

Outward Performance



Outward Performance is a workshop that helps people and teams improve how they think, work, and lead together. It focuses on solving common problems like low morale, workplace conflict, poor teamwork, and communication breakdowns.

With over 40 years of experience behind it, this program developed by Arbinger Institute teaches people how to shift from an inward, self-focused mindset to an outward mindset that considers others. Studies show that changing mindset is four times more effective than trying to change behavior alone.

This shift helps build a stronger, more positive workplace culture—one where people work together better, take ownership, and drive innovation.

Audience and Format

This workshop is open to current Oregon state government employees who desire to grow their leadership skills—regardless of position. Participation is especially effective for intact team learning together.

The virtual workshop takes place over five half-day sessions with groups of up to 35 participants. Each session includes: real-life video case studies, breakout discussions led by certified Arbinger facilitators, and practical tools for applying mindset shifts to everyday situations.

What you learn can be used right away in both your work and personal life. After the workshop, attendees will have access to Arbinger's online portal for continued learning and support.

To inquire about agency specific workshops and cost, please contact ascent.program@das.oregon.gov

Tuition and Registration

\$795 includes the workshop and one year of access to a learning portal.
Register by Workday Learning.

2026 Schedule

Dates	Time	Location
Jan 23, Feb 6, Feb 20, Mar 6, Mar 20	8:30 -12:30 p.m.	Virtual Zoom
Oct 2, Oct 16, Oct 30, Nov 13, Dec 4	8:30 -12:30 p.m.	Virtual Zoom

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