

### Medication for Opioid Use Disorder

#### Professional Background

- Internal Medicine / Addiction Medicine Dr at OHSU & OHSU Hillsboro MC
- 2021-2023 BJA-COSSUP grant: Clackamas County Jail
- OHA State Opioid Response grant: Addiction Medicine ECHO Director (statewide learning collaborative)
- Eastern Oregon CCO (medicaid-payor): regional jail technical assistance
- OR Criminal Justice Commission
  - Director of OHSU's deflection implementation technical assistance
  - Serves as member of Jail-MOUD grant review committee



### Personally





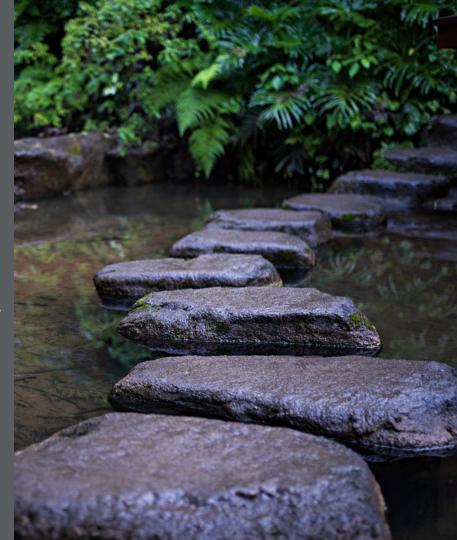
### Who's here today?



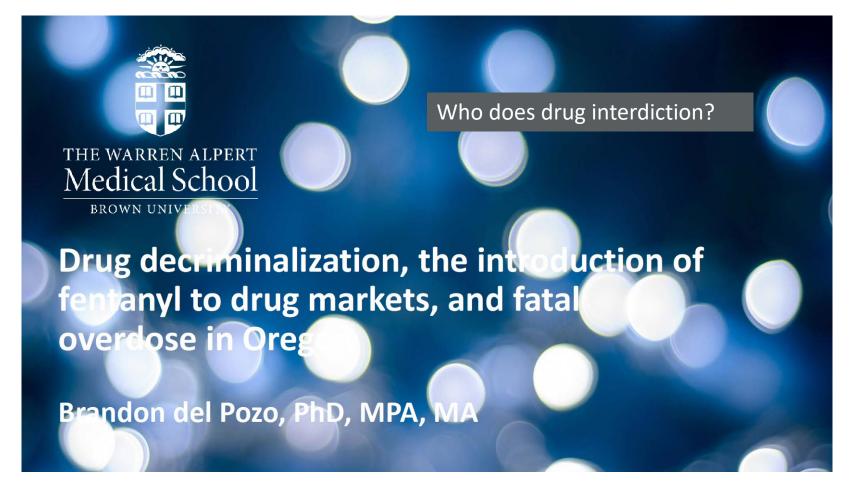


### Outline

- Fentanyl arrives in the West
- The chronic disease of opioid use disorder (OUD)
- Medication for opioid use disorder
- Transforming our systems
- Funding the care
- OHSU resources

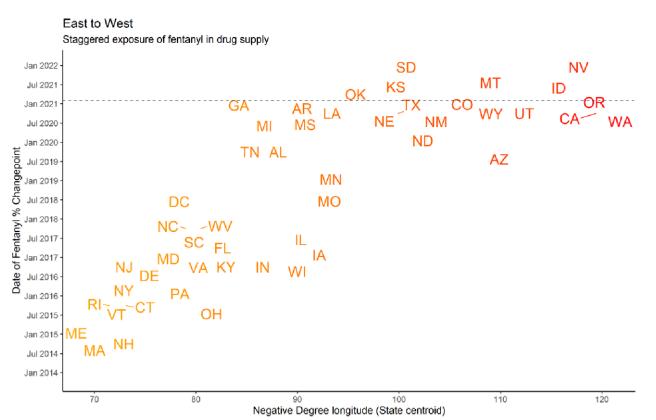






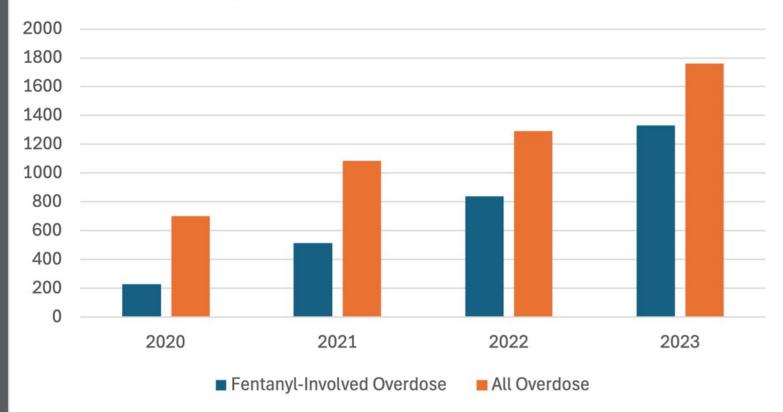
Presented at RTI M110 Summit: https://www.rti.org/event/oregons-ballot-measure-110-symposium https://s3.amazonaws.com/assets.cfsecosystem.com/m110/Presentations/Panel+1\_Del+Pozo.pdf

Figure 1: Geographical spread of the rapid escalation of fentanyl in the unregulated drug market by state.



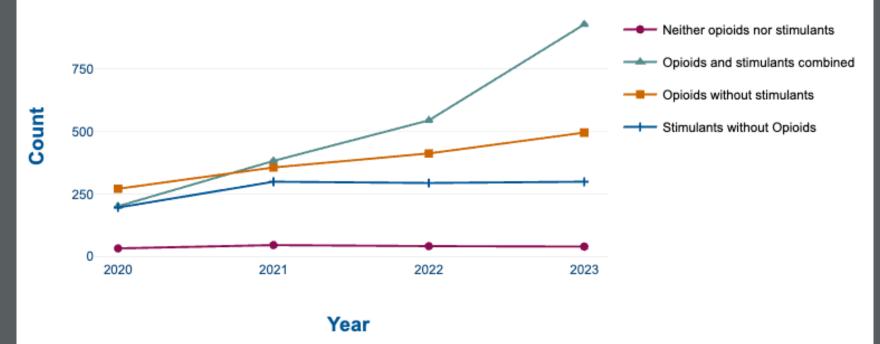


#### Oregon Fatal Overdoses 2020-2023





#### Death by opioid and stimulant involvement



Data Source: State Unintentional Drug Overdose Reporting System (SUDORS)

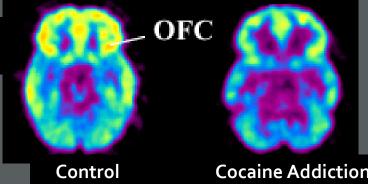




#### Chronic Brain Disease

Decreased Brain Metabolism

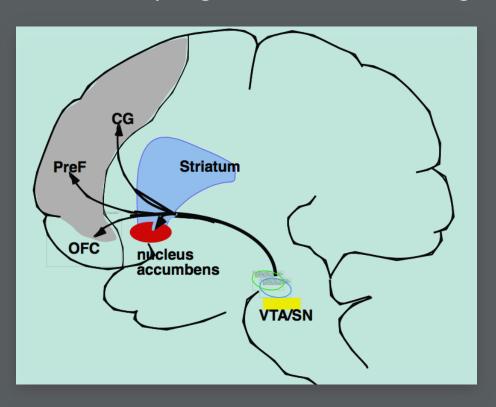
- Outdated view:
  - moral failing, bad choice



- Modern, evidence-based view:
  - Genetic and environmental factors
  - Structural and functional disruption of motivation, reward, inhibition
  - Drug use becomes an automatic, compulsive behavior (addiction)



#### Dysregulation $\rightarrow$ "hard wiring" $\rightarrow$ loss of control



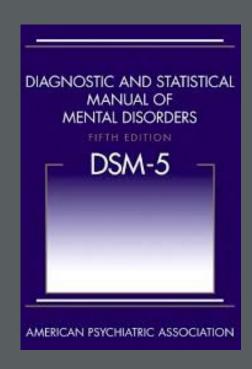
- Prefrontal cortex helps determine the risks and benefits of behaviors and make **rational** choices.
- Repeated activation → impaired regulation by the front of the brain.
   Primitive brain regions dominate.





The brakes are disconnected





Brain changes result in behaviors

11 criteria representing "4 C's"

**Craving** 

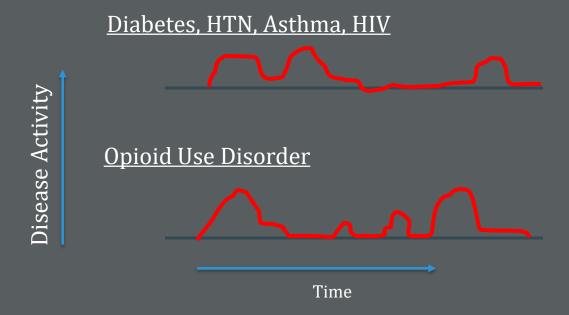
Compulsion

Consequences

Loss of Control



### Chronic, relapsing illness





### Prevalence In Custody

- 2016 Survey of Prison Inmates, 47% with SUD
- 2019 Census of Jails, 15% in jail screened +OUD
- Metro example: Clackamas Jail<sup>1</sup>
  - 26.5% of all medical intakes +OUD
- Rural example: Umatilla jail
  - 17% of bookings entering MOUD program<sup>2</sup>
  - 1. Hoover D, Feryn A and Waddell, EN. (2023). *Clackamas County, OR Community Corrections Comprehensive Opioid, Stimulant, and Substance Abuse Program Final Report, October 2019 through September 2023.* Oregon Health & Science University-Portland State University School of Public Health, Portland, OR. October 2023.
  - 2. Early program evaluation data, Eastern Oregon Coordinated Care Organization





#### **Rural Communities**

- Rural Opioid Initiative 2018-20
- 42% recently incarcerated
- 85% of recently incarcerated reported opioid use
  - only 18% received MOUD

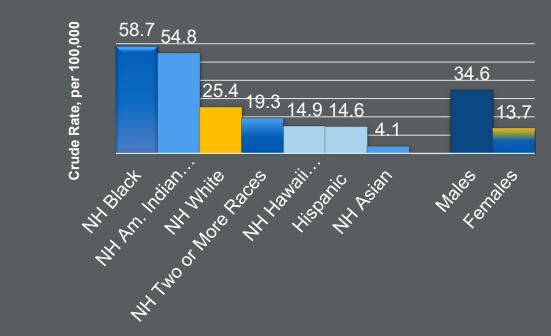


Take away: high rate of intersection of opioid use, overdose, and incarceration in rural areas—we need to expand access to MOUD during and after incarceration

Hoover, D. B., et al. (2023). "Recent Incarceration, Substance Use, Overdose, and Service Use Among People Who Use Drugs in Rural Communities." JAMA Network Open 6(11): e2342222.



# Unintentional/Undetermined Drug Overdose Death Rate, by Race / Ethnicity and Sex, Oregon, 2020-2022







#### Three medications for OUD: "M"-OUD

- Medication assisted treatment (MAT)
- Medication for addiction treatment (still MAT)
- Medication supported recovery (MSR)
- Medication for OUD (MOUD)



#### Three medications for OUD: "M"-OUD

"Bupe"

Partial opioid

• Buprenorphine Subutex / Suboxone

Full opioid

Methadone

Month-long-acting Opioid antagonist

• ER-Naltrexone Vivitrol

Rapid short-acting opioid antagonist

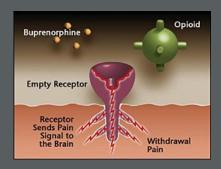
Naloxone – not MOUD opioid reversal agent

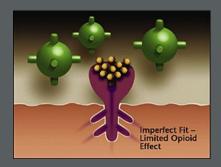




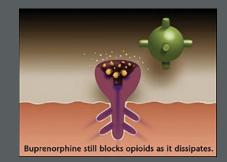
#### The Opioid Receptor

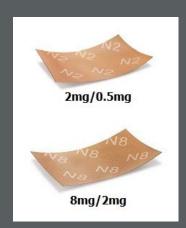








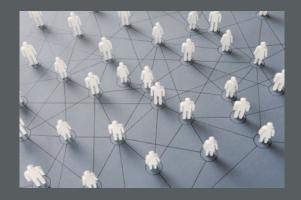






### Buprenorphine Access

- Any prescriber with a DEA certification can prescribe
- Medical and behavioral health clinics, telehealth, ERs, hospitals, in jail / prison



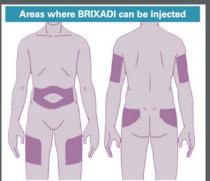


### ER-Buprenorphine Injectables

- <u>Goal</u>: Improve adherence, decrease diversion or theft. In jails, efficient for staffing.
- *Sublocade* monthly injection
- *Brixadi* monthly or weekly injection









### Methadone Regulations



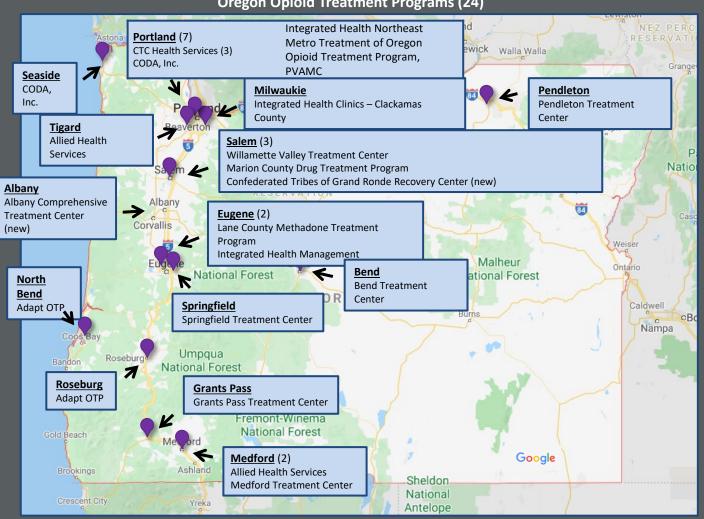
### Methadone Access

- Cannot be prescribed/filled at a U.S. retail pharmacies (for OUD)
- Dispensed by licensed Opioid Treatment Programs (OTPs)
- Patients visit frequently and can earn "take-home" doses
- OTPs also provide Buprenorphine





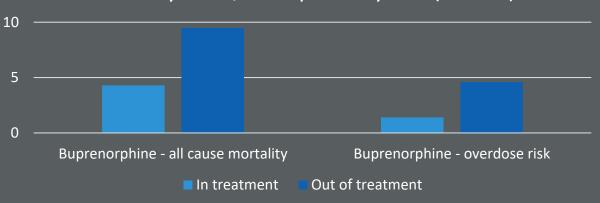
#### **Oregon Opioid Treatment Programs (24)**





### Community MOUD Outcomes

#### Mortality rates/1000 person years (95% CI)



Mortality Risk during and after opioid substitution treatment: systematic review and meta-analysis of cohort studies. Sordo, et al. BMJ 2017.





### Incarceration & MOUD

#### MOUD started pre-release

- Reduced illicit opioid use after release
- Reduced IV drug use
- Reduced Overdose (Lim)

Moore, K. E., et al. (2019). "Effectiveness of medication assisted treatment for opioid use in prison and jail settings: A meta-analysis and systematic review." Journal of Substance Abuse Treatment **99**: 32-43.

Lim, S., et al. (2023). "Association between jail-based methadone or buprenorphine treatment for opioid use disorder and overdose mortality after release from New York City jails 2011–17." <u>Addiction</u> **118**(3): 459-467.



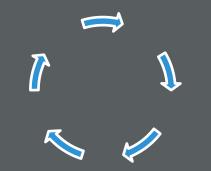
#### Recidivism Outcomes

#### Jail with Buprenorphine program outperformed

- Reduced reincarceration (21% vs 39%)
- Reduce re-arraignment (36% vs 47%)

#### Methods:

- Comparison of 2 neighboring Massachusetts County Jails
- 469 AICs with Opioid Use Disorder
- 1-year follow-up after release





### MOUD recommended

- National Sheriff's Association
- National Commission on Correctional Healthcare
- American Society of Addiction Medicine
- SAMHSA
- Bureau Of Justice Assistance
- Many more







#### Behavioral Treatment and Peer Support

- Comparison of MOUD vs. behavioral treatment pathways found that <u>only MOUD</u> reduced opioid overdose (Wakeman)
- SAMHSA preserves the patient choice
- Peer support improves engagement (Stack)







## The Need for Systems Transformation



#### **NEWS RELEASES**

Tuesday, September 24, 2024

# Fewer than half of U.S. jails provide life-saving medications for opioid use disorder

NIH findings highlight critical gaps in treatment access in correctional facilities, where almost two-thirds of people have a substance use disorder.

- "...fewer than half (43.8%) of 1,028 jails surveyed across the nation offered any form of medication for opioid use disorder, and **only 12.8% made these available to anyone** with the disorder."
- "The researchers note that even within the jails that offer medications for opioid use disorder, most often these medications are only made available to people who are pregnant, or to those who were already receiving any of these medications at the time of their arrest."

My sponsor says that's trading one drug for another

The jail said they don't allow those medications

I've never told my primary care doctor.
I'm worried what she would think



They said no one knows how to prescribe it

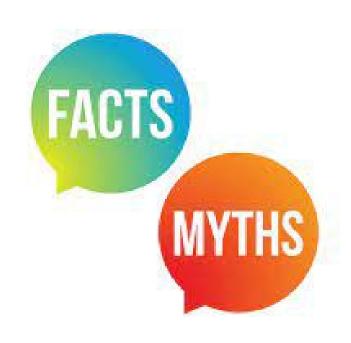














Is MOUD switching one drug for another?

# MOUD is Treatment

- Reduces return to use
- Reduces overdose and death
- Promotes engagement
- Enables lifestyle change and recovery

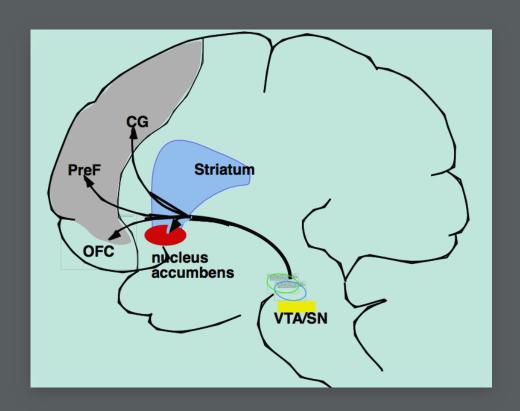






After opioid "detox" (7 days) I'll be fine.

## Chronic Brain Disease



"I wish this were like a pneumonia (lung infection)"



# "Detox" vs. Maintenance

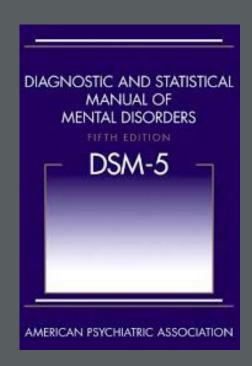
- Multi-site trial of buprenorphine for 653 prescription opioid-dependent patients in 10 primary care clinics
- Detox phase followed by maintenance phase
- "Success" = minimal or no use on UDS & self-report

Success at 12 Weeks:	
Detox Phase:	6.6%
Maintenance Phase:	49.2%





Sanctions alone can treat opioid use disorder.



Remember these?

**Craving** 

Compulsion

Consequences

**Loss of Control** 



# Issues with Sanctions Alone

- Powerful sanction experiences (jail / prison)
  - Yet heightened overdose at release (50-100x)
  - Frequent cycling of this population through jails
- Swift-Certain-Fair is *uncertain* for substance use
  - And what about in the era of fentanyl?

Lattimore, P.K., MacKenzie, D.L., Zajac, G., Dawes, D., Arsenault, E. and Tueller, S. (2016), Outcome Findings from the HOPE Demonstration Field Experiment. Criminology & Public Policy, 15: 1103-1141. https://doi.org/10.1111/1745-9133.12248

Pattavina, A., Long, J. S., Petrich, D. M., M. Byrne, J., Cullen, F. T., & Taxman, F. S. (2024). Revisiting the effectiveness of HOPE/swift-certain-fair supervision programs: A meta-analytic review. *Criminology & Public Policy*, 23, 45–76. https://doi.org/10.1111/1745-9133.12635



# **Better Practices**

MOUD <u>supported</u> and available within the system

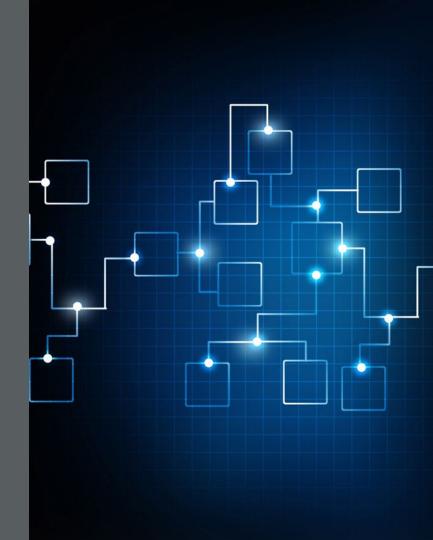
- Screening for OUD
- Supportive culture
- Partnerships to Access







- Medicaid coverage (OHP)
- Medicaid CCO special projects
- M110 / BHRN grants
- State / local opioid settlement funds
  - July 2024 decision OTPs
- Deflection CJC BHD grant: connections
- CJC's jail-MOUD grant (2024-25)
  - Second iteration in Fall?
- Carceral Medicaid 1115 Waiver (2026)



# **Opioid Settlement Funds (State)**

- Expanding methadone access
- Encouraged jail collaboration

Fund 3 OTP
Medication Units in
Metro Region
(\$3.9 mil)

Fund 7 OTP Units outside of Metro Region (\$9.1 mil)



# Oregon Criminal Justice Commission JMOUD Grants



- Jail-based medication for opioid use disorder (MOUD) programs
- Serving <u>adult jails</u>
- First grant period ends 9/2025; 21 jails applied
- 2025 governor's budget includes funding for a second year of grants; HB5005 includes CJC budget





# Reentry Health Care Program Overview

## **SUD/MAT Focus**

## Reentry Health Care Services Program

#### 1115 Waiver Family planning services Person centered care plan **FCAA** \*Targeted Case Management\* **Behavioral & Physical Health** Behavioral health crisis & stabilization services Comprehensive needs assessments, development of a person-centered care plan, \*Medication Assisted Treatment (MAT)\* referrals and related activities, monitoring and follow-up activities, and TCM must Substance use disorder services continue for at least 30 days post-release. · States must provide medical, behavioral, and dental screening and diagnostic services Diagnostic, treatment, & prevention services to stabilize common & communicable health · Screening services: conditions including: comprehensive health and developmental history, comprehensive unclothed physical examinations, appropriate vision and hearing testing, appropriate Hepatitis · Blood pressure laboratory tests, and dental screening services. STIs HIV Tuberculosis Diabetes **Medication & Pharmacy** \*Pharmacy-in-hand at release\* Pharmacy coverage Medication management \*Mandatory for 1115 waiver

## **Question & Answers**

#### **Contact information:**

https://www.oregon.gov/oha/HSD/Medicaid-

<u>Policy/Pages/Reentry-Info.aspx</u>

Ohp.Carceralprograms@oha.Oregon.gov





## **OHSU-TA** for Jails

#### Individual Jail Technical Assistance

OHSU Addiction Medicine is now offering individual additional technical assistance beyond this ECHO for jails starting new MAT/MOUD programs, or wanting to expand MAT/MOUD services using new funding. Contact Dan Hoover, MD, at <a href="mailto:hooverda@ohsu.edu">hooverda@ohsu.edu</a> to indicate interest. This opportunity is funded by <a href="mailto:Oregon's Opioid Settlement Prevention">Oregon's Opioid Settlement Prevention</a>, <a href="mailto:Treatment and Recovery Board">Treatment and Recovery Board</a>.





### **Deflection Technical Assistance (TA)**

#### **Implementation Team**

OHSU Section of Addiction Medicine (Department of General Internal Medicine)



## Implementation TA Center



**Dan Hoover** 

Addiction Medicine

Team Lead

60overda@ohsu.edu



**Nancy Goff** 

ORPRN Deflection Team Lead





## **OHSU-ECHO** Resources

Deflection Engagement and Coordination

1<sup>st</sup> & 3<sup>rd</sup> Wednesdays Noon



SUD in Jails, Community of Practice

2<sup>nd</sup> Tuesdays Noon

https://www.oregonechonetwork.org/addictionmedprograms



# OHSU "Harbor" HRBR Clinic

**What**: Low barrier, bridge clinic providing rapid virtual access to <u>buprenorphine</u> and other medications for addiction treatment.

**Time**: M-F, 10AM to 7 PM

**Insurance: Accept any and NO insurance** 



How to refer or self-refer? Call 503-494-2100



## **OHSU Clinical Advice Line**

## Free, real-time advising for your care of Oregonians

Call (503) 494-4567 Mon-Fri, 8 am-5 pm and ask for Addiction Medicine. Responsibility for treatment and diagnostic decisions remains with you, the treating provider, when an OHSU physician is providing advice to you.









# Thank You

hooverda@ohsu.edu

