Oregon Youth Addiction Alliance

Subcommittee Meeting Agenda

May 14, 2025 4:00 - 6:00 PM

Meeting link: https://zoom.us/j/92479393540?pwd=yd4R75m6JjMW0P22hRaazB8NOoUFED.1

Join by phone: (+1) 346-248-7799

Meeting ID: 924 7939 3540

Passcode: 291376

Note: The Alliance may choose to take agenda items out of order, pull, defer, or shorten presentation time of agenda item(s) to accommodate unscheduled business needs. Anyone wishing to be present for an item should arrive when the meeting begins to avoid missing an item of interest.

The meeting location is accessible to persons with disabilities. A request for an interpreter for the hearing impaired or for other accommodations for persons with disabilities should be made at least 48 hours before the meeting to: Corina Vasquez at corina.vasquez@oha.oregon.gov.

| # | Item | Time | Presenter |
|---|---|-------------|-----------|
| 1 | Welcome and Icebreaker | 4:00 - 4:15 | Kaleb |
| 2 | Breakout group round 1: Brainstorm big ideas to solve challenge statement • 3 groups rotation: Legal and Carcercal, Educational, Clinical Treatment and Recovery | 4:15 - 4:40 | Jummy |
| 3 | Group Breakout Round 2 Brainstorm | 4:40 - 5:05 | Jummy |
| 4 | Break | 5:05 - 5:10 | Jummy |
| 5 | Group Breakout Round 3 Brainstorm | 5:10 - 5:50 | Jummy |
| 6 | Public Comment | 5:50 - 5:55 | Jummy |
| 7 | Reflection and Closing | 5:55 - 6:00 | Kaleb |

Friday 4/25/25 Notes

Members: Annette Majekodunmi, Araceli Granados, Ashlie Kangas, Erica Fuller, Giovanny Dillanes, Kaleb Gambee, Kamryn Berk, Kati Jokinen, Madison Dunn, Tony Vezina

Absent: Michael Liang, Miranda Steward, Vanessa Nordyke, Kayla Lara-Ryall

Key Takeaways

- Proposed reorganization of work "buckets" from 7 to 5, elevating peer support and co-occurring mental health care as core supports
- Explored root causes of lack of culturally responsive services, including referral biases and trust barriers
- Identified need for more diverse treatment providers and improved access to timely, on-demand services
- Discussed importance of stable housing as foundation for recovery efforts

Next Steps

- Next subcommittee meeting on May 14th to continue exploring root causes
- Incorporate feedback on proposed bucket reorganization
- Further examine referral processes and ways to improve cultural responsiveness
- Explore strategies to increase diversity among treatment providers
- Consider ways to streamline access to timely services

Summary By Topics

Proposed Work Bucket Reorganization

- Condensing from 7 to 5 buckets to improve efficiency and reduce redundancy
- Elevating peer support and co-occurring mental health care as "core supports" across all areas
- Aim to complete strategic plan by September deadline
- Retains focus on key issues while streamlining process

Root Causes of Lack of Culturally Responsive Services

- Referral biases: providers tend to refer to others similar to themselves
- Trust barriers between marginalized communities and dominant culture providers
- Discomfort in admitting lack of cultural knowledge
- Need for more diverse treatment providers in the system
- Educational and access barriers for marginalized groups entering provider roles

Access to Timely, On-Demand Services

- Complicated referral processes and paperwork create delays
- Capacity issues and wait times in the system
- Inefficiencies in program partnerships and administration

Housing as Foundation for Recovery

- Stable housing enables focus on recovery over basic survival
- Environmental factors (e.g., who you live with) impact recovery outcomes
- Meeting basic needs (safe place to sleep) provides peace of mind necessary for recovery work

Chronological Summary

Meeting overview and group agreements @ 10:38 - Kaleb, the OYAA Co-Chair, welcomed everyone to the 7th monthly meeting and reviewed the group agreements, including being present, respecting confidentiality, welcoming varied ideas, actively listening, and avoiding acronyms.

Icebreaker on new skills and practices @ 14:07 - Kamryn led an icebreaker where participants shared new things they are learning or practicing, such as gardening, parenting, public speaking, and overcoming imposter syndrome.

Proposal to consolidate challenge statement buckets @ 25:17 - Kamryn presented a proposal to consolidate the 7 existing challenge statement "buckets" into 5 primary setting-focused buckets (clinical treatment, non-clinical recovery, educational, legal/carceral, and home) and elevate co-occurring disorder care and peer support as cross-cutting "core supports" to be considered in each setting. The goal is to streamline the work and ensure all key topics are covered.

Deeper dive into root causes around stigma @ 48:49 - The group engaged in a "5 Whys" exercise to unpack the root causes behind stigma, particularly in legal/carceral settings. Key insights included the tendency to focus on negative portrayals, lack of exposure to people's humanity and capacity for change, and systemic barriers to accessing treatment.

Breakout discussions on home and non-clinical recovery settings @ 1:12:59 - The group split into two breakout rooms to further discuss root causes related to the "home" and "non-clinical recovery spaces" settings. Key themes included the importance of safe, stable housing as a foundation for recovery, and barriers to culturally responsive services due to referral biases and lack of diverse providers.

Recap and next steps @ 1:49:22 - Kaleb and Jummy provided a high-level recap of the key insights from the breakout discussions, and shared that the next meeting will continue the root cause analysis work. They thanked the group for their participation and trust in the process.