



Oregon State Board of Nursing
 17938 SW Upper Boones Ferry Rd.
 Portland, OR 97224-7012
 971-673-0685
 www.oregon.gov/OSBN

Oregon CNA 1 Authorized Duties Competency Validation Form

Section 1: CNA 1 Information

First Name:

Last Name:

Oregon CNA 1 Certificate Number

Section 2: Additional Competencies for CNA 1 Authorized Duties

As of January 1, 2015 additional knowledge and skill competencies were added to CNA 1 authorized duties outlined in Oregon Administrative Rule (OAR) 851-063-0030.

It will be incumbent on the CNA 1 to:

1. Not assume an assignment, duty, or responsibility unless competency has been established and maintained;
2. Not perform duties or tasks for which the CNA 1 has not demonstrated knowledge, skill, and ability to an Oregon licensed RN who has at least one year of nursing experience;
3. Inform their employer of any current CNA 1 authorized duties that were not obtained within their original level-one training program curriculum; and
4. Maintain documentation to support any CNA 1 knowledge or skill competency that was not obtained within their original level-one training program curriculum (see Section 3 below).

Section 3: Documenting Additional CNA 1 Knowledge and Skill Competency

The CNA 1 is expected to keep this form to document the attained CNA 1 knowledge or skill competency that was not obtained within their original CNA 1 training program curriculum. Only the knowledge and/or skill(s) for which the individual CNA 1 has not previously demonstrated competency will be documented on this form.

Skill	Date Taught (m/d/yy)	Date Competency Verified (m/d/yy)	Signature of RN Evaluator
Domain: Communication and Interpersonal Skills			
Domain: Person-Centered Care			
Domain: Infection Control and Standard or Transmission-Based Precautions:			
Wash hands/hand hygiene			
Follow standard precautions according to the Centers for Disease Control and Prevention			
Assist with coughing and deep breathing			
Handle linen			
Implement neutropenic precautions			

Skill	Date Taught (m/d/yy)	Date Competency Verified (m/d/yy)	Signature of RN Evaluator
Make an occupied bed			
Make an unoccupied bed			
Put on and remove personal protective equipment: gloves			
Put on and remove personal protective equipment: gown			
Put on and remove personal protective equipment: mask			
Collect a clean catch urine specimen			
Collect a sputum specimen			
Collect a stool specimen			
Domain: Safety/Emergency Procedures			
Administer abdominal thrust (Heimlich Maneuver)			
Ambulate using a gait belt			
Ambulate with a cane			
Ambulate with a walker			
Apply a wrist restraint			
Apply position/alignment techniques for clients in bed using safe client handling devices			
Implement bleeding precautions			
Implement cervical precautions			
Implement hip precautions			
Implement sternal precautions			
Position/alignment techniques for clients in chairs and wheelchairs using safe client handling devices			
Transfer a person from bed to wheelchair			
Transfer a person from wheelchair to bed			
Turn oxygen on and off at pre-established flow rate for stable client			
Use safe client transfer and handling techniques with lift equipment			
Use safe client transfer and handling techniques with seated transfers			
Domain: Nutrition and Hydration			
Assist with maintaining hydration			
Thicken liquids			

Skill	Date Taught (m/d/yy)	Date Competency Verified (m/d/yy)	Signature of RN Evaluator
Utilize techniques for assisting with eating			
Domain: Elimination			
Assist with the use of a fracture pan			
Assist with the use of a regular bedpan			
Assist with the use of a toilet			
Assist with the use of a urinal			
Change of a disposable brief			
Change from a drainage bag to a leg bag			
Change from a leg bag to a drainage bag			
Clean site for established, non-acute ostomy			
Change ostomy bag			
Empty ostomy bag			
Give an enema			
Insert a bowel evacuation suppository			
Provide catheter care			
Application of external urinary catheters			
Removal of external urinary catheters			
Domain: Personal Care			
Put on and care for eyeglasses			
Put in and care for hearing aids			
Apply anti-embolism elastic stockings			
Apply non-prescription pediculicides			
Apply topical barrier creams & ointments for skin care			
Assist with hair care/shampoo			
Dress/undress			
Give a bed bath			
Give shower bath			
Provide denture care			
Provide fingernail care			
Provide foot care			
Provide mouth care			
Provide mouth care for a comatose client			
Provide perineal/incontinence care			
Provide skin care			
Shave face with electric razor			

Skill	Date Taught (m/d/yy)	Date Competency Verified (m/d/yy)	Signature of RN Evaluator
Shave face with safety razor			
Domain: Restorative Care			
Apply, turn on & off sequential compression devices			
Apply warm therapy			
Apply cold therapy			
Assist with lower extremity range of motion			
Assist with upper extremity range of motion			
Reinforce use of an incentive spirometer			
Domain: Measure and Record			
Height			
Weight			
Input			
Output			
Pain level			
Temperature			
Apical pulse			
Radial pulse			
Respirations			
Electronic blood pressure			
Manual blood pressure: forearm			
Manual blood pressure: lower leg			
Manual blood pressure: thigh			
Manual blood pressure: upper arm			
Orthostatic blood pressure readings			
Pulse oximetry			
CNA 1 Signature:			Date (m/d/yy)

1. Printed name of licensed RN evaluator _____ Date _____
2. Printed name of licensed RN evaluator _____ Date _____
3. Printed name of licensed RN evaluator _____ Date _____
4. Printed name of licensed RN evaluator _____ Date _____
5. Printed name of licensed RN evaluator _____ Date _____

IMPORTANT: Certificate holder will maintain this document as record of proof of completion of any additional CNA 1 knowledge and skill competencies obtained outside of their original program.