**Types of Food Packages**

Every participant is assigned a food package made up of a combination of milk, foods, and formula that is appropriate for their age, category, and designation.

**Standard Food Packages**

Standard food packages are the food packages automatically assigned by TWIST for each participant. They contain the maximum amount of foods allowed by federal regulations.

**Non-Standard Food Packages**

Non-standard food packages are food packages that are slightly changed by the CPA. For example, the CPA might select a template with no eggs or reduce the quantity of milk in a package.

**Modified Food Packages**

If the CPA cannot find a non-standard template to meet the participant’s needs, a “modified” food package can be created by using the “Modify” pop-up on the Food Package Assignment screen.

**Partial Food Packages**

Partial food packages are issued starting on the 20th of the month. They have reduced quantities of food to reflect the partial month of issuance.
The foods in each food package are grouped together in smaller units called modules. Each module contains a different group of foods.

**Module A** ➔ milk or infant formula module  
**Module B** ➔ food module  
**Module C** ➔ medical formula for women and children module

Foods in each module are selected by using the drop down arrow to select a template. **Templates** are combinations of commonly assigned foods that can be selected from the drop down in each module. Only templates appropriate for the participant are available to choose. During certification, TWIST defaults to the standard templates or to templates previously used by the participant.

A **food package** refers to all of the participant’s foods and formula together. Most participants will receive foods from two different modules. Women and children with special dietary needs may receive foods from all three.
Module A - Milk Templates – Women and Children

Standard Milk Templates

ML-C-Y = Woman or Child 24-60 mo: liquid cow’s milk (non-fat, 1%); cheese; 1 qt. lowfat yogurt.
MW-C = Child 13-23 mo: liquid cow’s milk (whole); cheese.

Non-Standard Milk Templates

The non-standard milk templates offer different choices for types of milk. You can also choose templates with less cheese and more milk.

<table>
<thead>
<tr>
<th>Module A - Milk Template Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Letter</strong></td>
</tr>
<tr>
<td>M - Liquid Cow’s Milk</td>
</tr>
<tr>
<td>G - Liquid Goat’s Milk</td>
</tr>
<tr>
<td>S - Soy Milk Beverage</td>
</tr>
<tr>
<td>L - Lactose-free Milk</td>
</tr>
<tr>
<td>A - Acidophilus Milk</td>
</tr>
</tbody>
</table>

Examples:
S-0 = Soy milk beverage; no cheese.
GL-C = Goat's milk (non-fat or 1%); cheese included.

NOTE: Evaporated or dry powdered versions of milk do not have templates. They are assigned from the “Modify” screen.
Module B - Food Templates – Women and Children

Standard Food Templates

Standard Food Templates include eggs, cereal, peanut butter, beans, 100% whole wheat bread or whole grains, juice, fish, fruit and vegetables. The templates have the foods and quantities appropriate for each category.

C = Children  
WE = Fully breastfeeding women  
WPB = Pregnant women or mostly breastfeeding women  
WN = Non-breastfeeding women or women doing some breastfeeding and infant receives formula exceeding the IB maximum  
WPB-M = Woman (pregnant or mostly breastfeeding, with multiples)  
WE-M = Woman fully breastfeeding multiples

Non-Standard Food Templates

The non-standard food templates offer different choices for changing or removing some foods. The second part of the template tells what food has been changed.

<table>
<thead>
<tr>
<th>Module B - Food Template Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Part (standard)</td>
</tr>
<tr>
<td>C w/o PB</td>
</tr>
<tr>
<td>WE w/o E</td>
</tr>
<tr>
<td>WPB w/o F</td>
</tr>
<tr>
<td>WN J48</td>
</tr>
<tr>
<td>WPB-M J64</td>
</tr>
<tr>
<td>WE-M</td>
</tr>
</tbody>
</table>

Examples:
C w/o E = The standard child foods without eggs.
WPB-M w/o F = The standard foods for a pregnant woman with multiples, without fish.
Module A – Formula Templates - Infant

Standard Infant Formula Template

The Standard Formula Template for infants is for the bid formula.

SIA-P = Similac Advance Powder

Non-Standard Infant Formula Templates

All formulas have a three letter abbreviation.

• One word formulas will use the first three letters.
  Example: Nutramigen=NUT

• Two word formulas use the first two letters of the first word and the first letter of the second word.
  Example: Similac Advance=SIA

• Three word formulas use the first letter of each word.
  Example: Bright Beginnings Soy=BBS
  Exception: The Similac Soy Isomil template is SOY.

<table>
<thead>
<tr>
<th>Module A – Infant Formula Template Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Part</td>
</tr>
<tr>
<td>(abbreviation of name of formula)</td>
</tr>
<tr>
<td><strong>Examples:</strong></td>
</tr>
<tr>
<td>SIA</td>
</tr>
<tr>
<td>NUT</td>
</tr>
<tr>
<td>SOY</td>
</tr>
</tbody>
</table>

Examples:

SIA-C = Similac Advance, concentrate or
NEI-P = Neocate Infant, powder

NOTE: Some formulas will include additional letters or numbers to differentiate similar items. Example: PEP 1.0 or PEP 1.5 indicates two kinds of Pediasure Peptide.
Module B - Food Templates - Infants

Standard Food Templates for Infants

**I-FVC** – Foods for non-breastfeeding and some or mostly breastfeeding infants include baby food fruits, baby food vegetables, baby cereal

**I-FVCM** – Foods for exclusively breastfeeding infants include baby food fruits, baby food vegetables, baby cereal, baby food meat

Non-Standard Food Template for Infants

<table>
<thead>
<tr>
<th>Module B – Infant Food Template Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Part</strong></td>
</tr>
<tr>
<td>I - Infant</td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

*Example:*

*I-FVCM-$8 = Cash benefit for fresh fruits and vegetables, baby food fruit, baby food vegetables, baby food meat and baby cereal.*
Module C – Formula Templates – Special Women and Special Children

Standard Formula Template – Women and Children

There is not a Standard Formula Template for women and children. Formula selected in Module C must be prescribed by a Health Care Provider and requires Medical Documentation.

Non-Standard Formula Templates – Women and Children

NOTE: Formulas not available as a template can be added using the “Modify” screen.

All formulas have a three letter abbreviation.

- One word formulas will use the first three letters.
  
  Example: Nutramigen = NUT

- Two word formulas use the first two letters of the first word and the first letter of the second word.
  
  Example: Similac Advance = SIA

- Three word formulas use the first letter of each word.
  
  Example: Bright Beginnings Soy = BBS
  
  Exception: The Similac Soy Isomil template is SOY.

Module A – Infant Formula Template Codes

<table>
<thead>
<tr>
<th>First Part (abbreviation of name of formula)</th>
<th>Second Part (type of formula)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Examples:</td>
<td></td>
</tr>
<tr>
<td>SIA</td>
<td>C – Concentrate</td>
</tr>
<tr>
<td>NUT</td>
<td>P – Powder</td>
</tr>
<tr>
<td>SOY</td>
<td>R- Ready to Feed</td>
</tr>
</tbody>
</table>
Job Aid  
Food Packages and Template Codes

**Any Module – “Z” or “No Food” Templates**

Template codes which begin with **Z** indicate the participant is not receiving milk, formula or foods in that module.

**“No Food” Templates**

**Z**
The “Z” package defaults in Module A for fully breastfed infants who do not receive any formula.

**ZN**
The “ZN” package defaults for WBN women after 6 months postpartum. You may also select the “ZN” package for any participant who is not receiving foods in a module.

**Examples:**
- Participant is unable to eat or tolerate a particular group of foods, such as dairy products.
- Participant declines foods offered.