



# Oregon

John A. Kitzhaber, MD, Governor

## Board of Massage Therapists

748 Hawthorne Ave NE  
Salem, OR 97301  
Phone: (503) 365-8657  
Fax: (503) 385-4465  
[www.oregon.gov/OBMT](http://www.oregon.gov/OBMT)

## Education Committee Meeting November 4, 2011 Oregon School of Massage

### Attendance

#### Committee Members:

Lisa Barck Garofalo, Chair  
Pam Pennington, LMT  
Steve Davis, LMT

#### Board Members & Staff:

Kate Coffey, Executive Director  
Christine West, Policy Analyst

**By Phone:** David Fredrickson, LMT

**Absent:** Jen Brady, LMT, John Combe, LMT, Nick Chrones, LMT and Kathy Calise, Board Chair

**Public:** None in attendance

**CALL TO ORDER - Barck Garofalo** called the meeting to order at 10:10 am.

**INTRODUCTIONS:** Present at time of introductions Barck Garofalo, Pennington, Davis and Coffey; Fredrickson by phone.

**MINUTES** - October 7 minutes approved with no changes.

**PUBLIC COMMENTS** - None in attendance

### MODEL CURRICULUM REVIEW

#### AMENDMENTS STANDARD VII:

**KNOWLEDGE:** Completed at the October 7<sup>th</sup> meeting

#### SKILLS:

1. Locate and palpate accessible bodywork relevant anatomic structures.
2. Palpate tissue with appropriate speed, direction, depth and intention to **identify sense** and engage multiple layers of tissue.
3. Modify treatment plan to accommodate **physiological and pathological** changes in tissue **and/or client's condition**.
4. Palpate ~~bony~~ **skeletal** attachments, muscle bellies, tendons and ligaments.
5. Demonstrate ~~primary~~ actions of muscles and joints. (See Muscle List)
6. Apply stretch and isometric resistance for ~~all major~~ muscles. **(See Muscle List)**
7. Demonstrate appropriate mechanics to ~~aid facilitate normal~~ posture **and** movement in client's activities of daily living.
8. Demonstrate use of ROM principles ~~in properly mobilizing joints~~ for the purposes of assessment and treatment **planning**.
9. Demonstrate use of passive and resistive actions for **the purposes of** as assessment and treatment ~~plans~~.
10. ~~Use techniques to sense and release restricted soft tissues fascia.~~

11. Conduct health history and intake with an understanding of the implications of reported **conditions and/or** pathologies on **the treatment** bodywork plan.
- ~~12. Adapt bodywork plan according to client's condition.~~
13. Demonstrate when **and how** to refer clients to **appropriate** healthcare providers. ~~because of potential contraindication.~~
14. Safely apply standard precautions and procedures of infection control for ~~the individuals, the equipment and the practice environment.~~

Committee proposes to add to Model Curriculum a list of pathologies similar to list of muscles. Lisa will request Board approval at the Nov 7 meeting.

Break returned at 11:05

#### **ABILITIES:**

1. Apply knowledge of **Health Sciences** ~~anatomy and physiology~~ to determine appropriate bodywork applications to obtain ~~desired and intended~~ physiological outcomes.
2. Evaluate **physiological and pathological** ~~general movement compensatory patterns~~ **conditions** and develop treatment plan to address findings.
3. Evaluate **client** posture, symmetry and **compensatory** movement patterns ~~on client~~ and apply appropriate bodywork treatment.
4. **Evaluate soft tissue stages of healing and level of severity and modify treatment plan to address the findings.**
5. Use clear professional language **in all interactions with clients, colleges and other healthcare providers.** ~~in directing client to actively shorten and lengthen all major muscles of body to support assessment and treatment.~~
6. ~~Observe and identify signs of autonomic (sympathetic and parasympathetic) nervous system activation.~~
7. Research **current** information about ~~common~~ **physiological and pathological** conditions, disabilities and impairments **to support assessment findings.**
8. ~~Recognize and modify bodywork in endangerment sites and areas of caution.~~
9. ~~Demonstrate informed interaction about client status with other healthcare providers.~~

**OTHER BUSINESS** – none

Next meeting 10-12pm, TBD

Homework - review Standard VIII & IX

Adjourned at 12:00