



Oregon

John Kitzhaber, MD Governor

Board of Massage Therapists

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Education Committee Meeting

May 3, 2013

Pioneer Pacific College

Attendance

Committee Members:

Lisa Barck Garofalo, Chair

Nick Chrones, LMT

Peter Szucs, LMT

Steve Davis, LMT

John Combe, LMT

Lana Braunt, LMT

Board Members & Staff:

Kate Coffey, Executive Director

Christine West, Policy Analyst

Absent: Kathy Calise, Board Liaison

Public: None Present

CALL TO ORDER - Barck Garofalo called the meeting to order at 10:00 am.

INTRODUCTIONS: Present at time of introductions Barck Garofalo, Combe, Chrones, Davis, Szucs and Braunt.

Public Comment: No Public Present.

Fran More, LMT sent a letter proposing continuing education credits (last page of minutes). The committee discussed the proposal and although this is a good suggestion, granting continuing education credits for receiving massages does not seem appropriate. **Coffey** will respond to Ms. Moore.

The committee introduced themselves and welcomed a new committee member, Lana Braunt, LMT.

MINUTES – Minutes were approved with no changes.

The committee reviewed the assignment given by the board, as the last committee meeting was October 5, 2012. The assignment for the committee from the Board is to answer these two questions:

Continuing Education (CE) Assignment (OAR 334-010-0050):

1) Should the Board accept only Board approved CE classes? If so, what topics should be approved by the board?

2) Should the Board set standards for continuing education providers? If so, what should the credentials or standards be for providers?

Coffey gave a brief overview of the history and concerns surrounding continuing education and the broad array of what is accepted.

The committee discussed and made suggestion for several items regarding continuing education:

- approving CE providers
- standards for CE providers
- creating approved CE categories
- what CE's should not be accepted
- should compliance trends be considered for required CE
- rural locations not a decision point for CE
- online courses are currently considered non-contact courses, should they be contact courses
- Federation recommends 6 hours annually of ethics, hygiene and protection
- other healthcare providers (chiropractic board) list specific courses that are approved for CE
- create a not-accepted CE list (language/yoga/etc)
- ethics requirement suggestion of 4 hours a renewal, either contact or non-contact
- require discipline/techniques/modality specific for the 12 contact hour requirement (Thai massage/massage web design/massage business class)
- contact does not necessarily decide someone's learning, be mindful of content rather than contact.

Update FSMTB/NCB report: Both organizations are in fluctuation with decisions regarding continuing education.

The committee discussed when NCB changed the CE provider requirements. There was uproar in the massage community. NCB approval process for CE providers is in transition. It may be that each class must be approved at the expense of the provider/organization or 20 percent of CE classes offered will go through the rigorous and expensive approval process. Clarification was made that OBMT is the licensing board, not a professional association. As such we have multiple modalities licensed by the board, each with their own professional association; let us look to the associations to set the CE provider requirements.

The committee decided to review the content of what is accepted as CE rather than the provider of the CE, answering question 2 from the Board.

2) Should the Board set standards for continuing education providers? If so, what should the credentials or standards be for providers? *The Education Committee recommends not regulating/approving continuing education providers or setting standings for CE providers.*

The committee reviewed Rick Rosen's CE Alternative to Regulation, Appendix C, for CE content (non-contact & contact). http://www.bti.edu/articles/pdfs/Rosen_National-CE-Registry-Proposal_FEB2013.pdf

The committee agreed to look at the approved Model Curriculum five Standards to be subject areas for continuing education:

Standard I - Communicate and record plans for safe and individualized massage and bodywork sessions.

Standard II - Perform appropriate, safe and effective massage and bodywork sessions

Standard III - Develop and implement self-care strategies for the therapist and client.

Standard IV - Develop successful, ethical and therapeutic professional relationships.

Standard V - Develop strategies for a successful practice or employment situation.

Homework: Using the 25-hour requirement; 12 contact and 13 non-contact hours each committee member is to design a list of what you would or would not accept, or both. Subject matter can be either non-contact or contact hours.

Next meeting June 14, 2013

Adjourned at 12:00

Proposal

RECEIVED

APR 17 2013

4-15-2013

Kate Coffee, Director
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Oregon Board of
Massage Therapists

I propose LMTs active total at least ten years be designated LMT-CEs, and each hour of massage received from them counted as one CE credit up to half hands-on credits due to renew status.

I previously explained my logic in an earlier letter basically stating that the experience of receiving a top notch massage in a successful setting goes a long way to educate licensees not only correct practice but also what they may be doing wrong. Besides, who needs a massage - a really good one - more than us LMTs?

I do not mean mentoring, just pay your money and get what every other customer receives, and save the receipt to submit at renewal.

I hope you will consider this idea. Every other LMT I asked liked the idea very much.

Respectfully,
Fran More LMT-1477

