Chapter 5: Traffic Control Plans Design

5.1 Key Topics Covered in this Chapter

- Traffic Control Plans (TCP).
- Plan Sheet Function & Sequence.
- Plan Sheet Development.
- Typical Applications.
- Temporary Signs Design
- Drafting Standards.

5.2 Traffic Control Plans (TCP)

While this chapter is primarily written with the ODOT project development and plans production processes in mind, there is information in the following Sections that may be of value to members of other agencies responsible for the design and implementation of temporary traffic control plans.

A Traffic Control Plan (TCP) consists of written instructions, and often engineered drawings, that a contractor uses to construct a highway project, while guiding and protecting traffic passing through or around a work zone.

The primary function of a TCP is to provide for the safe and efficient movement of road users through or around work zones while protecting on-site workers, incident responders, and equipment, while providing for the efficient construction and maintenance of the highway. The needs and control of all road users (i.e. public traffic, bicyclists, and pedestrians) through a work zone are an essential part of highway construction.

Therefore, the four primary functions of a TCP are to provide:

- 1. Efficient Traffic Flow;
- 2. Enhanced Safety;
- 3. Minimized Inconvenience; and,
- 4. Adequate Mobility for All Road Users.

Planning for the TCP should be started as <u>early</u> in the Project Development process as possible – especially for larger, "significant" and more complex projects. Consider a variety of staging options for the TCP – including those options where separation between workers and public traffic can be maximized. Regularly communicate with Project Team members and utilize all available resources when optimizing the TCP – particularly resident engineer's staff to address constructability issues.

5.2.1 Traffic Control Plans Form

Traffic Control Plans can be separated into two distinct categories – A "Written" plan, or a TCP that incorporates project-specific Plan Sheets.

A designer should consider the following project characteristics in determining the type of traffic control plan to develop and what level of complexity should go into that plan.

"Written" TCP

A "Written" TCP includes, as a minimum, the current *Standard Specifications for Construction*, the appropriate *Standard Drawings*; and, the most current version of the *Special Provision* ("boilerplates" – downloaded from the Specifications Unit website. See Chapter 4).

In compiling and editing the *Special Provision*, the designer will include only the appropriate language from the following sources:

- Special Provision "boilerplates"
- Any additional necessary references to other Special Provision sections
- Any necessary Unique Special Provision

A "Written" plan, by definition, does not include project-specific traffic control plan sheets. Examples of a "Written" TCP include pavement preservation projects or other projects with:

- Few stages
- No detours or temporary roadways
- A short list of Pay Items
- A shorter duration (< 6 months <u>+</u>)
- Scope of work easily conveyed through Special Provisions and Standard Drawings

TCP with Plan Sheets

The second form of Traffic Control Plan includes project-specific *plan sheets* in addition to the information included in a "Written" TCP. The plan sheets are used as a graphical representation of the construction staging plan. The sheets provide additional information or instructions to the contractor showing how to break up (or "*stage*") the construction of the project while still providing safe, efficient passage for live traffic.

Traffic Control Plans with Plan Sheets are common for projects with:

- Multiple stages/phases.
- Detour routes and/or temporary roadways (e.g. on-site diversions).
- An extensive list of Pay Items with medium to large quantities.
- Medium to long durations (several months to years).
- Complex Scope not easily conveyed through Special Provision or Standard Drawings.

5.3 Plan Sheet Function & Sequence

TCP plan sheets are customized for each project based on the scope of work and the complexity of the project. If the project can be built without the need for involved stages, detours or other complexities, plan sheets may not be needed. Designers are responsible for determining if the development of project-specific plan sheets will help clarify the intentions of the TCP and construction staging sequence, however, construction office staff should be brought into this decision-making process. They may have a unique perspective on past experiences with a particular project type or the benefits associated with having additional details for a give activity.

Plan sheets are typically added when additional information would significantly aid in bidding on and building the project. Plan sheets are used when communicating detailed information solely through *Standard Drawings* and *Special Provision* language is inadequate.

TCP Designers are strongly encouraged to consider developing project-specific plan sheets for those situations that are obvious and for those that are less-obvious. Plans sheets for pedestrian accommodation portions of a project are particularly encouraged.

"Written" TCP

A "Written" TCP, as the name would imply, does not typically include plan sheets. A "written" TCP will include project-specific specification language and cross-reference *Standard Drawings* for the basic traffic control device layouts to be used for construction. Any additional project-specific details are typically included in the project special provisions and within the itemized cost estimate.

TCP with Plan Sheets

For more complex projects, plan sheets are necessary to develop a safe, efficient and comprehensive staging plan. The staging plan is valuable for showing one interpretation for the construction sequence and how the roadway is divided amongst road users and the construction work space. Several staging plans may be needed depending on types of work involved in the project.

Plan Sheets are needed when the following components are included as part of the project TCP:

- Detours.
- Staging Where locations for traffic and the work area are shifted around within the project limits more than once over the life of the project.
- Bridge replacements using one or two-lane on-site diversions.
- Full-depth pavement reconstruction.
- Construction of temporary roadways to support live traffic.
- Modifying existing traffic flow patterns to accommodate temporary traffic flow (e.g. one-way street converted to a two-way street).

- Interchange modifications, upgrades or construction of new elements.
- Significant horizontal or vertical roadway alignment changes.
- Complex activities at intersections or other locations with multiple accesses or conflicts.
- Pedestrian/Bicycle Accommodation Specific plan sheets should be used for the majority of pedestrian/bicycle accommodation.

When developing a TCP, Designers should evaluate the following key design elements:

- Strengths and Opportunities Chances available to the designer to accelerate or simplify construction, to separate workers from public traffic; and, to minimize traffic delays. Taking advantage of the staging plan, local transportation services and infrastructure; and, other features of the existing project site and surrounding environment.
- Weaknesses and Threats Significant hurdles even "fatal flaws" within the existing site or proposed project. Issues or constraints that will have a notable impact on the TCP design and constructability of the project. Site restrictions that might create additional challenges for the TCP designer, project team, construction management staff and contractor as the project is developed and eventually constructed.

Designers will be confronted by a broad range of factors and considerations as they develop their TCP. Understanding the scope of work and having multiple technical resources available will aid in developing a safe and effective TCP.

The following are some specific factors that can influence the development of a Traffic Control Plan:

- Traffic Data Existing volumes, facility capacity, 85th percentile speeds, truck percentages, crash history and problem areas within the project limits.
- Roadway Characteristics Horizontal and vertical alignments, number of lanes, lane and shoulder widths, pavement types and condition, sight distances, surrounding terrain, and local environs (e.g. urban, rural, commercial, residential, etc.).
- Traffic Control & Safety Appurtenances Signs, structures, traffic signals, roadside barriers, pavement markings, lighting, and other traffic control devices.
- Construction Details Materials used for finish product, excavation quantities and locations, project durations, available right of way and work area separation from traffic, and number of accesses adjacent to work areas.

Traffic control plans are developed in response to and in cooperation with the contents of the Roadway plan sheets. The staging of the project coincides with the finished products being built – with the exception of temporary work that may be needed prior to permanent features or subsequent Stages to allow for the accommodation of traffic and presence of construction activities in close proximity with one another. For ODOT projects, TCP sheets are typically arranged as follows:

 Detail Sheets – Include additional information for specialized construction activities, customized temporary signs, or other unique devices or products.

- 2. **Detour Sheets** Display designated route(s) for traffic to circumvent the work zone using existing alternate routes. Includes details for points of closure, detour-specific signing, devices and other detour route conditions, restrictions or information.
- 3. **Plan Sheets** Construction staging drawings identifying the portions of the work area used by live traffic and those available to the contractor for construction. Includes details for the location, type and quantity of traffic control devices required to guide and protect traffic through the work zone.

See **Figures 5.1** through **5.4**, below, for different kinds of TCP plan sheet examples. Visit the ODOT E-Plans website for examples of current and past project TCP plans.

The use of a certain traffic control measure in one project does not constitute a TCP "standard," nor does it warrant its use in subsequent projects.

Stage vs. Phase

A Stage includes the construction required to complete the work on one portion of the roadway while traffic uses the remaining portion. Subsequent Stages moves traffic to the newly constructed portion, and allows work to take place on the portion vacated by traffic. Multiple Stages and Phases are developed, as needed, for more complex projects. Plan sheets should be developed and labeled for each Stage. Stages will show the traffic control needed to protect the work area and guide, regulate, and warn traffic moving through the project.

A Phase is a smaller, more distinct portion of a Stage. Typically, during Phase construction, mainline traffic alignments do not change, rather traffic is shifted within the space for traffic, while work on associated segments is completed. Plan sheets should be developed and labeled for each Phase within each Stage.

Plan Sheet Numbering

TCP sheet numbering should follow the guidance shown in the ODOT CAD Manual. The TCP sheet numbering series consists of two components. The first component is a two letter character and the second is a sequential two or three digit number. The first letter character in the TCP sheet is a fixed "E" followed by a second letter beginning with "A" to represent subgrouping of sheets (i.e., details, detours, TPARs, and Staging). Further series of subgrouping can be accomplished with the sequential two digit such as EA01, EA02, EA03, etc.

A Traffic Control Plan set could have the following order and numbering: EA01, EA02, EB01, EB02, EC01, and EC02. Please note that subgrouping may not be required for non-complex projects. The traffic control drawing order and sheet numbering sheet summary is provided in Table 5.1

Table 5-1: Drawing Order and Sheet Numbering

Format	Sheet No.	Sheet Title	Includes	
EA##	EA01	Traffic Control Details	General details for work zone	
EA##	EA02	Traffic Control Details	(As needed)	
EB##	EB01	Traffic Control Detour Plans	Detour signing if required	
EB##	EB02	Traffic Control Detour Plans	(As needed)	
EC##	EC01	Traffic Control Plan	Temporary pedestrian Access Route	
EC##	EC02	Traffic Control Plan	(As needed)	
ED##	ED01	Traffic Control Plan	Construction staging sheets	
ED##	ED02	Traffic Control Plan	(As needed)	
EE##	EE01	Traffic Control Plan	Construction staging sheets	
EE##	EE02	Traffic Control Plan	(As needed)	

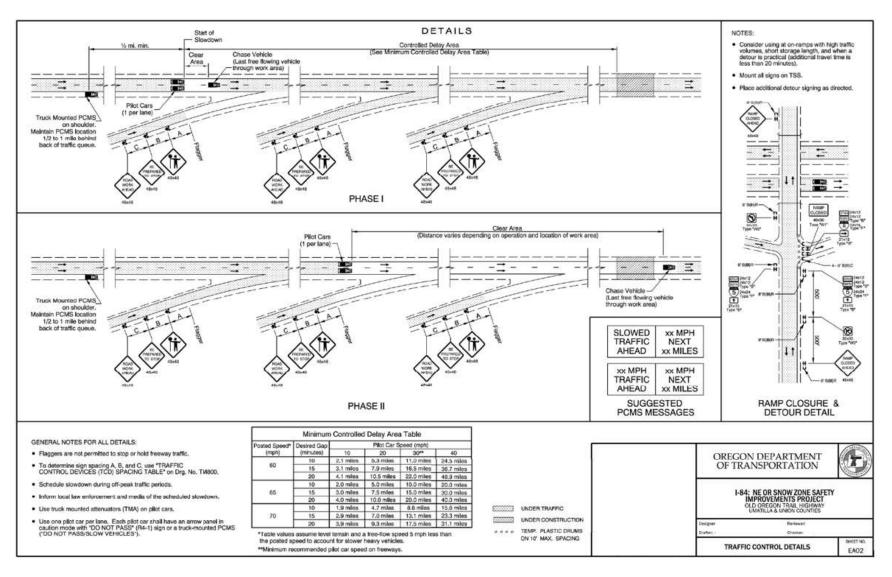


Figure 5-1: Detail Sheet

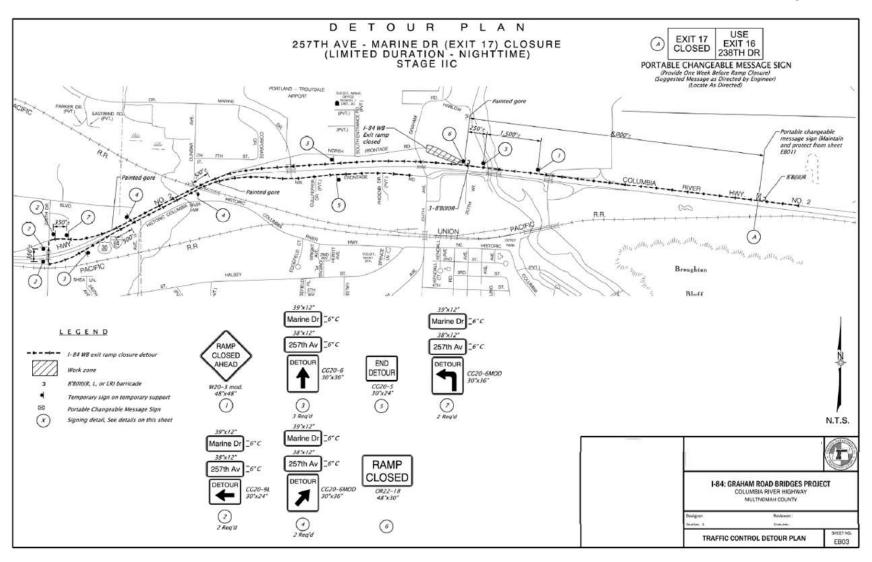


Figure 5-2: Detour Sheet

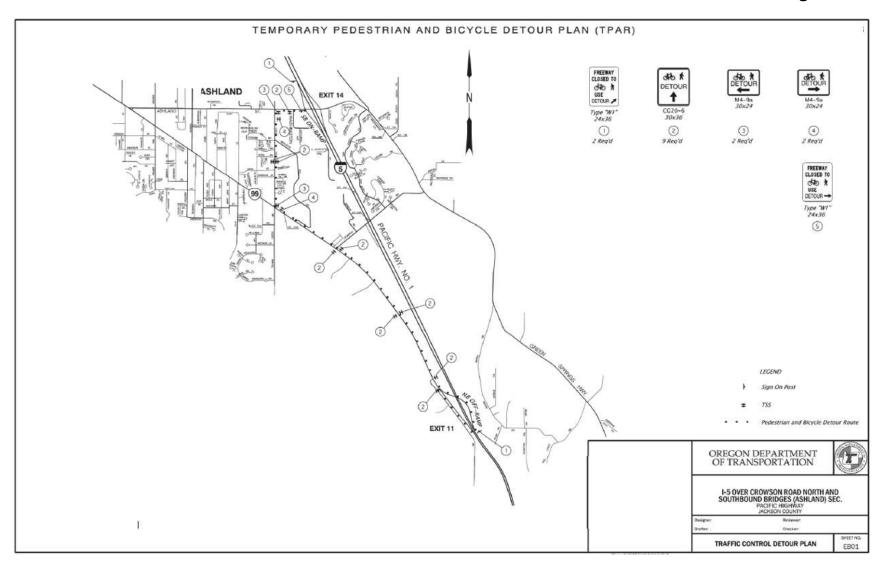


Figure 5-3: TPAR Sheet

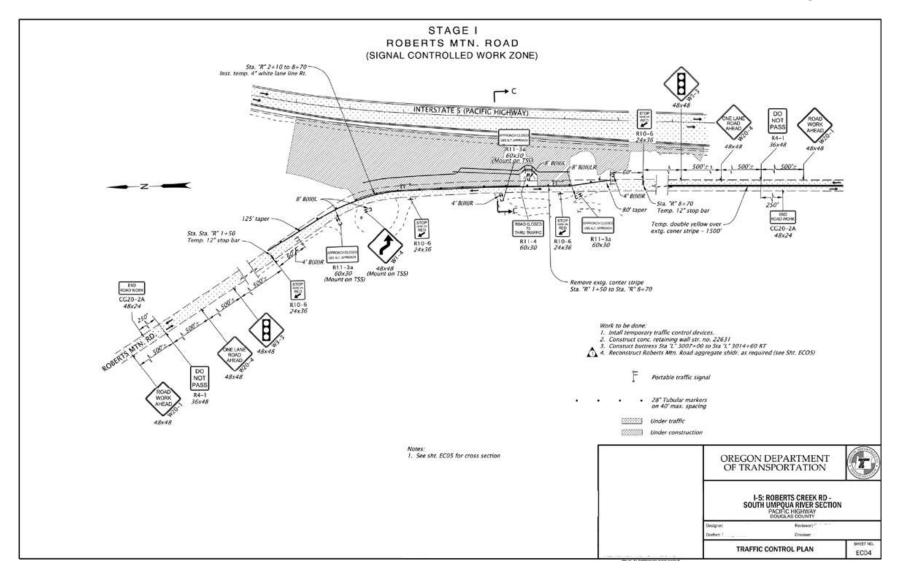


Figure 5-4: Staging Plan Sheet

5.4 Plan Sheet Development

In its contract plan development process, ODOT uses the following terminology for the differing layers of design that make up a complete project design.

Base Sheets

The Base Sheets (or Base Map) act as the starting point for the development of the TCP – helping to provide early suggestions as to the number of Stages and Phases needed for the project. The base map is derived from the existing Roadway plan sheets.

The following features are represented on the Base Sheets:

- Engineered alignments and centerlines.
- Existing edges of pavement.
- Engineering Station labels.
- Existing roadway appurtenances.

For ODOT contract plans development, the typical scale for the traffic control plans is 1"=200' – half the scale of the Roadway plans (1"=100'). The TCP designer can choose to change the scale of the plans to best show the details. Depending on the different types of traffic control plans included, several different scales may be used to show details. The general TCP plans may be at 1"=200' and the pedestrian TCP plans may be shown at 1"=50'.

Cross Sections

Cross sections are a representation of the typical sections associated to a particular stage at a given station, but with the distinction of showing multiple phases of construction on a single diagram (e.g. Final grade, Existing ground, Top of Stage, etc.). Typical Sections, developed by the roadway designer, are a graphical representation of the work within the project limits at a specific engineering Station. Typical Sections provide a detailed illustration of the construction components being built, removed, moved or otherwise incorporated into the project at a specific location during a particular time in the contract and should be used by the TCP designer to aid in the TCP design.

Once the location for a representative Section has been selected, the Section should be shown for every Stage throughout the plans. The Cross Section will illustrate how the entire roadway will be constructed by showing each Stage at that location.

To differentiate the various Stages in time on each Cross Section, a unique line style is used for each surfacing components as shown in Figure 5-5.

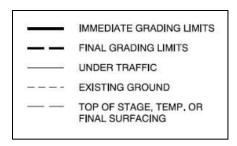


Figure 5-5: Surface Components

Dimensions on the Cross Section will show the width available for traffic. The TCD separating the work area from the "Under Traffic" area should also be shown. The "Under Traffic" area is determined by evaluating the scope of construction, TCD, and staging requirements during each stage.

The cross section should be scaled at 4 to 5 times the size of the plan scale to provide adequate detail – preferably between 1″=40′ and 1″=50′. The cross section can be placed on the same plan sheet where the Station exists, or on a separate sheet, where space allows. A separate plan sheet may be preferred when multiple sections are taken from a single plan sheet.

Through comprehensive evaluation, it can be determined if the available lane width during a Stage/Phase is adequate. When the available lane width is less than adequate, staging or construction alternatives are considered – including constructing temporary roadway widening. In some cases, it may be advantageous to build temporary surfacing – despite the fact that the surfacing may be "throw away". Other alternatives include compensating for the narrower width by limiting the duration of the work, utilizing different traffic control measures, rearranging Stages, or developing a broader mitigation strategy.

See Figure 5-6 for example Cross Sections for "Stage I" and "Stage II". Note the multiple line styles shown – representing existing and future surfaces – simultaneously on a single diagram.

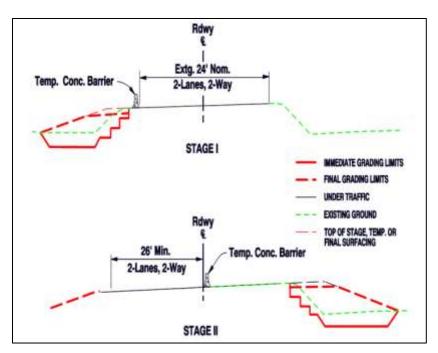


Figure 5-6: Cross Section Example

Plan Sheets

Using the earlier base sheet and cross section information, the TCP incorporates the desired staging and phasing into the design. Designers should graphically identify the work area – typically accomplished by filling in the area with a stippling hatching pattern. Areas "under traffic" can be left unchanged. Other areas, such as "Construct under Traffic" should use a distinct alternate hatching pattern. Example patterns are shown in Figure 5-7.

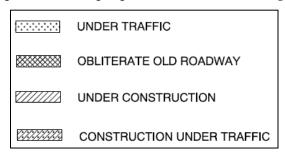


Figure 5-7: TCP Stippling Hatching Patterns

Complete the plan by including the required TCD within each Stage and Phase.

5.5 Typical Applications

Include the appropriate *Standard Drawings* to provide additional guidance and details for the more straight-forward or common work activities. To determine which Standard Drawings to include, Designers should carefully evaluate the following:

- Scope of work.
- Duration of the project.
- Existing roadway characteristics Type, widths, location, features, geometry.
- Proximity of work to live traffic.
- Traffic volumes.
- Pre-construction posted speed.

Refer to **Chapter 4 – Specifications** for detailed discussions regarding *Standard Drawings* and *Standard Details*.

Chapter 6 of the MUTCD also contains a number of common traffic control layouts for standard work zone operations. Refer to Section 6H – Typical Applications for a variety of more common layouts for activities ranging from mobile operations to long-term stationary work on freeways. Designers can use the Typical Applications to develop more detailed, project-specific TCPs, as needed.

5.6 Temporary Sign Design

Temporary Signs

Use the following resources when determining the text, configuration, sizing, color, usage and placement for Temporary Signs:

- ODOT "Sign Policy & Guidelines for State Highway Signs"
- FHWA "Standard Highway Signs"
- FHWA "Manual on Uniform Traffic Control Devices (MUTCD)"

GuideSIGN™

For the design of highway signs, ODOT utilizes a software program called $GuideSIGN^{TM}$. The program runs within the $MicroStation^{TM}$ drafting software environment. It is also available in $AutoCAD^{TM}$ and there is a Windows@version.

The program includes a variety of features for creating many panel styles derived from MUTCD sign standards. Designers should become familiar with the features of the software by completing an on-line tutorial or taking a training class. $GuidSign^{TM}$ can be a powerful tool in designing permanent and temporary signs for your project. However, its complexity may warrant a grief amount of training before beginning your designs.

Once in the software, Designers can manipulate a variety of sign panel categories to create needed signs. Example categories include:

- Panel (Regulatory, Guide, Service, Exits).
- Borders (Thickness, radius, offset).
- Margins (Border, Text, Symbols, etc.).
- Spacing (Letters, Words, Symbols, Shields, etc.).
- Text (Font style, Height, Orientation).
- Symbols (Arrows, Logos, Shields, etc.).

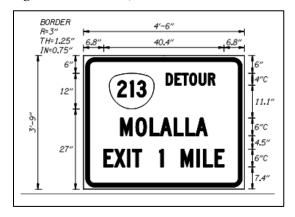


Figure 5-8: GuideSIGN™ Example

Sign Design

When using $GuidSign^{TM}$ (or other applicable software) to design temporary signs, details shown in Table 5.2, below, should be used.

Table 5-2: Sign Design Attributes

SIGN SIZE (in x in)	BORDER RADIUS (in)	BORDER THICKNESS (in)	BORDER INSET (in)
<u><</u> 24 x 24	1-1/2	5/8	3/8
30 x 30	1-7/8	3/4	1/2
36 x 36	2-1/4	7/8	5/8
48 x 48	3	1-1/4	3/4
60 x 72	3	1-1/4	3/4
72 x 120	1/8 x Min. Dimension	1-3/4	1-1/4
> 72 x 120	1/8 x Min. Dimension	2-1/2	2

In $GuidSign^{TM}$, various text fonts, height, and spacing are selected for letters, numbers, and fractions. Others objects – arrows and symbols – can be selected from the menus. $GuidSign^{TM}$ also includes a feature for placing Exit Panels within a sign design. There are editing functions for modifying the sign and moving and aligning objects and text. Once the sign is prepared, panel dimensions can be added. A reporting function can be used to prepare a detailed sign panel report as shown in Figure 5-9. Sign contractors and sign shop can then use the report to manufacture the sign.

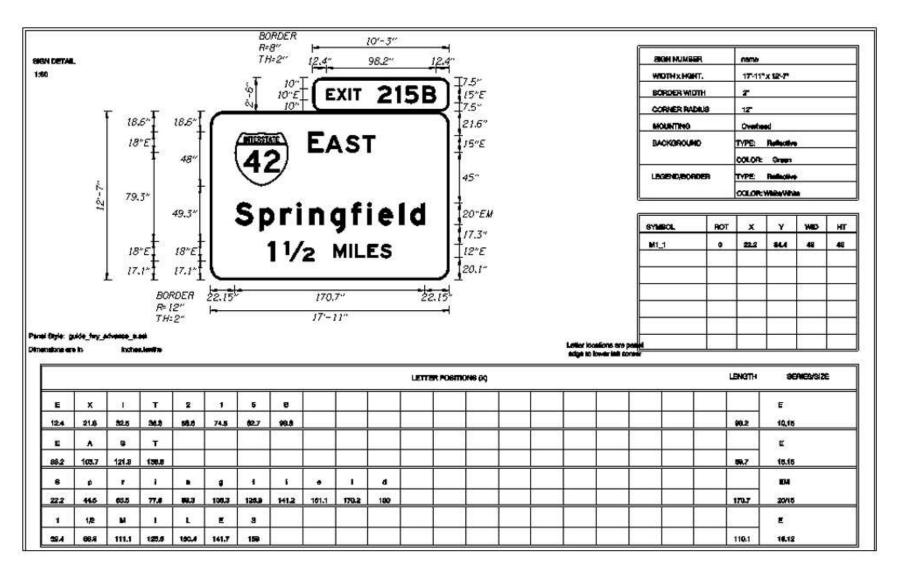


Figure 5-9: Sign Panel Report Example

5.7 Drafting Standards

ODOT provides a number of resources for the development of highway construction contract plans. The tools are available on the ODOT website under the Drafting and Contract Plans Program page. Users can search the internet for "ODOT Drafting and Contract Plans Program" to find the home page. The most commonly used resource is the ODOT CAD Manual and the ODOT CAD Workspace.

ODOT CAD Manual

The *ODOT CAD Manual* presents the policies, procedures, methods, and standards for developing and preparing final Contract Plans. It also provides the standards used in the preparation of these plans using Computer Aided Design (CAD) in *MicroStation*TM. Department staff, consultants, and outside agency personnel should use the *ODOT CAD Manual* to prepare contract plans.

ODOT staff and consulting engineer staff working on ODOT projects must perform road design services and contract plan production using $MicroStation^{TM}$ and $InRoads^{TM}$ and provide all deliverables in a form suitable to these programs.

Consultant engineering staff working on federal aid projects for local governments is encouraged to follow the direction in this guide as closely as possible. Other CAD formats may be required as a part of a contract with a local government.

ODOT CAD Workspace

The CAD Workspace is a FTP (File Transfer Protocol) website that maintains several files useful for developing ODOT construction contract plans. Under the ODOT Workspace, Designers can download, install and update the following tools:

Cell Libraries

The TCP cell library – "TCPE.cel" – can be used to quickly place TCP related signs, devices, and symbols on traffic control plan sheets.

TCP Cache

The TCP Cache is another useful resource in developing traffic control plan. Once the *MicroStation*TM compatible cache file is attached – "<year>TCP.cache.dgn" – the elements within the file can easily be copied into the plans. Although not listed under the ODOT Workspace, contact the <u>Traffic Control Plans Unit</u> for a copy of the TCP cache file.