

Oregon Alcohol and Drug Policy Commission

To: ADPC Members

From: The ADPC Recovery Committee

Re: Committee Priorities for the 2026-2030 Comprehensive Plan

Background/Mission of the Recovery Committee

The ADPC Recovery Committee collaborates closely with ADPC staff and other partners to advance recovery-related work across the state. The committee utilizes the Substance Abuse and Mental Health Services Administration's (SAMHSA) definition of recovery, which highlights a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

The ADPC Recovery Committee strives to manage the timely development, implementation, and maintenance of a statewide system that creates recovery-oriented systems of care (ROSC). The Committee leverages the Substance Abuse and Mental Health Services Administration (SAMHSA) definition of a ROSC, the central focus of which is to create an infrastructure or "system of care" with a full range of community-based services to ensure individuals and families impacted by substance use disorders (SUD) have the support they need to build resilience for improved health, wellness, and quality of life.

Comprehensive Plan Priorities

The ADPC Recovery Committee proposes expanding the availability of recovery-friendly spaces, addressing the stability and sustainability of the recovery system, and ensuring seamless transitions across levels of care by focusing on the following priorities. In prioritizing these activities, the Recovery Committee envisions expanding access, services, and supports to all Oregonians, regardless of culture, language, geography, or stigma associated with seeking care by prioritizing the following activities.

- Expand the number of Recovery Community Centers (RCCs) across Oregon to ensure equitable access through culturally diverse program offerings, irrespective of geographical constraints. The ADPC Recovery Committee believes that expanding access to RCCs is critical to providing appropriate long-term levels of recovery support no matter where someone may be on the continuum of care. The Recovery Committee defines RCCs as peer-run drop-in centers for people in recovery from SUD. The centers maintain daily community-based and peer-run recovery supportive activities and one-on-one peer support services provided without the need for participants to pay. RCCs are accessible to anyone in recovery and do not require a clinical diagnosis. A key benefit of RCCs is the ability to convene local recovery communities and highlight the various paths to recovery. The Recovery Committee will work with local, regional, and statewide leaders to develop a strategy that ensures the sustainability of the RCCs while focusing on financing, service array, geographic distribution, culturally responsive practices, and applying the latest evidence of effectiveness in the field.
- 2. Ensure adequate recovery housing, with a wide range of levels of care, is in place for Oregonians seeking support, especially for priority populations. Ensuring adequate recovery housing is vital for Oregonians seeking support across a wide range of substance use disorder (SUD) acuity levels and priority population designations. The Recovery Committee is committed to developing clear and recognized definitions for distinct recovery housing categories that align with varying levels of care needs. The definitions for these recovery housing categories will be essential to securing state funding, establishing consistent service standards, and expanding supportive recovery housing models statewide.

The Recovery Committee's efforts will focus on:

- Identifying and defining appropriate recovery housing categories that correspond to the full spectrum of SUD recovery needs.
- Advocating for State recognition and adoption of the definitions for distinct recovery housing categories to facilitate funding and operational support.

- Expanding recovery housing capacity and levels of care to meet the needs of all individuals seeking SUD recovery support.
- Ensuring equitable access to recovery housing for priority populations.
- Promoting trauma-informed care practices to foster stable, supportive environments.
- Encouraging collaboration between property owners, housing providers, and service organizations to ensure successful tenancies and long-term stability.
 Implementing clear recovery housing categories and expanding recovery housing capacity will help ensure individuals are better supported on their journey to recovery and will improve outcomes for Oregonians impacted by substance use disorders.
- 3. Standardize Peer Recovery Support Services across community systems to build a skilled peer workforce and financially sustainable peer recovery services. Establishing a strong and sustainable peer recovery support services (PRSS) system requires clear definitions, core competencies, responsive peer supervision, and alignment across health care and recovery settings. There is also an innate understanding among committee members of the power and encouragement that can be achieved through people in recovery becoming trained as peer specialists. The Recovery Committee will collaborate with stakeholders to create a unified approach that ensures consistency, effectiveness, and long-term integration of PRSS into Oregon's recovery community and health care systems.

Outcomes Anticipated

The ADPC Recovery Committee believes that, when taken together, these priorities will expand access to Recovery Community Centers, strengthen recovery housing, and standardize Peer Recovery Support Services, ensuring support for people along their recovery journey and creating a more sustainable and effective recovery system across Oregon.