

EARLY RETURN-TO-WORK (ERTW) TOOLKIT

INITIAL 30-DAY PLAN



Welcome!

This toolbox has been designed for your use. The content has been reviewed by experts who work in state government and SAIF Corporation. The resource is meant to fit the unique needs of your agency. DAS Risk Management is available to assist you in making any modifications that you feel are necessary to meet the unique characteristics of your agency. Please contact DAS Risk Management by calling 503-373-7475 or send an email to: risk.management@oregon.gov.

<u>Purpose:</u> Provide a simple approach for managers/supervisors regarding returning an injured worker to work following an on-the-job injury.

<u>Duration:</u> Intended for use from the first notification that the worker had an incident/accident while working through at least the first 30-day review period.

Best Practices

Communicating expectations to all injured workers and their role in the process regarding Early Return-to-Work expectations is important to the success of any Agency returning an injured worker to work. The communications avenues are many and should happen often. The earlier communication occurs the better; this should be part of the new employee orientation. For managers/supervisors new to the position this should be a conversation where resources and expectations are outlined within the first 30-days of the new management assignment.

Developing a transitional/modified duty assignment should not be overwhelming. The goal would be to have a worker back to work within three calendar days from the date of injury. Review the medical restrictions provided by the medical provider and follow the steps below:

- 1. Can the worker still perform their regular job? If yes, then have worker perform regular work.
- 2. If no, then can you modify portions of the worker's regular job to fit the medical restrictions provided? If yes, then have the worker perform the modified regular work. Be clear with the worker about not exceeding the restrictions provided by the medical provider.
- 3. If you are not able to modify the worker's regular job then provide the worker with other available work that meets the medical restriction requirements (and any applicable collective bargaining agreement requirements or considerations). Again be clear with the worker that they should not exceed any physical restrictions provided by the medical provider.
- 4. If you are not able to provide the worker with any other available work within your own agency, you can reach out to DAS CHRO for assistance in seeking available Intra-agency work with an agency who may have locations near the injured workers duty station. If you already know of other agencies that have locations near the injured workers' duty station, and potential work available that would meet the injured workers' restrictions, then you can also reach out to their Safety Manager or Human Resources office directly, without contacting DAS CHRO. (Please consider whether or not your agency's funding sources will allow for this type of intra-agency arrangement.)

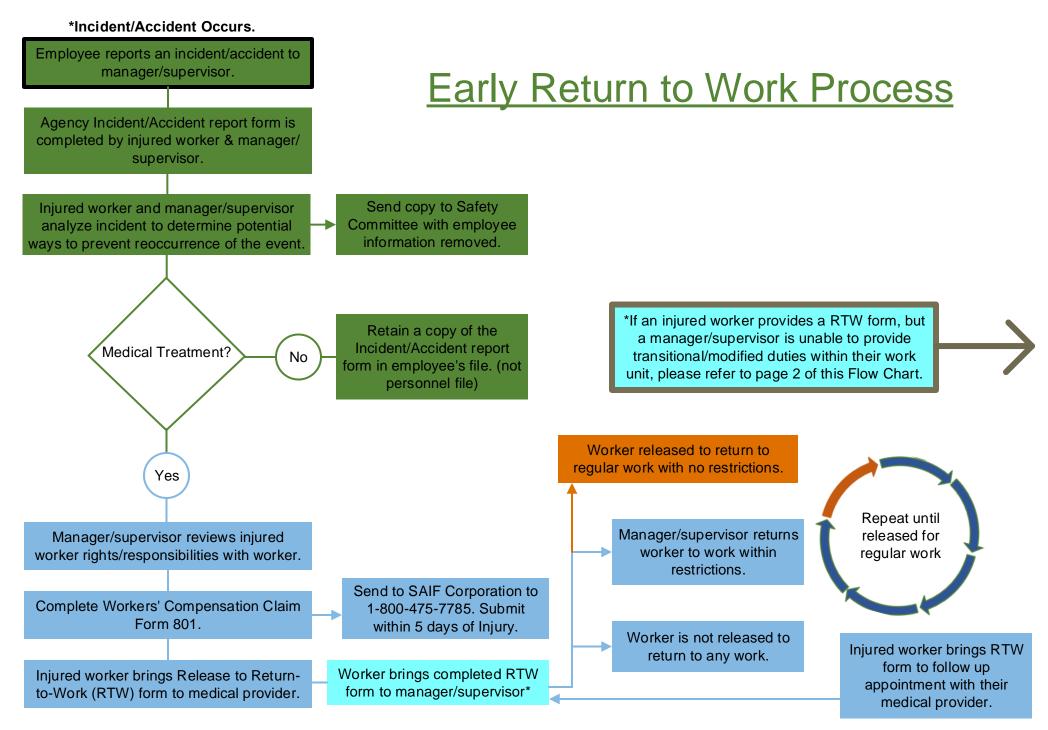
The injured worker should transition back to their regular work as soon as medically possible. This tool is meant to assist you through at least the first 30-days of this process.

Resources:

- Agency's Workers' Compensation Coordinator
- Agency's Safety Manager/Specialist
- Agency's Human Resources Manager or Analyst
- DAS/Risk Management Consultants
- SAIF Corporation Return-to-work consultant (State Agency Team)
- SAIF Corporation Claims Adjuster (State Agency Team)

Policy & Statute References:

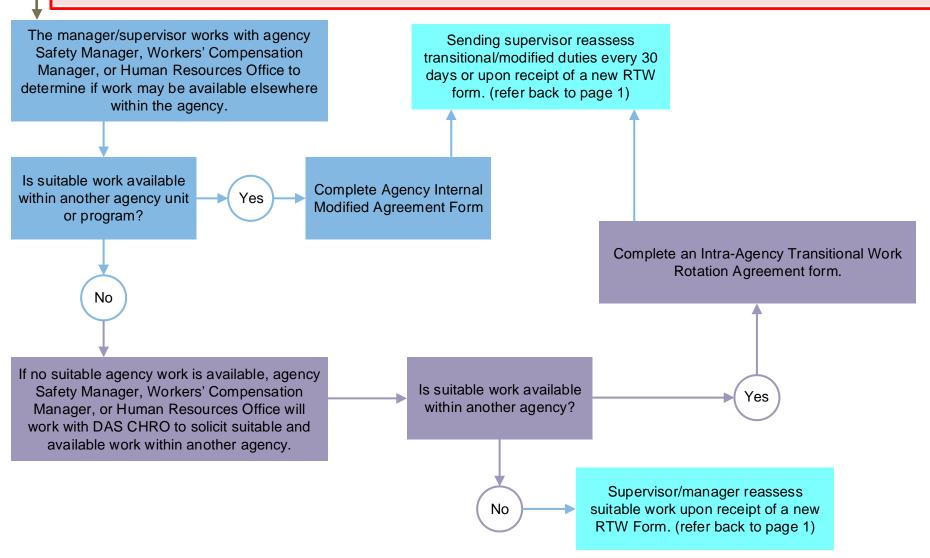
- Early Return to Work of Injured Workers
 - o HR Policy 50.020.05
- Injured Worker Preference for Light Duty Assignments Rule
 - o OAR 105-050-0025
- Injured Worker Preference for Entry-Level Positions Rule
 - o OAR 105-050-0030
- Reemployment/Reinstatement
 - o HR Policy 50.020.03
- Family & Medical Leave (FMLA)
 - o HR Policy 60.000.15
- Americans with Disabilities Act (ADA)
 - o HR Policy 50.020.10
- Continuation of Benefits for Injured Workers' (CBIW) Statute
 - o ORS 659A.060-659A.069
- Workers' Compensation Labor, Employment; Unlawful Discrimination
 - o ORS 656.005-656.340
- State Agency General Records Retention Schedules
 - o OAR 166-300-0010 through 0045.



Note: Please refer to DAS policy Early Return to Work of Injured Workers (50-020-05) for additional requirements and review the States Record Retention Schedule requirements detailed in OAR 166.300-0010 through 166.300-0045 to determine how long to retain an employees Incident/Accident related documents.

*If an injured worker provides a RTW form, but a manager/supervisor is unable to provide transitional/modified duties within their work unit.

*Distance Considerations: In general (per ORS 656.268(4)(c)) an offer of modified employment may be refused by the worker without the termination of temporary total disability benefits if the offer is at a work site more than 50 miles one way from where the worker was injured unless the site is less than 50 miles from the worker's residence. Other rights of refusal are highlighted in this ORS are included in the template Bona-Fide Job Offer Letter to the employee. Agencies should verify applicable collective bargaining agreements for any additional limitations, parameters and considerations.



Note: Please consider whether or not your agency's funding sources will allow for this type of arrangement with another agency. (Ex. Federal grant requiring specific work to be completed by a specific agency for eligibility of reimbursement.)

STATEWIDE POLICY	NUMBER 50.020.05	50.020.05 6/12/2020				
	EFFECTIVE DATE 3/21/2025	PAGE NUMBER				
	REVIEWED DATE	Pages 1 of 3				
Division	Authority					
Chief Human Resources Office	ORS 240.145; 659A.043; 659 - 050-0025	A.046; 659A.052; OAR 105-				
Policy Owner	000 0020					
CHRO Policy Unit						
SUBJECT	APPROVED SIGNATURE					
Early Return to Work of Injured Workers	Signature on file with the Chief Human Resources Office					

POLICY STATEMENT

As an employer, Oregon state government works through its agencies and partners to develop and implement an Early Return to Work Program for injured workers that effectively reduces medical, disability, and premium costs, and positively impacts employee recovery from work-related illnesses and injuries.

APPLICABILITY

All injured workers, where not in conflict with an applicable collective bargaining agreement.

ATTACHMENTS

Toolkit

DEFINITIONS

Refer to State HR Policy 10.000.01, Definitions; and 50.020.03, Reinstatement and Reemployment of Injured Workers.

POLICY

- (1) Agencies shall develop, implement and maintain an Early Return to Work Program that will:
 - (a) Strive to return an injured worker to a transitional assignment that complies with medical limitations within three days of being released to transitional work.
 - (b) Provide a written offer of temporary transitional work notifying the worker of their responsibilities including, but not limited to:
 - (A) The temporary nature of the transitional work assignment and reevaluation process.
 - (B) Description of job duties based on the injured worker's physical restrictions.
 - (C) Physical work restrictions and limitations relevant to the assignment to be approved by the attending physician.

- (D) Potential loss of reemployment and reinstatement rights of failing to accept a bona fide offer of transitional work (refer to State HR Policy 50.020.03(1)(e)(C)(iv)).
- (c) Effectively review transitional work assignments every 30 days or sooner if needed in order to adjust the work assignment to align with the worker's temporary work restrictions and monitor the injured worker's recovery.
- (d) Limit transitional work to four, 30-day review sequences unless there are extenuating factors based on written medical confirmation of the worker's prognosis with an expected recovery date that justifies continuing the transitional work assignments. Otherwise end transitional work assignments when one of the following occur:
 - (A) The injured worker is released to regular work by the attending physician.
 - (B) The attending physician determines the employee to be medically stationary with permanent restrictions or releases the employee to suitable employment.
 - (C) The injured worker fails to abide by medical restrictions or terms of the transitional work assignment.
 - (D) The transitional work assignment can no longer be provided by the agency.
 - (E) The workers' compensation claim is denied by the insurer.
- (e) To the fullest extent possible, use the Employer-at-Injury Program and Preferred Worker Programs administered by the Department of Consumer and Business Services, Workers' Compensation Division for the purposes of wage subsidy, worksite modification and reimbursement for related purchases.
- (2) During the Early Return to Work period, the agency will:
 - (a) Work with SAIF and DAS Risk Management to coordinate injured worker management and claim resolution.
 - (b) Communicate as needed with SAIF Claims Team, DAS Risk Management, DAS Chief Human Resources Office (CHRO), Agency Benefits Managers, and the Department of Justice.
 - (c) Coordinate leave laws, bargaining agreements, injured worker/workers compensation laws and rules.
- (3) If the agency-at-injury cannot find transitional work within itself for the injured worker, the agency-at-injury may contact the CHRO or other Executive Branch agencies for assistance in locating transitional work assignments. The following stipulations apply:

- (a) The injured worker remains the employee of the agency-at-injury.
- (b) All BOLI reinstatement reemployment rights remain with the agency-at-injury.
- (c) All other aspects of this policy still apply.

Please refer to the toolkit associated with this policy for additional clarifying information.

Manager/Supervisor Responsibilities & Instructions

Review the "injured worker rights and responsibilities" form with the injured worker. > Make sure they sign the document. > Maintain a copy for file. > Send a copy to:
Complete the workplace "incident/accident" form. Conduct an analysis as quickly as possible and correct any hazards found, or engage your Safety Manager and/or safety committee with this process. > Send the safety committee a copy with injured worker's information removed. > Send a copy to:
If the worker is not going to seek medical treatment, stop here.
If the injured worker has or will be seeking medical treatment, then; have the injured worker complete the "employee" section of the Workers' Compensation Claim, <u>form 801</u> . Work with Safety/Workers Compensation or HR resources to complete the remainder of the form. Make sure the form is completed and submitted to SAIF Corporation within 5 calendar days of the accident/incident.
Provide the injured worker with the "Release to Return-to-Work" form and remind them that their medical provider needs to complete the form following each medical visit. The worker needs to return it to you after each visit. (While a provider is not required to use the agency's form, a descriptive work release in one form or another detailing the injured worker's restrictions or full duty release is needed from the medical provider).
 Have the injured worker read the "CBIW Notification Form", initial and sign where indicated. Make sure the injured worker knows that they are still responsible to pay their portion of the insurance to maintain coverage. Maintain a copy for file. Send signed copy to HR to be retained by the benefits coordinator. In some cases, an extension to the CBIW can occur under the Affordable Care Act. Direct your injured worker to contact your Payroll department for more information on their eligibility.
Provide the injured worker a copy of Reemployment/Reinstatement <u>HR Policy 50.020.03</u>
 Have the injured worker read and complete the "<u>Designation of Leave</u>" form. ➢ Send completed form to the payroll unit. ➢ Maintain a copy for file.
Payment of time loss The injured worker may be compensated by SAIF Corporation for the days missed from their job when they have filed a workers' compensation claim. The absence must be authorized in writing by their Physician in order for the injured worker to receive time loss payments. The first three (3) calendar days after leaving work are considered a "waiting period" and are not compensated unless the injured worker is authorized to be off work for 14 consecutive days or longer, or immediately hospitalized. Time loss compensation is paid directly by SAIF Corporation. If

reimbursement of the 3 day wait is determined by SAIF, it may not be immediately paid, but will be adjusted at claim closure. Time loss payments equal approximately 66 2/3 % (percent) of regular pay, up to the Oregon average weekly wage and are not taxable. The injured worker is NOT entitled to compensation from both agency payroll and SAIF time loss payments that would exceed their normal wages.

□ Use of Leave for on-the-job injury or illness

While awaiting a decision by SAIF Corporation, regarding compensability of a workers' compensation claim, an applicable collective bargaining agreement may determine which types of leave the injured worker is required to use. If receiving payment from SAIF Corporation, the injured worker must use leave without pay for anytime being paid by SAIF Corporation. They may elect to use accrued leave to supplement the SAIF Corporation payment. If the injured worker wishes to supplement the amount paid by SAIF Corporation with accrued leave code time as follows, for an 8 hour day: (Always consult with your payroll unit for proper coding of leave usage.)

Code	Hours
SLG/SL3, PB, VAG/VA3 or Comp	2.66 hours
(Any of the above can be used.)	
LOG/LO3	5.34 hours

For questions about coding, please contact the Payroll Unit at:
Reporting absences in the payroll system Absences which are related to your workers' compensation claim must be reported in the agency payroll system using the appropriate leave codes associated with a SAIF claim, do help designate workers' compensation leave with other absences. If no accrued leave is available, a request for a LEAVE OF ABSENCE must be submitted along with the doctor's statement authorizing the absence from work. The injured worker's injury may also qualify under FMLA. Contact your HR office to confirm determination of the injured worker's eligibility.
Maintain contact weekly with the injured worker and your agency Safety/Workers Compensation or Human Resources. Ensure that their contact information is/remains up-to-date in Workday .
If the injured worker is released to Modified/Transitional work, find modified/transitional work for injured worker. (If you are unable to adapt the injured worker's current position to the medically documented restrictions, please notify Safety or Human Resources immediately.)

Injured Worker's Rights and Responsibilities

	Report all incidents and injuries to your manager/supervisor immediately and no later than 24 hours from the event, if possible. Do this even if no one is injured.
	Assist your manager/supervisor in completing an accident/incident report and an analysis of the events.
-	seek or are going to obtain medical treatment (i.e. ER visit, urgent care or doctor's) for work-related injury or illness, please complete the following:
	Complete and sign the worker section of the Workers Compensation Claim, <u>form 801</u> , and give this to your manager/supervisor.
	If you are unable to complete the 801 form, please provide your manager/supervisor with the following information, as soon as possible: a. Time and date of injury; b. Brief description of your injury; c. Your return-to-work status; d. The name, address and phone number of your treating physician.
	Present a "release to return-to-work" form to your medical provider for completion during each visit. Provide the completed document or other release from the medical provider to your manager/supervisor the next business day, or sooner, following your medical evaluation. > Work with your manager/supervisor if any modified/transitional work assignment is necessary; > Do not work beyond the physical restrictions provided by your medical provider; > You will receive regular wages and benefits for modified/transitional work. The assignment will last until any of the following occur: - 30-day review, or sooner, indicates you are not improving; - 120 days have elapsed from the start of your modified/transitional work; - Your medical provider indicates you have permanent restrictions that will prevent you from returning to your regular job; - Modified/transitional work is no longer available; - Your medical provider released you for regular work; - Your claim for workers' compensation benefits is denied.
f you	are not released for regular or modified/transitional work:
	Maintain regular contact with your supervisor as agreed to, but at least weekly.
	Provide a completed "release to return-to-work" form to your manager/supervisor following each medical evaluation.
	Present any information regarding your return-to-work status from your medical provider to your manager/supervisor.

 At all times, provide a current address or phone number for how 	v you may be contacted.
For information regarding your claim, contact SAIF Corporation at 503-8525. Have your SAIF Corporation claim number available. If you have your employment, contact you manager/supervisor or your agency's H	e a question regarding
I have read the information provided. I understand my responsibilities. parties to obtain more information or clarify any questions that I have.	I will call all appropriate
Employee Signature	Date
Manager/Supervisor Signature	Date

ERTW Toolkit Letters

EARLY-RETURN-TO-WORK PROGRAM: DAY ONE MEMO

TO:	
FROM:	
SUBJECT: TEMPORARY MODIFIED/TRANSITIONAL – DUTY ASSIGNMENT	
DAY ONE:	
I am pleased we are able to offer you this temporary modified/transitional-duty assignment during your recovery.	
The tasks assigned are based on your physician's medically documented restrictions. You should not at an time exceed your medical restrictions and/or any hour limitations. If you feel you are being asked to do so contact immediately.	•
This temporary modified/transitional-duty assignment will be reviewed as we receive updates to your restrictions from your physician, and at a minimum after 30 consecutive calendar days starting on Day On noted above.	e
However, if you are not released to your regular job within 30 days but you are progressing toward recover this temporary assignment may be extended for a limited time. But if your doctor documents that you will unable to return to your regular job because of permanent medical restrictions, we must consider other employment options for you. Therefore, it is important that you, your doctor, and I remain in regular conta with regard to your progress toward recovery. In the event that you may not be able to return to your regular job, you should notify immediately. Other employment options or benefit opportunities can be explored.	be
We look forward to your return to your regular assignment.	
If you have any questions, call	
I have read and understand the above information.	
Employee Signature Date	

Copy to: Employee, Personnel,

Original to SAIF employee file

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Dear Dr.

Thank you for your prompt treatment of our employee, We want you to know that has a well-developed return-to-work policy. We can provide a variety of modified/transitional tasks while our employee is recovering from a work related injury. will continue to receive the same wage and benefits while working in this temporary modified/transitional assignment.

We would appreciate your assistance by completing the enclosed Release to Return to
Work form, which will help us identify appropriate job tasks.
We would appreciate your assistance by completing the enclosed Release to Return to
Work form and reviewing the attached (modified/transitional job description/analysis)
for your approval.
We would appreciate your assistance by reviewing the attached (modified/transitional
job description/job analysis) for your approval.

With regular updates, our agency is usually able to continue early return to work temporary assignments while our employee progresses toward return to their regular job.

If you have any questions, feel free to contact me at the number below.

Regards,

Date:	
Name of Employee:	
Address:City, State, Zip:	
SAIF Claim Number: Date of Injury:	
Dear:	
Your attending physician has released you for modifi- job within the physical restrictions outlined by your do description of the light duty job (see enclosed job des periodically re-evaluated.	
Job title:	
Wage: \$ per	Report to:
Start date:	Start time:
Hours per day:	Days per week:
Location:	Duration, if known:
Upon receipt of this job offer immediately contact:	
open for business. Regardless of when you receive to following number to confirm your response to this job Your workers' compensation benefits may be adversed employment without termination of temporary total diese. The offer is at a site more than site miles from the confirmation of temporary total diese.	ely affected if you choose not to accept this job offer. you have the right to refuse an offer of
time of hire or as established by the employmer multiple or mobile work sites and the worker co	nt pattern prior to the injury was that the job involved uld be assigned to any such site. Examples of such king, construction workers, and temporary employees;
 The offer is not with the employer at injury; 	
 The offer is not at a work site of the employer a 	t injury;
 The offer is not consistent with existing written s at injury or aggravation; or 	shift change policy or common practice of the employer
 The offer is not consistent with an existing shift 	change provision of an applicable union contract.
If you refuse this offer of work for any of the reas insurer or employer and tell them your reason(s) your temporary total disability and you disagree whearing. To request a hearing you must send a lew Worker's Compensation Board, 2601 25th Street	for refusing the job. If the insurer reduces or stops with that action, you have the right to request a etter objecting to the insurer's action(s) to the
Sincerely,	
I have read and understand this job offer. I accept the	s job as offered. Yes No
Employee Signature	Date

Email Template for Safety Manager/HR Office's Inquiry for Intra-Agency Transitional Duties

{Agency} is currently unable to place an injured worker in an appropriate temporary transition work (modified) position. We are seeking help in offering up to {number of days} of temporary transitional work placement for this injured worker. The injured worker (IW) is located in {geographical location, city} and is represented by {union, if applicable}. Current regulations limit the employee's relocation to 50 miles or less. (Agencies must verify any additional or conflicting limitations that may be highlighted in applicable collective bargaining agreements with the agency-at-injury).

Please note that we are not asking to occupy a vacant position; rather, we are looking for a body of work that the employee can perform within their limitations. This body of work could be filing, greeting, phone work, etc.

The IW doctor's limitations are:

{List limitations}.

The IW possesses the skills below:

{What type of experience, skills, knowledge, and abilities does the employee have? What licenses, certifications, computer skills, Oregon Driver License, Commercial Driver License, education? – Goal is to maximize any placement possibilities, within relevant restrictions}.

Under DAS policy 50.020.05 it is understood that the agency-at-injury remains responsible for the IW pay, benefits, and managing of the WC claim. The receiving agency is responsible for supervision of work assignments and reporting of hours worked and missed. If you believe you are able to offer appropriate temporary transitional work for this injured employee please contact {name} at XXX-XXX-XXXXX at your earliest possibility.

ERTW Toolkit Forms



	CLAIM NO
For SAIF Customer Use	SUBJECT DATE
Area	CLASS
Dept.	DEFAULT DATE
Shift CC	EMPLOYER'S ACCOUNT NO.

Email: saif801@saif.com Toll-free phone: 1.800.285.8525 Toll-free FAX: 1.800.475.7785

Report of Job Injury or Illness

Workers' compensation claim

Worker Compensation claim

Worker

To make a claim for a work-related injury or illness, fill out the worker portion of this form and give to your employer. If you do not intend to file a workers' compensation claim with SAIF, do not sign the signature line. Your employer will give your expensions.

intend to file a work	ers' cor	npensa	tion claii	m with SA	MF,	, do not sign t	he signatur	e line. You	ır emplo	oyer wi	II give	you a copy		
1. Date of injury or illness:		2. Date y left work				3. Time you began on day of injury:	work			a.m.	4. Regula days off:	arly scheduled		DEPT USE:
5. Time of injury	Пат	6. Time y	/OU			7. Shift on		(from)	a.m.	p.m.	 		٦ L	Emp
or illness:	a.m. p.m.	left work		a.i		day of injury:		(to)	a.m.	p.m.	MTV	W T F S	s l	ns
8. What is your illness or injur	y? What par	t of the bo	dy? Which sid	e? (Example: sp	prain	ed right foot)	Left F	Right				here if you hav	e (Эсс
10 WH 4 120 WH 4	1.	01 1 1	11.1		1.	Œ 1 E II 10 C	. 1 11 11	1	11 .	40		n one job:	<u> </u>	Nat
10. What caused it? What wer	e you doing	g? Include	venicie, mach	inery, or tool u	isea.	(Example: Fell 10 fe	et when climbing	an extension ia	idder carryi	ng a 40-po	ound box o	I rooning mater	- 1	Part
														Εv
														Src
														 2src
Information ABOVE thi	's line: dat	te of deat	h, if death o	ccurred: and	d Ore	egon OSHA case	log number mu	st be released	d to an au	thorized	worker r	epresentative	_	
11. Your legal name:	~	- · · · · · · · · · · · · · · · · · · ·	, ,		_	. Worker's language p					Birthdate:		4. Gen	
_							ner (please specify)					□M □F		
15. Your mailing address, city, state and zip:												16. Home pho	ne:	
17. Social Security no. (see back	ck*):					18. Occupation:						19. Work phor	e:	
20. Names of witnesses:														
21. Name and phone number of	of health ins	urance con	npany:				22. Name and are now report		h care prov	ider who tr	reated you	for the injury or	illness	you
23. Have you previously injure	ed this body	part?		Yes		No								
24. Were you hospitalized over	rnight as an	inpatient?		Yes		No								
25. Were you treated in the em	ergency roo	m?		Yes		No								
26. By my signature, I am mal release relevant medical records of prior treatment for the same co records protected by state and fee	to the worke	rs' compens of injuries to	sation insurer, so the same area	elf-insured empl of the body. A F	loyer, HPA	claim administrator, a A authorization is not r	nd the Oregon Depa equired (45 CFR 16	artment of Consu 54.512(I)). Releas	mer and Bu se of HIV/A	siness Servi IDS records	ices. Notice s, certain dr	: Relevant medic ug and alcohol tr	al recor	rds include records t records, and other
27. Worker signature:						28. Completed b (please print):	у					29. Date	e:	
Complete the rest of Even if the worker do	this form	n and g wish to	ive a copy file a clai	y of the fo m, mainta	rm in a	Empl to the worker. copy of this	Notify SAI	F within fi	ve days	of kno	wledge	of the clai	m.	
30. Employer legal business name:								31. Phone:			32. F	EIN:		
33. If worker leasing company list client business name:	,										34. C FEIN			
35. Address of principal place of business (not P.O. Box):											36. In policy	nsurance y no.:		
37. Street address from which worker is/was supervised:								ZIP:				ature of business vised:	in wh	ich worker is/was
39. Address where event occurred:														
40. Was injury caused by failur	re of a mach	nine or prod	luct, or by a po	erson other than	n the	injured worker?		Yes	No		41. C	lass code:		
42. Were other workers injured	1?	Yes	No	43. Did injury and scope of jo	occu b?	r during course	Unknown	Yes	No		44. O	SHA 300 log ca	se no:	
45. Date employer knew of claim:			46. Worker's weekly wage				47. Date worker hired:			0	8. If fatal, of death			
49. Return-to-work status: Not				Regular Date:			Modified Date:	0.1		is it at re	egular hour	nodified work, s and wages?		Yes No
By my signature, I acknowledge care provider. If I do, it could re					insur	rance company within f	ive days of knowled	ge of the claim. I	understand	I may not	restrict the	worker's choice	of or ac	ecess to a health
51. Employer signature:				52. Nan (please)								53. Date	e:	

A guide for workers recently hurt on the job

The following information is provided by SAIF at the request of the Workers' Compensation Division



How do I file a claim?

- Notify your employer and a health care provider of your choice about your job-related injury or illness as soon as possible. Your employer cannot choose your health care provider for you.
- Ask your employer the name of its workers' compensation insurer.
- Complete Form 801, "Report of Job Injury or Illness," available from your employer and Form 827, "Worker's and Physician's Report for Workers' Compensation Claims," available from your health care provider.

How do I get medical treatment?

- You may receive medical treatment from the health care provider **of your choice**, including:
 - Authorized nurse practitioners
 - Chiropractors
 - Medical doctors
 - Naturopaths
 - Oral surgeons
 - Osteopathic doctors
 - Physician assistants
 - Podiatrists
 - Other health care providers
- The insurance company may enroll you in a managed care organization at any time. If it does, you will receive more information about your medical treatment options.

Are there limitations to my medical treatment?

- Health care providers may be limited in how long they may treat you and whether they may authorize payments for time off work. Check with your health care provider about any limitations that may apply.
- If your claim is denied, you may have to pay for your medical treatment.

If I can't work, will I receive payments for lost wages?

- You may be unable to work due to your job-related injury or illness. In order for you to receive payments for time off work, your health care provider must send written authorization to the insurer.
- Generally, you will not be paid for the first three calendar days for time off work.
- You may be paid for lost wages for the first three calendar days if you are off work for 14 consecutive days or hospitalized overnight.
- If your claim is denied within the first 14 days, you will not be paid for any lost wages.
- Keep your employer informed about what is going on and cooperate with efforts to return you to a modifiedor light-duty job.

What if I have questions about my claim?

- SAIF or your employer should be able to answer your questions. Call SAIF at 800.285.8525.
- If you have questions, concerns, or complaints, you may also call any of the numbers below:

Ombudsman for Injured Workers:

An advocate for injured workers

Toll-free: 800.927.1271

Email: oiw.questions@oregon.gov

Workers' Compensation Compliance Section

Toll-free: 800.452.0288

Email: workcomp.questions@oregon.gov

Do I have to provide my Social Security number on Forms 801 and 827? What will it be used for?

You do not need to have an SSN to get workers' compensation benefits. If you have an SSN, and don't provide it, the Workers' Compensation Division (WCD) of the Department of Consumer and Business Services will get it from your employer, the workers' compensation insurer, or other sources. WCD may use your SSN for: quality assessment, correct identification and processing of claims, compliance, research, injured worker program administration, matching data with other state agencies to measure WCD program effectiveness, injury prevention activities, and to provide to federal agencies in the Medicare program for their use as required by federal law. The following laws authorize WCD to get your SSN: the Privacy Act of 1974, 5 USC § 552a, Section (7)(a)(2)(B); Oregon Revised Statutes chapter 656; and Oregon Administrative Rules chapter 436 (Workers' Compensation Board Administrative Order No. 4-1967).

RETURN-TO-WORK STATUS

orker's name:				(Claim n	umber (if	known):			
ext so	chedu	led appointmen	t date:							
the v	vorke	r expected to m	aterially i	mprove fr	om medical	l treatm	ent or the	e passage	of time?	Yes No
		~								
VOF	RKS	STATUS (S	elect one c	pption)						
		N 1 – Released					om (date):			
Re	elease	d to the <i>hours ro</i>	outinely wo	orked and t	asks routin	ely perfo	rmed in t	he job he	ld at the time	of injury.
		N 2 – Not Rele					om (date):		to:	
Tł	ne wo	rker is <i>not capal</i>	ole of perfo	rming any	work activi	ities.				
		N 3 – Released								
		d to work, <i>subje</i>	_	_	vork restric	ctions (n	ote only	those tha	t are applica	ible):
		ork hours:		•						
Li	it/car	ry/push/pull r <i>One-time</i>		s workday	1/3-2/3 of w	vorkdov	≥2/3 of v	work day	Dus	ration
Li	ift:	pounds	11	inds	poun		1	ınds	hrs./day	hrs/one time
'	ırry:	pounds	1	ınds	poun			ınds	hrs./day	hrs/one time
	ush:	pounds	1	ınds	poun			ınds	hrs./day	hrs/one time
Pi	ull:	pounds	pou	ınds	poun	ds	pou	ınds	hrs./day	hrs/one time
A	ctivity	y restrictions	•							
Sta	and:	hrs./day 1	nrs/one time	Twist:	hrs./day	hrs	/one time	Crawl:	hrs./day	hrs/one time
W	alk:	hrs./dayh	nrs./one time	Climb:	hrs./day	hrs	/one time	Crouch:	hrs./day	hrs/one time
Sit	t:		nrs/one time		hrs./day	hrs	/one time	Balance:	hrs./day	hrs/one time
	rive: neel:		nrs/one time nrs/one time	Above- shoulder- reach:	hrs/day	hrs	s/one time	Below- shoulder- reach:	hrs./day	hrs/one time
На	and u	se restrictions					Foot u	ise restri	ctions	
Fi	ine act	ions: hrs./da	y L hand	hrs./day	y R hand		Raise:	hrs./	'day L foot	_hrs./day R foot
Ke	Keyboarding:hrs./day L hand		hrs./day	y R hand		Push: hrs.		'day L foot	hrs./day R foot	
Gı	rasp:	hrs./da	y L hand	hrs./day	y R hand					
No	otes / c	other restriction	18:							
edica	al pro	vider's signatur	e:					Date:		
	•	ıl provider's naı						Phone 1	10.:	
		CBS/WCD/WEB)								

13.09 CBIW NOTIFICATION FORM

* * IMPORTANT EMPLOYEE NOTICE * *

State Law ORS 659A.060-659A.069 (CBIW) requires the State as an employer to continue to pay the employer's contribution toward health and dental benefits when coverage under a State plan would otherwise end due to a workers' compensation injury or illness. Failure to continue health and dental benefits for injured or ill workers as provided under ORS 659A.060-659A.069 (CBIW) is an unlawful employment practice. This notice informs you of your rights and obligations under the provisions of this law.

If eligible for continuation of coverage under this law, you will receive the coverage that you had immediately before your on-the-job injury or illness. The law requires that the agency maintain your coverage up to twelve months from the date of knowledge of the injury or illness. However, the law also provides that the agency can end your coverage early for any of the following reasons:

- a) Your attending physician or nurse practitioner has decided that you are medically stationary and has entered a determination order or notice of closure:
- b) You return to work for any agency of the State after a period of continued coverage under this law, and satisfy any probationary or minimum work requirement to be eligible for group health benefits;
- c) You take full or part-time employment with a private or public employer other than the State of Oregon that is comparable in terms of the number of hours per week you were employed with the State, or you retire;
- d) Twelve months have elapsed since the date the State received notice that you filed a workers' compensation claim;
- e) SAIF denies your claim and you fail to appeal within 60 days or, if you appealed, the Workers' Compensation Board, a worker's compensation hearing referee or a court decides that your claim is not compensable.
- f) You do not pay the required premium, or portion thereof, in a timely manner.
- g) You elect to discontinue this coverage and notify your personnel, payroll, or campus benefits office of this election in writing.
- h) Your attending physician or nurse practitioner has released you to modified/transitional or regular work, you have been offered the work and you refuse to work; or,
- i) Employment with the State ends for reasons unrelated to the workers' compensation claim.

If the employer contribution does not cover the full cost of your health and dental premiums, you will be required to pay a portion of the premium to continue coverage. If you fail to make timely payment of any premium contribution owing, you will be notified of the 30-day grace period allowed before cancellation of your coverage. Upon expiration of your coverage under State law, you may be eligible to continue coverage on a self-pay basis under the provisions of the Consolidated Omnibus Budget Reconciliation Act (COBRA). In some cases, you may be eligible for some extension of coverage under the Affordable Care Act (ACA).

If SAIF denies your workers' compensation claim, or if you appeal and do not prevail, the State may recover the amount of premiums paid under this law, plus interest. The State may recover the payments through a payroll deduction not to exceed 10% of your gross pay.

If you choose not to receive continued coverage under ORS 659A.063, you may be eligible under the federal COBRA regulations to continue your medical and dental coverage on a self-pay basis for up to 18 months. Premiums for coverage continued under the COBRA provisions are set at 102% of the active group rate for the first 18 months. If Social Security determines disability at the time of your qualifying event or within the first 60 days of your COBRA coverage, you may be entitled to an extension of 11 months, for a total of up to 29 months. If eligible for the extended coverage due to a disability, premiums for months 19 through 29 will be set at 150% of the active group rate. If you would like more information on COBRA or ACA, contact your personnel, payroll or campus benefits office.

Important Employee Notice

State law does not require continuation of any life or disability programs, opt-out bonus, or benefit dollars taken as cash. If you would like more information on how to continue life and disability coverage, please contact your personnel, payroll or campus benefits office. You must self-pay the Long-term Disability (LTD) premiums throughout the elimination period to be eligible for benefits. To continue other benefit plans, such as credit union or automobile insurance, you must contact the company(s) to arrange for continuation of your monthly payments.

* * * * * * * * * * * * * * * *

REINSTATEMENT OF COVERAGE WHEN YOU RETURN TO BENEFIT ELIGIBLE STATUS

All benefits in effect before qualifying for coverage under ORS 659A.060-659A.069 (CBIW) will be automatically reinstated. We request that you complete the necessary Update Forms during the first 60 days of your return to assure that coverage is reinstated promptly. Changes in elections are limited to open enrollment periods or within 60 days following a qualified family status change. See your PEBB Eligibility Handbook for more information on qualified family status change.

Employees who return to benefit eligible status following a leave under ORS 659A.063 (CBIW) are not required to work at least half time to be eligible for benefits the following month if all provisions of ORS 659A.060-659A.069 (CBIW) are met. Half time is defined as 20 hours per week and no less than 80 hours per month; or as defined by collective bargaining.

If coverage under the short or long term disability plans lapse for 90 days or more, you may be subject to new pre-existing condition limitations or waiting periods. For more information, see your PEBB Eligibility Handbook.

	* * * * * * * * * * * * * * *	
I, ha on a workers' compensation claim as	ive read and received a copy of this form notifying me an employee of the State of Oregon.	of my rights while
Employee Signature	Date	

Worker's Compensation Elected Leave Form

absence rel accrued lea	ated to your time love, if it is available.	ss from If no other accrued	shall be filled out to determine how you choos f your sick leave is exhausted, you can elect to I leave is available, you will then be placed or ues to pay your time loss.	to use other
Leave with I law to pay the job injury (Concerage monthly che maintain the	Pay Policy, 60.000. he employer's conticontinuation of Bendral be continued up ortion of your core seck above	01 or applicable baribution toward you efits for Injured Wole to twelve (12) morinsurance and If yo contribution, you erage (even if you I	ed sick leave as indicated by your choice (DA rgaining contract language) is required core benefits if you lose coverage as a result (CBIW) ORS 659A.060-069). Medical another from date of filed claim. You are responsible pay an additional amount for optional insuratives will be required to continue to pay your contract exhausted your leave balances). Contacting your benefits continue.	ired by state It of an on-the- nd dental ible for the ance out of your ibution to
	o your claim, you m to 12 weeks of job p		ne Family and Medical Leave Act (FMLA). This medical benefits.	s coverage may
			eturn additional benefit overpayments (in align or applicable union bargaining agreements).	าment with DAS
Choice (Ch	eck One):			
	received. (This vand your regula	will be equal to the r salary rate. SAIF would pay	e during the period in which Workers' Compedifference between the Workers' Compensationally will pay time loss equal to 66 2/3% of your grown a prorated amount of your gross pay to make	on for lost time oss salary which
	balances payment	s (Vacation, Person	eave balance is exhausted, I choose to utilize al Business, etc.) to cover the different betwe alary rate during my absence from v	en the time loss
	□ – In the	event that my sick l	eave balance is exhausted, I choose to defau	It to option #2.
	Compensation in that if I choose t	s being received. P	nulated leave time during the period in which \lace me on approved leave without pay status orporation will pay 66 2/3% of my gross salary axable.	s. I understand
that if I do n am respons	ot complete this for ible for letting SAIF	rm, my supervisor v , my supervisor, pa	e on how to cover my absence from vill place me on leave without pay. I also underly syroll, and the safety manager know when time order to avoid any overpayments.	erstand that I
Employee's	Signature	Date	Supervisor's Signature	Date
•	pyee ID Number pervisor, Safety Ma	Date of Injury Danager, and Payroll		

Job Title at										
	Injury:					orker N				
mployer N	Name:				Claim Number: Date of Injury:					
	es (Be specific nd \ frequency								ormed and inc ear should be	
ools & E	quipment Us	ed:								
Seasonal	_		No	Yes [Ouratio	n:				_
ENDUR <i>A</i>	Never	Seld		Occas.	Fr	eq.		inuous	Total Hours	Total Hours
itting		1-5	%	6-33%	34-0	66%	67-	100%	At one time	a work day
anding										
/alkina										
hange ositions?	DECUIDEM	ENTS: /	Enter se	tual mavi		oiaht i		ndo in t	the how)	
change ositions? PHYSICAL ifting: 0-14 lbs 5-20 lbs 1-50 lbs 1-75 lbs 6 -100 lbs	Ne	ENTS: (Seldom 1-5%	Oc	mum w	Fre	n pou eq. 56%	Conti	nuous	
0-14 lbs 5-20 lbs 1-50 lbs 1-75 lbs 6 -100 lbs 100 lbs	m # lifted by	wer	Seldom 1-5%	t assistantare perfor	ccas. 33%	Fre 34-6	eq. 56%	Conti 67-1	nuous 00% re people	

	Never	Seldom 1-5%	Occas. 6-33%	Freq. 34-66%	Continuous 67-100%	
10-14 lbs						-
15-20 lbs 21-50 lbs						-
51-75 lbs						
76 -100 lbs						
>100 lbs						
Maximum weigh Distance:	nt of object	Type of Surfa	-	carpet, incline)	Continuou	IS
		1-5%	6-33	% 34-66%	67-100%	י
Bend/Stoop						
Twist Crouch/squat						
Kneel						
Crawl						
Walk-Level surface						
Walk-Uneven surface						
Climb Steps Climb Ladder						
Work at heights						
Reach at or above						
Shoulder Reach below shoulder						
Use of Arms						
Use of Wrist						
Use of Hands						
Grasping/squeezing Operate foot controls						
			_			
Environment:	Inside	% of t	ime	Outs	ıde	% of time
	emperature /orks on or		Yes N machinery o	lo Vibr or mechanical pa	ration Yearts Ye	
Personal Protec	tive Equip	ment:				
Boots	Hardhat	Gloves	Glasses	Hearing	Othe	er
SIGNATURES						
The information based on observa						quirements, is
Employee Signatur					Date	
Employer Represer	` ,	1		G: .	_	<u>.</u> .
Print Name		itle		Signature	<u>L</u>	Date
Prepared by:					Date:	
For physician to c	omplete:					
Is this job appropr	iate?	Yes No	Da	te of Release:		
If not released to		<u> </u>	please provi	de an "ANTICIP	ATED" DATE:	
Physician's Signature				Date		<u> </u>
, sisian s signature				_ 410		

Pushing/Pulling force to be exerted:

TASK INVENTORY FOR MODIFIED/TRANSITIONAL DUTY

TASK	WORK AREA	
SUPERVISOR	PHONE	
PHYSICAL REQUIREMENTS:		
TASK	WORK AREA	
SUPERVISOR	PHONE	· · · · · · · · · · · · · · · · · · ·
PHYSICAL REQUIREMENTS:		
TASK	WORK AREA	
SUPERVISOR	PHONE	
PHYSICAL REQUIREMENTS:		
TASK	WORK AREA	
SUPERVISOR	PHONE	· · · · · · · · · · · · · · · · · · ·
PHYSICAL REQUIREMENTS:		

AGE				N INJURED WORKER ENT (used within the same	agency)	
1. EMPLOYEE NAM	ИЕ	2. E	EMPLOYEE ID NUMBER	3. ASSIGNED DISTRICT/PROGRAM		
4. INJURY DATE	5. ASSIGNMEN	T BEGINS	6. ASSIGNMENT EXPECTED TO END	7. REGULAR AND (IF APPLICABLE) ASSIGNED SUPERVISOR FOR TRANSITIONAL WORK		
8. SHIFT HOURS	DAYS			9. PHYSICIAN NAME AND TITLE		
10. 30- DAY REVIE	W	11. 60- DA	Y REVIEW	12. 90 -DAY REVIEW	13. 120- DAY REVIEW	
14. LIMITATIONS /	RESTRICTIONS	(PER DOC	TOR RELEASE ON FILE)			
15. TRANSITIONAL	_ ASSIGNMENT [ETAILS / D	DESCRIPTION			
	transitional supe			while performing duties. Employee chiropractor, physical therapy appo		
 Job Duties: Employee will be required to satisfactorily complete job tasks as assigned, with the above limitations observed and duties performed accordingly. Transitional work will end whichever of the following occurs first: 1. Transitional work is no longer available.* 2. Your doctor releases you to regular work. 3. Your doctor indicates that you are medically stationary and have permanent restrictions as a result of the injury that will prevent you from returning to your regular job. 4. Your claim for worker's compensation benefits is denied. 5. One hundred twenty (120) consecutive calendar days have elapsed from the beginning date of the transitional duty. (Refer to the DAS Policy DAS-50.020.05, Early Return to Work of Injured Workers and ORS 659A.063). * If supervisor is made aware of, witnesses, or provides witnesses that will state that employee is not working within doctor's 						
restrictions, tran	sitional duties ca	the empl	inated immediately. oyee, unless specifica	Ily addressed on the work releas	e, work on holidays	
or overtime will	not be allowed	or appro	ved. Wages and benef	its will remain the same during tr	ansitional duties.	
days and evaluate is released to full employee is released	ed every 30 day duty or 120 day ased back to the days, the empl	s by Supers s has elar ir regular oyee will b	ervisor and Workers Cor osed. Submission of a f job duties without restriction oe sent home until a full	agreement will be in effect for 120 c mpensation Manager for job modifically release immediately terminates to ctions. In accordance with DAS Polical release is presented to supervisor.	ation(s) until employee this agreement, and y-50.020.05, after	
appointment, which	never is more fre	quent. The	se releases should be pr	at least every two weeks, or following rovided to the employee's Supervisor al appointment related to an accepted	and Safety Manager	

Injured workers must submit updated medical release documentation at least every two weeks, or following each medical appointment, whichever is more frequent. These releases should be provided to the employee's Supervisor and Safety Manager within 24 hours of receipt. If an employee misses work due to a medical appointment related to an accepted disabling workers' compensation claim, the insurer (SAIF) is responsible for wage reimbursement for that time unless the employer pays the employee's wages for the time missed. This includes appointments for medical treatment, physical therapy, and chiropractic care, provided they are related to the accepted disabling injury or condition. Employees are not required to use their own accrued leave (e.g., sick leave) for time missed due to these qualifying appointments. However, if the claim is not yet accepted or the appointment is unrelated to the accepted condition, accrued leave may still be used in accordance with agency policy or applicable union contract provisions. For any questions about time-loss eligibility or payment, employees should contact their SAIF claims adjuster directly.

EMPLOYEE'S SENDING SUPERVISOR PRINT NAME	EMPLOYEE'S SENDING SUPERVISOR SIGNATURE	DATE
EMPLOYEE'S RECEIVING SUPERVISOR PRINT NAME	EMPLOYEE'S RECEIVING SUPERVISOR SIGNATURE	DATE
SAFETY MANAGER/ HUMAN RESOURCES PRINT NAME	SAFETY MANAGER/ HUMAN RESOURCES SIGNATURE	DATE

I have read the above transitional job duties and responsibilities. I understand that these job duties have been assigned in compliance with my physician's orders. I agree to abide by these limitations and to notify my supervisor immediately of any problems or change in my physical condition.

EMPLOYEE PRINT NAME	EMPLOYEE SIGNATURE	DATE

[Sending Agency Logo Here]

Early Return to Work Intra-Agency Modified Work Assignment

MEMORANDUM OF AGREEMENT

ASSIGNMENT DETAILS						
2. EMPLOYEE ID # 3. CURRENT CLASSIFICATION TITLE						
5. RECEIVING AGENCY / AGENCY #						
7. RECEIVING SUPERVISOR NAME AND CONTACT INFO.						
9. EXPECTED ASSIGNMENT END DATE (not to exceed 120 days)						
11. PHYSICIAN NAME AND TITLE						
14. 90-DAY REVIEW 15. 120-DAY REVIEW						

16. LIMITATIONS / RESTRICTIONS (PER DOCTOR RELEASE ON FILE)

17. TRANSITIONAL ASSIGNMENT DETAILS / DESCRIPTION

CONDITIONS OF AGREEMENT INCLUDE THE FOLLOWING:

- Transitional work will be offered in accordance with the CHRO Early Return to Work of Injured Workers policy, 50.020.05.
- The home agency-at-injury remains responsible for the employee's pay, benefits, and managing of the WC claim.
- The receiving agency is responsible for supervision, work assignments and reporting of hours worked and missed.
- The employee, if represented, remains covered under their bargaining unit.
- This is a transitional work assignment, subject to a review every 30 days or sooner, and can be ended by either agency at any time.
- The sending supervisor will keep the receiving supervisor up-to-date on the employee's most recent work restrictions.
- The receiving supervisor will assign work in alignment with the employee's current work restrictions.
- The employee will perform assigned work in alignment with their current work restrictions.
- The employee's employment status and permanent classification does not change. The employee will be granted any salary
 adjustments or any increases for which they are eligible.
- The employee will remain eligible for agency promotional opportunities (in sending agency).
- All BOLI reinstatement / reemployment rights remain with the agency-at-injury.
- Failure to accept a bona fide offer of transitional work may impact the employee's reemployment and reinstatement rights.
- Workers' compensation coverage is provided by sending Agency.
- Other applicable special conditions:

SIGNATURES (By signing this document you agree to all the terms and conditions of the assignment listed above.)					
EMPLOYEE'S SENDING SUPERVISOR PRINT NAME	EMPLOYEE'S SENDING SUPERVISOR SIGNATURE	DATE			
EMPLOYEE'S RECEIVING SUPERVISOR PRINT NAME	EMPLOYEE'S RECEIVING SUPERVISOR SIGNATURE	DATE			
SAFETY MANAGER/ HUMAN RESOURCES PRINT NAME	SAFETY MANAGER/ HUMAN RESOURCES SIGNATURE	DATE			

In addition to the terms above, the employee will discuss/arrange with regular and transitional supervisor, dates and times for doctor, chiropractor, physical therapy appointments as prescribed by MD in a written doctor's note.

Job Duties: Employee will be required to satisfactorily complete job tasks as assigned, with the above limitations observed and duties performed accordingly. Transitional work will end whichever of the following occurs first:

- Transitional work is no longer available.*
- 2. Your doctor releases you to regular work.
- Your doctor indicates that you are medically stationary and have permanent restrictions as a result of the injury that will prevent you from returning to your regular job.
- 4. Your claim for worker's compensation benefits is denied.
- One hundred twenty (120) consecutive calendar days have elapsed from the beginning date of the transitional duty. (Refer to the DAS Policy DAS-50.020.05, Early Return to Work of Injured Workers and ORS 659A.063).

^{*} If supervisor is made aware of, witnesses, or provides witnesses that will state that employee is not working within doctor's restrictions, transitional duties can be terminated immediately.

Due to the above limitations of the employee, unless specifically addressed on the work release, work on holidays or overtime will not be allowed or approved. Wages and benefits will remain the same during modified duty period.

Unless a significant change is noted by the doctor (in writing) this agreement will be in effect for 120 consecutive calendar days and evaluated every 30 days by Supervisor and Workers Compensation Manager for job modification(s) until employee is released to full duty or 120 days has elapsed. Submission of a full release immediately terminates this agreement, and employee is released back to their regular job duties without restrictions. In accordance with DAS Policy-50.020.05, after exhaustion of 120 days, the employee will be sent home until a full release is presented to supervisor. SAIF will be notified and time loss payments may start the following day.

Injured workers must submit updated medical release documentation at least every two weeks, or following each medical appointment, whichever is more frequent. These releases should be provided to the employee's Supervisor and Safety Manager within 24 hours of receipt. If an employee misses work due to a medical appointment related to an accepted disabling workers' compensation claim, the insurer (SAIF) is responsible for wage reimbursement for that time unless the employer pays the employee's wages for the time missed. This includes appointments for medical treatment, physical therapy, and chiropractic care, provided they are related to the accepted disabling injury or condition. Employees are not required to use their own accrued leave (e.g., sick leave) for time missed due to these qualifying appointments. However, if the claim is not yet accepted or the appointment is unrelated to the accepted condition, accrued leave may still be used in accordance with agency policy or applicable union contract provisions. For any questions about time-loss eligibility or payment, employees should contact their SAIF claims adjuster directly.

•	sibilities. I understand that my job duties have been assigned in com limitations and to notify my regular and transitional (receiving) supe ition.	
EMPLOYEE PRINT NAME	EMPLOYEE SIGNATURE	DATE