

问：如何知道这是我的首次续期？

答：如果您在不足 25 个月之前首次获得俄勒冈州的执照，这将是您的首次续期。

问：首次续期要求我提交哪些文件？

答：提供填写完整的已署名续期表格，附带相应的状态请求。提供当前 CPR 证明、费用支付以及可能要求的任何额外文件。

问：续期到期日期是什么时间？

答：您的续期到期日是您的终止日期当月的第一天。为避免处罚滞纳金，您的续期表格邮戳日必须不迟于您的出生月份（不是您的出生日期）的第一天。滞纳金从当月第二天开始以每周 25.00 美元的速度累计，最高可达 100.00 美元。

问：委员会会给我邮寄续期表格吗？

答：出于好意，OBTM 会把执照续期提醒明信片寄往备案的邮寄地址。但是，在截止日期之前确认他们已在线续期或者从 OBMT 网站打印续期表格，这最终是 LMT (持证按摩治疗师) 的责任。我们建议您在日历上标记以关注您的续期时间。您可以在我们的网站 <http://www.oregon.gov/OBMT/forms.shtml> 上打印续期表格。

问：如果我的续期表格的信息不是当前的或者是不正确的，应该怎么办？

答：在打印的续期表格上或者在续期系统网上更新您的信息时进行相应的变更。如果您变更了姓名，请一定要邮寄或传真当前驾照或者法律上认为该修改正当的法院文件的副本。

问：从首次续期开始，我已开始修读继续教育课程，我怎样提交这些课程？

答：保留您的继续教育证书的所有原件，续期时，在网上续期系统或者打印的续期表格中列出您的 CE (继续教育) 并保留所有 CE 证书原件以防您被选中作 CE 审核。

问：我需要提供当前 CPR 的证明吗？

答：需要。自 2008 年 1 月 1 日起，所有申请有效状态的续期须包括当前成人基本 CPR 证明。您可以使用获得 CPR 所花费的学时来满足您的 CE 要求。网络 CPR 课程也可以接受。尽管不要求急救课程，但是，您可以使用这些学时来满足您的 CE 要求。您将需要提供卡片的截止日期作为完成的证明，或者，如果您被选中作 CE 审核，您将需要提供 CPR 卡片的副本。

问：续期时，我需要提交多少继续教育的学时？

答：所有活跃状态的 LMT 都需要提供 25CE 学时的证明。除了先前执照期延续的面授学时，所有的 CE 必须在您的续期到期日之前两年内获得。所需 CE 学时共计 25 学时，所需面授学时最少为 15 学时，至少 4 个面授学时必须用于职业道德、界限和/或沟通课程。25 学时中剩余的 10 学时可以为面授学时或非面授学时。

问：如果我的 CE 学时超过所需 CE 学时，怎么办？

答：所有的继续教育必须在续期期间完成。超过所需总学时的面授学时只能延续到下一期的续期时期。例如：如果在此次续期期间，您获得了 75CE 学时并将其提交至委员会用于续期，那么 25CE 学时将会用于这次续期，25CE 学时将会延续到下一次。如果在此次续期期间，您获得了 75 CE 学时，并将 25CE 学时提交至委员会用于续期，其余的 CE 学时将不会延续到下一次，下一次续期时您将不能提交这些学时，因为这些学时不是在该续期期间获得。

问：CE “面授”学时和“非面授”学时之间有什么不同？

答：CE 面授学时定义为在导师在场指导下的课堂、工作室或者讨论会中的实际时间，或者互动远程学习课程（互动远程学习支持师生间常规的和基本的互动，要么通过网络聊天室，要么通过提出问题并之后获得答案以及学生与学生之间的互动）。非面授 CE 学时可以通过发表文章、自学和教学获得。

问：什么是互动远程学习？

答：互动远程学习支持师生间常规的和基本的互动，要么通过网络聊天室获得，要么使用互动平台提出问题，以及学生与学生之间的互动获得。在线学习、函授和自学不能算作互动远程学习，因为师生之间没有足够的互动。

问：需要提供哪些文件作为完成 CE 课程的证明？

答：提供各完成证书、验证函或者官方/非官方成绩单的副本。您必须将原件作为记录保留 5 年。如果通过自我指导完成 CE，您需要写一页的小结，其中包括识别信息，例如来源、标题、作者以及审阅材料所花费的时间。

问：CE 学时如何计算？

答：CE 学时的计算为 1 小时等于 1 个 CE 学时。但是，如果您参加大学课程，并且时间以学分计算，则按照一学分等于 10 个标准 CE 学时来计算，除非学校另有规定。

问：活跃状态与非活跃状态的差异是什么？

答：活跃状态意味着您持有可以在俄勒冈州从事按摩工作的有效执照。非活跃状态类似于将您的执照“暂停”一段时间。非活跃执照持有者不能在俄勒冈州宣传或从事按摩。但是，如果您决定再次执业，保留一个非活跃执照会使恢复为活跃状态的这一流程更加简单。

问：如果我申请非活跃状态，这意味着什么？

答：续期时，您可以申请非活跃状态并保持非活跃状态。重新激活时，您将需要提供反映每一次续期时所需的 CE 学时数（最高可达 50CE 学时）的 CE 学时证明。

如果您有其他问题或需要澄清，请随时发送电子邮件至 obmt.info@state.or.us 或致电（503）365-8657 联系许可协调员。

指纹识别问题

问：背景检查要求哪些人提交指纹？

答：所有的初始执照申请人、任何由失效状态恢复的执照持有者以及任何从非活跃状态恢复的执照持有者。*****在这一次，除非执照持有者是从非活跃状态或失效状态恢复，否则，按摩执照续期不要求指纹背景检查。*****

问：在什么情况下需要提交指纹？

答：如果您居住在俄勒冈州或美国的其他州，您必须以电子方式采集指纹。请参阅以下说明预约以电子方式采集指纹。没有完成指纹背景检查，将**不会**给个人发放初始的俄勒冈州按摩执照。

问：我何时支付指纹费用？

答：在俄勒冈州或美国的其他州，在安排预约以电子方式采集指纹之前，您必须支付 40 美元的指纹处理费用。

问：我提交指纹时会发生什么？

答：一旦您安排了预约并使用 [fieldprint](#) 电子方式采集您的指纹，[fieldprint](#) 将您的指纹以电子方式提交给俄勒冈州警察局。州警察局进行州内背景检查，并将指纹转发给联邦调查局进行全国背景调查。然后，联邦调查局将结果返回俄勒冈州警察局，俄勒冈州警察局将结果返回按摩委员会。

问：处理指纹花费多长时间？

答：俄勒冈州按摩治疗师委员会从俄勒冈州警察局收到指纹结果需要 10 天。

问：采集指纹时我有什么选择？

答：在俄勒冈州和美国的其他州，您必须安排预约使用 [fieldprint](#) 电子采集指纹。

***** 请知悉，一笔 12.50 美元的单独费用将直接支付给 [fieldprint](#)，以获取电子指纹。*****

问：委员会提供指纹卡吗？

答：不提供。指纹是由 [fieldprint](#) 通过电子方式采集并提交的。

问：如果我因为另一个机构或另一个原因做过指纹检查，我还必须提交指纹检查吗？

答：是的，机构之间不共享这些信息，一旦完成，指纹即被销毁。因此，各机构都需要从申请者获取其各自的指纹检查。

问：如果我的背景检查有负面回应会怎样？

答：委员会将向申请人发信，要求提供有关逮捕或定罪的其他信息。其他信息包括：警方报告副本（从逮捕机构获取）、判决书副本（从法院获得，表明所要求内容的文件）、判决履行书的副本（从法院获得，表明已满足所有要求的文件）和申请人就有关事件以及如果没有按要求报告，为什么没有按要求向委员会报告所作的解释。

逮捕和/或定罪不会自动取消某人获得俄勒冈州许可成为按摩治疗师的资格，但无法准确和充分地报告可能会阻碍或延误执照发放的过程。

在俄勒冈州安排电子指纹采集预约，请按照以下简单说明进行操作：

访问网站 www.FieldprintOregon.com。

点击“安排预约”按钮。

在“新用户/注册”下输入电子邮件地址，然后点击“注册”按钮。按照创建密码和安全问题的说明进行操作，然后点击“注册并继续”。

输入 Fieldprint 代码：**FPORMassTherapistsDAS**

输入联邦调查局要求的联系人和人口统计信息，并在您选择的地点安排指纹预约。

整个过程结束时，打印确认页。携带打印的确认页以及两种形式的身份证明去参加指纹预约。

如果您有任何问题或疑问，可按以下方式联系我们的客户服务团队：

致电 877-614-4364 或者发送电子邮件至 customerservice@fieldprint.com

其他执照问题

问：我能获得我的执照的副本吗？

答：可以。您可以预订您的执照的副本。执照复印每份 10 美元。您可以通过填写 [本表](#) 并支付相应的费用后，将其发送至委员会办公室来预订一份或多份副本。

问：我需要将我的俄勒冈州执照验证发送到另一个州，这会产生费用吗？

答：会。每个执照验证需要 10 美元的费用。通常情况下，各州都有自己的表格供我们的办公室填写。请提交所需的验证表格，支付各验证所要求的 10 美元的费用。您也可以使用 [本表](#) 申请执照的验证。请确保包含您想要寄送执照验证之地的信息。

问：如果更改姓名，我需要提交什么证明文件？

答：您将需要提供当前驾照的副本或者证明姓名更改合法的法院文件的副本。注：不要求您重新打印您的执照以反映姓名的更改。但是，您可以通过填写[本表](#)并支付相应费用，将其发送给委员会办公室来预订您的执照重印。

逮捕记录和合规性问题

逮捕和定罪

问：我有犯罪定罪或逮捕历史。在俄勒冈州，我能通过获得执照成为一名按摩治疗师吗？

答：具有犯罪记录或定罪的个人不会自动被禁止在俄勒冈州获得按摩治疗师的执照。但是，在做出决定之前，每个案例都经过单独的审查，并且，决定是基于每个案例的事实作出的。*会考虑到这种犯罪是否与从事按摩有明显的关系。*

您也应该知道，如果有以前的犯罪记录，将只会在申请时决定是否接受执照申请。不能保证投入时间和金钱来追求按摩治疗师职业就可以导致执照的签发。

问：关于我的逮捕历史，我必须向委员会提供什么信息？

答：申请时，要求提供的关于逮捕事项的信息如下：

警方报告副本（从逮捕机构获取）

判决书副本（从法院获得，详细说明对您的要求的文件）

判决履行书副本（从法院获得，表明满足所有要求的文件）

来自您的详细声明，说明发生了什么、如何解决的以及您从中吸取了什么教训。

问：需要报告哪些类型的逮捕？

答：需要向委员会报告所有的逮捕和/或定罪。这包括像 DUII（酒驾或药物影响下驾驶），通过转处而不予受理，或者其中案件在没有定罪的情况下不予受理的事项。

问：我需要报告多久以前发生的逮捕？

答：作为成人已经发生的所有逮捕都需要报告。

执业问题

问：在俄勒冈州，按摩执业的范围是什么？

答：334-010-0025 按摩的执行

(1) 按摩治疗可以包括但不限于：

(a) 客户引入和评估；

(b) 执行按摩或身体工作；

(c) 公布按摩评估和建议；以及

(d) 记录文件。

(2) 按摩治疗不包括：

(a) 高速/低振幅力的应用进一步定义为指向关节表面的冲击力技术；

(b) 使用需要处方的设备或装置；或

(c) 作出医疗诊断。

问：在俄勒冈州，我首选的物理疗法或者执业领域是否要求我成为获得许可的按摩治疗师？

答：委员会监管按摩治疗师和与客户进行身体接触（属于按摩的范畴）的人。委员会不监管技术。如俄勒冈州 687.011（4）中所述：“按摩”或“按摩疗法”是指对人体施加压力、摩擦、按抚，敲击或揉捏，或通过人工、机械设备或体操运动对人体进行振动或拉伸，使用或不使用如振动器、红外线加热、日光灯和外部浴等器械，使用或不使用如盐、粉末、液体或者霜剂等润滑剂，以达到但不限于保持身体健康和建立和维持良好的身体状况的目的。

如果您所做的工作不涉及触摸客户，或者如果您所做的工作不属于按摩的范畴，那么从事这项工作的从业者不需要受到本委员会的监管。但是，一旦与客户发生身体接触，则从业者便**可能**提供按摩定义中所列出的一个或多个项目，如果从业者未经许可，可能会受到委员会的纪律处分。

如果您想了解与您所从事的工作有关的法律责任，建议您咨询您自己的法律顾问。

问：我从事反射疗法，我需要获得俄勒冈州的执照吗？

答：从 2008 年 1 月 1 日起生效，俄勒冈州对于“反射疗法”已有具体豁免。根据俄勒冈州 687.031（1）（i）中所述，豁免如下：没有明示或暗示其作为按摩治疗师，并且其工作限制于从事反射疗法的反射疗法从业者，反射疗法通过使用拇指施加压力至脚、手和耳朵上的反射点达到使身体平衡的目的，从而促进客户身体健康。

如果您想了解与您所指的工作有关的法律责任，建议您咨询您自己的法律顾问。

问：在我的执业中，我可以使用该设备吗？

答：如果所使用的治疗目的属于按摩执业的定义和范畴，普通人群可以获得所使用的设备，或不限哪些人可以购买设备，并且所使用的设备不需要处方，则 LMT 使用该装置或设备是可以接受的。

委员会还希望，使用任何此类装置的任何 LMT 可以获得相应的设备使用和操作培训。

问：我必须持有营业执照吗？

答：这不是 OBMT 的问题。您需要联系您工作所在的城市来确定营业执照获取的要求。

问：在我家之外从事按摩生意，需要遵守什么规定？

答：俄勒冈州行政规则第 20 条详细说明了设施和卫生设施的具体要求。您还需要联系您工作所在的城市，以确定是否有营业执照获取的要求。

问：在俄勒冈州从事动物按摩，我需要执照吗？

答：由于本委员会只对那些对人体进行按摩的人有管辖权，所以这不是 OBMT 负责的问题。

据我们所知，动物按摩不要求任何类型的执照发放。但是，我们获悉兽医委员会确实对个别人士从事动物按摩有些要求，包括持牌兽医的转介。

您可联系兽医委员会，看看这是不是他们将来想要监管的事情，或者对个人从事动物按摩有哪些要求。

您可以访问他们的网站 <http://www.oregon.gov/OVMEB/>，发送电子邮件至 ovmeb.info@state.or.us 或拨打 971-673-0224。

问：如何获得 NPI 编号？

答：您可以在 <https://nppes.cms.hhs.gov/NPPES/Welcome.do> 获得 NPI (国家供应商标识) 编号。如果您有问题，可拨打 1-800-465-3203。

Q: How do I know this is my first renewal?

A: If you first received your Oregon license less than 25 months ago, this will be your first renewal.

Q: What am I required to submit as part of my first renewal?

A: Provide the completed renewal form, signed, with the appropriate status request. Proof of current CPR, payment of fee(s), and any additional documentation that may be requested.

Q: When is the renewal due date?

A: Your renewal is due the **first day of the month** of your expiration date. Your renewal form must be postmarked no later than the first day of your birth month (NOT your actual birthday) in order to avoid the assessment of late fees. Late fees begin to accrue on the second day of the month at a rate of \$25.00 per week up to the maximum amount of \$100.00.

Q: Will the Board mail me my renewal form?

A: As a courtesy, the OBMT sends license renewal postcard reminders to the mailing address on file. However, it is ultimately the responsibility of the LMT to be sure that they have renewed online or printed a renewal form from the OBMT web site prior to their due date. We suggest you mark your calendar to watch for your renewal date. You can print the renewal form from our web site, at <http://www.oregon.gov/OBMT/forms.shtml>.

Q: What if the information on my renewal form is not current or correct?

A: Making the appropriate changes on your printed renewal form or when renewing online updates your information in the renewal system. If you have a change of name, please make certain to mail or fax either a copy of a current Driver's License or a copy of the court document legalizing the change.

Q: I have taken continuing education courses since my first renewal. How do I submit them?

A: Retain all originals of your continuing education certificate(s). When it is time to renew, list your CE's in the online renewal system or printed renewal form and retain the original CE certificates in case you are chosen for a CE audit.

Q: Am I required to provide proof of current CPR?

A: Yes. Effective January 1, 2008, all renewals requesting active status are required to include proof of current adult basic CPR. You may use hours spent to obtain your CPR toward your CE requirements. Online CPR courses are acceptable. While First Aid is not required, you may use these hours towards your CE requirements. You will need to provide the expiration date of the card as proof of completion, or if chosen for a CE audit you will be required to provide a copy of the CPR card.

Q: How many Continuing Education (CE) hours am I required to submit with my renewal?

A: All Active LMTs are required to provide proof of 25 CE hours. With the exception of contact hours carried over from the prior license period, all CE must be obtained in the two years prior to your renewal due date. The total number of CE hours required is 25 and the minimum number of "contact hours" required is 15. At least 4 contact hours must be in Professional Ethics, Boundaries and/or Communication. The remaining 10 of 25 may be contact or noncontact hours.

Q: What if my CE hours exceed the required CE hours?

A: All Continuing Education must be completed within the renewal period. Contact hours taken in excess of the total number required may only be carried over to the next subsequent renewal period. E.g. if you have taken 75 hours of CE's in this renewal period and SUBMIT them to the board for renewal, then 25 CE's would be used to renew your license and 50 CE's will carry over. If you have taken 75 CE's in this renewal period and submit 25 CE's to the Board for renewal, the excess will not carry over and you will not be able to submit them at your next renewal period, because they would not have been taken during that renewal period.

Q: What is the difference between "contact" CE hours and "non-contact" CE hours?

A: Contact CE hours are defined as actual hours in a class, workshop or seminar under the instruction of and in the physical presence of an instructor; or an interactive distance learning course (Interactive distance learning supports regular and basic interaction between the student and the instructor either on an online chat room or by posting a question and getting an answer later as well as student-to-student interaction). Non-contact CE hours can be obtained by publishing an article, self-study and teaching.

Q: What is interactive Distance Learning?

A: Interactive distance learning supports regular and basic interaction between the student and the instructor either obtained through an online chat room, or post a question by use of interactive platform as well as student-to-student interaction. E-learning, correspondence, and self-study does not qualify as interactive distance learning as there is not enough interaction between the instructor and the students.

Q: What documentation is required to provide as proof of completion of my CE courses?

A: Provide a copy of each certificate of completion, letter of verification, or official/unofficial transcript. You must retain the originals for your records for 5 years. If the CE is done through self-guided instruction you will need to write a one-page summary that includes identifying information such as source, title, author and hours spent on the review of the materials.

Q: How are CE hours calculated?

A: CE hours are calculated as 1 clock hour equals 1 CE hour. However, if you take a college course and the time is calculated in credits, a standard 10 CEs per credit is given unless otherwise indicated by the school.

Q: What is the difference between Active status and Inactive status?

A: Active status means you hold a valid license to practice massage in the State of Oregon. Inactive status is similar to putting your license on "hold" for a time. Inactive licensees may not advertise or practice massage in the State of Oregon. However, maintaining an inactive license makes the process more simple to return to active status should you decide to begin practicing again.

Q: What does it mean if I request Inactive status?

A: You may request Inactive status at the time of your renewal and remain in Inactive status. At the time of reactivation you will be required to provide proof of CE hours reflective of the number of CE hours required at the time of each renewal period, up to a maximum of 50 CE hours.

If you have additional questions or need clarity, please do not hesitate to contact Licensing Coordinator by email at obmt.info@state.or.us or by phone at (503) 365-8657

Fingerprinting Questions

Q: Who is required to submit fingerprints for Background Checks?

A: All initial license applicants, any licensee returning from a lapsed status and any licensee returning from an inactive status. *** **AT THIS TIME, FINGERPRINT BACKGROUND CHECKS ARE NOT REQUIRED FOR MASSAGE LICENSE RENEWALS, UNLESS A LICENSEE IS RETURNING FROM AN INACTIVE OR LAPSED STATUS** ***

Q: At what point do the fingerprints need to be submitted?

A: If you reside in the State of Oregon and other states in United States, you must have your fingerprint taken electronically. Please see the instruction below to schedule an appointment for your fingerprints to be taken electronically. An individual **WILL NOT** be issued an initial Oregon massage license without a completed fingerprint background check.

Q: When do I pay the fingerprint fee?

A: You must pay \$40 fingerprint processing fee before scheduling your appointment to have your prints taken electronically in the State of Oregon and other States in the United States of America.

Q: What happens when I submit my fingerprints?

A: Once you have scheduled and have your fingerprints taken electronically with [fieldprint](#), [fieldprint](#) submits your prints electronically to the Oregon State Police. The State Police performs an in-state background check and forwards the fingerprints to the FBI for a national background check. The FBI then returns the results to the Oregon State Police and the Oregon State Police return the results to the Board of Massage.

Q: How long does it take to process my fingerprint?

A: It can take up to 10 days for the Oregon Board of Massage Therapists to receive the fingerprint results from the Oregon State Police.

Q: What are my options when getting fingerprinted?

A: You must schedule an appointment for your fingerprints to be taken electronically in the State of Oregon and other States in the United States of America with [fieldprint](#).

***** Please be aware that there is a separate fee of \$12.50, paid directly to fieldprint for obtaining electronic fingerprints. *****

Q: Does the Board provide the fingerprint cards?

A:No. The fingerprints are taken and submitted electronically by [fieldprint](#).

Q: Do I have to submit to a fingerprint check if I've already done so for another agency or another reason?

A: Yes. Agencies do not share this information and once completed, the fingerprints are destroyed. As a result, each agency is required to obtain their own fingerprint checks from the applicant.

Q: What happens if there is a negative response to my background check?

A: The Board will send a letter to the applicant requesting additional information pertaining to the arrest or conviction. Additional information includes: Copies of police reports (obtained from the arresting agency), copies of judgments (documents from the courts indicating what was required), copies of settlement of judgment (documents from the courts indicating that all requirements have been met) and an explanation from the applicant pertaining to the event and, if not reported as required, why it was not reported to the Board as required.

Arrests and/or convictions do not automatically disqualify someone from obtaining a license as an Oregon licensed massage therapist, however failure to accurately and adequately report may hinder or delay the licensure process.

To schedule an electronic fingerprinting appointment in the State of Oregon, please follow these simple instructions:

Visit www.FieldprintOregon.com

Click on the “Schedule an Appointment” button.

Enter an email address under “New Users/Sign Up” and click the “Sign Up” button. Follow the instructions for creating a Password and Security Question and then click “Sign Up and Continue”

Enter this Fieldprint Code: **FPORMassTherapistsDAS**

Enter the contact and demographic information required by the FBI and schedule a fingerprint appointment at the location of your choosing.

At the end of the process, print the Confirmation Page. Take the Confirmation Page with you to your fingerprint appointment, along with two forms of identification.

If you have any questions or problems, you may contact our customer service team at 877-614-4364 or customerservice@fieldprint.com .

Misc. Licensure Questions

Q: Can I get a copy of my license?

A: Yes, you may order a copy of your license. License reprints are \$10 each. You may order one or more copies by completing [this form](#) and sending it to the Board office with the appropriate payment.

Q: I need to have verification of my Oregon license sent to another state. Is there a fee for that?

A: Yes, there is a \$10 fee for each license verification requested. Typically, each state has their own form for our office to complete. Please submit the required verification form with a \$10 payment for each verification requested. You may also request a verification of licensure by using [this](#)

[form](#). Please be sure to include information on where you would like to have the license verification sent.

Q: What documentation am I required to submit for a change of name? A: You will need to provide either a copy of a current Driver's License or a copy of the court document that legalizes the change of name. Note: It is not required that you request a reprint of your license to reflect the change of name. However, you may order a license reprint by completing [this form](#) and sending it to the Board office with the appropriate payment.

Arrest Record and Compliance Questions

ARRESTS & CONVICTIONS

Q: I have a criminal conviction or arrest history. Can I become licensed as a massage therapist in the State of Oregon?

A: Individuals with criminal records or convictions are not automatically barred from being licensed as massage therapists in the state of Oregon. However, each case is reviewed individually before a decision is made and the determination is made based upon the facts of each case. ***Consideration is given towards whether or not the crime bears a demonstrable relationship to the practice of massage.***

You should also be aware that the decision to accept application for licensure in the case of a prior criminal record **will only be made at the time of application**. There is no guarantee that investing the time and money to pursue a career as a massage therapist would result in the issuance of a license.

Q: What information do I have to provide to the Board pertaining to my arrest history?

A: Information pertaining to arrest matters requested at the time of application will be:
Copies of police reports (obtained from the arresting agency)
Copies of the judgment (documents from the courts detailing what was required of you)
Copies of settlement of judgment (documents from the courts indicating that requirements have been met)
Detailed statement from you indicating what occurred, how it was resolved and what you've learned from the situation.

Q: What types of arrests need to be reported?

A: **ALL** arrests and/or convictions need to be reported to the Board. This includes matters such as DUII, which may have been dismissed through diversion, or matters where the case was dismissed without a conviction.

Q: How current does the arrest have to be for me to report it?

A: **ALL** arrests that have occurred as an adult need to be reported.

PRACTICE QUESTIONS

Q: What is the scope of practice of massage in the State of Oregon?

A: 334-010-0025 [Practice of Massage](#)

(1) Massage treatment may include, but is not limited to:

- (a) Client intake and assessment;
- (b) Practice of massage or bodywork;
- (c) Post massage assessment and recommendation; and
- (d) Documentation.

(2) Massage treatment does not include:

- (a) The application of high velocity/low amplitude force further defined as thrust techniques directed toward joint surfaces;

- (b) The use of equipment or devices that require a prescription; or
- (c) Making a medical diagnosis.

Q: Does my preferred modality or field of practice require me to become licensed as a massage therapist in the State of Oregon?

A: The Board regulates massage therapists and the people who make physical contact that falls under the definition of massage, with a client. The Board does not regulate techniques. As stated in ORS 687.011(4): "massage" or "massage therapy" means the use of pressure, friction, stroking, tapping or kneading on the human body, or the use of vibration or stretching on the human body by manual or mechanical means or gymnastics, with or without appliances such as vibrators, infrared heat, sun lamps and external baths and with or without lubricants such as salts, powders, liquids or creams for the purpose of but not limited to, maintaining good health and establishing and maintaining good physical condition.

If the work you do does not involve touching the client or if the work you do does not fall under the definition of massage, the practitioner doing the work would not need to be regulated by this board. However, once contact is made with the client, the practitioner **could** be providing one or more of the components stated in the definition of massage and possibly be subject to disciplinary action by the Board if the practitioner is unlicensed.

If you are concerned about the legal liabilities in relation to the work you do, it is recommended that you consult with your own legal counsel.

Q: I practice reflexology. Do I need a license in the State of Oregon?

A: Effective January 1, 2008, there has been a specific exemption for the practice of Reflexology in Oregon. The exemptions is as follows per ORS 687.031 (1)(i): Practitioners of reflexology who do not claim expressly or implicitly to be massage therapists and who limit their work to the practice of reflexology through the application of pressure with the thumbs to reflex points on the feet, hands and ears for the purpose of bringing the body into balance, thereby promoting the well-being of clients.

If you are concerned about the legal liabilities in relation to the work you refer to, it is recommended that you consult with your own legal counsel.

Q: Can I use this equipment in my practice?

A: If the intent of the treatment being used falls within the definition and scope of practice of massage, the equipment being used can be obtained by the general population or does not have restrictions on who may purchase the equipment and the equipment being used does not require a prescription, then it would be acceptable for a LMT to use the device or equipment.

The Board would also expect that any LMT using any such devices would receive appropriate training on the use and operation of the equipment.

Q: Do I have to have a business license?

A: This is not an issue of the OBMT. You will want to contact the city that you are working in to determine the business licensing requirements.

Q: What rules do I have to follow to have a massage business out of my home?

A: Division 20 of the Oregon Administrative Rules details the specific requirements for facilities and sanitation. You will also want to contact the city that you work in to determine if there are any business licensing requirements.

Q: Do I need a license to practice animal massage in the State of Oregon?

A: As this board only has jurisdiction over those individuals practicing massage on the human body, it is not an issue that the OBMT would have.

To our knowledge, animal massage does not require any type of licensure. However, we have been informed that the Veterinary Board does have some requirements for an individual to practice animal massage, including a referral from a licensed veterinarian.

You may want to contact the Veterinary Board to find out if this is something that they intend to regulate anytime in the future, or what the requirements are for individuals to practice animal massage.

You can visit their web site at <http://www.oregon.gov/OVMEB/>, e-mail them at ovmeb.info@state.or.us or call 971-673-0224.

Q: How do I get a NPI number?

A: You can obtain a NPI number from <https://nppes.cms.hhs.gov/NPPES/Welcome.do>. Their phone number, if you have questions, is 1-800-465-3203.