



Date: July 8, 2014

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Consider a New Career as an Adult Foster Home Provider – The Dalles and Surrounding Areas

Becoming an adult foster home provider is an opportunity to open your home to help others. When elderly people or adults with physical disabilities are no longer able to care for themselves in their own homes, adult foster care is an option.

Adult foster homes are single-family residences that offer 24-hour care in a home-like setting. The goal of an adult foster home is to provide necessary care in a home-like setting while emphasizing the residents' independence, choice and decision making.

Adult foster homes provide meals and help with eating, dressing, personal care, walking and/or getting out of a bed or a chair, social needs, and medication assistance. Being an Adult Foster Care provider allows you to make a difference in the lives of others while making a living in your own home. Adult Foster Care providers have the satisfaction of operating their own business.

Mary Alva has been an adult foster home provider in The Dalles since June of 2000. She owns and operates two adult foster homes, Mary Alva Senior Class I, and Mary Alva Senior Class II. She says she "just happened to run into the person who was putting the homes together" after moving to Oregon in 2000. "The person who was supposed to open the homes ended up not being able to. There was an adult foster home training in The Dalles at that time, so I thought I guess this is a good time to open my own business."

Mary came from a medical background and had worked in the medical field in Seattle since 1976. She says her favorite part about being an adult foster home provider is "the satisfaction of knowing we are creating a good home for our community's elders, and it is very satisfying. The residents and their families really appreciate the nice home we provide them. I also enjoy getting to know the residents and their families and learning about the contributions they've made to the community."

Becoming an adult foster care provider offers personal and financial benefits, as you and your family experience the joys of a multi-generational household. Providing adult foster care is ideal for those who wish to work from home, own their own business and provide personal care and

services outside of an institutional setting. On-going training is available to help providers grow in their chosen field.

If you are interested in becoming an adult foster home provider, or would like more information, please contact your local Aging and People with Disabilities office.

Within Wasco, Sherman, Gilliam, Wheeler, and Hood River Counties please contact:

The Dalles APD Office
3641 Kiindt Drive The Dalles, OR 97058
541-298-4114 or 1-800-452-2333

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