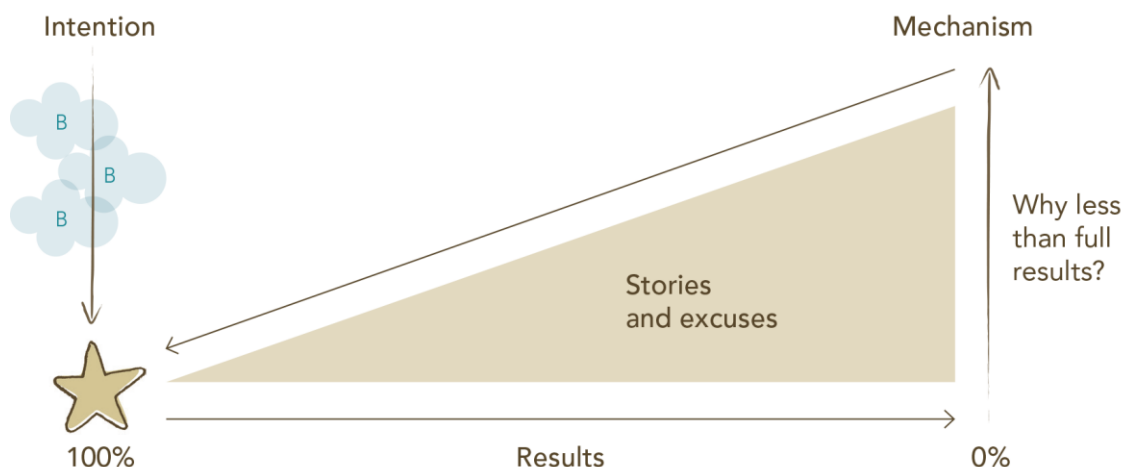


Intention vs. Mechanism



Intention produces results.

Intention means having purpose, resolve, and determination, or a goal, action or result that guides your actions. With a clear view of the desired future and commitment (will, intention), you can and will produce the desired results. Barriers and obstacles happen and your will fuels your ability and creativity to overcome them.

Your current results indicate your past intentions (will).

Overcoming barriers to produce desired results

If a special person needed you in an emergency, you would overcome every barrier to provide help, because it is your intention to produce the result of help for that person. In this way, intention leads to results. No story ("I couldn't help because...") is acceptable in this case.

Reasons for Underperformance

Typically, to explain our underperformance, we look to external events or mechanisms that prevented the result. The drama of the story increases in proportion to the amount of underperformance. We point to the barriers as the reason why we couldn't produce the results. This is *mechanism* mindset in action.

When a result is important to you, your intention/will will get you there.

The strength of intention impacts the achievement of the desired result. Results produced indicate your true intentions (conscious or unconscious). Consider those occasions in your life when, against all odds, you accomplished something you wanted to do. You likely had strong intention and did not get stuck in the mechanism of stories and excuses. You were creative and resourceful about ways to overcome any obstacles.

Q: How does someone handle his or her own underperformance with integrity?

INTENTION

"I choose my path."

I am aware of my commitments and role. I am accountable for my choices and the results thereof.

MECHANISM

"Things stop me."

The reason for not producing is always something external/outside myself.

