



# Oregon

John A. Kitzhaber, MD, Governor

## Board of Massage Therapists

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## Scope of Practice Committee October 5, 2012 Oregon School of Massage Portland, OR

### Attendance

#### Committee Members:

**Nick Chrones, LMT; Committee Chair**

**Todd Pennington, LMT**

**Tina Rea, LMT**

**Jon Grossart, LMT**

#### OBMT:

**Kathy Calise – Board Liaison**

**Kate Coffey - Executive Director**

**Christine West – Policy Analyst**

#### Absent:

**Gary Vigeant, LMT**

#### Guests:

**Douglas Kinnaird, LMT#2958**

The meeting was called to order at 1:05 p.m.

*\* This committee is discussing adding endorsements to licenses for advance techniques and not eliminating any modalities or techniques from licensure.\**

The September minutes were approved with two changes; Add **SI** to **Theory & Practicum** under the Structural Integrator Endorsement; Homework on page 2: Cupping/**Hydo** spelling corrected **Hydro**.

**Introduction of members** - Chrones, Calise, Pennington, Grossart, Rea and Coffey.

### **Public Input** – Douglas Kinnaird, LMT#2958

Douglas has been practicing massage therapy for about 20 years, he learned about aquatic therapy approximately five years after he started doing hydrotherapy. Douglas has been teaching aquatic therapy all over the world since 1998. Unfortunately, there is no such thing as an “aquatic therapists”, it is not a separate and distinct industry, it is a modality in a specialized environment. This does require advanced training, beyond the base LMT license. Although the massage field training includes the fundamental knowledge to start on the continuing education program. Technically speaking this does not fit into the definition of massage it is a “therapeutic exercise.” The aquatic field would like aquatic therapy to maintain a non-specific orientation, not as a PT, OT or LMT. Currently the American Physical Therapy Association (APTA) does have an aquatic therapy division.

When he first started practicing aquatic therapy physical therapists wanted him to become a licensed PT rather than LMT. The physical therapy after joint replacement on land is painful and takes longer, the aquatic physical therapy helps patients heal faster with less pain. Twenty minutes of Aquatic Therapy is equal to approximately one hour on land, this is great for rehabilitation patients. There is an aging population and currently an obesity epidemic, there are joint problems that occur with both of these populations and they all need therapy.

**Chrones** informed Douglas that a number of years ago it was brought to the attention of the Board LMT's were doing WATSU, the Board stated that aquatic therapy is within the scope of a LMT. The letter and handout submitted to the committee will be sent on to the Board.

The Committee reviewed the International Association of Structural Integrators (IASI) letter. IASI is requesting the Board approve their test for the written portion of licensing exam in Oregon, currently mBlex and NCTMB are accepted.

**Committee Discussion:** Let's add to/adjust the Structural Integrator Endorsement as the first complete endorsement.

- **Clarify what the 500 hours contains:**
- SI theory and practicum (*does not include anatomy, physiology, movement, ethics, business, contraindications, etc.*). Content:
  - inclusion of a series process,
  - the concept of the body as integral with gravity,
  - the fascial system as the structural organizer,
  - in-class supervised work on at least two models, with students receiving and giving the complete series with classmates under instructor supervision.

**White Papers:** Review your white papers and please send them to Christine. When we reconvene, Christine will send the entire accumulation of white papers.

Please include your names/LMT numbers on the white papers, the month/year, Website references, and experts (contacts/ references if it's an Oregon LMT please list LMT#) you have spoken with.

**Homework: Create Template for Modality Book, Add Name & Date to template, Website, References.**

Next meeting is 2013, TBD

Adjourned at 2:43 pm.