Prevention and Health Promotion

Leading causes of death

In 2016, Oregon’s age-adjusted death rate (706 per 100,000 residents) was lower than that of the U.S. as a whole (729 per 100,000). The five leading causes of death in Oregon were cancer, heart disease, unintentional injuries, chronic lower respiratory disease, and stroke. Oregon’s death rate from heart disease is lower than that for the U.S. as a whole (Figure 1).

Death rates vary by sex and age. In 2016, death rates for Oregon men were higher than for women among four of the five leading causes of death (Figure 2). By age group, the leading causes of death are: congenital malformations among infants; unintentional injuries among people aged 1–44 years; cancer for people aged 45–84 years; and heart disease for people ≥85 years of age.
The top five leading causes of death among the racial and ethnic groups are very similar. However, American Indians, African Americans and Pacific Islanders are more than 2 times more likely to die from diabetes than whites (Figure 3).
American Indians have a much higher death rate from chronic liver disease than any other group (Figure 4).

![Figure 4: Chronic liver disease deaths by race/ethnicity, Oregon, 2010–2016 average](image)

Notes: All other groups exclude Hispanic ethnicity
Source: Oregon Death Certificate Data

Over the last two decades, Oregon death rates from cancer, heart disease and stroke have been decreasing. Death rates are influenced by the prevalence of health-risk behaviors, diseases and injuries, and the adequacy of medical care to treat diseases and injuries.


About the Data: Data sources are CDC WONDER (U.S. data) and Oregon Death Certificate Data. Data are based on the underlying cause of death listed on the death certificate. All rates are age-adjusted to the 2000 U.S. population. Population estimate data for rate calculations is from the National Center for Health Statistics.

For More Information Contact: Jennifer Woodward, [jennifer.a.woodward@state.or.us](mailto:jennifer.a.woodward@state.or.us)

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