Oregon Youth Addiction Alliance

Full Committee Meeting Agenda

March 28, 2025 3:00 -5:00 PM

Meeting link:

https://zoom.us/j/92479393540?pwd=yd4R7Sm6JjMW0P22hRaazB8NOoUFED.1

Join by phone: (+1) 669-254-5252

Meeting ID: 161 714 6489 Passcode: 096376

Note: The Alliance may choose to take agenda items out of order, pull, defer or shorten presentation time of agenda item(s) to accommodate unscheduled business needs. Anyone wishing to be present for an item should arrive when the meeting begins to avoid missing an item of interest.

The meeting location is accessible to persons with disabilities. A request for an interpreter for the hearing impaired or for other accommodations for persons with disabilities should be made at least 48 hours before the meeting to: Corina Vasquez at corina.vasquez@oha.oregon.gov.

| # | Item | Time |
|---|---|-------------|
| 1 | Appreciative Welcome - Meeting Goals - Group Agreements - Roll Call of OYAA Members to establish a quorum | 3:00 - 3:15 |
| 2 | Icebreaker | 3:15 - 3:30 |
| 3 | Review and final edits of these challenge statement - Treatment and recovery options (clinical) - Legal and Carceral Settings - School-Based Prevention, Intervention, and Harm Reduction | 3:30 - 3:55 |
| 4 | Break | 3:55 – 4:00 |

| 5 | Breakout groups - Youth and Family Recovery Spaces (non-clinical) - Recovery Housing | 4:00 – 4:40 |
|---|--|-------------|
| 6 | Share out from breakout groups | 4:40-4:50 |
| 7 | Public Comment | 4:50 - 4:55 |
| 8 | Reflection and Closing | 4:55 -5:00 |

Group Agreements:

- Be present and involved
- What is shared in this space, stays in this space.
- Varied and opposing ideas are welcome. Challenge ideas, not people.
- Use the names and pronouns people introduce themselves with.
- Focus on our shared purpose: improving the system for Oregon youth.
- Listen actively respect others when they speak and avoid interrupting.
- Honor those with quieter voices. If you tend to talk more, give others space to speak. If you are quieter, try to speak up.
- Be mindful of power dynamics in the room.
- Avoid acronyms!
- Avoid problem-solving for one person's situation or crises.
- Propose solutions whenever possible don't just value the problem.
- Adults must take youth adult partnership training before attending regularly.

Before making any decisions, consider:

- What are the racial equity impacts of this particular decision?
- Who will benefit from or be burdened by this particular decision?
- Are there strategies to mitigate any unintended consequences?
- Is completion of the <u>full racial equity worksheet</u> warranted?

OYAA Subcommittee Notes Thursday 3/13/25

Members: Kaleb Gambee, Kamryn Berk, Annette Majekodunmi, Araceli Granados , Ashlie Kangas, Giovanny Dillanes, Kati Jokinen, Madison Dunn, Michael Liang, Vanessa Nordyke

Absent: Kayla Lara-Ryall, Miranda Steward, Tony Vezina

Staff: Joyleen Carter, Jummy Akinyode, Wes R. Rivers, Shaunte Duron-Okotete

Key Takeaways

- Recovery housing needs to consider services that travel with youth, not just physical housing
- Schools lack consistent, comprehensive substance use education and support across K-12 and higher education
- Rural and urban areas face different challenges in providing youth addiction resources
- There's a need for more compassionate, treatment-focused approaches rather than punitive measures

Next Steps

- Research recovery housing models from other states
- Explore options for school-based treatment, screening, and compassionate intervention
- Develop ideas for improving substance use education across K-12 and higher ed
- Consider ways to make youth/family spaces more accessible and culturally responsive
- Draft challenge statements for key focus areas

Recovery Housing Brainstorming in MURAL

- Focus on services that travel with youth, not just physical housing
- Consider mentors, peer support, respite options
- Address food insecurity, childcare, counseling needs
- Explore successful models from other states
- Ensure accessibility and transportation options
- Consider needs of teen parents with substance use disorders

Schools and Substance Use Education/Support

- Expand education beyond just health class after-school programs, assemblies
- Provide certified peer mentors in schools
- Host support groups like Alateen on campus, while maintaining privacy
- Improve cultural competence and language accessibility of materials
- Address rural vs urban differences in drug education needs
- Explore options for confidential youth access to help without parental involvement
- Consider sober school events and activities
- Youth and Family Spaces
- · Create comfortable, relevant spaces youth want to access
- Ensure culturally responsive support beyond just ethnicity
- Improve awareness and promotion of available recovery resources
- Consider needs of whole family, including siblings/children of those in recovery

Chronological Summary

- **Welcome and group agreements @ 0:00** Kamryn welcomed everyone, reviewed the group agreements, and led an icebreaker activity where participants shared what they would trade or barter in a hypothetical economy.
- Brainstorming recovery housing @ 15:35 Wes provided context on the ADPC's role
 and scope regarding recovery housing, noting they focus more on the services and
 supports rather than the physical housing itself. The group then brainstormed ideas for
 how to help youth live independently with family and community support, including peer
 mentorship, counseling, crisis intervention, and childcare services.
- Shifting to school-based supports @ 29:38 The discussion shifted to exploring how schools can better support students struggling with substance use. Key themes included the need for universal screening and referral to treatment, training for school staff, and creating safe spaces for students to access support without fear of punishment or stigma. The group also highlighted the importance of considering both K-12 and higher education settings.
- Breakout group discussions @ 52:50 The participants broke out into two groups to
 further discuss school-based supports and youth/family spaces. The school group
 emphasized the need for compassion over punishment, culturally responsive services,
 and leveraging community partnerships. The youth/family group did not have time to
 report back.
- Closing and next steps @ 1:44:50 The co-chairs Kaleb and Kamryn closed the meeting, recapping the legislative advocacy work the day prior and emphasizing the importance of providing a "citizenship to recovery" for all. They thanked participants for their time and meaningful contributions.