**Oregon Low Vision Support Groups**

Updated March 2020. Please call the contact person before attending a meeting, as times and locations may change. This list was compiled by the Macular Degeneration Center at OHSU Casey Eye Institute and Oregon Commission for the Blind. Additional Resources can be found at <https://www.visionaware.org/info/emotional-support/peer-support-groups-and-other-resources/13>.

**Corvallis**

Low Vision/Macular Degeneration Support Group

Meeting Location: Osborn Aquatic Center, 1940 NW Highland Dr., Corvallis 97330

3rd Monday of month: 2 pm (except January – February 4th Mondays; no meetings June - August)

Facilitators: John and Stella Gallagher

541-740-2817. <https://www.corvallisoregon.gov/ccc/page/support-groups-center>

**Eugene/Springfield**

No group at this time. Contact the OCB Eugene office for resources at 541-686-7990.

**Gresham**

Gresham Senior Center/ E. Multnomah County Services Building

Meeting Location: Primrose Room at 600 NE 8th #130, Gresham 97030

1st Tuesday of every month: 1 – 2 pm

Contact: Cindy Ligali from YWCA

503-721-6771. <https://greshamseniorcenter.com/events-calendar>

**Milwaukie**

Willamette View Retirement Community

Meeting Location: 12705 SE River Rd., Portland 97222

1st Wednesday of month -1 pm (call first)

Contact: Sandra Gurling-Werner

503-654-6581

**Portland**

Devers Low Vision Technology Support Group (iPhone focused)

Fourth Monday of the month: 1 pm – 3 pm

Devers Low Vision Support Group

Second Monday of month: 1:30 pm – 3 pm

Both Meeting Locations: Good Samaritan Hospital, Second Floor Conference room, 1040 NW 22nd Ave., Portland 97212

Contact: Lee Grover

503-413-8498. Please call first.

East Portland Community Center

Meeting Location: 740 SE 106 Ave., Portland 97216

3rd Thursday of month: 10 - 11:30 am

Contact: Hazel at IRCO Senior Center

503-484-6371

**Salem and Linn County**

Blindskills’ Life Skills Support Group

Meeting Location: City of Salem’s Center 50+
2615 Portland Rd. NE, Salem 97301

Third Saturday of the month: 10:30 am - 12:30 pm

First Thursdays of the month: 12:30 – 2:15 pm

Third Thursdays of the month: 12:30 – 2:15 pm

Contact: Marja Byers: 503-581-4224. <http://www.blindskills.com/>

Mid Valley Vision Loss Support Group serving East Linn County

Meeting Location: Brookdell Grand Prairie Senior Living

1929 Grand Prairie Road SE, Albany 97322

3rd Wednesday of month 1:00 to 3:00 pm

Contacts: Bill & Ellen Lilja 541-928-5008

**Southern Oregon**

Grants Pass Support/Discussion Group

Rogue Valley Chapter of The American Council of the Blind of Oregon

Meeting Location: Countryside Village Retirement Living, 1700 Kelllenbeck Ave., Grants Pass, OR 97527.

First Saturday of each month (September thru May) - 12:30 luncheon meeting

Contact: Ron Whelchel 541-955-7337; r.whelchel@q.com