

Youth sexual health in Oregon

2009 was a good year for youth in Oregon. First, Oregon passed one of the most comprehensive human sexuality education laws in the nation. This law requires all school districts in the state to provide human sexuality education that is medically-accurate and culturally and age appropriate.

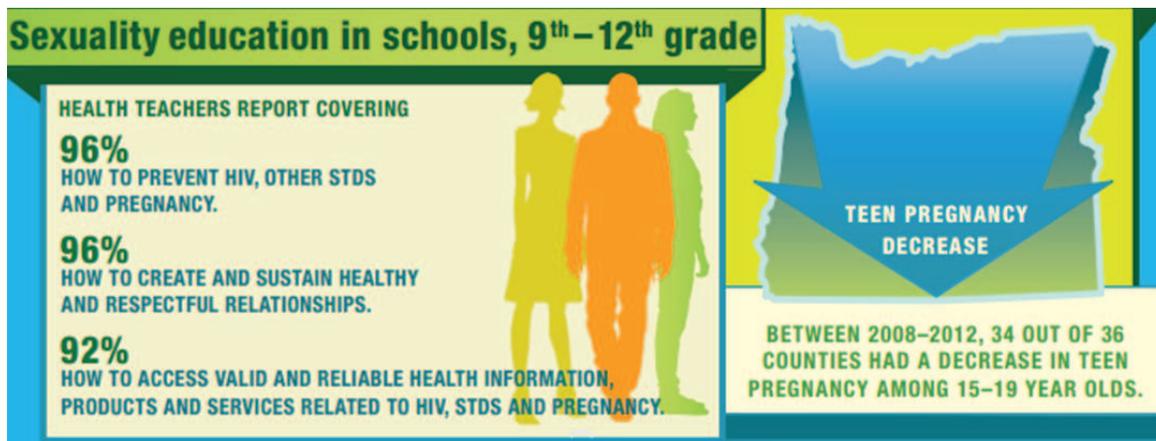
Students should receive HIV and STD prevention education at least five times during grades 6-12 (OAR 581-022-1440), unless a parent has requested that their child be excused (ORS 336.035(2)). For more information about Oregon laws related to comprehensive sexuality education in schools, visit <http://bit.ly/HIVlaws>.

Second, 2009 marked the release of the Oregon Youth Sexual Health Plan, which provides a holistic framework for improving sexual health among young people.

The plan includes five goals:

- 1) Youth use accurate information and well-developed skills to make thoughtful choices about relationships and sexual health.
- 2) Rates of unintended pregnancy are reduced.
- 3) Rates of sexually-transmitted infections are reduced.
- 4) Non-consensual sexual behaviors are reduced.
- 5) Sexual health inequities are eliminated.

The partnerships and programs supporting these goals have been successful. Youth sexual health initiatives and trends are described in the recently released Oregon Youth Sexual Health Plan, 5-Year Update (<http://bit.ly/OYSHP5>) and in this infographic: <http://bit.ly/YSHinfo>. Many thanks to all of our partners who support young Oregonians to stay healthy. Your work has had a measurable impact.



HIV Prevention Essentials

An online HIV Prevention Essentials training is now available at <http://bit.ly/trainHIV>. While the training is intended for staff and volunteers who provide a range of HIV prevention and care services, it is particularly important for HIV testing staff.

Once the training has been completed, staff who intend to conduct HIV testing are encouraged to

review training modules again as needed, practice HIV test counseling and complete an HIV Test Request Form with a coworker, observe an HIV test counselor during at least three testing sessions, and have an HIV test counselor observe them during at least three testing sessions. Users who complete the training can download and print a certificate of completion.

Ocular syphilis

Ocular syphilis can impact one's vision in many ways (e.g., uveitis, panuveitis, diminished visual acuity, blindness, optic neuropathy, interstitial keratitis, anterior uveitis, retinal vasculitis). Since December 2014, 24 cases of ocular syphilis have been reported in California and Washington, and several other states have reported potential cases. Most cases have been among HIV-positive men who have sex with men (MSM).

To combat this emerging problem, CDC recommends that clinicians:

- Screen for visual complaints among patients at risk for syphilis (e.g., MSM, people living with HIV, and others with risk factors);
- Conduct a careful neurologic exam for patients with positive syphilis serology;
- Provide an immediate ophthalmologic evaluation for patients with syphilis and ocular complaints, including a lumbar puncture with cerebrospinal fluid; and
- Treat patients with ocular syphilis according to treatment recommendations for neurosyphilis.

For more information, please see CDC's clinical advisory released April 16, 2015: <http://bit.ly/OcSyph>.

Upcoming events

Viral Hepatitis Awareness Month

May

Learn more at <http://1.usa.gov/HepAwareM>.

HIV Vaccine Awareness Day

May 18

Learn more at <http://1.usa.gov/HVAD12>.

National Asian and Pacific Islander HIV/AIDS Awareness Day

May 19

Learn more at <http://bit.ly/APIHAAD>.

OR-Epi conference (Sunriver)

May 19–20

Learn more at <http://bit.ly/OR-Epi>.

Passport to Partner Services Training (Portland)

June 2–4

For more information, contact Josh at joshua.s.ferrer@state.or.us.

34 years of AIDS

June 5 (First case reported in 1981)

National Caribbean American HIV/AIDS Awareness Day

June 8

Learn more at www.caribbeanhealthaidsday.com.

National HIV Testing Day

June 27

Learn more at <http://bit.ly/NHTD1>.

A widget for preventive health care



More than 100,000 lives could be saved each year if everyone in the U.S. received preventive health care as recommended.

Preventive health care includes screenings, check-ups and patient counseling to prevent health problems or to detect illness at an early stage when treatment is likely to be most effective. For most people,

preventive care recommendations include screening for HIV and other STDs and discussing substance use and mental health with a health care provider.

Most insurers cover the cost of these services, and an estimated 95% of Oregonians are now insured. **This is great news!**

However, access to health care does not always translate to utilization of health care, especially preventive care. The cultural norm of only accessing health care when one feels sick will not change overnight, however, **you and your web editor can help change this norm!** CDC developed a widget to educate both the public and providers about preventive health care. The widget asks users to enter their age and sex, then provides a list of recommended services. To add the widget to your website, you can use the code at <http://bit.ly/prevHC>.

Who do I contact?

Staff members from the Oregon Health Authority (OHA), HIV and STD Prevention Programs are available to provide technical assistance related to a variety of topics. Please see the table below with contact information as of May 1, 2015.

Name	Title	Program	Phone	Email	Primary contact for questions related to:
Josh Ferrer	Technical Consultant	STD/HIV Prevention	(971) 673-0149	joshua.s.ferrer@state.or.us	HIV/STD partner services, testing, STD treatment protocols, STD program condom distribution
Irina Kasarskis	Program Evaluator	STD/HIV Prevention	(971) 673-0165	Irina.m.kasarskis@state.or.us	HIV/STD testing data and program evaluation, sHIVer, Orpheus
Larry Hill	Program Development Analyst	HIV Prevention	(971) 673-0162	larry.d.hill@state.or.us	HIV prevention program planning and capacity building assistance
Dano Beck	Technology Intervention Specialist	HIV Prevention	(971) 673-0170	daniel.w.beck@state.or.us	Integrated Planning Group (IPG), HIV-related laws, Oregon Reminders, use of technology to support programs, HIV condom distribution
Warren Scott	Office Specialist	HIV Prevention	(971) 673-1161	warren.r.scott@state.or.us	IPG travel and lodging, administrative operations, receives HIV test forms from non-funded counties for data entry
Steve Foye	Office Specialist	STD Prevention	(971) 673-0172	steven.l.foye@state.or.us	Administrative operations, STD lab results, STD medications, STD condoms, CT and GC registry, inter-state communications of STD issues
Gary Fosnaugh	Administrative Specialist	STD Prevention	(971) 673-0152	gary.d.fosnaugh@state.or.us	Syphilis registry and Orpheus entry, inter-state communications of STD issues, STD medication orders, STD condoms
Abdon Correa	Disease Intervention Specialist (DIS)	STD Prevention	(503) 510-2316	abdon.correa@state.or.us	HIV/STD case-specific questions and technical assistance for Lincoln, Polk, Linn, Benton, Marion, Jefferson, Crook, Grant, Deschutes, Wheeler, and Baker counties
Patrick Gordon	Disease Intervention Specialist (DIS)	STD Prevention	(971) 673-0168	patrick.gordon@state.or.us	HIV/STD case-specific questions and technical assistance for Tillamook, Clatsop, Columbia, Washington, Yamhill, Clackamas, Hood River, Wasco, Sherman, Gilliam, Morrow, Umatilla, Union and Wallowa counties
Kym Coleman	Disease Intervention Specialist (DIS)	STD Prevention	(541) 915-2062	kym.coleman@state.or.us	HIV/STD case-specific questions and technical assistance for Lane, Douglas, Coos, Curry, Josephine, Jackson, Klamath, Lake, Harney and Malheur counties
Ruth Helsley	HIV/STD Prevention Program Manager	STD/HIV Prevention	(971) 673-0867	ruth.helsley@state.or.us	General program, policy and procedure questions, complaints, problem-solving needs, CDC requirements, funding