Oregon Youth Addiction Alliance

Regular Meeting Agenda

April 25, 2025 3:00 - 5:00 PM

Meeting link: https://zoom.us/j/92479393540?pwd=yd4R7Sm6JjMW0P22hRaazB8NOoUFED.1

Join by phone: (+1) 346-248-7799

Meeting ID: 924 7939 3540

Passcode: 291376

Chairs: Kamryn Berk & Kaleb Gambee

Vice Chair: Erica Fuller

Facilitators: Jummy Akinyode, Shaunte Duron, & Susan Fischer-Maki

Staff: Joyleen Carter (SOCAC) & Wes Rivers (ADPC)

Supporting Meeting Materials

- Youth Adult Partnership Training
- Draft Charter

Group Agreements:

- Be present and involved
- What is shared in this space, stays in this space.
- Varied and opposing ideas are welcome. Challenge ideas, not people.
- Use the names and pronouns people introduce themselves with.
- Focus on our shared purpose: improving the system for Oregon youth.
- Listen actively respect others when they speak and avoid interrupting.
- Honor those with quieter voices. If you tend to talk more, give others space to speak. If you are quieter, try to speak up.
- Be mindful of power dynamics in the room.
- Avoid acronyms!
- Avoid problem-solving for one person's situation or crises.
- Propose solutions whenever possible don't just value the problem.
- Adults must take <u>youth-adult partnership training</u> before attending regularly.

#	AGENDA ITEM	TIME	OWNER
1	Welcome	3:00 - 3:10	Kaleb
2	Ice Breaker	3:10 - 3:20	Kamryn
3	Updates on Work Buckets	3:20 - 3:40	Kamryn
4	Root Causes: How to Dig Deeper using 5 Whys? • Stigma • Finish Legal and Carceral Settings	3:40 - 4:00	Kaleb Kamryn
5	Break	4:00 - 4:05	Jummy
6	Breakout groups on Root Causes: using 5 Whys • Youth and Family Recovery Spaces non-clinical • Housing	4:05 - 4:35	
7	Share out from Breakout Groups	4:35 - 4:50	Jummy
8	Public Comment	4:50 - 4:55	Jummy
9	Closing - Through-line - Group Check-In - Preview next meeting: - Subcommittee Workgroup meeting - May 14th - OYAA meeting -May 23rd	4:55 - 5:00	Kaleb

Note: The Alliance may choose to take agenda items out of order, pull, defer, or shorten presentation time of agenda item(s) to accommodate unscheduled business needs. Anyone wishing to be present for an item should arrive when the meeting begins to avoid missing an item of interest.

The meeting location is accessible to persons with disabilities. A request for an interpreter for the hearing impaired or for other accommodations for persons with disabilities should be made at least 48 hours before the meeting to: Corina Vasquez at corina.vasquez@oha.oregon.gov.

Subcommittee Meeting Notes for Wednesday 4/9/25

Members: Annette Majekodunmi, Araceli Granados, Ashlie Kangas, Erica Fuller, Giovanny Dillanes, Kaleb Gambee, Kamryn Berk, Kayla Lara-Ryall, and Madison Dunn **Absent:** Kati Jokinen, Michael Liang, Miranda Steward, Tony Vezina, and Vanessa Nordyke Non-Members: Joyleen Carter, Jummy Akinyode, Wes R. Rivers, Shaunte Duron-Okotete

Key Takeaways

- Finalized challenge statements for housing/recovery supports and youth/family recovery spaces
- Identified key root causes including stigma, lack of funding, burnout, and inadequate training
- Explored "5 Whys" technique to dig deeper into root causes, especially around punitive approaches in schools
- New perspectives added value, with youth leaders taking more initiative in discussions
 Next Steps
 - Further explore stigma as a root cause across all settings
 - Present finalized challenge statements to full Alcohol and Drug Policy Commission on 4/17
 - Next subcommittee meeting scheduled for 4/25 to continue root cause analysis
 - Begin developing solutions based on identified root causes in May

Summary By Topics

Challenge Statement Finalization

- Housing/recovery supports statement finalized after group discussion
- Youth/family recovery spaces statement refined to address non-clinical spaces
- Emphasis on stigma-free, immediate, and individualized support in both statements

Root Cause Analysis: Schools

- Lack of funding → Too many students → Staff burnout
- Schools not utilizing existing systems (e.g. health centers) effectively
- Stigma and tradition make punishment easier than support
- Lack of SUD-specific training for school staff
- Siloed approach between mental health and SUD services

Root Cause Analysis: Treatment & Recovery

- Lack of immediate service availability creates waitlists and frustration
- Insufficient culturally-specific treatment options
- Importance of belonging and connection in treatment settings
- Need for more outreach to those on waitlists

Youth Leadership

- Increased initiative from youth participants in leading discussions
- Valuable perspectives shared on school environments and stigma

Chronological Summary

Introductions and Icebreaker @ **0:00** - The meeting begins with participants introducing themselves and sharing a recent act of kindness that had a big impact on them. This helps set a positive tone and establish connections within the group.

Finalizing Challenge Statements @ **10:00** - The group reviews and finalizes two challenge statements: 1) Youth and families living with substance use disorders need recovery-oriented and sustained housing and supports, as housing status and positive social supports directly

correlate with recovery success. 2) Youth, families, and providers need accessible, culturally responsive behavioral services including peer support and community-based recovery navigation, as youth deserve spaces where they feel accepted and supported.

Root Cause Analysis - Schools @ **22:00** - The group conducts a "Five Whys" root cause analysis on the challenges faced in schools. Key root causes identified include: 1) Lack of funding leading to overcrowded schools and teacher burnout, 2) Tradition and stigma around punishing students rather than providing support, and 3) Lack of training and resources for school staff to address substance use and support student recovery.

Root Cause Analysis - Treatment & Recovery @ 1:47:05 - In the treatment and recovery breakout group, key root causes discussed include: 1) Lack of immediate service availability and treatment modalities that meet diverse cultural needs, 2) Waitlists and lack of outreach leaving people feeling frustrated and disconnected, and 3) The importance of belonging and community support for successful recovery.

Reflections and Next Steps @ 1:56:06 - The group reflects on the meaningful discussions and the importance of the youth voice and leadership. They acknowledge the difficulty of the topics but emphasize the hope and change that is possible. The group is thanked for their participation and commitment to this work, and an upcoming commission meeting is announced where the challenge statements will be shared.