



State of Oregon Prevention Memory Lane

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Addiction & Mental Health Division

Mission and Goals (Disbanded 2015)

Mission

The Addictions & Mental Health Division (AMH) assists Oregonians and their families to become independent, healthy and safe by:

- Promoting resilience and recovery through culturally competent, integrated, evidence-based treatments of addictions, pathological gambling, mental illness, and emotional disorders, and
- Preventing and reducing the negative effects of alcohol, other drugs, gambling addiction, and mental health disorders.

Memory Lane

- Annual Prevention Conferences, more than 1,000 in attendance, came as a team and worked on an annual plan.
- Oregon Student Safety On the Move.
- Oregon Prevention Resource Center (OPRC).
- Oregon Teen Institutes.
- Community Mobilization: Oregon Together, Communities that Care.

Memory Lane cont.

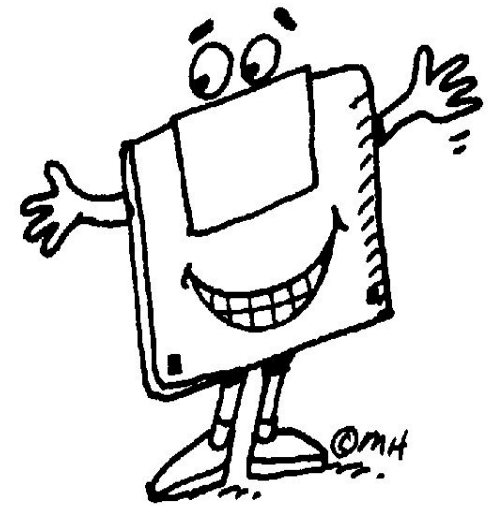
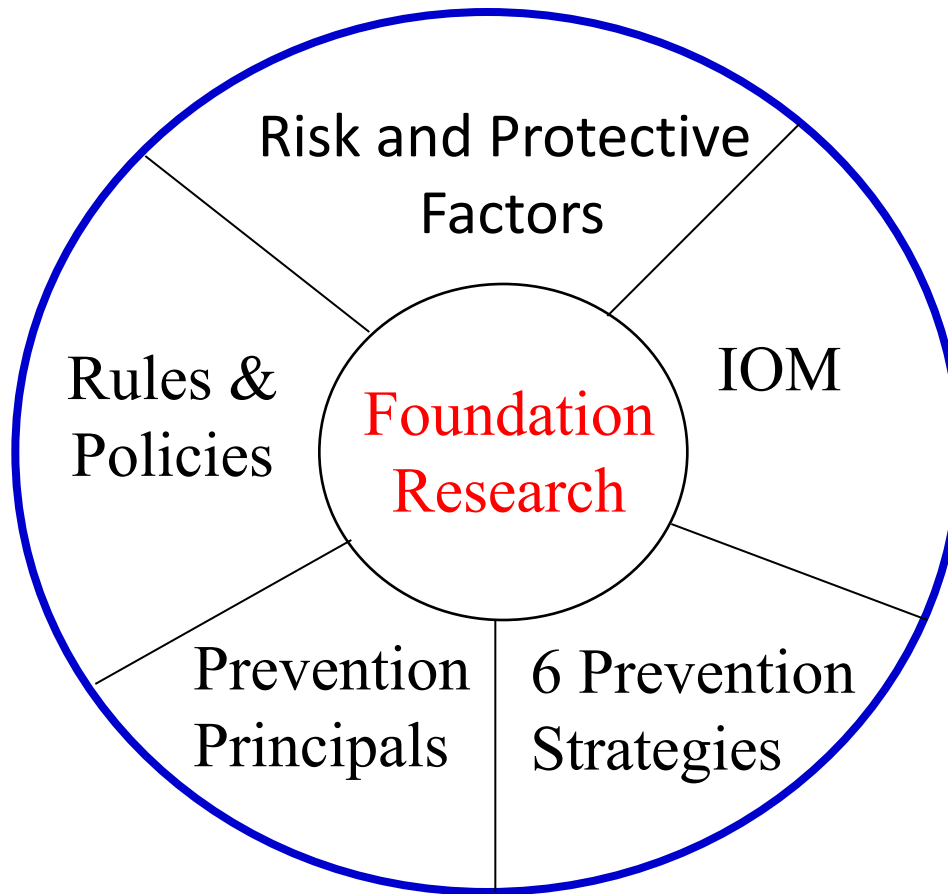
- Supported a variety of Parenting Programs.
- Drugs In the Workplace.
- Targeted College campuses, dorms and policies.
- Statewide 800 Gambling number.
- Risk and Protective factors adopted as a framework for prevention.

Memory Lane cont.

- Synar Program requiring states to reduce teen use of tobacco.
- Provided County Profiles for Counties.
- Minimum Data Set.
- Prevention Certification Specialist process utilizing International Certification Reciprocity Consortium standardized format and processes required for Prevention Coordinators.

Memory Lane cont.

- Evaluation, Research and Technology (PERT).
- Institute of Medicine is part of the planning process for County/Tribal annual plans.
- Interagency Technical Assistance Teams provided statewide training on Cultural Competency/Gender Specific and Best Practices/Evaluation.



***Prevention
Framework***

Foundation/Research

Historical Trauma

- Generational
- Native Americans/
Alaska Natives,
First Nations

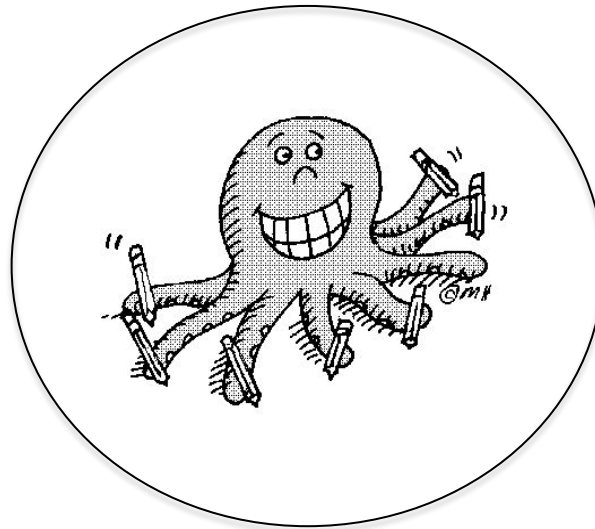
Brain Research

- 4 Brain Smart®
Principals
- 3 Brain States

Asset Model

- Search Institute
- 40 assets

Public Health Model Human Development Theory



Resiliency

- Emmy Werner
- 15 factors

Other

- PTSD/Veterans
- Immigrants
- Mental, Emotional,
Behaviors

Risk/Protective Factors

- Hawkins/Catalano
20 Risk Factors
- Protective Factors
- Social Development
Strategy

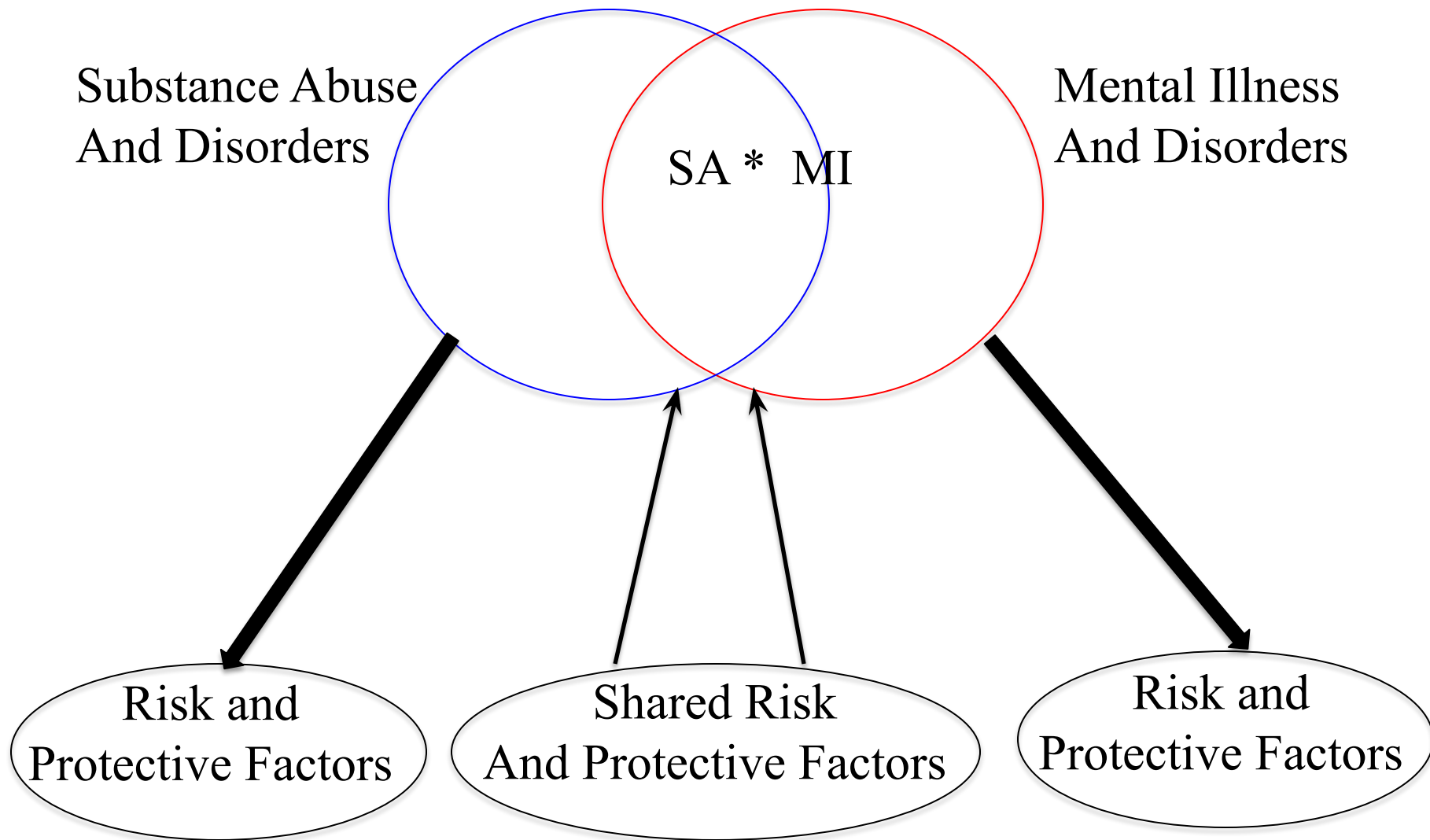
Adverse Childhood Experiences

- 10 childhood exposures to
child abuse
neglect



Shift

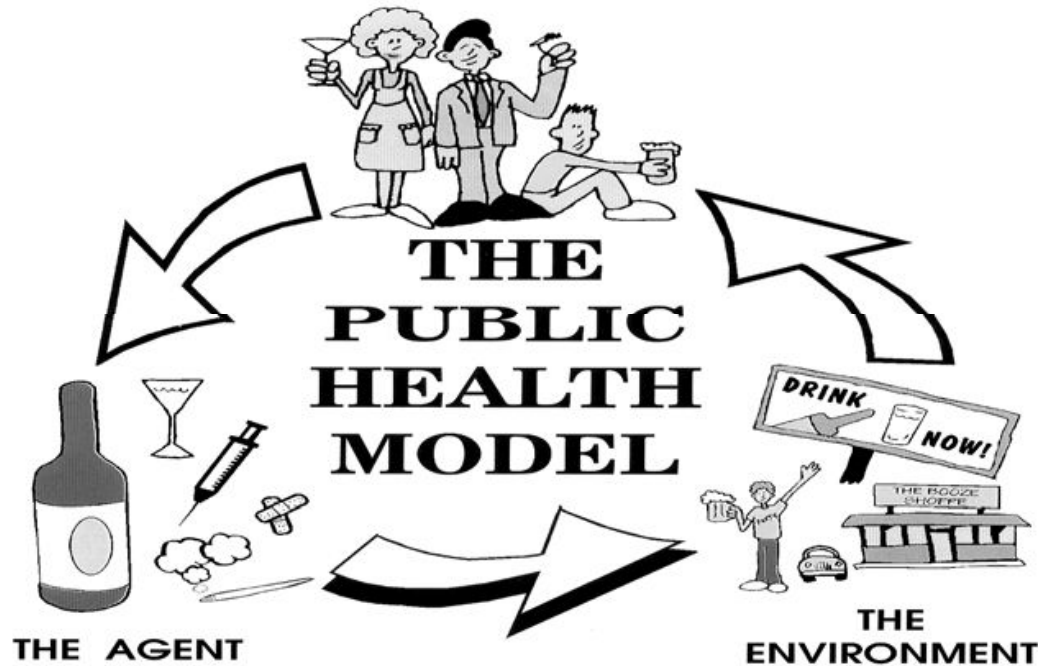
- Those in substance abuse field have long-recognized the value of prevention
- Shift – Placing this work in the context of overall health
- Seeing the connections between substance abuse and related problems
- Take steps to address these problems in a comprehensive and collaborative way



Public Health Approach

Host- ATOD users - consumer

THE HOST



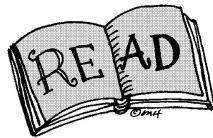
Agent- ATOD use & consequences of use

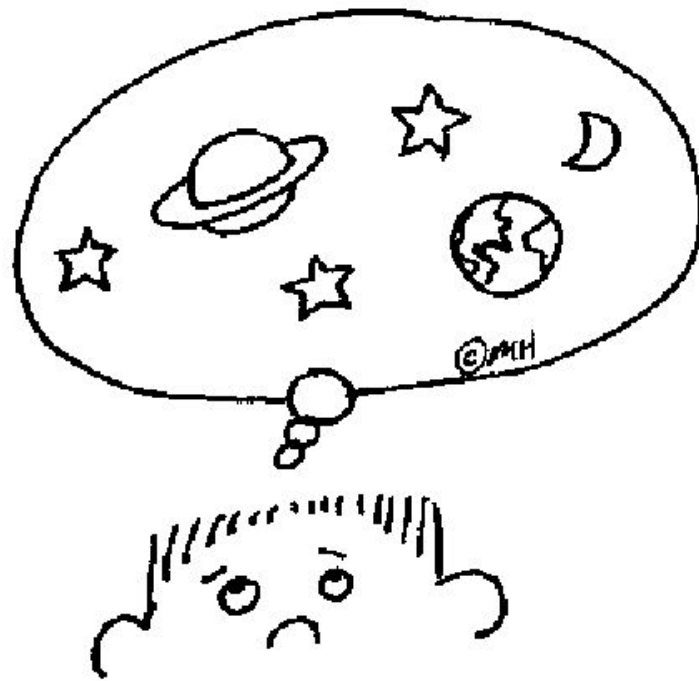
Environment-
Climate that
encourages,
discourages or
sustains
substance use

HUMAN DEVELOPMENT THEORY AND PREVENTION

Questions to ask:

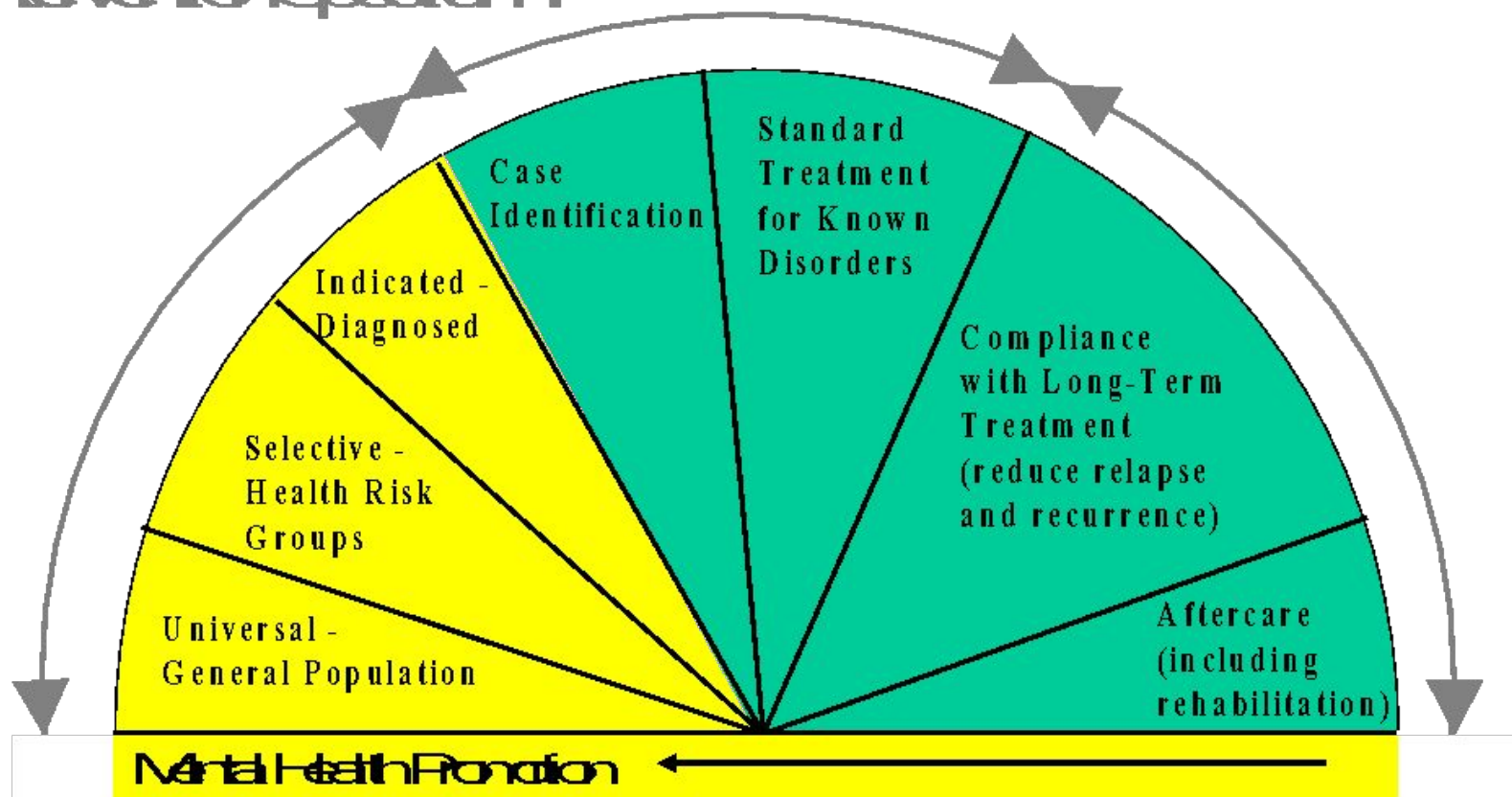
- ✓ Why do you think it may be important to understand ages of human development?
- ✓ How can understanding human development assist with community work and/or prevention ?





Institute of Medicine (IOM)
Targeting Population

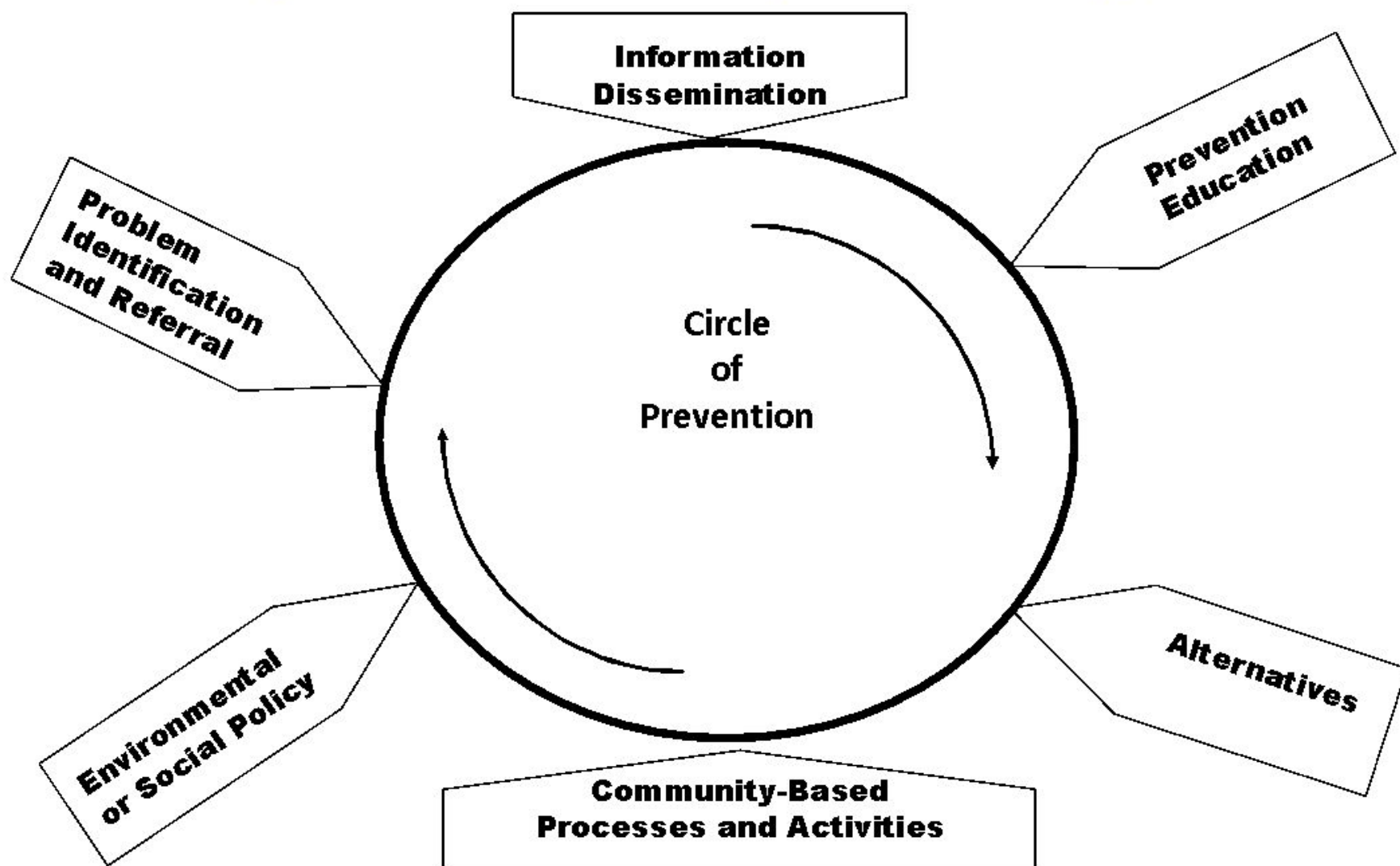
Intervention Spectrum Treatment





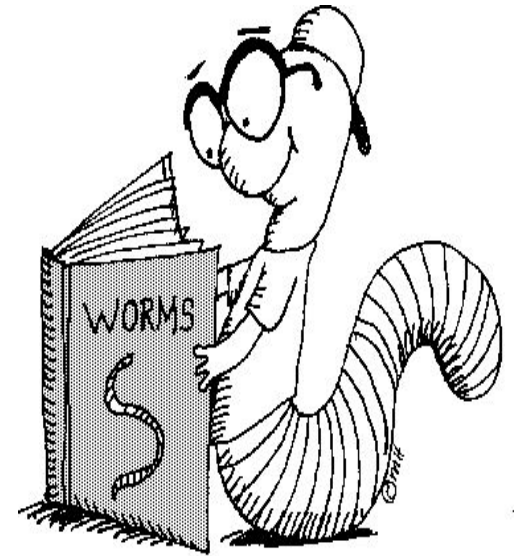
CSAP Six Prevention Strategies

Circle of Prevention: A Comprehensive Approach



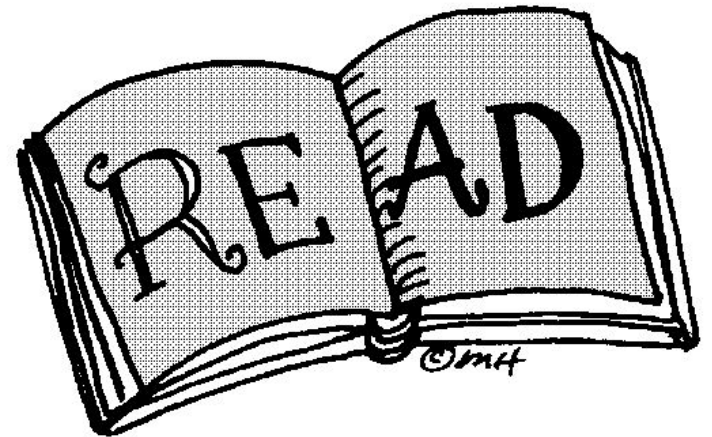
Prevention Principles

- ❖ Evidence-Based Principals
- ❖ Accountability
- ❖ Data-based planning and programming
- ❖ Collaboration
- ❖ Capacity-Building and Support
- ❖ Equitable Resource Distribution

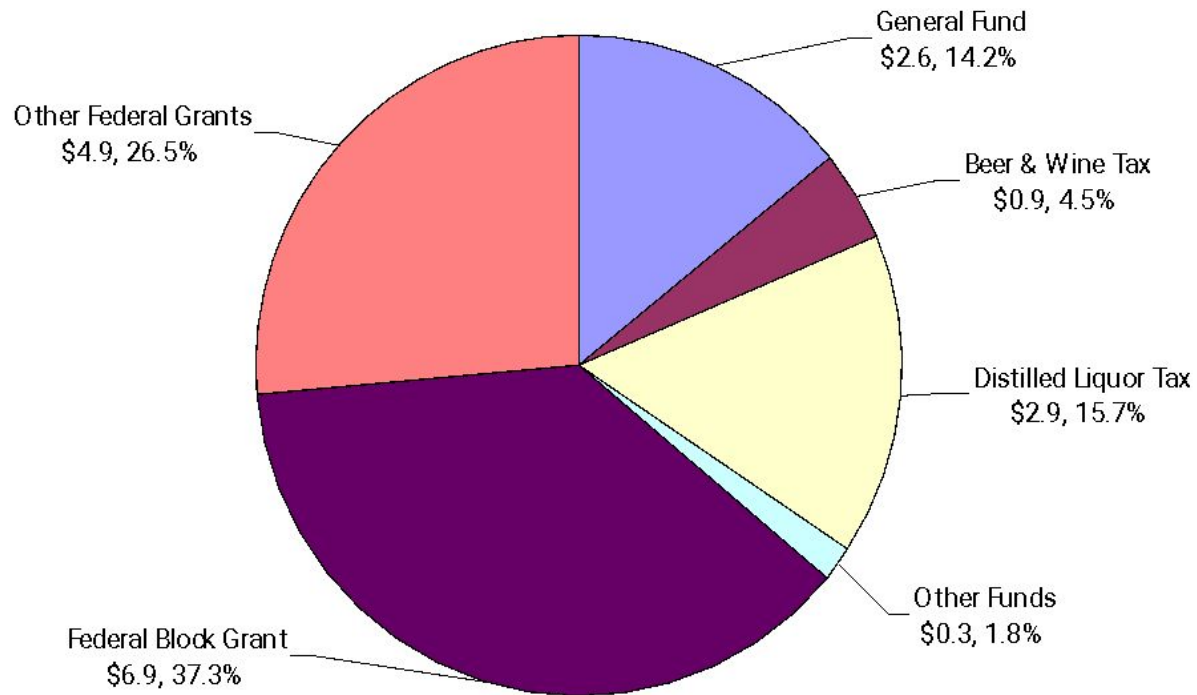


Rules and Policies

- Administrative Rules
- Grant mandates
- Foundation requirements
- Department policies
- Tribal/First Nation policies
- Others



**Addictions & Mental Health Division (AMH)
Alcohol & Drug Prevention Program
2007-09 GRB (in \$ Millions)
\$18.5 Million Total Funds**



Requirements

- Annual plan based on Strategic Prevention Framework, Risk/Protective factors, 6 Prevention Strategies, Institute of Medicine, and to be culturally sensitive.
- Based on Prevention O.A.R.
- Data collection on MDS was reported.
- Prevention Certification required.
- Site reviewed with Letter of Approval