Oregon Health Licensing Boards Recognized as 2026 Wellbeing First Champions, Strengthening the State's Commitment to Healthcare Provider Wellness

Oregon Medical Board | **Oregon State Board of Nursing** | **Oregon Board of Pharmacy** | **Oregon Board of Dentistry**

The Oregon State Board of Nursing, Oregon Medical Board, Oregon Board of Pharmacy, and Oregon Board of Dentistry have each been recognized as **2026 Wellbeing First Champions** by the Dr. Lorna Breen Heroes' Foundation. This distinction signifies that these health professional licensing boards are committed to reducing stigma and encouraging professionals to seek the care and support they need.

As Wellbeing First Champions, these boards collectively affirm a shared commitment to protecting the mental and emotional well-being of Oregon's health care workforce. By eliminating invasive and stigmatizing application questions that historically discouraged clinicians from accessing mental health care, the boards have aligned state licensing practices with national best-practice standards and Americans with Disabilities Act guidance.

The Oregon Medical Board has long led in this effort, having removed similarly intrusive questions in 2023. Its early participation in the Wellbeing First initiative established a foundation now strengthened by the state's nursing, pharmacy, and dental boards. In alignment with this commitment, **all four licensing boards also participate in and support the Oregon Wellness Program**, reinforcing a unified state-level approach to improving access to confidential wellness resources and strengthening provider resilience.

Together, these recognitions mark a major milestone for Oregon's health care community. The unified action of the state's medical, nursing, pharmacy, and dental boards sends an unequivocal message: **Health care providers deserve a regulatory environment that supports their well-being, honors their privacy, and empowers them to seek help without jeopardizing their careers.**

With all four boards now designated as Wellbeing First Champions, Oregon continues to advance a culture where clinician wellness is understood as essential to patient safety and community health.