Wednesday 2/12/25

Members: Araceli Granados, Ashlie Kangas, Erica Fuller, Giovanny Dillanes, Kaleb Gambee, Kamryn Berk, Kati Jokinen, Michael Liang, Miranda Steward, Annette Majekodunmi

Absent: Vanessa Nordyke, Tony Vezina, Kayla Lara-Ryall, Madison Dunn

Non-Members: Adam Peterson, Patti Zavala, Betsy Boyd-Flynn, Brown Jennifer D, Clemo Katherine, Condon Stephanie, Doig Mitch Andrew, Dolph Annaliese, Haynes Molly, Huston Gregory J, Jessie Eagan, Mabika Joyleen, Stefanie Murray, Wes R. Rivers, Williams Anna K, Lindsay Reeves, Tym Rourke, Michael Ralls, Bill Hansell, Brittany Kintigh, Alanna Russell, Michael Hill, Abree Always, Jesus Nunez-Pineda, Marion Casa, Michael Berry, Sean Kim, Shaunte Duron-Okotete, Susan Fischer-Maki.

Key Takeaways

- Developed initial challenge statement for mental health/co-occurring disorders focus area through collaborative process
- Breakout groups created draft challenge statements for juvenile justice, peer support, and clinical treatment/recovery options
- High school students presented app "Naloxone OR" to increase naloxone awareness/accessibility, highlighting youth-led innovation
- Identified critical need for rapid access to full continuum of behavioral health treatment and recovery support services

Next Steps

- Refine and finalize challenge statements for each focus area
- Incorporate Naloxone OR app information into meeting notes/future discussions
- Continue youth engagement, including inviting Sean and Haley to future meetings
- Use challenge statements to guide development of strategic plan solutions/ideas

Summary By Topics

Strategic Planning Framework

- Using service learning framework to develop OYAA strategic plan
- Key steps: understand community, narrow challenges, develop ideas/solutions
- Challenge statements will define focus for each priority area
- Process involves identifying affected people, needs/wants, and reasoning

Mental Health & Co-Occurring Disorders Challenge Statement

Collaboratively developed initial challenge statement: "Youth and families in Oregon that
experience substance use and mental health needs want accessibility to tailored services that
account for individuals' personalized needs because they want to treat their diagnosis without

- financial, geographic and other barriers that restrict access to essential healthcare and because they want to feel wanted and safe."
- Key themes: family involvement, stigma, personalized care, provider shortages, accessibility barriers

Breakout Group Challenge Statements MURAL NOTES

- Three groups developed draft challenge statements for:
 - 1. Juvenile justice
 - 2. Peer support
 - 3. Clinical treatment and recovery options
- Used same collaborative process to identify affected people, needs/wants, and reasoning
- Focused on youth/family perspectives and accessibility challenges

Naloxone OR App Presentation

- High school students Sean and Haley presented app to increase naloxone awareness/accessibility
- App provides education on opioid overdose prevention and locates nearby naloxone availability
- Addresses barriers like stigma, legal concerns, and lack of school resources
- Received strong praise and support from committee members

Chronological Summary

<u>Technical Issues with Zoom @ 0:00</u> - The meeting begins with Jummy and Shaunte experiencing technical difficulties with Zoom, including not being able to make someone a co-host or use a waiting room. They work through these issues, noting that the Zoom functionality seems limited compared to what they're used to.

<u>Introductions and Ice Breakers @ 6:30</u> - Kaleb kicks off the meeting by welcoming everyone, introducing the agenda, and leading an icebreaker where participants share something unique about their local area or a favorite activity.

Overview of Strategic Planning Framework @ 24:39 - Jummy provides an overview of the service learning framework they will use to build the strategic plan, emphasizing the importance of understanding the community, defining challenge statements, and developing solutions.

Identifying Themes for Mental Health and Co-Occurring Disorders @ 29:08 - The group discusses key themes related to mental health and co-occurring disorders, including barriers to access, stigma, lack of integrated treatment, and the need for more personalized and youth-centered services.

Community Mapping for Treatment and Recovery Options @ 1:32:09 - The group explores their local communities, identifying challenges around the availability of youth-focused inpatient/outpatient treatment, language accessibility, school-based services, and provider confidence in treating co-occurring disorders.

<u>Drafting a Challenge Statement @ 1:42:30</u> - The group works together to craft a challenge statement focused on youth and families in Oregon with co-occurring substance use and mental health needs,

who want accessible, tailored, and confidential treatment options, because existing barriers restrict their access to essential care.

Student Presentation on Naloxone App @ 1:52:19 - High school students Sean and Haley present their "Naloxon OR" app, which aims to increase awareness and accessibility of the life-saving overdose reversal medication Naloxone in schools and communities. A link to the presentation can be found here: https://www.canva.com/design/DAGeTu8XMNM/bjYBqR8mBDgHuaSgLiwPvA/edit?utm_content = DAGeTu8XMNM&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton

Reflections and Closing @ 2:01:12 - Kaleb provides reflections on the meeting, highlighting the key theme of the need for rapid access to a full continuum of co-occurring behavioral health treatment and recovery support services. He thanks everyone for their participation and emotional investment in the important work.