# **Registered Family Child Care**

Health & Safety Review Checklist



Visit Type: Expiration Date: Visit Date: Conducted: Licensing Specialist (LS): LS Phone Number: Visit Number:    Canaly Common Number: Visit Number: Visit Number: Visit Number: Visit Number: Visit Number:	Visit and Licensing Specialis	t Information				
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### **Supervision**

0075 The provider or a substitute provider is responsible for the children in care. At all times the provider or substitute provider must:

- (1) Be within sight or sound of all children.
- (2) Be aware of what each child is doing.
- (3) Be near enough to children to respond when needed.
- (4) Be physically present when there are children under the age of 36 months playing outside.
- (5) Be physically present when kindergarten-age or younger children are playing outside, unless the outside play area is fully fenced and hazard free.

0040(13) Prior to substituting for the provider, a caregiver must:

- (a) Be familiar with the requirements for registration and agree to comply with them;
- (b) Be fully enrolled in the CBR (not just conditional);
- (c) Comply with all the requirements placed on the provider;
- (d) Have current certification in first aid and infant and child cardiopulmonary resuscitation (CPR);
- (e) Have completed a minimum of two hours of training on child abuse and neglect that is specific to Oregon law (RRCAN);
- (f) Have current food handler's certification, if preparing or serving any food to children;
- (g) Have completed the Introduction to Child Care Health & Safety (ICCHS) training;
- (h) Have completed CCLD-approved safe sleep training; and
- (i) Complete CCLD-approved child development training (within 90 days of employment).

# **Program and Care of Children**

0090(2) Providers must make available activities, materials, and equipment for both indoor and outdoor play that provide a variety of experiences geared to the ages and abilities of the child(ren).

0090(3) The children's activities must allow choice and develop skills based on each child's age and abilities.

0090(4) A balance of active and quiet play must be provided, both indoors and outdoors.

0090(5) The provider must have routines for eating, napping, diapering and toileting, with flexibility to respond to the needs of each child.

0090(6) An individual bed, mat or cot with individual bedding appropriate to the season shall be provided at nap time for each toddler and preschool-age child in the home and for each school-age child who wants to rest.

0090(7) Child care children shall not be exposed to more than two hours of screen time per day. All media exposure must be developmentally and age appropriate.

#### **Infant Care**

0090(10) Infants shall have a variety of appropriate infant toys stimulating to the senses.

0100(14) Children who cannot feed themselves shall be held or, if able to sit alone, fed in an upright position.

- (a) Infants up to six months of age shall be held or sitting up in a caregiver's lap for bottle feeding.
- (b) Bottles shall never be propped. The child or a caregiver shall hold the bottle.
- (c) Infants no longer being held for feeding shall be fed in a manner that provides safety and comfort.

#### Infant Safe Sleep

### 0090(11) The following safe sleep practices must be followed:

- (a) Each infant shall sleep in a crib, portable crib, bassinet or playpen with a clean, non-absorbent mattress. All cribs, portable cribs, bassinets and playpens must comply with current Consumer Product Safety Commission (CPSC) standards.
- (b) Bassinets may only be used until the infant is able to roll over on their own.

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- (c) Each mattress shall:
- (A) Fit snugly.
- (B) Be covered by a tightly fitting sheet, and
- (d) A clean sheet shall be provided for each child.
- (e) Infants must be placed on their backs on a flat surface for sleeping.
- (f) While on the child care premises, if an infant falls asleep in a place other than their crib, portable crib, bassinet or playpen, the provider must immediately move the infant to an appropriate sleep surface.
- (g) No child shall be routinely left in a crib, portable crib, bassinet or playpen except for sleep or rest.
- (h) There shall be no items in the crib, portable crib, bassinet or playpen with the infant, except a pacifier (e.g. bottles, toys, pillows, stuffed animals, blankets, bumpers).
- (i) Swaddling or other clothing or covering that restricts the child's movement is prohibited.
- (j) Clothing or items that could pose a strangulation hazard (e.g. teething necklaces, pacifier attachments, clothing drawstrings) are prohibited.
- (k) Car seats are to be used for transportation only. Children who are asleep in a car seat must be removed upon arrival to the home and placed in an appropriate sleep surface.

## Meals, Snacks and Feeding

0100(13) The provider must provide or ensure the availability of meals and snacks appropriate for the ages and needs of the children served.

0100(13)(a) Meals and snacks must be based on the guidelines of the USDA Child and Adult Care Food Program.

0100(13)(c) Foods must be prepared and served according to the minimum standards for food handler certification.

0100(15) Children of any age shall not be laid down with a bottle.

0100(2)(i) Drinking water for preparing food, infant formula, drinking or cooking shall not be obtained from bathroom sinks or diaper changing sinks.

0120(14) The home's water supply must be safe to drink.

#### Handwashing

0120(2) Caregivers and children must wash their hands with soap and warm, running water:

- (a) After using the toilet;
- (b) After diaper changing;
- (c) After assisting someone with toileting;
- (d) Before handling food;
- (e) Before and after eating; and
- (f) Before assisting with feeding.

0120(3) Caregivers and children must either wash their hands with soap and warm running water or use hand sanitizer with alcohol content between 60-95%:

- (a) After wiping the nose;
- (b) After coughing or sneezing;
- (c) After outdoor activities; and
- (d) After touching animals, other than dogs and cats, or handling pet toys

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vil20(4) Hand sanitizer Must be stored out of reach of children; vil20(5) Hand sanitizer shall not be used on children under 24 months of age; vil20(6) Application of hand sanitizer on older toddlers and preschool-aged children must be supervised vilant and adult;
nd hand sanitizer with alcohol content between 60-95% shall be used together.
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egularly and whenever soiled.
ol 20(12,13) All garbage, solid waste, and refuse must be disposed of regularly, in a safe and sanitary nanner. Bio-contaminants including, but not limited to, bodily fluids and blood, shall be disposed of in a nanner that prevents exposure to children.
ol 120(9) Diaper changing surfaces must be either:  a) Non-absorbent and easily disinfected;  b) Disposed of after each use; or  c) Laundered after each use.
120(10) The diaper changing area shall be located so that hand washing can occur immediately after liapering without contacting other surfaces or children.
ndoor Space
100(2)(j) The room temperature must be at least 68°F during the hours the child care business is onducted.
100(2)(k) Rooms occupied by children must have a combination of natural and artificial lighting.
100(2)(i) There must be at least one flush toilet and one hand-washing sink available to children. Steps r blocks must be available to ensure children can use the toilet and sink without assistance.
ol10(2) All floor levels used by children must have access to two usable exits, as defined in OAR 14-205-0010(34), to the outdoors. See also rules 0110(2)(a-c) and 0110(3)(a-e) for 2nd floor equirements.
villO(2)(d) The provider must complete a daily inspection to ensure that evacuation routes are clear and sable exits, including doors and escape windows, are operable.
Safety and Hazards
100 Children shall be protected from fire and safety hazards. Providers must have the following protections in place:
2)(I) Floors must be free of splinters, large unsealed cracks, sliding rugs and other hazards.  110(1)(a) All exposed electrical outlets in rooms used by preschool or younger children must have hard- b-remove protective caps or safety devices installed when the outlet is not in use.
110(1)(f) A stable barrier shall be installed to prevent children from falling into hazards, including, but not

limited to: fireplaces, heaters and wood stoves that are in use when child care children are present.

0110(1)(g) A secure barrier shall be placed at the top and/or bottom of all stairways accessible to infants and toddlers.

0110(1)(h) Smoke alarms and carbon monoxide detectors shall be:

- (A) Installed on each floor level of the home, unless the floor is not under the direct control of the provider, and in any area where children nap;
- (B) Maintained in operating order.

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0110(1)(i) There shall be at least one 2-A-10 BC-rated fire extinguisher on each floor of the home unless the floor is not under the direct control of the provider.

- (A) Fire extinguishers on floors where child care occurs must be designated on the floor plan required in OAR 414-205-0035 and either mounted or stored along the primary evacuation route. Fire extinguishers must be easily accessible, and visible.
- (B) If fire extinguishers are stored in a cabinet or closet, they must be mounted and there must be a sign indicating that the fire extinguisher is located inside.
- (j) Obstructions, including furniture, storage of supplies, or any other items shall not be placed in a manner that blocks access to the cabinet or closet.

0110(1)(1) Firearms, BB guns, pellet guns and ammunition kept under lock, with ammunition stored and locked separately. Firearms, BB guns and pellet guns must remain unloaded.

0110(1)(m) Cleaning supplies, paints, matches, lighters, and plastic bags are kept under child-safety lock.

0110(1)(n) Other potentially dangerous items, such as medicine, drugs, sharp knives and poisonous and toxic materials are kept under child-safety lock.

0110(1)(q) All clear glass panels in doors clearly marked at child level.

0110(7) A telephone in working condition must be in the family child care home.

- (a) Parents must be given the telephone number so they can contact the provider if needed.
- 0110(8) The building, grounds, water supply, and toys, equipment and furniture used by children must be maintained in a hazard-free condition.
- (a) Broken toys, furniture and equipment must be removed from areas accessible to children.
- (b) Both the exterior and interior of the home must be maintained in good repair.
- (c) Painted surfaces must be in good condition, both inside and outside, to avoid exposing children to lead paint.

#### **First Aid and Medication**

0100(3) First aid supplies and a chart or handbook of first aid instructions shall be maintained in one identified place and kept out of reach of children.

(a) The first aid supplies shall include: band aids, adhesive tape, sterile gauze pads, soap or sealed antiseptic towelettes or solution to be used as a wound cleaning agent, scissors, disposable plastic gloves for handling blood spills, a solution for disinfecting after a blood spill, a sanitary temperature taking device and CPR mouth guards.

0100(3)(b) A first aid kit and a copy of each child's emergency medical information including a medical release form shall be taken any time the caregiver is transporting child care children or taking child care children on field trips.

0100(9) Prescription and non-prescription medications must be properly labeled and stored.

- (a) Non-prescription medications or topical substances must be labeled with the child's name.
- (b) Prescription medications must be in the original container and labeled with the child's name, the name of the drug, dosage, directions for administering, and the physician's name.
- (c) Medication requiring refrigeration must be kept in a separate, tightly covered container, marked "medication," in the refrigerator.

0100(10) Sunscreen is considered a non-prescription medication and:

- (a) Providers must obtain written parental authorization prior to using sunscreen.
- (d) Providers must reapply sunscreen every two hours while the child care children are exposed to the

0100(11) Parents must be informed daily of any medications given to their child or any injuries their child has had.

Program Name:		License Number:		
Animals				
0100(16) Any animal at the family child care home shall be in good health and be a friendly companion for the children in care.				
0100(16)(a) Potentially aggi	ressive animals must not be in the same ph	ysical space as the children.		
0100(16)(b) Dogs and cats	must be vaccinated according to a licensed	d veterinarian's recommendations.		
	Dog(s) Name(s) and Rabies	Expiration Date(s)		
	Dog(s) Name(s)	Rabies Expiration Date		
0100(18) Caregivers must b	pe physically present when children are inte	racting with animals.		
0100(17) Animal litter boxes storage or preparation.	s shall not be located in areas accessible to	children or areas used for food		
monkeys, hook-beaked bir	cluding, but not limited to: reptiles (e.g. lizard rds, baby chicks and ferrets are prohibited on tainer which prevents any direct contact	unless they are housed in and		
Transportation				
How do you transport? (e.	g. van, public transportation, bus service)			
0110(12) The following vehic	cles are used to transport child care children	n (mark all that apply):		
(a) A vehicle manuf	actured to carry fewer than ten passengers	S;		
(b) A school bus or a multi-function school activity bus;				
(c) A vehicle manufo	$\square$ (c) A vehicle manufactured to carry ten or more passengers that was manufactured in 2010 or after; or			
(d) A vehicle manuf	(d) A vehicle manufactured to carry ten or more passengers that was manufactured before 2010, must:			
(A) Not exceed a travel speed of 50 mph OAR 0110(10)(d)(A);				
(B) Have an <u>annual</u> safety inspection by a garage, dealership or auto repair shop OAR 0110(10)(d)(B); and complete the  Vehicle Inspection Form (CCLD-0119) (or other form which contains all the same information) showing all items on the checklist "pass" inspection completed by an ASE accredited technician.				
Transportation Items to Review:				
0110(9) If a caregiver [provider or substitute provider] is transporting children, the caregiver must have a valid driver's license and proof of insurance.				
0110(10) The number of children transported shall not exceed the number of seat belts or child safety systems available in the vehicle.				
Notes:				

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# **Required Postings and Readily Available Documents**

# **Required Postings:**

0035(8) The provider shall display the following near the entrance, or in some other area of the home where they may be clearly viewed by parent(s) of children in care:

0035(8)(b) Providers must post all serious valid complaint and serious non-compliance letters for 12 calendar months.

0110(7)(b) Emergency telephone numbers for fire, ambulance, police and poison control and the provider's home address must be posted in a visible location.

0035(9) The provider shall display a floor plan identifying the locations of the following near the entrance, or in some other area of the home where they may be clearly viewed by all individuals responsible for evacuation procedures:

- (a) Exits;
- (b) Primary evacuation routes;
- (c) Secondary evacuation routes; and
- (d) Fire extinguishers.

# Readily Available:

0035(8)(a) The Certificate of Registration.

0110(6) The provider must have an up to date written plan for evacuating and removing children to a safe location in an emergency, and it must be posted in a visible location in the home, and 0035(24) Providers must post the DELC Website [www.oregon.gov/DELC] and phone number [1-800-556-6616], and a statement advising parents that they can access information about their child care provider on the child care safety portal.

0105(7)(a) The provider must keep a copy of the most recent lead test results on-site at all times.

0105(7)(b) The provider must post the most recent lead test results summary provided by CCLD in an area of the facility where the summary can be clearly viewed by parents.

0105(4)(a) After a provider conducts the initial testing, the provider must test all drinking water faucets or fixtures at least once every six years (from the date of the last test).

Date of	lead '	test ex	piration:
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#### **Record Keeping**

0035(23) Providers must have the parent or guardian of each child enrolled in the registered family child care home, sign a declaration form verifying they have reviewed a copy of the current license certificate. The declaration shall be updated any time there has been an exception or condition added to the license.

0085(1) The provider must have a written policy on guidance and discipline of child care children. The policy must be simple and understandable to the child, the parent(s) and to substitute providers.

0085(2)The written guidance and discipline policy must be given to all parents.

0085(3) The guidance and discipline policy shall:

- (a) Provide for positive guidance, redirection and the setting of clear boundaries; and
- (b) Be designed to help the child develop self-control, self-esteem and respect for others.
- (5) Guidance and discipline shall be fair, consistently applied, timely and appropriate to the behavior and age of the child. Positive statements or redirection of behaviors shall be used.

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0130(1)(e) The provider shall maintain a written record of each emergency evacuation drill showing:

- (A) The date and time;
- (B) The exits used:
- (C) The number and age range of children evacuated;
- (D) The total number of people in the home at the time of the drill;
- (E) The amount of time taken to evacuate the home;
- (F) The name of the person conducting the drill, and
- (G) The alert method used.
- 0110(4) Fire drills shall be practiced monthly at varying times during child care operation hours.
- (a) Fire drills must include a drill including using an alternate evacuation route at least once per year; and
- (b) An evacuation drill must be conducted when requested by CCLD during an announced visit.
- (c) The provider must have an alert method (for example, a smoke alarm, strobe light, loud bell or whistle) to warn the occupants of the home of an emergency or drill.
- (d) The provider must demonstrate efforts to complete full evacuation of staff and child care children within three minutes.

0110(5) One other aspect of the emergency plan shall be practiced every other month and must follow the recording requirements listed in OAR 0130(1)(e).

0110(1)(h)(C) Smoke alarms and carbon monoxide detectors shall be: Tested monthly to ensure they are in working order. The provider must document each test.

(k) The provider must inspect the fire extinguishers monthly and the inspection must be documented.

0100(12) A written care plan must be developed at the time of enrollment, or when an allergy is identified for each enrolled child who has an allergy that poses a threat to the child's health, safety, and well-being. The plan must include instructions regarding the allergen and steps to be taken to avoid the allergen; signs and symptoms of an allergic reaction; and a detailed treatment plan including the names, doses, and methods of prompt administration of any medication in response to allergic reactions.

- (a) The parent must be notified immediately of any suspected allergic reactions or if the child consumed or came in contact with the allergen, even if a reaction did not occur.
- (b) If epinephrine is administered, emergency medical services must be contacted immediately, and CCLD must be notified within five calendar days of the occurrence.
- (c) All staff involved in care of the child must be trained on the written care plan.
- (d) Specific food allergies must be shared with all staff that prepare and serve food.
- (e) A list of each child's allergies should be easily accessible for staff but not visible to those who are not parents or guardians of the enrolled child.

0130(2) The provider must have a written statement from the parent(s) regarding whether or not the provider is authorized to:

- (a) Obtain emergency medical treatment for a child;
- (b) Administer medications to a child;
- (c) Take a child on a field trip or other activity outside the home or participate in any water activity; and
- (d) Transport a child to or from school, or allow a child to bus or walk to or from school or home.

Prog	ram Name: License Number:
0130	1) The following records shall be kept by the provider for at least one year. These records shall be
	able at all times to CCLD:
(a) li	formation from the parent(s) for each child at the time of admission:
	ame and birth date of the child.
(B) A	ny chronic health problem(s), including allergies, the child has.
(C) [	ate child entered care.
(D) 1	ames, work and home telephone numbers and addresses, and the work hours of the parent(s) or
lego	guardian(s).
(E) N	ame and telephone number of person(s) to contact in an emergency.
(F) N	ame and telephone number of person(s) to whom the child may be released.
(G)	he name of the school attended by the child care child.
(H)	ame, address and telephone number of the child's doctor and dentist.
(I) H	alth history of any problems that could affect the child's participation in child care.
0130	1)(b) Daily attendance records, including dates each child attended and arrival and departure
time	s for each day. Times shall be recorded as the children arrive and depart.
0130	1)(c) Medications administered, including the child's name, and the date and time of dosage and
the (	osage amount.
0130	1)(d) Documentation of injuries to a child.
0140	2) A provider providing night care must have a written plan for emergency situations occurring
durii	g the night, including how the evacuation route will be illuminated.
004	(3) The provider and other residents of the home 18 years of age or older must be enrolled in
CCL	D's CBR. Residents of the home who are under 18 years of age must be enrolled in the Registry by
their	18th birthday.
004	(5) Individuals with conditional enrollment in the CBR shall not have unsupervised access to children.
004	(11) The provider shall have a written plan to ensure that individuals who are not enrolled or
cond	itionally enrolled in the CBR and are on the child care premises shall not have unsupervised access
to cl	ildren.
004	(12) The provider shall maintain a log of arrival and departure times of all individuals 18 and older
who	are not enrolled or not conditionally enrolled in the CBR and enter the home while child care
chilo	ren are present, excluding persons authorized to drop off and pick up a child care child.
Iten	s to Discuss
A che	k mark indicates the item has been discussed with the program.
	0010(2) "Central Background Registry" (CBR) means CCLD's Registry of individuals who have been approved to be
Ш	associated with a child care facility in Oregon pursuant to ORS 329A.030 and OAR 414-061-0000 through 414-061-0120.
	0040(4) The provider must receive confirmation from CCLD that an individual 18 years of age or over, is enrolled or
	conditionally enrolled in the CBR, before the individual can:
	(a-b) Reside on the premises, or stay overnight on the premises (for longer than 14 consecutive days, & not to exceed a
	total of 30 days in a calendar year).
	(c) Assist the provider
	(d) Volunteer in the child care program.
	0035(3)&(10) Registration is limited to one provider per household. The provider shall have no other employment, either
	in or out of the home, during the hours children are in care.
	0035(13) The provider or substitute shall allow an inspection of all areas of the facility that are accessible to child care
☐ ch	children, and a health and safety review of other areas of the facility to ensure the health and safety of child care
	children.

Prog	ram Name: License Number:
	0035(16) Any caregiver who has reason to believe that any child has suffered abuse (physical injury, mental injury, neglect that leads to physical harm, sexual abuse and/or exploitation, or threat of harm) must report the information to the Oregon Child Abuse Hotline (ORCAH) or to a law enforcement agency. By statute, this requirement applies 24 hours per day.
	0035(17) The provider must notify parents if there will be a substitute provider and the caregiver's name.
	0035(18) The provider must notify parents if the children will be away from the home for any part of the day for visits, field trips or any other activity off the premises.
	O110(11) The provider must take precautions to protect children from vehicular traffic. The provider shall:  (a) Require drop off and pick up only at the curb or at an off-street location protected from traffic; and  (b) Assure that any adult who supervises drop-off and loading can see and assure that children are clear of the perimeter of all vehicles before any vehicle moves.
	O035(25)(b) The provider shall report to CCLD within 24 hours:  (A) Any child that is lost or missing from the premises.  (B) Any child that is left behind on a facility excursion.  (C) Any child that is left unattended on the premises.  (D) Any child left alone on the playground.  (E) Any child that is left alone in a vehicle.  (a) Any death of a child while in care.
	0035(25) The Provider shall report to CCLD within 48 hours of the occurrence:  (d) Any damage to the building that affects the provider's ability to comply with these rules, or  (e) Any animal bites to a child
	0035(25)(c) The provider shall report to the CCLD within 5 calendar days any serious injury or incident involving a child. See OAR 414-205-0010(29) in the definitions section for the list of what is considered serious.
	0055(4) While the registered family child care license is active, the provider must:  Maintain current certification in first aid, infant and child CPR, and food handler training, and complete one hour of training in the category of Health, Safety & Nutrition (HSN) during each year of the two-year license period; and 0055(2)(c) Complete a minimum of ten hours of training during the two years prior to renewal; and 0055(7) CCLD-approved child development training by December 31, 2022, or within 90 days of hire, whichever is later.
	0100(1) All caregivers shall take appropriate precautions to prevent shaken baby syndrome and abusive head trauma.
	0100(2)(a) No person shall smoke, carry any lighted smoking instrument, including an e-cigarette, or vaporizer or use smokeless tobacco in motor vehicles or in the family child care home or within ten feet of any entrance, exit, or window that opens or any ventilation intake that serves an enclosed area, during child care hours or when child care children are present.
	0100(2)(b) No one shall consume alcohol on the family child care home premises during child care hours or when child care children are present. No one shall be under the influence of alcohol on the family child care home premises during child care hours or when child care children are present.
	0100(2)(c) Notwithstanding OAR 414-205-0000(5), no one shall possess, use or store illegal controlled substances on the family child care home premises. No one shall be under the influence of illegal controlled substances on the family child care home premises.
	0100(2)(d) Notwithstanding OAR 414-205-0000(5), no one shall grow or distribute marijuana on the premises of the registered family child care home. No adults shall use marijuana on the registered family child care home premises during child care hours or when child care children are present.
	0100(5)(a)(A) A provider shall not admit or retain in care, a child who is diagnosed as having or being a carrier of a child care restrictable disease, as defined in Oregon Health Authority, Public Health Division administrative rule OAR 333-019-0010.
	0100(7) Parents must be notified if their child is exposed to an outbreak of a communicable disease.

Program Name:	License Number:
O120(15) Wading pools are prohibited	for wading.
	caregivers as listed in 0085(6)(a-j) are not acceptable. In addition, parents may not ler permission to use any form of prohibited punishment.
Visit Summary	
Comments	
Fire Drill Observation	Information Provided On
Fire Drill Observed? O Yes O No	Connecting with the CCLD (PTA-0460)
Evacuation Time:	Child Care Licensing Division Finding Review Procedure (CCLD-0125)
Fire Drill Observations:	Child Care Licensing Division Complaint Procedures (CCLD-0127)
	Other (Specify)
Review Status	Email and Signature
○ Pass	A copy of this report will be emailed after this visit to the email address(es):
C Pass with noncompliance(s)	Primary:
O Not Pass	Secondary:
License Effective Date:	
License End Date:	Licensing Specialist Signature and Date
all of the rules within that document must be n dynamic elements and may not show some ite of Early Learning and Care website, <u>www.oreg</u> You are entitled to language assistance service	ules for Registered Family Child Care Home (CCLD-0086). Knowledge of and compliance with naintained at all times for registered family child care programs. This checklist also contains ems that are not relevant to your program. To view a full sample checklist, visit the Department gon.gov/DELC, or request a copy from your licensing specialist.  The estimate and other accommodations at no cost. If you need help in your language or other are Licensing Division (CCLD) at 503-947-1400. Please notify your licensing specialist if you would