

INDEPENDENT LIVING PROGRAM

FOR LEGALLY BLIND
ADULTS UNDER 55



OREGON
COMMISSION
FOR THE
BLIND



Free services for those under 55 who are legally blind and not seeking employment. Our teachers come to your home!

Low Vision Assessments

Identify ways to maximize your remaining vision with the help of optical aids and lighting.

Reading & Writing

Learn alternative methods of reading, writing, and communicating, including tools such as large print, magnification, and writing guides.

Everyday Tasks

Learn effective methods for preparing meals, labeling appliances, shopping, identifying clothing and money, telling time, and using the phone.

Adjustment to Low Vision/Blindness

Build self-confidence. Understand all that is possible with vision loss.

Orientation & Mobility

Learn to safely navigate your home and community.



LEARN MORE: Call 971-673-1588
ocb.mail@state.or.us. Or scan the QR
code or visit www.oregon.gov/blind.