

## **OYAA MURAL NOTES**

OYAA Committee

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### **OYAA Subcommittee 3/13/25**

#### **Room 6: Youth and Family Recovery Spaces (Non-Clinical)**

Themes:

- third space recovery
- Family Drop in centers
- Family therapy pathways
- commercial insurance
- AA/NA meetings (but specifically for families =
- Al-Anon meetings)
- Variety of Age appropriate activities
- Opportunities in community to participate in family settings (example: camping trip for the whole family, LGBTQIA2S+ events for families)
- Respite
- Needing to not feel othered in third spaces based on economic differences
- Churches and Halfway houses (donations for families, opportunities and access)
- Health educational opportunities for family addiction
- Confidence security (stigma: "they'll think less because I'm not able to show up")
- Instead of making recovery community safe spaces separate from the rest of the world, how do we make the rest of the world a recovery-safe space?

There is a paper that I read recently that said "recovery can't be the right to citizenship, but citizenship is the right to recovery." Basically-- the rest of the world would need to say "hey-- you get these supports because you are human and we care about you."

#### **Community Mapping:**

Physical Buildings/Centers

- program building-respite
- Food pantries
- AL-Anon meetings (+AA/NA)

Accessibility

- Variety of Age appropriate activities
- Safe & inclusive resources (somewhere you feel safe to access resources, welcome, belonging)
- Awareness of where you can access bus passes, bicycles, clothing, etc
- -regularly updated information available
- Public-facing opportunities (example social media groups)

Transportation

- Carpool transportation - volunteer ran
- Free bus passes - destigmatizing asking for that

People & Demographics

- Culturally-responsive support: People are involved that are meaningful/ relevant to the family. My family had a hard time accepting "help" but felt differently when it was from people known (or seemed more similar) to them.
- public web pages for oyaa

Rurality

- Newsletters or other education options for remote support
- Educational opportunities for addiction health

### **Room 7: School-Based Prevention, Intervention and Harm Reduction**

**CHALLENGE STATEMENT:** [Students in K-12 and higher education] need/want [creative treatment options, training, screening, recovery supports, compassion] because [we often use punishment as intervention ].

- Private Schools: what are they doing differently - may also limit access if religious affiliation - similar to sex ed
- Rural Schools: Not a lot of information on newer drugs?
- Accessibility: no one district has all of the things that are in the first slide
- Learning from smaller and rural schools - southern oregon good example
- Accessibility: a lot of teachers are not informed of resources as well
- Lack of culturally competent education and attention
- PTA and Parent group support
- Place-based treatment is really important