

# Oregon Military Department

## SAFETY LINE

January 2011

Welcome to our Agency's quarterly Safety Newsletter. The goal of this newsletter is to provide you with Safety related information and topics on a quarterly basis. As the agency's Safety Manager, I encourage you to participate by providing me with topics or ideas you may have as they relate to Safety. I will try to share some of that information with other employees within our agency through this link. You can contact me at 503-584-3581 or email me at [Robin.M.Webb@mil.state.or.us](mailto:Robin.M.Webb@mil.state.or.us)

### Up Coming Training Opportunities and Events



#### **JOINT Training Classes** (State, Federal & Contractors)

**Employee Guide:** This is a two hour presentation in which topics such as teamwork, customer service, stress, health, workplace violence and discrimination will be covered. This class is a great time for employee's to gather and share information for personal development and is open to everyone. Date for next class is yet to be determined.

If you are interested in attending, log into ILearn or contact Paul Geck at 503-584-3815.

For other available training opportunities, check out iLearn. There are many online classes offered in the iLearn course catalog such as safety training from OSHA, SAIF training, software courses for Microsoft Office, and other useful classes. Registering for classes through iLearn automatically updates your State Training Transcript which contains your list of training accomplishments. For more information and a list of classes, check out our website at <http://www.oregon.gov/OMD/AGP/Training.shtml> or contact Paul Geck in AGP at 503-584-3815 for more information.

**Ladder Training:** The American Ladder Institute has devised on-line ladder safety training. You can access this training on-line at <http://www.laddersafetytraining.org/> This training is free to everyone.

**Oregon OSHA:** Oregon OSHA has lots of Safety training opportunities both in a class setting and on-line. Check out their website at <http://www.orosha.org/pdf/pubs/catalogs/jan2010wksp.pdf> for in class sessions and <http://www4.cbs.state.or.us/ex/osha/training/training/workshop/> for on-line classes. Classes are free to State Employees.

**GOSH Conference:** The Oregon GOSH (Governors Occupational Safety & Health) Conference is scheduled in Portland on March 7<sup>th</sup> thru the 10<sup>th</sup>. For more information go to [http://orosha.org/admin/newsrelease/2011/nr2011\\_01.pdf](http://orosha.org/admin/newsrelease/2011/nr2011_01.pdf)

#### **FEDERAL Training Classes**

For current schedule of Federal Technician training, contact HR at 503-584-3839.

For current schedule of training for AGR's, contact DCSOPS at 503-584-3617. Next time you are ready to do some training check out iLearn. There are many online classes offered in the iLearn course catalog such as safety training from OSHA, SAIF training, software courses for Microsoft Office, and other useful classes. Registering for classes through iLearn automatically updates your State Training Transcript which contains your list of training accomplishments. For more information and a list of classes, check out our website at <http://www.oregon.gov/OMD/AGP/Training.shtml> or contact Paul Geck in AGP at 503-584-3815 for more information.

## **Worker's Compensation Statistics**



**Workers Compensation Claims for 2010** – The Oregon Military Department has had 42 workers compensation claims filed in 2010. We have experienced six near misses, five recordable shifts in hearing and two hearing loss claims. Our agency's cost for workers compensation insurance coverage for the 2011-13 biennium has increased to \$2,136,608 which is based on past workers compensation claim costs. This is an increase of \$1,054,339 over the 09-11 bienniums. Because of our recent loss history, our costs increased more than the statewide average.

## **Awards and Recognition**

### ***Klamath Falls Airbase***

Mr. James B. Court, Captain/Fire Inspector, was awarded the FY10 173 FW Ground Safety Award Citation in recognition of his exceptional actions. Jim has been an employee of the Oregon Military Department since 2006. Congratulation Jim, great job!



Do you know someone out there who has done an exceptional job and deserves some recognition? Send me an email with all the information and see if it shows up in the next newsletter. [Robin.m.webb@mil.state.or.us](mailto:Robin.m.webb@mil.state.or.us)

## **Are you Prepared for an Emergency?**



Who would have ever thought we would have a tornado in our area? I would bet the small town of Aumsville never thought it would happen to them. So what are some things you need to know if you are ever faced with a similar type emergency or disaster?

The NFPA (National Fire Prevention Assoc.) indicates in a disaster, local officials and relief workers cannot reach everyone immediately. Help may not arrive for hours or days. You and your family -- and don't forget to include the needs of those with disabilities -- need to be prepared ahead of time because you won't have time to shop or search for the supplies you will need when a disaster strikes. Most disasters are natural disasters, the result of some force of nature, such as tornadoes, hurricanes, and floods. Some natural disasters can be predicted, such as hurricanes and severe winter storms, while others, such as tornadoes and earthquakes, happen with little or no warning.

Some disasters are the cause of human actions, intentional or unintentional. A disaster plan will help with safety, security, and comfort. Regardless of the type of disaster, there are things you can do to prepare. Contact your local Red Cross chapter, visit the FEMA Web site, or Ready.gov to make sure you are aware of the potential for natural disasters in your community. After you have identified the types of disasters that could strike where you live, create a family disaster plan that can apply to any type of disaster – natural, unintentional, or intentional.

Disaster can occur suddenly and without warning. They can be frightening for adults, but they are traumatic for children if they don't know what to do when these events occur. Children depend on daily routines. When an emergency disturbs their routine, children can become nervous. In an emergency, they'll look to parents or other adults to help. How parents react to an emergency gives children an indication on how to act. They see their parents' fear as proof that the danger is real. A parent's response during this time may have a long-term impact. Including children in the family's recovery plans will help them feel that their life will return to normal.

Families should prepare an emergency supplies kit ([http://www.nfpa.org/assets/files/PDF/Research/GR/hand/e/Supplies\\_Kit\\_Checklist.pdf](http://www.nfpa.org/assets/files/PDF/Research/GR/hand/e/Supplies_Kit_Checklist.pdf)) and develop a plan. Practice your plan so that everyone will remember what to do in an emergency. Everyone in the home, including children, should play a part in the family's response and recovery efforts. Remember: make the plan simple so everyone can remember the details.

## **Current News Releases**

The Oregon Dept. of Human Resources issued a news release on January 18, 2010 urging Oregon residents to stay safe during flood conditions.

Oregon Public Health officials want to help people stay safe during a flood. Warm winter temperatures and rain or snow have caused flooding in Oregon, and the National Weather Service continues its flood warning for parts of Oregon and Washington.

“There are things you can do to protect your family and your pets in a flood. Preparation and awareness can help prevent injury and serious health issues,” said Paul Cieslak, M.D., manager of the Acute and Communicable Disease Program, Oregon Public Health Division.

Here are a few things people can do to prepare for and stay safe during a flood:

- You should stock your home with supplies that may be needed during the emergency period including several clean containers large enough for a three- to five-day supply of water — about five gallons for each person; a three- to five-day supply of non-perishable food and a non-electric can opener.
- Have handy a first-aid kit and first-aid manual, your medicines, a battery powered radio, flashlights and extra batteries.
- If you come in contact with flood water, use soap and warm water to wash your hands. If water isn't available, you can use alcohol-based products made for washing hands.
- Fill bathtubs, sinks and plastic soda bottles with clean water. Sanitize the sinks and tubs first by using bleach. Rinse and fill with clean water.
- Never use a generator, pressure washer, charcoal grill, camp stove or other gasoline- or charcoal-burning device inside your home, basement or garage or near a window, door or vent.
- If you have a pet, identify a shelter designated for pets.
- If you have to evacuate, disconnect appliances to prevent electrical shock when power is restored.
- Do not drive through flooded areas. Even if the water appears shallow enough to cross, don't try it. Water hides dips in the road. There may be no road at all under the water. Flooding can scour away the entire road surface and a significant amount of ground beneath it.
- Stay tuned to local radio or television stations for updates and advisories.

For more complete information visit [www.oregon.gov/DHS/ph/](http://www.oregon.gov/DHS/ph/) or [www.nws.noaa.gov/alerts/or.html](http://www.nws.noaa.gov/alerts/or.html)

## **Safety Websites**

If you have not had a chance to check out our Safety and Health websites yet, here is your opportunity. Go to <http://www.oregon.gov/OMD/AGP/safety.shtml> to see the Safety Committee page. This page holds all of our agency's safety minutes, both federal and state. Our Safety page, <http://www.oregon.gov/OMD/AGP/safety2.shtml> offers all of our newsletters, monthly safety topics and monthly training material. Our Health and Wellness page, <http://www.oregon.gov/OMD/AGP/health.shtml> contains all our newsletters and other health and wellness information.

You can also find the “Federal – State” safety page at [http://inside-01.or.ng.ds.army.mil/portal/page?\\_pageid=36,219680,36\\_219821&\\_dad=portal&\\_schema=PORTAL](http://inside-01.or.ng.ds.army.mil/portal/page?_pageid=36,219680,36_219821&_dad=portal&_schema=PORTAL) for federal safety related items.

## **Safety and Health Policy Reminders**

Just a reminder that you can find all of our AGP/OMD policies on our website at [http://www.oregon.gov/OMD/AGP/agg\\_policies.shtml](http://www.oregon.gov/OMD/AGP/agg_policies.shtml) . If you have not taken the time to become familiar with them, please take a moment and review what is available.



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You will find on the AGP website policies related to Workforce Management, Occupational Safety, Filling Positions, Training and Development and Classification Compensation. For Dept. of Administrative Services (DAS) policies which govern other areas within our agency, go to <http://oregon.gov/DAS/HR/rules.shtml> .

Health and

For ORNG policies, regulations, memorandums, forms, etc., go to [http://inside-01.or.ng.ds.army.mil/portal/page?\\_pageid=153.1.153\\_240119&\\_dad=portal&\\_schema=PORTAL](http://inside-01.or.ng.ds.army.mil/portal/page?_pageid=153.1.153_240119&_dad=portal&_schema=PORTAL)

### **Did You Know?**

**Safety Committee Minutes** – All Safety Committee Minutes should be posted to a bulletin board or to a website that all employees can access.

**Safety Committee Members** – Do you know who your safety representatives are in your area? See Safety Meeting Schedules and Chairpersons below.

**Safety Committee Member Training** - All safety committee members are required by OSHA to attend at least three training programs to include Hazard Identification, Accident Investigation and Safety Committee Basics Training. If you are a Safety Committee member and have not attended any of these classes (or the classes that Marc Snook and I have put on), please talk with your supervisor or call me to get you started. You can find a list of OSHA classes on their website at <https://ilearn.oregon.gov> or <http://www.orosha.org/pdf/pubs/catalogs/jan2010wksp.pdf> . All OSHA classes are free to state employees and are available all over the state.

SAIF Corporation also offers FREE group training on safety related items such as fork lift training, ladder safety, confined spaces, etc. If you are interested in having a Loss Control Consultant provide some training at your facility, please contact me at 503-584-3581 or send me an email at [Robin.M.Webb@mil.state.or.us](mailto:Robin.M.Webb@mil.state.or.us) and I will work with SAIF to facilitate that training.

#### ***SAFETY MEETING SCHEDULES & CHAIRPERSONS***

LOCATION	CHAIRPERSON	MEETING DATES	MEETING TIMES	CONTACT NO.
<b>JFHQ &amp; Readiness Ctrs Region 2 thru 8</b>	Jeff Beck	2nd Tuesday each month	1:30 PM	541-584-3532
<b>Camp Withycombe CSMS &amp; State Shop</b>	Aaron Hochstrasser	Monthly	10:00 AM	503-557-5425
<b>Portland Airbase Civil Eng., Fire Dept. &amp; Security Forces</b>	Steve Mezzanatto	3 <sup>rd</sup> Wednesday each month	9:00 AM	503-335-4458
<b>Camp Rilea</b>	Chris Eckert	2nd Tuesday of each month	9:00 AM	503-861-4178
<b>Klamath Falls Fire Dept., Civil Eng. &amp; Security Forces</b>	Gene Hurst	2 <sup>nd</sup> Wednesday each month	10:00 AM	541-885-6381
<b>JFHQ Federal Safety Committee</b>	MAJ Timothy Deckert	Quarterly	9:00 AM	503-584-3222
<b>Youth Challenge Program (YCP)</b>	Karen Rawnsley	Quarterly	2:30 PM	541-317-9623 ex 226

## **Safety Committee Updates from Around the Agency**

What's new in your area? Look for future updates and information happening in your locations via your safety committees or if you now of a special event or happening and would like to see it posted, please let me know and I will add it to our newsletter.

**PANG:** The committee has become active in performing Quarter Inspections in their designated areas. They are working closely with the Fire Dept. on base to establish ongoing fire drills and building maintenance for updating evacuation plans.

**Camp Rilea:** The draft of their "Bosses Letter" has been completed and will be discussed at their February meeting. Their State Maintenance Shop has requested the committee's assistance in their OSHA Quarterly Inspections in their respected areas. They will be having a vote for officers at their February meeting.

**K-Falls:** The committee has approved its By-Laws. A reminder to everyone that whether you are on the safety committee or not, you have a duty to address hazards witnessed by others.

**YCP:** The committee is working on putting together a plan for Earthquake drills.

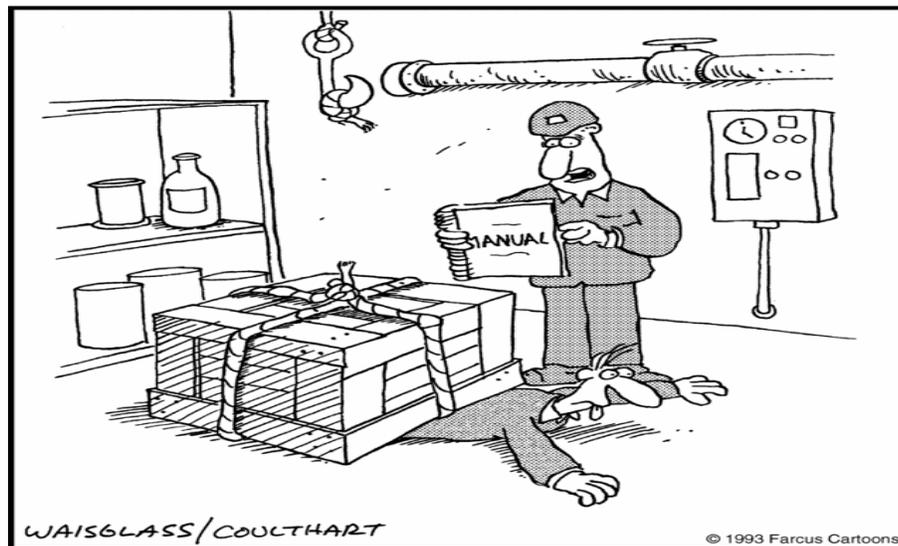
**Camp Withycombe:** The OSMS Safety Program went under review by NGB in mid December. The final report indicated some opportunities in which the program can strive to become part of the OSHA VPP (Voluntary Protection Program). The VPP recognize employers and workers in federal agencies who have implemented effective safety and health management systems and maintain injury and illness rates below national Bureau of Labor Statistics averages for their respective industries.

**Federal Safety Office:** Motorcycle Safety continues to be at the top of the TAG's list. As of August, there were 462 total enrollments.

**JFHQ** – The group has decided that all Quarterly Inspection results will be tabulated on our Hazard/Non Hazard log each month. This way we can keep a tally of what is financially repairable and what is not.

# Farcus

by David Waisglass  
Gordon Coulthart



**“Unfortunately, the health and safety committee doesn't meet until next Friday.”**