family’s income and resources, your child can apply at age 18

Review the Social Security’s [Disability Determination Process](#) website and apply online, or call 1-800-772-1213 to make an appointment for your application over the phone, or apply at your [local Social Security office](#).

Review the [SSI Child Disability Starter Kit](#) and the [Adult Disability Starter Kit](#) to help you prepare.

[Link to T-18 benefits planning document here]

### Support needs assessment and planning

Once IDD eligibility has been redetermined, your child will need a new *Functional Needs Assessment* and *Individual Support Plan* (ISP). The Functional Needs Assessment will consider support areas for an adult that was not previously considered for a child, and is a required part of accessing DD services. Your child’s ISP is a shared road map and should describe their future vision, what they feel they need in order to pursue it, and how they choose to meet those needs. This will include, but not be limited to their use of Developmental Disabilities and Vocational Rehabilitation services. This is a good place to incorporate the services plans you may have developed with other agencies, such as your child’s school – as all of the supports you use should build on each other.

❖ **Assessment and planning preparation steps**

- Ask your child’s CDDP case manager for *person-centered planning tools* to help you brainstorm possibilities with your child – e.g., [Tool for Developing a Vision, Integrated Services and Supports](#). The [Charting the LifeCourse: Transition to Adulthood](#).
Schedule an appointment with the CDDP for the functional needs assessment and level of care redetermination.
- Invite whom you or your child may wish to be present
- Ask for a list of questions/forms that will be used

Schedule an appointment with the CDDP for the ISP.

Gather additional documents to bring along, such as:
- Individualized Education Plan (IEP) – ask the education service district (ESD) for a copy if necessary.
- Individualized Plan for Employment (IPE), if your child is working with Vocational Rehabilitation (VR) – ask the VR counselor for a copy if necessary.

Other things to consider

Supported decision making: Once your child is 18, they are considered to be an adult legally, and can choose to make decisions for themselves with your support. They can also designate or appoint someone to help them with the provision of DD services.

See section 9 of the Planning My Way to Work: A Transition Guide for Students with Disabilities Leaving High School to learn about the transfer of parental rights options, and this DHS website for additional resources. This PRACTICAL Tool may be a useful checklist when thinking of supported decision-making.

Financial planning for adulthood: If your child accesses Medicaid or Social Security, their finances may impact their eligibility. Consider Special Needs Trusts or ABLE (Achieving a Better Life Experience) Accounts when saving for the future.

Goals for the future: Review identified goals and outcomes from various service plans (i.e., ISP, IEP, IPE) to make sure they concertedly support your child in the ways they want.
- **ISP** (Individual Support Plan) reflects services and supports your child needs in their daily life functioning at home and community.
- **IEP** (Individualized Education Plan) reflects your child’s secondary and post-secondary educational and life goals.
- **IPE** (Individual Plan for Employment) reflects your child’s job goals.

**Health & Health care:** Consider what kind of health care and support your child will need as an adult and start looking for healthcare practitioners who can meet their care needs. Review available resources for health care transition.

**Living Situation:** Start talking with your child about where they want to live as an adult. Their living arrangement does affect their SSI benefit. Will they live with family or friends? Will they pay rent? If they access SSI, paying rent is important to keep their eligibility based on countable income!

**Voting:** Your child has the right to vote starting at age 18, but they can register at age 16! The Civics Toolkit can help them understand relevant issues and candidates when it is time to vote, but first they need to register! Check out the Secretary of State webpage for voting and elections information, and here for additional guidance.

**Selective Service:** Your child may have received information about financial aid and scholarships from school, such as this one, to pursue higher education as part of their desired future. They may need your help to register for selective service to be eligible for federal student financial aid.

**Photo Identification (ID):** If your child does not have an Oregon driver’s license, it is time to consider what kind of alternative photo ID they will carry. Check with the Oregon Department of Motor Vehicle Services (DMV) for a State-issued ID card. Other options include: a passport book/card, school ID card, Certificate of naturalization/citizenship, federally recognized Indian tribes photo ID.
Resources for more information


Youth Transition: ODDS Service Preparation Checklist

IDD Eligibility
☐ Review Redetermination of Eligibility notice and keep in contact with CDDP
☐ Gather necessary information (must be less than 3 years old) – IDD testing records, Medical/clinical diagnosis, Adaptive behavior testing result
☐ Complete and return forms to CDDP when needed
☐ Go to scheduled appointments for testing if needed
☐ Work with CDDP to complete IDD eligibility, by age 18 (ID) or 22 (DD)

Medicaid/OHP Eligibility
☐ Check with CDDP on Medicaid/OHP status
   ☐ Apply before 18th birthday, if does not have OHP
      ☐ If has OHP, make sure you receive the annual redetermination notice
      ☐ If has OHP but not Medicaid, CDDP will help with the presumptive Medicaid process

Social Security Benefits
☐ Review Social Security’s Disability Determination Process, if choose to apply/reapply
   ☐ Apply – online, or call 1-800-772-1213, or apply at local Social Security office

☐ Review SSI Child Disability Starter Kit and Adult Disability Starter Kit
   ☐ If has SSI, review process usually begins on 18th birthday
   ☐ If does not have SSI, can apply at age 18
   ☐ If has SSDI, review is at age 18

Support Needs Assessment and Planning
☐ Ask CDDP for person-centered planning tools for brainstorming – e.g., Tool for Developing a Vision, Integrated Services and Supports. The Charting the LifeCourse: Transition to Adulthood

☐ Schedule an appointment with CDDP
   ☐ For functional needs assessment and level of care redetermination
      ☐ Invite whom you or your child may wish to be present
      ☐ Ask for a list of questions/forms that will be used
   ☐ For the Individual Support Plan (ISP)
      ☐ Gather additional documents to bring along – e.g., Individualized Education Plan (IEP), Individualized Plan for Employment (IPE)