



State of Oregon
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Oregon State Board of Nursing (OSBN) Meeting Minutes

Meeting Topic: APRN Rule Advisory Committee

Meeting Date: December 3, 2015

Meeting Time: 1:00 pm to 4:00 pm

Location: OSBN Conference Room

Facilitator: Christy Cowgill

Recorded: Yes

Attendance

Name	License Type	Role	Area	Attend
Betty Ang	CNS, PMHNP	Stakeholder	Salem, OR	Online*
Liz Banks	FNP	RAC Member	Portland, OR	OSBN
Patty Barfield	PMHNP	RAC Member	Ontario, OR	OSBN
Stephanie Barss	FNP	RAC Member	Bend, OR	Online*
Suzanne Brown	CRNA	Stakeholder (2015 RAC)	Portland	OSBN
Sandra Bunn	CNS	Stakeholder (2015 RAC)	Salem, OR	Online*
Ann Busch	CNS	RAC Member	Eugene, OR	Online*
Christy Cowgill	CRNA	Board Staff	Portland, OR	OSBN
Kathy Cook	CRNA	Stakeholder (2015 RAC)	Portland, OR	Online
Sue Davidson	CNS	Stakeholder	Portland, OR	OSBN
Dustin Degman	CRNA	Stakeholder	Reedsport, OR	Online*
Martha Driessnack	PNP	Stakeholder (2015 RAC)	Portland, OR	OSBN
Larlene Dunsmuir	ANP, FNP	RAC Member	Portland, OR	OSBN
Cathy Emeis	NMNP	RAC Member	Portland, OR	OSBN
Dianna Eshleman	ANP, WHCNP	RAC Member	Portland, OR	OSBN
Emily Goerke	CRNA	RAC Member	Portland, OR	OSBN
Laurel Hallock Koppleman	FNP	RAC Member	Poryland, OR	Online
Clay Hill	FNP	Stakeholder	Grand Ronde	Online*
Carol Howe	NMNP	RAC Member	Portland, OR	OSBN
Heike Huchler	FNP	Stakeholder	Gresham, OR	Online*
Andrea Johnson	CRNA	RAC Member	Portland, OR	OSBN
Joseph Knaus	FNP	Stakeholder (2015 RAC)	Portland, OR	OSBN
Tamara Lee	PMHNP	RAC Member	Roseburg	Online*
Duane Laurelton	CRNA	RAC Member	Hood River, OR	Online
Bruce Marks	FNP	RAC Member	Portland, OR	OSBN
Morghan Milagrosa	NMNP, WHCNP	RAC Member	Lake Oswego, OR	OSBN
Rose Milano	ACNP	Stakeholder	Portland, OR	Online*
Megan Osborn	ANP, PMHNP	RAC Member	Salem, OR	OSBN
Anja, Peersen	CNS	Stakeholder	Lake Oswego, OR	Online*
Robin Perez	PMHNP	Stakeholder	Canby, OR	OSBN
Cynthia Perry	FNP	RAC Member	Portland, OR	OSBN
Meg Portwood	FNP	RAC Member	Lincoln City, OR	Online*
Pozar, Tracy	FNP	RAC Member	Pendleton, OR	Online*
Katherine Sandstrom	FNP	Stakeholder	Portland, OR	OSBN
Jane Sawall	CNS	2015 RAC	Medford, OR	Online*
Tricia Schroffner	FNP	Stakeholder (2015 RAC)	Eugene, OR	Online
Ingrid Siegman	CNS	RAC Member	Portland, OR	Online*
Ginger Simmons	Board Staff	Board Staff	Portland, OR	OSBN

James Sims	ANP	RAC Member	Eugene, OR	Online*
Jessica Slaughter	CRNA	Stakeholder (2015 RAC)	Redmond, OR	Online
Joshua Squires	ACNP	RAC Member	Portland, OR	Online
Jeanine Swygman	ACNP	RAC Member	Reno, NV	Online*
Asma Taha	PNP	RAC Member	Portland, OR	Online*
Jo Marie Thompson	RN (WHCNP)	Public	Portland, OR	OSBN
Thomas Trubenbach	FNP	Stakeholder	Medford, OR	Online*
Jennifer Tschacher	Board Staff	Board Staff	Portland, OR	OSBN
Helen Turner	CNS	RAC Member	Portland, OR	OSBN
Olivia Ulrich	FNP	RAC Member	Hood River, OR	Online
Diana Wambaugh	FNP	Stakeholder	Roseburg, OR	Online*
Cindi Warburton	FNP	RAC Member	Bend, OR	Online*
Sarah Wickenhagen	FNP	Public	Portland, OR	Online
Rochelle Webster	FNP	Stakeholder	Medford, OR	Online*

*Online = Synchronous,
Online = Asynchronous

Agenda	Discussion	Action
<p>Welcome/ Introductions</p>	<p>Christy Cowgill, Advanced Practice Consultant, commenced the meeting for the APRN Rule Advisory Committee (RAC). All attendees, in-person and via teleconference/webinar, introduced themselves.</p> <p>Recording of meeting is available at: https://osbn.adobeconnect.com/p61c1n4uzv9/</p> <p>Documents for the meeting are available, separately at: https://www.dropbox.com/sh/mjikt0w0ohiktgp/AABQrhX2tfaRQq1jKdTLgI9Aa?oref=e</p> <p>C Cowgill reviewed the following:</p> <ul style="list-style-type: none"> • The purpose of the APRN-RAC: to obtain public input on current administrative rules related to NP, CNS and CRNA scope of practice, prescribing authority, educational program standards, and licensing requirements. The RAC’s recommendations to adopt, amend or repeal rules would be submitted to the Board for consideration. • The accomplishments of the APRN-RAC in 2015: <ul style="list-style-type: none"> ○ Proposed rule changes in Division 56 related to dispensing ○ Permanent rulemaking for Division 52, CRNAs, in conjunction with the CRNA Stakeholder Group ○ Consensus to amend Division 50 language relative to revisions in Division 52. ○ December meeting to determine action on Division 50, OAR 851-050-0004 (Requested attendance of 2015 APRN RAC members as well as future 2016 APRN RAC members and stakeholders.) • 2016 Schedule (to date) 	<p>For this meeting and future 2016 meetings, the minutes will be sent to the RAC members for review and approval. Once approved, the minutes will be posted on the OSBN website.</p>

	<ul style="list-style-type: none"> ○ January: Cosmetics Practice ○ March: Conduct Derogatory, Division 45 ○ May, July and September agendas are open with the November meeting being a review and the final meeting of the year. ● Meeting Ground Rule and Decision-Making Process (see document) 	
Working Collaboratively	C Cowgill referenced Working Collaboratively – Generous Listening by the London Perret Roche Group. She encouraged the group to listen with a willingness to be influenced and with natural curiosity.	N/A
Presentations and View Points on the Nurse Practice Act	<p>Requirement for NP license applicants to have RN practice hours pursuant to OAR 851-050-0004. Eight Speakers were allotted 5-10 minutes. Information included the following:</p> <ul style="list-style-type: none"> ● Jennifer Tschacher, OSBN Licensing Technician Highlighted the number of applicants coming through OSBN for initial licensure that were impacted by the 384 RN practice hour requirement; currently there were about 10 practitioners. No way to capture if there were NP applicants who decided not to apply due to this requirement. In general, most applicants were able to complete the RN practice requirement in about two weeks. Applicants attested to the completion of these hours and some were met through orientation with employer or volunteering at health clinic. <ul style="list-style-type: none"> ○ Question for Jennifer: Did other states require an applicant for NP to also have RN practice even if applicant was a graduate of accredited NP program AND board certified in specialty? No. Oregon was the only state with this requirement. ● Liz Banks, FNP, Portland, Planned Parenthood Columbia Willamette, Dir of Clinical Services Spoke from an employer perspective of trying to meet the requirements and the delay that could occur for an NP to on-board and begin to function as NP. No anecdotal evidence to support that RN practice hours made for a better prepared clinician. RN practice hours were done during the orientation process, which could last about nine weeks. Orientation would be same for on-boarding an NP regardless of previous RN practice. ● Jo Marie Thompson, RN-soon to be licensed WHNP New NP graduate from Vanderbilt University who moved to Oregon and then later became aware of the practice hour requirement. First hand perspective of difficulty both financially and timing for on-boarding into her role as NP. Personally knew other new graduate NPs who avoided applying for jobs in Oregon due to this current requirement. 	

- **Larlene Dunsmuir, FNP, ONA**

Highlighted the rule from a historical perspective dating back to 1975 when legislatures were concerned about education of NPs. More recently in 2006 (when rule was adopted), there were concerns over accelerated nursing educational programs and outcomes. Recent NPO meeting in Oct 2015, attended by 200 NPs, demonstrated by show of hands that those in attendance were *not* supportive of repealing this rule. In fact, most NPs would like to see more RN hours required.

- Currently, there's a survey open to ALL NPs:
<http://www.nursepractitionersoforegon.org/> Click here to let your voice be heard, this survey includes questions on practice hours.

- **Laurel Hallock Koppelman, DNP, FNP, Practitioner at Richland Community Health Clinic**

Spoke from a practitioner perspective and highlighted her personal journey through ACC BACC program in 1997 at NYU. Brought articles to consider when weighing the rationale behind this rule:

- Barnes, H. (2015). Exploring the Factors That Influence Nurse Practitioner Role Transition. *The Journal for Nurse Practitioners*, 11(2), 178-183
[http://www.npjjournal.org/article/S1555-4155\(14\)00798-3/fulltext](http://www.npjjournal.org/article/S1555-4155(14)00798-3/fulltext)
- Rich ER. Does RN experience relate to NP clinical skills? *Nurse Pract.* 2005;30(12):53-56
<http://www.medscape.com/medline/abstract/16344710> (abstract). Full text document available via the drop box link provided above.
- Whyte JT, Ward P, Eccles DW. The relationship between knowledge and clinical performance in novice and experienced critical care nurses. *Heart Lung*. 2009;38(6):517-525
http://www.nursingcenter.com/JournalArticle?Article_ID=2673259#P16 (abstract). Full text document available via the drop box link provided above.

- **Cynthia Perry, FNP, Director FNP Program, Associate Professor, OHSU**

From educational perspective for NP education: The educational preparation of the NP included 500 hours for a masters level and 70 for DNP level. There was plenty of time during the NP educational model to address concerns regarding the student's patient-relations skills. Mechanisms were in place for faculty to address any concerns before students leave the educational model.

- Resources: IOM committee of the Health Professions Education summit participants (IOM, 2003) specified that, "all healthcare professionals should be educated to

	<p>deliver patient-centered care as members of an interdisciplinary team, emphasizing evidence-based practice, quality improvement approaches and informatics.” Entry-level core NP competencies had been identified to guide the development of NP curricula.</p> <ul style="list-style-type: none"> ○ Resources: The skills and knowledge competencies were essential to all NPs, regardless of population focus. The competencies were organized in seven content domains: Management of Patient Health/Illness Status, The Nurse Practitioner-Patient Relationship, The Teaching-Coaching Function, Professional Role, Managing and Negotiating Health Care Delivery Systems, Monitoring and Ensuring the Quality of Health Care Practices, and Culturally-Sensitive Care (NONPF, 2006). DNP competencies had also been identified (NONPF, 2006). <ul style="list-style-type: none"> ● Cindi Warburton, FNP, Manager Emergency Services, St. Charles Medical Center Perspective as a provider as well as a manager: The additional requirement for the educated student to go back and work as an RN did not lend to a better prepared NP. ● Martha Driessnack, PNP, Interim Director PNP Program, Associate Professor, OHSU Concluded conversations with overview of a clear lack of evidence supporting the need for practice hours. Reminded us that some rules were tethered to our apprenticeship roots and were no longer relevant today. Emphasized that the current requirement presented a clear barrier to practice at a time when the IOM was calling for the removal of all barriers, especially at entrance to practice. Added that the rule would be a difficult obstacle as more schools go to direct BS to DNP (in accordance with the national recommendations). <ul style="list-style-type: none"> ○ References Sr. Rosemary Donnelly article found here: http://www.nursingworld.org/MainMenuCategories/ANAPractice/ANAPeriodicals/OJIN/TableofContents/vol1132008/No3Sept08/PhasesofArticulation.html?css=print 	
<p>Discussion on Presentations and OAR 851-050-0004</p>	<p>Following the presentations, the group discussed the rule and voiced their questions, comments and concerns. As the discussion came to a close, the audio/teleconference portion of the meeting abruptly ended, cutting off the online attendees. Online attendees were contacted after meeting to gather input into decision-making process.</p> <p>Call the Question: For those in the room, C Cowgill called for a vote as to action (since consensus could not be assumed based upon loss of online members) on OAR 851-050-004 related to the 384 hour RN practice requirement for all NP license applicants.</p>	<p>According to decision-making guidelines; RAC agrees to make recommendation to Board for repealing the requirement for 384 hours of RN practice for NP initial licensure. The RAC will make this</p>

	<p>The result for the 20 attendees present in the room was majority consensus to recommend repealing this rule with one abstention (Larlene Dunsmuir) and one dissenting vote (Megan Osborn).</p> <p>The total 2015 and 2016 RAC member results, including online and 72 hour post meeting votes:</p> <ul style="list-style-type: none"> → 26 Repeal; → 1 Modify (James Sims); → 2 Abstain (Ann Busch, Larlene Dunsmuir); → 2 Dissenting (Megan Osborn & Megan Portwood); <p>Additionally, all stakeholders agreed to repeal in consensus, however they were not counted toward vote.</p>	<p>recommendation recognizing two dissenting votes.</p> <p>47 people attended this meeting either in-person or via synchronous or asynchronous Adobe connect.</p>
Wrap-up and Next Meeting	<p>The next APRN Rule Advisory Committee meeting* will be held on January 7, 2016 from 1 - 4 pm at the Oregon State Bar Center, 16037 SW Upper Boones Ferry Road, Tigard, OR 97224. The topic will be on Cosmetic Practice.</p> <p>*All other 2016 meetings will be held at the Oregon State Board of Nursing unless otherwise notified.</p>	<p>Agenda to be sent to 2016 APRN RAC and Stakeholders prior to the January meeting.</p>
Adjourned	<p>The meeting adjourned at approximately 4 pm.</p>	<p>N/A</p>

Minutes completed by Ginger Simmons, Policy Analyst Administrative Assistant & Christy Cowgill, Advanced Practice Policy Analyst.