# **Communication and building a relationship**

**SUPERVISORS/MENTORS TO INTERNS |***Questions to get to know your Intern.*

1. What are you most proud of?
2. What stands out as a peak experience in your internship or working here? What happened? What role did you play? What were the circumstances surrounding the event?
3. What if anything would you like to work on or improve? What tools or resources if provided would help you develop and grow in this area?
4. How can I help you get there?
5. What are we doing well? What should we keep doing? What should we stop doing? What is possible – what should we start doing?
6. What energizes you?
7. If you had a list of tasks and two gages one for energy (empty to full) and one for engagement (empty to full), which tasks do you do that make you feel energized and engaged and which tasks do you do that make you feel depleted of energy and disengaged?

**INTERNS TO SUPERVISORS/MENTORS |** *Questions to learn more about career paths and get some professional development advice.*

1. How do you spend most of your time?
2. What would you do if you were me?
3. How can I help you?
4. What has your career progression looked like? How did you get to where you are today? Is this where you thought you would end up?
5. What are you most proud of?
6. What used to be your biggest weakness?
7. What excites you the most about what you do?
8. If you woke up tomorrow and were granted 3 wishes, what would they be?
9. What courses do you suggest I take in school to maximize my learning? What class did you take that was the most helpful in your career?
10. What’s your favorite thing about your job?
11. What professional organizations are you associated with?
12. Could you recommend people in the field whom I could talk to about my career?