

Adult Foster Home Provider Alert

Policy updates, rule clarifications and announcements

Date: January 30, 2020
To: APD Adult Foster Home Providers
From: Safety, Oversight and Quality Unit
Topic: **Save the Date for Upcoming Training: Sexual Expression in Older Adults with Diminished Capacity – February 18, 2020**

LeadingAge Oregon is sponsoring a day long workshop addressing Sexual Expression in Older Adults with Diminished Capacity on February 18, 2018. This workshop will be held at the Holiday Inn located at 25425 SW 95th Ave, Wilsonville, Oregon 97070.

This Conference will be presented by Dr. Regina Koepp a board-certified clinical psychologist and currently a professor at Emory University School of Medicine Department of Psychiatry and clinical psychologist with the Atlanta VA Health System, Gero-Psychiatry Outpatient Clinic. This workshop will:

- Discuss the benefits and risks of intimacy & sexual connection in an older adult population with diminished capacity.
- Review complicating factors related to individuals living with dementia (or diminished capacity) engaging in intimate behaviors in community care settings, including: limits to privacy, risk of falls and skin tears, risk of emotional harm, or exploitation.
- Describe complicating factors related to consent in individuals with dementia or diminished capacity.
- Provide guidelines for assessing capacity of individuals with dementia to consent or assent to a sexual or intimate relationship.
- Provide a process for exploring ways in which values influence recommendations regarding intimate connections.
- Provide recommendations for creating institutional sexual health policies.
- Provide recommendations for including sexual preferences in assessment and care planning.

Five and a half (5.5) hours of continuing education credits have been approved for Residential Care and Assisted Living Administrators and Nursing Home Administrators, and for Adult Foster Home Providers.

Scholarships will be provided to this workshop funded through the Long-Term Care Quality Fund.

For more information please see the attached flier. For Questions please contact Merry Killam, Education and Communications Director at mkillam@leadingageoregon.org.

SEXUAL EXPRESSION IN OLDER ADULTS WITH DIMINISHED CAPACITY



JOIN US

February 18, 2020

9:00 - 4:00 • Wilsonville Holiday Inn

PRESENTED BY

REGINA KOEPP, PSYD, ABPP
Board Certified Clinical Psychologist

This workshop will enhance your awareness, knowledge, and skills related to understanding risks and benefits of sexual expression among older adults in community care settings, as well as learning a process for resolving ethical dilemmas.



Dr. Regina Koepp is a Stanford trained, board certified Clinical Psychologist, and Assistant Professor at Emory University School of Medicine's Department of Psychiatry and Behavioral Sciences. She is a staff Psychologist at the Atlanta VA Healthcare System and currently provides direct patient care and consultation on the Gero-Psychiatry Outpatient Mental Health team. As a professor of Gerontology and of Psychology, Dr. Koepp teaches about the psychology of aging, therapy in the context of dementia disorders, family therapy, ethics, multicultural humility, supervision and training, and many other topics. Over the past decade, Dr. Koepp has developed training programs in Gero-Psychology and Complex Medical Problems.

CEUs: 5.5 CEUs will be available. LeadingAge Oregon is an approved provider of ALF/RCF Administrator CEUs, the workshop is NHAB approved and pending AFH approval.

More Information about the workshop, scholarships available, and to register:

www.leadingageoregon.org/educational-opportunities

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